The State of Tobacco Control in Maryland: A Look Back and Ahead



The Healthy St. Mary's Partnership Annual Meeting November 17, 2016

Center Profile

- Founded in 2001
- Partnership between UM School of Law, DHMH, and Maryland Office of the Attorney General
- CDC/DHMH grant-funded legal center
- Pro bono legal assistance to:
 - Legislators
 - Health officials
 - Gov't Attorneys
 - NGOs
 - Individual Citizens

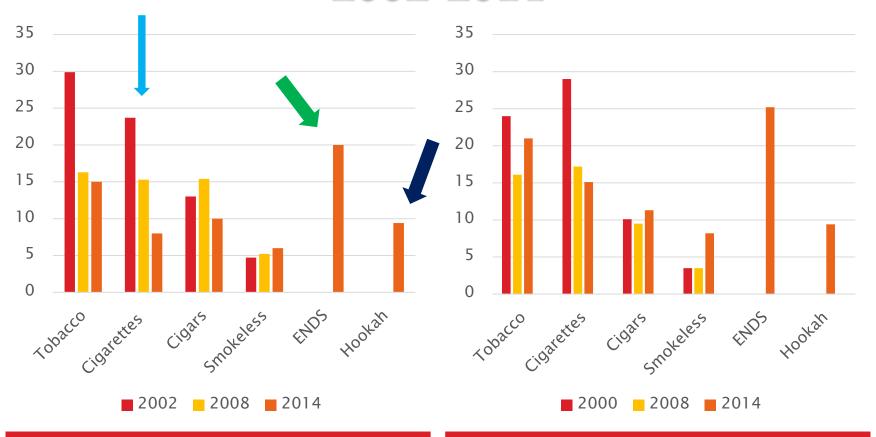




Presentation Overview

- Youth Tobacco Use: Then and Now
- Emerging Products
- ▶ FDA "Deeming" Rule
- State and Local Action
- ▶ What to Look for in 2017?

Maryland High School Students 2002-2014



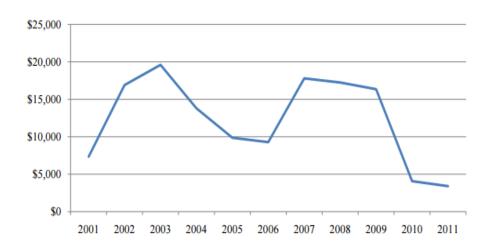
MARYLAND

ST. MARY'S

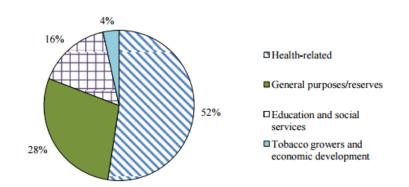
So What Happened?

- The State spent money to prevent youth initiation and reduce use
- In 2000, General Assembly created the Cigarette Restitution Fund with money from 1998 Master Tobacco Settlement Agreement
 - Peak \$210 million (2002)
 - Median \$150 million
 - Low \$110 million (2006)
- Administered by DHMH
 - 2002 \$17 million
 - 2008 \$16 million
 - 2014 \$10 million

Exhibit 8
Funding for Tobacco Use Prevention and Cessation
Fiscal 2001-2011
(\$\(\sigma\) in Thousands)



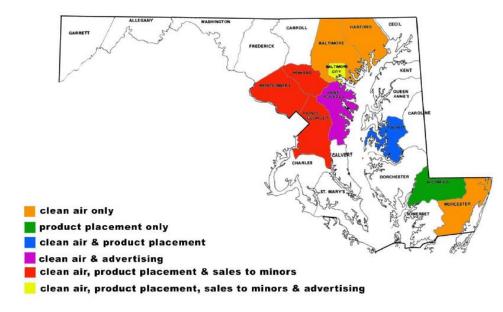
Source: Department of Budget and Management

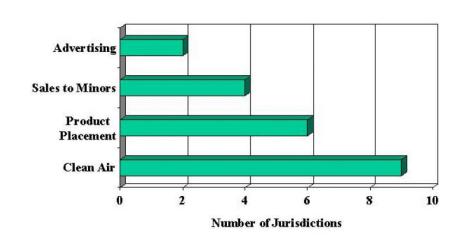


Legislative Changes

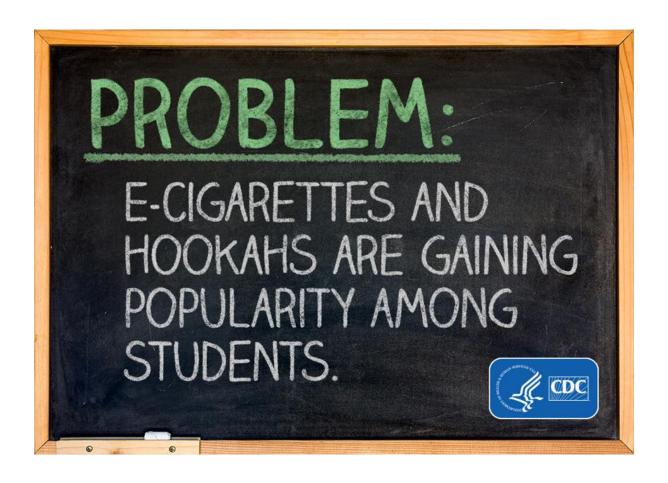
- Cigarette Excise Tax
 - 2002 \$.66 → \$1.00
 - **2008** \$1.00 → \$2.00
- Clean Indoor Air
- Fire Safe Cigarettes
- OTP Excise Tax
 - **2012** Cigars: $15\% \rightarrow 30\%$;
 - **2012** Smokeless: 15% → 70%
- OTP Licensing
- E-Cigarette Sales to Minors
- County and Municipal laws:
 - Civil Enforcement
 - Product Placement
 - Indoor Air





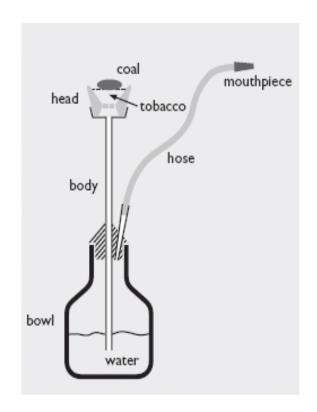


Emerging Products



Hookah

- A *hookah* is a single or a multi-stemmed instrument used to smoke tobacco, typically in a communal setting.
- Design and size vary, but generally consist of:
 - (1) a bowl where tobacco is heated with charcoal;
 - (2) a body whose chamber holds water;
 - (3) a flexible hose leading from the body; and
 - (4) a mouthpiece through which smoke is drawn from the chamber.
- Shisha is the moist, sticky tobacco smoked in hookah; it is often soaked in honey, fruit, or other flavor components.
- Available flavors include apple, banana, cappuccino, lemon, orange, papaya, piña colada, raspberry, rose, and strawberry.
- One bowl of shisha can last up to 45 minutes, and including rental of the hookah can cost around \$10-\$15 per use.





Health Effects

- Smoke inhaled in an average hookah smoking session of 45 minutes is *about 150 times* that of one cigarette.
- The charcoal used to heat the tobacco can raise health risks by producing high levels of carbon monoxide, metals, and cancercausing chemicals
- Hookah use is associated with lung cancer, respiratory illness, low birth-weight, and periodontal disease.
- Shared mouthpieces *increase risks of spreading communicable diseases* like tuberculosis, hepatitis, and herpes, and more common viruses like the flu.





E-Cigarettes (ENDS)

- Battery-operated device containing liquid nicotine that is aerosolized and inhaled by the user
- May be sold by any retailer no specific license required
- "E-cigarettes have the potential for harm and benefit to the public's health. It is important to consider their effects on specific populations, including youth, pregnant women, and adult smokers." – CDC
- "While vaping may not be 100% safe, most of the chemicals causing smoking-related disease are absent and the chemicals present pose limited danger, remains valid. The current best estimate is that e-cigarette use is around 95% less harmful to health than smoking" Public Health England





E-Cigarette Market in 2016: Current Sales and Future Projections

Sales Growth 2010-2014

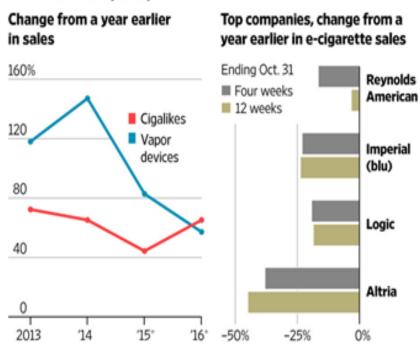
- Average annual growth rate: 114%
- Annual Sales:
 - 2010 \$82 million
 - 2011 \$195 million
 - 2012 \$500 million
 - 2013 \$1.7 billion
 - 2014 \$2.5 billion
 - 2015 \$3.3 billion

Market Slowdown 2015

- Growth rate cut in half (114% to 57%)
- Sales of "cigalikes" rapidly declining

Out of Juice

Sales of e-cigarette devices like cigalikes and vaporizers are slowing down considerably this year.



*Forecast Sources: Euromonitor (overall sales); Nielsen, Wells Fargo (top companies)
THE WALL STREET JOURNAL.

Blip or Trend?

"Consumers are disenchanted right now with these products. It's not that different from diet soda, e-cigs need to mimic cigarettes or users won't switch."

- Bonnie Herzog, Senior Analyst, Wells Fargo

- Revenue declined for 4 straight months to end 2015 (first time ever)
- Total sales eclipsed 2014, but were \$200 million below estimates
- Conflicting health and safety data and regulatory uncertainty blamed for declining sales
- Total Revenue 2023 (projected) -\$21.6 billion

- Changing landscape: "Cigalikes" vs. Personal Vaporizers
 - Cigalikes: \$1.4 billionVaporizers: \$1.9 billion
- Independent Manufacturers vs. Tobacco Manufacturers
 - Industry % of market:
 - · 2013 32%
 - · 2015 48%
 - 2023 (projected) 75%
 - Industry Total Revenue:
 - 2013 \$.2 billion
 - 2015 \$.8 billion
 - · 2023 (projected) \$16 billion

Shifting Retail Market

2008 to 2013 - "Cigalike" sales made up majority of the U.S. market

2014 – "Open systems" or vaporizers surpass cigalikes; account for 60% of overall market

2015 - U.S. Market Sales:

- Mass Retail Stores (convenience, grocery, etc.)
 - Cigalikes \$600 million
 - Vaporizers \$300 million

Online

- Cigalikes \$800 million
- Vaporizers \$400 million

Vape Shops

- Cigalikes \$400 million
- Vaporizers \$1.2 billion



Who's Using ENDS?

Youth

- From 2011 to 2015, e-cig use among high school students *increased from* 2% to 16%
- In 2014, e-cigarettes (16%) became the *most commonly used tobacco product* among middle and high school students, *outpacing cigarettes* (9.3%), *cigars* (8.6%) and smokeless (6.0%)
- Estimated 19% of high school males and 17.2% of non-Hispanic whites reported current use

Adults

- 3.7% of adults use e-cigarettes, and 12.6% have ever used
- 22% of former smokers use and 55.4% of former smokers have ever used
- 15.9% of current smokers use and 47.6% have ever used
- Current/former smokers trying to quit were most likely group to use ecigarettes

Who's Using Hookah?

- During 2011–2015, substantial increases were observed in e-cigarette and hookah use among high school and middle school students
 - $4.1\% \rightarrow 9.4\%$ of high school students
 - 1% \rightarrow 2% of middle school students
- Among high school seniors in the United States, about 1 in 5 boys (17%) and 1 in 6 girls (15%) had used a hookah in the past year
- Other small studies of young adults have found high prevalence of hookah use among college students; past-year use ranging from 22% to 40%

Why Hookah and ENDS?

- ▶ Cheap low or no excise taxes
- Absence of:
 - Education
 - Research
 - Regulation
 - Indoor use
 - Advertising
 - Licensing
 - Product Placement
 - Health Warnings
 - Free Samples
 - Sales restrictions (i.e. flavor bans)



Federal Regulation of Emerging Products

Drug-Device or Tobacco Product?

Sottera, Inc. v. FDA (2010)

- April 2009 FDA denies entry of NJOY and Smoking Everywhere e-cigarettes into the U.S. on the grounds that they were unapproved drug-device combinations under the federal Food, Drug and Cosmetic Act.
- Sottera (NJOY) and Smoking Everywhere bring suit arguing ecigarettes are not drug-devices but tobacco products since the liquid nicotine is derived from tobacco
- Result: Court held that FDA lacked authority to regulate ecigarettes as drug-devices absent therapeutic claims (i.e. helps people quit smoking)

So, if FDA is going to regulate e-cigarettes they MUST do so within their tobacco products authority...

Deeming Regulation

- The Tobacco Control Act (2009) granted FDA authority over the manufacture, marketing and sale of tobacco products
- The Act directly regulated cigarettes, cigarette tobacco, roll-your-own tobacco, and smokeless tobacco
- ▶ FDA authorized to "deem" any "product made or derived from tobacco that is intended for human use" as a tobacco product and subject to all or part of the Act
- On April 24, 2014 FDA issued the Notice of Proposed Rulemaking (NPRM) that "deems" anything meeting the statutory definition of a tobacco product, including ENDS as subject to the Tobacco Control Act; comment period closed August 8, 2014
- May 2016 FDA issues final rule extending tobacco control authority to ENDS, hookah/shisha, and other tobacco products *effective August 8*, 2016

What will "Deeming" Mean for ENDS and Hookah?

- Automatic Requirements any deemed tobacco product <u>must</u>:
 - Register with FDA and report product and ingredient listings;
 - Not make reduced risk claims without scientific data and FDA approval
 - Not distribute free samples
 - Pay user fees (CTP is user fee funded, not taxpayer funded)
 - Pre-market review of all products marketed after February 15, 2007*

Non-Automatic Requirements

- Minimum Age (18) and ID check requirements
- Health warnings on packaging
- Vending machine sales prohibited (unless in 18+ facility)

Child-Resistant Packaging

Child Nicotine Poisoning Prevention Act of 2015

- Any "liquid nicotine container" must meet federal "special packaging" standard
 - Significantly difficult for children under 5 to open, but not difficult for adults to use properly
 - 80 percent of children tested must not open the package within 10 minutes; 90 percent of adults tested are able to open properly in under 5 minutes, and within 1 minute in a second test
- Excludes "sealed, pre-filled, and disposable" e-liquid containers <u>IF</u> inaccessible through customary use
- ▶ FDA may still regulate child-resistant packaging
- Enforcement
 - CPSC may levy civil money penalties, seize products, enjoin import or sale
 - State Attorneys General may bring suit and enjoin for violation of the Act
- ▶ Effective July 26, 2016

Lawsuits

- Nicopure Labs, LLC v. FDA
- ▶ Lost Art Liquids, LLC v. FDA
- Cyclops Vapor 2 v. FDA

Arguments:

- FDA definition of "tobacco product" exceeds statutory authority
- Refusal to alter "grandfather date" is arbitrary and capricious
- Free sample ban violates 1st
 Amendment
- Inadequate cost-benefit analysis



Recap

On the books now, or in the coming months, are the following:

- Sales to minors (state and federal)
- Child-resistant packaging
- ID Check
- Vending Machine Sales
- Health Warnings

So, what regulatory gaps are left for state and local governments?

Maryland State Laws

ENDS

- Sales to Minors
 - Health-General Article, § 24-305

Hookah

- Indoor Use (for products containing tobacco)
- ▶ Taxation \rightarrow 30% of wholesale
- Sales to Minors
 - Criminal Law Article, § 10-107
- Retail License (OTP)



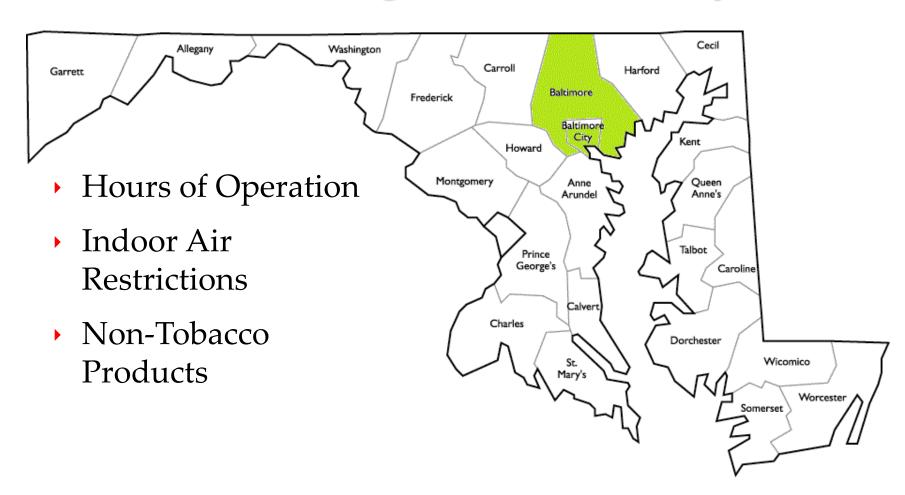
Local ENDS Regulation in Maryland



Impact of Local Regulation

- ▶ Current ENDS Use Rates (Out of 22):
 - Baltimore City (20th)
 - Baltimore County (18th)
 - Howard (21st)
 - Montgomery (19th)
 - Prince George's (22nd)
- Montgomery County Tax Estimated \$300K for 2016 (originally projected to exceed \$2 million)
- No good data on legislative impact, but Surgeon General and IOM highlight effective tobacco control policies:
 - Taxation
 - Indoor Air Restrictions
 - Youth Access Restrictions/Comprehensive Enforcement
 - Education/Mass Media

Local Hookah Regulation in Maryland



Impact of Local Regulation

- Significant reduction in late night/early morning calls to law enforcement (disturbances/violence)
- Restricting hookah hours of operation to 6 AM to 12 AM reduced business up to 90% at one establishment
- Hookah bars have exploded in Baltimore City despite stringent indoor air restrictions
- High volume of calls to law enforcement at/near hookah bars

What's ahead for Maryland tobacco control?

Expected Legislation

- Tobacco Control Funding
- ENDS Licensing
- ▶ Tobacco 21
- Statewide Civil Enforcement
- Indoor Air



Questions?



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