


# Healthy St. Mary's 2020


## Mid-Cycle Data Review


September 21, 2017

HSMP Annual Meeting













### Handout Key:

: Met/surpassed target goal for 2020










: Moving toward target goal for 2020

: Moving away from target goal for 2020

### Access to Care: 5 , 4 , 3

-  Persons with health insurance
-  Adults vaccinated annually against the flu
-  Births that are low birth weight
-  Pregnant women receiving prenatal care beginning in the first trimester
-  Adolescents (ages 13-20) with Medicaid receiving an annual wellness checkup
-  Children (0-20) with Medicaid receiving dental care
-  Death rate from heart disease
-  Overall cancer death rate
-  Emergency department visits due to diabetes
-  Emergency department visits due to hypertension
-  Emergency department visits due to asthma
-  Availability of affordable housing

### Behavioral Health: 4 , 8

-  Emergency department visits related to mental health disorders
-  Emergency department visits for addictions-related conditions
-  Suicide rate
-  High school youth who seriously considered attempting suicide in the past 12 months
-  Drug-induced death rate
-  High school youth who have ever used prescription drugs without a prescription
-  High school youth who are "currently using" prescription drugs without a prescription
-  High school youth who have ever used steroid pills or shots without a prescription
-  High school youth who had at least one drink of alcohol in the last 30 days

## Behavioral Health: 4 😊, 8 😞 (continued)

- 😊 High school youth who binge drank in the last 30 days
- 😞 Adults who report excessive drinking
- 😊 Child maltreatment rate

## Healthy Eating & Active Living: 2 😊, 1 😐, 5 😞

- 😞 Adults who are at a healthy weight
- 😞 Adults reporting at least 150 minutes of moderate physical activity OR 75 minutes of vigorous physical activity per week
- 😞 High school youth who are overweight
- 😞 High school youth who eat fruit or drink 100%fruit juice 3 or more times per day
- 😐 High school youth who eat vegetables 3 or more times per day
- 😊 High school youth who drink a serving of soda 1 or more times per day
- 😞 High school youth reporting at least 60 minutes of daily physical activity per week
- 😊 High school youth who watch 3 or more hours of television per day

## Tobacco Free Living: 5 😊, 2 😞

- 😊 Adults who currently smoke
- 😞 High school youth who use tobacco products
- 😊 Hispanic/Latino high school youth who use tobacco products
- 😊 High school youth who tried or used tobacco products for the first time
- 😊 Hispanic/Latino high school youth who tried or used tobacco products for the first time
- 😞 High school youth who are asked to show proof of age when they buy or attempt to buy cigarettes
- 😊 High school youth who were in the same room with someone who was smoking cigarettes

**Notice:** This handout is meant to provide a snapshot overview of the Healthy St. Mary's 2020 Mid-Cycle Data Review presentation at the Healthy St. Mary's Partnership Annual Meeting on September 21, 2017. This handout is not a comprehensive data report. For a better understanding of the data points referenced, you may download the full presentation at <http://healthystmarys.com/hsmpannual2017/> or contact the Office of Data and Community Engagement at the St. Mary's County Health Department at (301) 475-4330. Community members are also encouraged to download and review the full Healthy St. Mary's 2020 plan at <http://healthystmarys.com>.