



**THIS SHOULD HELP.
NOT HARM.**

**Use only as prescribed
Lock up your meds
Dispose of pills safely**

Funding provided by BHA and SAMHSA

SMARTMedicine
Only as prescribed.

Helpful Links

HELP AND INFORMATION

St. Mary's County Hotline (Walden): 301-863-6661
SAMHSA 24/7 Referral: 800-662-HELP (4357)

LOCK YOUR MEDS

www.lockyourmeds.org

DISPOSE OF UNUSED MEDS

www.smchd.org/medical-waste-and-sharps-disposal

www.healthystmarys.com/smartrx

SMAR_xTMedicine

As needed. As prescribed.