



2017 Annual Meeting

September 21, 2017

Southern Maryland Higher Education Center

Information & Registration:

<http://healthystmarys.com/hsmpannual2017>

Session for Business Leaders

Building a Healthier Workforce

David Johnson, Vice President, Segal Consulting and Adjunct Professor, Towson University, will discuss strategies employers can implement to boost profits through building a healthier, more productive workforce.

Learn practical tips to garner senior management support, create a healthier work environment, harness employees' own intrinsic motivation to change and build sustained healthy habits.

Using examples from high performing organizations, as well as research in behavior change, our speaker will highlight how employers can effectively transition from sporadic, activity-based programs to "cultures of health" which support ongoing health improvement – and generate improved financial performance.

8:00 a.m. – 12:00 p.m.
Main Conference

12:00 p.m. – 1:00 p.m.
Networking, Poster
Session & Data
Review

1:00 p.m. – 3:00 p.m.
Special Session:
The Maryland
Opioid Crisis

