

Healthy St. Mary's Partnership  
Behavioral Health Action Team  
January 11, 2019 from 2:00 – 3:30 p.m.  
St. Mary's County Health Department

**Minutes**

- 1. Attendance:** Greg Reuss – American Foundation for Suicide Prevention (AFSP), Pete Cucinotta – Circuit Court, Kristi Larson – St. Mary's County Sheriff's Office (SMCSO), Alexis Higdon – Center for Children (CFC), Veronica Brown – CFC, Brenda Payne – St. Mary's County Health Department (SMCHD), Richard Russell – SMCSO, Laura Webb – Walden, Dee Rathbone – National Institute of Citizen Anti-Drug Policy (NICAP), Lori Werrell – MedStar St. Mary's Hospital (MSMH), Tammy Loewe – SMCHD, Carolyn Cullison – On Our Own of St. Mary's County (OOOSMC), Robin Schrader – St. Mary's County Public Schools (SMCPS), Ashly Nelson – SMCHD, Michelle Lancaster – SMCHD, Amy Young – Maryland Coalition of Families (MCF), Mike Shaw – SMCHD, Lori Mellott – community member, Cheryl Lyon – OOOSMC, Jacquie Heaney - SMCHD
  
- 2. Network of Care Demonstration**
  - a. Laura demonstrated how to update your organization's contact information and description in the [Maryland Network of Care](#). We are working to arrange a webcast with Maryland Network of Care for the February meeting. **Action item:** please explore the Maryland Network of Care website and update your organization's information before the February meeting. Bring any feedback/questions for Maryland Network of Care to this meeting.
  
- 3. Team Priorities and Recruitment in 2019**
  - a. The team discussed possible areas of focus for the upcoming year. Team members reviewed the behavioral health portion of the [Healthy St. Mary's 2020](#) plan. The following topics were discussed:
    - i. Assertive Community Treatment Team
      1. No startup funds currently through BHA.
      2. Community partners interested in capacity building, nothing formalized yet, but discussions are happening.
    - ii. Peer Support Services
    - iii. Youth Mentoring
      1. The team voted to add this as a priority at the November team meeting.
      2. This could be connected to the Child Maltreatment rate, which Walden is currently interested in looking into.
      3. Need for parenting supports has been voiced by community members.
      4. The team discussed the need to identify ACES in community.
    - iv. Harm Reduction
    - v. ED Utilization
      1. We are in the final stages of this 2018 priority, with the Maryland Network of Care updates/webcast. We will then be creating a campaign to increase community use of this resource.



2. This could be connected to the need for community supports for adults with serious mental health issues. The team discussed needing to identify the services that are missing (including supports for the elderly) as well as case management needs and the effects of stigma.
  - vi. Funding Sources for Specialty Treatment Services
  - vii. The need for stable housing. It was suggested that the housing authority be invited to BHAT meetings.
- b. The team decided to focus on Youth Mentoring and ED Utilization in 2019. Action steps for these topics will be discussed at the February/March meetings.

#### 4. Partner Updates

- a. Kristi is the new Behavioral Health liaison at the Sheriff's Office. She will be doing crisis intervention training for officers and looking into how to prevent repeat EPs.
- b. SMCPs has collaborated with the [One Love Foundation](#) to do a violence awareness/prevention week in the high schools on February 12-14. They will also be completing a train the trainers to bring One Love Foundation's *Escalation* Workshop into the community.
- c. Charles County's HOPE trailer is up & running. They are willing to bring it to St. Mary's County events.
- d. There will be a FREE Recovery Coach Academy Training at the Beacon of Hope on February 8, 9, 15, 16, & 18<sup>th</sup> (30 hour training).
- e. [Harm Reduction](#) is now operating out of a satellite office in Lexington Park. They are offering FREE HIV and Hep C testing. They have Sharps bins up at their satellite office, the health department, and the SMCSO Leonardtown barracks.
- f. Save the Date for the [2019 HSMP Annual Meeting](#) on September 19, 2019.
- g. Dee shared a [letter to the editor](#) that he wrote in October.

#### 5. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email [stmaryspartnership@gmail.com](mailto:stmaryspartnership@gmail.com)

#### 6. Upcoming Meetings:

- a. **BHAT:** February 8, 2019 from 2:00 – 3:30 p.m. at the St. Mary's County Health Department

