

Healthy St. Mary's Partnership
HEAL Action Team
April 26, 2017 from 1:00 PM – 2:00 PM
Health Connections, MedStar St. Mary's Hospital

Minutes

1. **Attendance:** Jenna Mulliken – St. Mary's County Health Department (SMCHD) Lori Norton – SMCHD, Nat Scroggins – Minority Outreach Coalition (MOC), Elizabeth White – St. Mary's County Public Schools (SMCPS), Rebecca Jackson – SMCHD, Ashley Lagana – SMCHD, Sue Veith – Department of Economic Development, Trina Gardiner – MedStar St. Mary's Hospital (MSMH), Linda Fry – Church of the Ascension, Stacey Spalding – College of Southern Maryland (CSM), Clara Brooks – St. Mark's Bread of Life Food Pantry, Olubukola Alonge – Department of Health and Mental Hygiene (DHMH), Joshua Shaffer – MSMH
2. **More to Explore (MTE) Program 2017:** <http://healthystmarys.com/more-to-explore/>
 - a. **Collection: Codes & Feedback for Passport** – Outstanding secret codes and feedback for the printed passport were collected. **If any other members collected secret codes from MTE sites or have feedback for the printed passport booklet** please drop it off to Christi Bishop at Recreation & Parks, 23150 Leonard Hall Drive (P.O. Box 653) Leonardtown, MD 20650. Jenna will take items collected from the meeting. Codes will be switched and materials printed in May – do not delay!
 - b. **Funding**
 - i. **MOU with Minority Outreach Coalition (MOC):** HSMP has entered into a memorandum of understanding with the MOC so that they may hold funds for the MTE program this year. This allows all donations to be tax deductible. Information on how to make a donation or support the 2017 MTE program is in the online [Sponsorship Form](#).
 - ii. **Sponsors:** Still needed! Members are encouraged to take the sponsorship form to their organizations or to local businesses. Funding is used to replace any broken MTE markers/signs and for printed materials. Current Sponsors listed on next page.



Current Sponsorships		Amount/Item	HEAL Team Recruiter
Funding	National Environmental Public Health Tracking Network	\$1,000.00	Nat Scroggins, MOC
	MedStar St. Mary's Hospital	\$500.00	Andrea Hamilton, MSMH
Total: Donated Funds		\$1,500	
Prizes	Community Alcohol Coalition	Small prizes to supplement compasses	Andrea Hamilton, MSMH
	Healthiest Maryland Businesses	Grand Prize – Fitbits (waiting on confirmation)	Jenna Mulliken, MSMH
	St. Mary's County Recreation & Parks	Prizes - Rec & Parks Gift Certificates	Chirsti Bishop, R&P
	St. Mark's Bread of Life Food Pantry	Prize - CSM Pool Punch Pass	Clara Brooks

- iii. DealSnap: No questions submitted to Christi. No further concerns raised at the meeting. Partners still want “healthy” sponsors & deals. Motion to move forward with DealSnap approved by all.

- c. **Prizes:** Healthiest Maryland Businesses is looking into possibly ordering Fit-Bits for the grand prizes. Angela Deal will confirm later this week. The CAC will provide small gifts and MOC will provide pedometers to supplement the compasses. Bread of Life will work with CSM to purchase a pool punch pass. Recreation & Parks will provide gift certificates for local programs. Josh will reach out to Patuxent Adventure Company to see if they would gift a free paddling session/kayak rental in Leonardtown as a prize. Sue brought up the idea of ordering bumper stickers with the MTE logo/website. If these are handed out with the prizes or with the booklets at the libraries it can help spread the word. Sue will look into pricing. Decision dependent on funds.

- d. **Distribution of Materials:** The Senior Living Centers at Cedar Lane and Pegg Road would like to have a few booklets for active residents. MOC & UCAC would also like to handout booklets at the annual Juneteenth Celebration. Health Department staff has offered to drop off small prizes and printed materials to the libraries.



3. **Complete Streets:** A brief introduction was provided on [Complete Streets](#). The HEAL team hopes to develop a presentation for the County Commissioners on the topic of Complete Streets and advocate for the adoption of local complete streets policy. Since MTE planning will be winding down, the group will set aside 30 minutes during upcoming team meetings to work on this. The Health Department has a student intern coming in June that will be assigned to assist with this project.
4. **HSMP Annual Meeting: Save the Date – September 21, 2017**
 - a. **Information** at: <http://healthystmarys.com/hsmpannual2017/>
 - b. **HEAL Topic/Speakers:** Healthiest Maryland Businesses offered to connect the HEAL team with a presenter on the topic of workplace wellness – this was of interest to the team members present. Sue has reached out to a potential speaker on the topic of Comprehensive Planning for Healthy Living and Active Design.
5. **Other Business (Time Permitting):**
 - a. **School Health Council Update**
 - i. Next Meeting on Monday, May 8, 2017 from 5:00-6:30 p.m. in the Board of Education Meeting Room on Moakley Street
 - b. **Partner Updates:**
 - i. CSM is hosting [Senior Health & Fitness Day](#) on May 31. Vendor space is still available.
 - ii. MOC reminded partners that the [healthy food drive toolkit](#) is still available on the HSMP website. MOC also has drivers available to pick up donations and take them to local pantries. Please pass along! [Farming for Hunger](#) may be willing to do vegetable drop offs to local pantries or Senior Centers during the summer months.
 - iii. [Juneteenth](#) will be held on June 17, 2017.
 - iv. SMCHD announced a new initiative through Kaiser to serve St. Mary's County clients through a healthcare van. More info coming soon!
 - v. The Cherry Blossom Festival was very successful – nearby the proposed site for the Community Garden in Lexington Park.
 - c. **Communications:**
 - i. HSMP Newsletter: Please send news or program information to jenna.mulliken@maryland.gov
6. **Next HEAL Meeting:** May 24, 2017 from 1:00 – 2:00 PM at Health Connections.

