



NICOTINE ANONYMOUS® MEETING

**A 12-Step* Recovery Program of Mutual Support
for those who want to
stop smoking or live free of nicotine in any form**

No dues or fees

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Ongoing, join at anytime

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You only need to bring a desire
to stop using nicotine

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Tuesdays from 7:00 – 8:00 p.m.

**On Our Own of St. Mary's
Leonardtown, Maryland**

Contact: Linda Morrell, (301) 997-1066