

Healthy St. Mary's Partnership  
Behavioral Health Action Team  
December 14, 2018 from 2:00 – 3:30 p.m.  
St. Mary's County Health Department

**Minutes**

- 1. Attendance:** Maryellen Kraese – St. Mary's County Health Department (SMCHD), Bruce Beauverd – Walden University, Richard Russell – St. Mary's County Sheriff's Office, Dawn Tucker – Pathways, Nat Scroggins – Minority Outreach Coalition, Rhonda Hunt – St. Mary's County Public Schools (SMCPS), Robin Schrader – SMCPS, Greg Reuss – American Foundation for Suicide Prevention (AFSP), Megan Hildenberger – community member, Dee Rathbone – Parent's Affected by Addiction (PABA), Brenda Payne – SMCHD, Tanya Hurst – SMCHD, Alexis Higdon – Center for Children, Amy Young – Maryland Coalition of Families, Gary Wilkerson – SMCHD, Gerald Rojas – SMCHD, Marge Rosensweig – Maryland Strategic Prevention Framework (MSPF), Jacque Heaney – SMCHD
- 2. Community Alcohol Coalition (CAC) Update**
  - a. Marge presented the 2018 Community Alcohol Coalition [Status Report](#). Maryellen discussed the next steps as CAC moves forward with advocating for a local Social Host Ordinance.
- 3. Objectives & Goals for 2018 Team Priorities**
  - a. Appropriate ER Utilization for Behavioral Health
    - i. The subgroup met at the end of November to discuss next steps now that we have reviewed the Emergency Department data for Behavioral Health visits. The group decided to use the Maryland Network of Care database to help the community find local behavioral health resources; this will be done in steps. The first step is to get local contact information for providers/agencies up to date. The second step is to have someone from Network of Care come present at a BHAT meeting. The third step is to have cards or magnets made to advertise Network of Care as well as encouraging utilizing 2-1-1 and calling the LBHA for help getting access to services. Jacque pulled up the Maryland Network of Care website. At the January meeting we will be going over how to update your organizations information in the system.
    - ii. Network of Care
      1. [www.maryland.networkofcare.org](http://www.maryland.networkofcare.org)
  - b. Youth Suicide
    - i. The [RU OK?](#) campaign has officially launched. Maryellen presented at 2 of the high schools during their Mental Health Awareness Week. There is a billboard up in Mechanicsville and commercials will start airing soon. There are also posters in the schools and online, mobile popup ads.
    - ii. The December 1 Applied Suicide Intervention Training (ASIST) went well.
    - iii. The CDC's Annual Report identified a [3.7% increase](#) in the suicide rate in 2017.
    - iv. Kori and Kaitlyn, Medical Anthropology students at St. Mary's College of Maryland, completed a research project on the suicide prevention efforts and mental health programs on the St. Mary's College of Maryland campus. They



provided a [dissemination paper](#) for our team with an excerpt from their paper. Greg has requested a copy of their final paper.

- c. Youth Mentoring
  - i. Four organizations have identified that they would like to move forward with completing the Botvin online training workshops and incorporate the curriculum into their youth mentoring program. So far we have 2 mentors registered to complete the training at the end of January.

#### **4. 2019 HSMP Advocacy Agenda**

- a. At the November meeting we discussed ideas for public policies that the team would be interested in advocating for this upcoming legislative session. Suggestions included: incentivizing geri-psych beds, supporting CAC with the Social Host Ordinance (this would be prep work in 2019 and advocating for legislation in 2020), and allowing for tele-behavioral health providers from out of state. The team did not decide to move forward with any of these at this meeting.

#### **5. Old Business**

- a. Marijuana
  - i. No updates

#### **6. Partner Updates**

- a. Please update your membership information with the short, [online form](#).
- b. Dee passed around a 2015 Washington Post [article](#) on thalidomide.
- c. SMCPS had Mental Health Awareness Week December 10 – 14.
- d. Robin is the new Mental Health Services Coordinator for SMCPS.
- e. PABA's craft fair on December 1 was very successful. They raised approximately \$3,000 for Maryland Heroin Awareness Advocates.
- f. Charles County's H.O.P.E trailer is up and running. They are looking for events in 2019 to bring it to in St. Mary's County.
- g. Richard provided statistics from the Sheriff's Office on 2018 emergency petitions as well as fatal and non-fatal overdoses.
- h. St. Mary's College of Maryland is starting an Alcohol Taskforce that Maryellen will be participating in starting in January.
- i. Center for Children is currently accepting referrals for all of their programs.

#### **7. Communications**

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email [stmaryspartnership@gmail.com](mailto:stmaryspartnership@gmail.com).

#### **8. Upcoming Meetings:**

- a. **BHAT:** January 11, 2019 from 2:00 – 3:30 p.m. at the St. Mary's County Health Department

