

Healthy St. Mary's Partnership
Behavioral Health Action Team
October 13, 2017 from 2:00 – 3:30 p.m.
St. Mary's County Health Department

Minutes

- 1. Attendance:** Kristi Larson, Kelsey Bush, Dee Rathbone, Jessica Hartman, Maryellen Kraese, Jameika Butler, Greg Reuss, Debbie Deidrich, Lauren Abell, Rhonda Hunt, Meena Brewster, Tammy Loewe, Gerry McGloin
- 2. HSMP Annual Meeting: Overview & Evaluation**
 - a. The HSMP Annual Meeting was very successful. PowerPoint presentations and handouts can be downloaded at: <http://healthystmarys.com/hsmpannual2017/>
 - b. Co-Chair Nominations & Election Process: Nomination results for team co-chairs were announced. Voting will take place at the next BHAT meeting.
- 3. Suicide Prevention Initiatives**
 - a. Southern Maryland Out of the Darkness Walk: Sunday, November 12, 2017 at Laurel Grove. Peer Support & Education, 212 individuals registered so far.
 - b. Southern Maryland Survivor of Suicide Loss Day: Saturday, November 18, 2017 from 1:00-5:00 p.m. at the St. Mary's County Health Department. Video screening, peer support and education.
 - c. SafeTalk Training: Saturday, December 2, 2017 from 10:00 a.m.-1:00 p.m. at the St. Mary's County Health Department *registration link in the HSMP newsletter
 - d. Talk Saves Lives Presentation: Wednesday, December 6, 2017 at the Leonardtown Library (other dates to be scheduled for other locations).
 - e. AFSP Means Restriction education – Goal for 2x monthly
 - i. Gerry encouraged partners to look at the poster from New Hampshire. Once we get their agreement, we can modify the campaign materials for local distribution (possibly bus advertisement?).
 - f. SMCPS – Information will be added to the school websites and sent out through Peachjar.
 - i. AFSP presented to school counselors. Counselors will be going into all classrooms (6th grade and up) to discuss. They will use the [More Than Sad](#) information for middle school students and will use the [It's Real](#) video for high school students. Letters will also be sent home to parents.
 - ii. December 4th – 8th: Mental Health Awareness Week at schools. Suicide prevention activities, stress management, poster contest and more!
 - iii. QPRT: Follow-up needed on previous training for school counselors. Currently SMCPS (and MSDE) uses another survey instrument/assessment tool to identify and monitor risk factors. Train the trainer for QPRT could be a tri-county initiative. Rhonda asked for the information to be sent to her directly.



- iv. Emergency Psyche Evaluations for students were also discussed. Walden cannot provide these. SMCPs currently notifies parents and they are responsible for taking them to the emergency room for this where there is a wait time – parents do not always comply with this recommendation. Pathways can provide this on a walk-in basis for ages 9+.

4. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email stmaryspartnership@gmail.com

5. Partner Updates:

- a. Panel Event: Takeaway – This is a public health issue, more information and awareness is needed in the community. PRIDE Southern Maryland has a Facebook page and offers support/events.
- b. Opioid Education Series: Offered by the Health Department and St. Mary's County Libraries for the community, starting in January. 6 week education series covering multiple topics related to the opioid crisis – partners needed as guest speakers.
- c. MSMH will be implanting SBIRT for all admissions
- d. Jessica shared that SmartMedicine Toolkits were assembled and distributed to all local physicians. Practices have also requested naloxone training.
- e. The Detention Center has been offering naloxone training and distributing the medication as appropriate.
- f. Kelsey shared information on a presentation on Sober/Recovery Houses that he heard by Kevin Simmers in Hagerstown. He is in recovery and lost his daughter to drug use. The team discussed the prospect of a local Adult Recovery House, what would it take (funding, etc.) to pursue. The Detention Center has pursued in the past but they need the support of a judge.
- g. Walden has been providing peer support in the Detention Center.
- h. Kelsey announced a new partnership with the state for an LCT (old LCC). A new process will start January 2018. Master level case management and outreach to assist families and to try and keep youth in state for services. A waiver for specialty DDA care will be available.
- i. Lauren reminded partners about the MSMH needs assessment and community input sessions. Surveys due on October 24, 2017.
- j. Pathways will be offering counselling services in the Housing Authority Building. They have also added another part-time tele-psychiatrist to their practice and opened a clinic in Waldorf.

6. Upcoming Meetings:

- a. **BHAT: ~~November 10, 2017~~ from 2:00 – 3:30 p.m. at the St. Mary's County Health Department ****Rescheduled to November 17, 2017 due to Veterans Day.****

