

Healthy St. Mary's Partnership
Tobacco Free Living Action Team
January 16, 2018 from 10:00 – 11:30 a.m.
St. Mary's County Health Department

Minutes

1. **Attendance:** Jenna Guzman – St. Mary's County Health Department (SMCHD), Rebecca Jackson – SMCHD, Nat Scroggins – Minority Outreach Coalition (MOC), Lauren Abell – MedStar St. Mary's Hospital (MSMH), Angela Cochran – SMCHD, Amber Hebert – St. Mary's County Government, Caitlin Kirkpatrick – SMCHD, Wanda Hardesty – Tri-County Youth Services Bureau (TCYSB)
2. **Policy/Advocacy Initiatives** (Goal: Increasing the number of tobacco free environments)
 - a. **St. Mary's County Government Grounds:** Jenna provided a brief history on the TFL's advocacy work this past year to pass local/organizational tobacco-free policy for St. Mary's County Government grounds. Amber provided an update to the group on progress at County Government. The HR department has established a wellness committee that will work on this proposal/briefing for the commissioners on how to proceed. The committee has many issues to take into consideration, including: state buildings on county grounds, cessation support for employees, the detention center, enforcement, etc. They will review the materials provided to the commissioners by the TFL action team earlier this year (PowerPoint presentation from Board of Health meeting and draft policy language) and use it to inform their recommendations. Amber will provide more information on a proposed timeline and assistance needed from TFL partners (cessation support, resources for employees, policy review, etc.). Rebecca will forward the excel spreadsheet that covers tobacco policies for other county governments in Maryland as an additional resource.
 - b. **Smoke Free Holy Grounds:** No update at this time
3. **SMCHD Cigarette Restitution Fund (CRF) Tobacco Prevention & Control Grant**
 - a. MDH Site Visit: Final Report & Recommendations – Caitlin and Angela provided an update to the group on the [final report/recommendations](#) that were provided by the Maryland Department of Health to SMCHD re: their grant funded tobacco prevention and control programs. Positive feedback was given on program reach, fiscal management and reporting. **Youth engagement in the TFL action team was identified as an area for improvement.**
4. **Discussion: Team Priorities 2018** - The team discussed possible areas of focus for the upcoming year. Team members reviewed the tobacco portion of the [Healthy St. Mary's 2020](#) plan and the [handout](#) prepared for the [mid-cycle data update](#) presented at the HSMP



Annual Meeting. Discussion centered on **Youth** – Recruitment, engagement, prevention and awareness.

- a. **Reducing use rate** – Current data being tracked in Healthy St. Mary’s 2020 is for high school youth and includes all tobacco products including vape.
- b. **Engaging in prevention efforts** – How can we partner with the schools and youth serving organizations to engage youth? Activities need to be informed by a more general population of students (not just the Superintendents Advisory group, NHS or athletes). Can we start with a few “Youth Leaders” that can lead work done by youth, with the team providing guidance and support? Offer community service hours for participation – take the projects to them (during 1 hour lunches or a standing youth group in the community).
- c. **Cessation for youth** – What is the protocol for school nurses when a student is identified as a smoker? Can we provide information on age appropriate cessation options? Can youth who are using tobacco products take advantage of the supports offered through the Cove?

5. Partner Updates

- a. **SMCHD** – [Opioid Learning Series](#)

6. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at:
<http://healthystmarys.com/newsletter/> or email stmaryspartnership@gmail.com

7. Upcoming Meetings:

- a. **TFL Team:** Tuesday, February 20, 2018 from 10:00 – 11:30 a.m. at the St. Mary’s County Health Department.

