



SMOKE FREE HOLY GROUNDS

Tobacco use and exposure to secondhand smoke together represent the number one cause of preventable deaths in St. Mary's County and the United States.

The Smoke Free Holy Grounds Initiative helps faith leaders to create a healthier environment for worship and to promote healthy lifestyles for members of their congregation.

Over 300 churches in Maryland are participating in the Smoke Free Holy Grounds Initiative by collaborating with partners to establish tobacco-free grounds policy and to deliver tobacco use prevention and cessation activities.

The Healthy St. Mary's Partnership is planning a workshop for local faith-based partners on the Smoke Free Holy Grounds. If you are interested, please complete a short survey at:

<http://bit.ly/SMC-SFHG>



PARTICIPATION BASICS:

- Learn more about the Smoke Free Holy Grounds Initiative: The Healthy St. Mary's Partnership is planning a local workshop!
- Sign the Smoke Free Holy Ground Covenant.
- Commit your church grounds to becoming tobacco free. Put up signs and spread the word to your congregation.
- Integrate tobacco free messages into church events and publications.
- Provide information on local tobacco cessation programs and free resources that can assist your members in quitting tobacco.

CONTACT HSMP FOR MORE INFORMATION

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