

## Current Healthiest Maryland Businesses:

- Arrow American Pest & Termite Control, LLC
- Be Happy Be Healthy
- Calvert County Health Department
- Cambridge Pediatrics
- Center for Children
- Charles County Department of Health
- Charles County Government
- Charles County Public Schools
- College of Southern Maryland
- Community Bank of Tri-County
- Gentle Family Dentistry, LLC
- Jazzercise Charlotte Hall
- Jon S. Frank and Associates
- LK Deal Electric
- Longevity Studios
- MedStar St. Mary's Hospital
- SMECO
- St. Mary's County Government
- St. Mary's County Health Department
- St. Mary's Nursing Center, Inc.
- The Wills Group
- Trinity Fitness
- United Way of Calvert County
- World Gym La Plata
- Poston's Fitness for Life
- Calvert Hospice

and counting!

# HEALTHIEST MARYLAND BUSINESSES



*Healthiest Maryland* offers tools and programs to help organizations create and implement strategic wellness plans. CEOs and leaders who join *Healthiest Maryland Businesses* are taking the first step towards creating an environment that supports healthy employees, an economic driver of your business' fiscal health!

## The Benefits

By joining the Healthiest Maryland movement, you will receive:

- Consultation with certified worksite wellness personnel
- Access to the Healthiest Maryland Businesses e-newsletter
- Educational training events and forums
- Technical assistance on how to implement policies and programs
- Direct connection to evidence-based workplace wellness resources
- Peer-to-peer support from neighboring businesses
- Promotion as a member in this leading, statewide initiative

## How to Join

Complete the [Healthiest Maryland Businesses Worksite Health ScoreCard](#), which will give you a snapshot of your current employee wellness practices.

Survey Link: <http://1.usa.gov/1CDgsWk>

IT IS THAT EASY!

You will then begin to receive all of the many rewards of being a Healthiest Maryland Business, including consultation with one of our Certified Worksite Wellness Specialists who will help interpret your ScoreCard results and work with you to make a plan for next steps!

For more information on HMB, please view our pilot website:

<http://www.healthiestmdbusinesses.org/>

## Contact



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**Pilot Website:**

[www.healthiestmdbusinesses.org/](http://www.healthiestmdbusinesses.org/)

