

Healthy St. Mary's Partnership
Tobacco Free Living Action Team
November 1, 2018 from 10:45 a.m. – 12:35 p.m.
East Run Medical Center

Minutes

1. **Attendance:** Shannon Bingham – St. Mary’s County Health Department (SMCHD), Angela Cochran – SMCHD, Kim Dollarton –SMCHD, Cathy Ertter – SMCHD, Nat Scroggins – minority Outreach Coalition, Caitlin Kirkpatrick – SMCHD, Roy Maddox – Walden/ The Cove, Jacquie Heaney - SMCHD
2. **Updates: Policy/Advocacy Initiatives**
 - a. Goal: Increasing the number of tobacco free environments
 - i. Smoke Free Holy Grounds
 1. Following our October meeting, we were informed that the Smoke Free Holy Grounds Covenant Agreement cannot be altered. The team discussed our efforts over the past year and a half to promote this program to the local faith-based organizations and the feedback we have heard. Nat emphasized that many faith-based organizations host the WARM program, which takes precedence over going smoke-free (it was suggested to contact the WARM program to have smoking cessation videos/ads included on the tv slide show during the down time before lights out). The team will discuss further work on this initiative after the December 12th Smoke Free Holy Grounds meeting with Bishop Thomas and Lawrence Carter at the St. Mary’s County Health Department. Any interested coalition members are encouraged to attend.
3. **Cancer Screenings Program Update**
 - a. Cathy is having issues with people being referred, but not being qualified for the program. Nat suggested reaching out to the younger population at local Senior Living Centers (age restrictions are 50-70 years old for colorectal cancer screenings & 40-64 for breast/cervical cancer screenings). Cathy will bring outreach cards to the next meeting for team members to hand out in the community.
4. **Planning for GMHS Youth Engagement Project**
 - a. The team agreed to only have a small group go over to the school for each meeting so we do not overwhelm the students (2-4 people each meeting). At the first meeting, the goal is to introduce the partnership, provide education on vaping, and have the students discuss ideas for what they would like their project to be. Project suggestions are: Tobacco 21, a social media campaign, and having the students become peer educators (there is a lot of planning/education involved with this). The goal is for the students to guide the project and we will provide technical support. Nurse Hickey is planning to touch-base with the students in between meetings to provide guidance. We will be offering volunteer hours (and swag bags at the first meeting) for students who participate. Nat suggested providing them with a Certificate of Appreciation at the end of the year.



5. The Great American Smokeout

- a. November is Lung Cancer Awareness Month and November 15 is the Great American Smokeout. Last year Caitlin went to an event at CSM and the NAACP hosted a block party. If anyone knows of any local events please email stmaryspartnership@gmail.com.

6. Partner Updates

- a. The Maryland Tobacco Coalition is having a meeting on November 13. They are looking for [veterans](#) to sign a letter of support for the Tobacco 21 law and for [organizations](#) who are interested in joining/supporting the coalition. Contact [Sherry McCammon](#) for more information.
- b. SMCHD is seeking organizations that want to create or further develop youth mentoring programs. There will be an [open information session](#) on Thursday, November 8 from 5:30 – 6:30 p.m. at the Lexington Park Library.
- c. Caitlin is working with the Resource Officer at Leonardtown library to create a program for students who have gotten a tobacco citation. The program will consist of a monthly class that any student who has received a tobacco violation in the past month will be required to attend. They are looking at the feasibility of having this included as a requirement in their teen court sentencing. Walden partners with teen court on alcohol violations and Roy suggested that this could be a future location for a class.
- d. Caitlin is now taking walk-in cessation clients.

7. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email stmaryspartnership@gmail.com

8. Upcoming Meetings:

- a. **TFL Team:** Thursday, December 6, 2018 from 10:45 – 12:35

