

Healthy St. Mary's Partnership  
HEAL Action Team  
January 23, 2019 from 1:00 – 2:00 p.m.  
Health Connections, MedStar St. Mary's Hospital

**Minutes**

1. **Attendance:** Linda Fry – Church of Ascension Food Pantry, Andrea Hamilton – MedStar St. Mary's Hospital (MSMH), Nat Scroggins – Minority Outreach Coalition (MOC), Isabel Robinson – United HealthCare (UHC), Erin Carney – University of Maryland Extension, Brian Abell – St. Mary's County Tennis Association (SMCTA), Clara Brooks – Bread of Life Food Pantry, Elizabeth Forte – St. Mary's County Public Schools (SMCPS), Sue Veith – Department of Economic Development (DED), Jacquie Heaney – St. Mary's County Health Department (SMCHD)
2. **More to Explore**
  - a. The team edited last year's Sponsor Packet. Jacquie will make these edits and bring the final draft to the February meeting. The team discussed the prizes for the 2019 program. There are enough giveaway prizes left over from previous years. We will need raise money for the big prizes (1 leftover from last year) or have them donated. At the February meeting, we will discuss whether we will be ordering printed books this year.
3. **Healthy Meeting Toolkit**
  - a. We have been given permission to edit the NADA [Healthy Meeting Toolkit](#). The small group who volunteered to work on the Healthy Meeting Toolkit met in early January to begin editing. Things that we will be including in the toolkit: swappable items, pledge for businesses to take, sample menus for each meal time, and a resource page with a list of local caterers that have a healthy meeting menu option. **Action item:** Please bring the names of any caterers that you have used or are aware of that we should reach out to to the February meeting.
4. **Feed St. Mary's**
  - a. They have potential sites for a location. They are looking to do another community meeting in the spring once the location is finalized.
5. **Team Priorities and Recruitment in 2019**
  - a. The HEAL section of the [Healthy St. Mary's 2020](#) Plan was provided. The team discussed that there is a new workgroup that is focused on community gardens. These gardens will likely be at schools. The team discussed the Walking Maps that were developed a couple years ago. The idea was proposed to promote these to the community. The team discussed that we have the ability to push information out to the community. It was proposed that we work on flyers/fact sheets that can be provided to the community (at community events, through Peach Jar, etc.) about healthy eating and active living/chronic diseases. The team also discussed having an article published (either written by DanDan or as a letter to the editor) monthly on an agreed upon topic. **Action item:** Please go through



the HEAL section of the Healthy St. Mary's 2020 Plan and list what your organization does for each of the goals/objectives and bring it to the next meeting. This will allow us to identify where the gaps are.

## 6. Partner Updates

- a. Recreation & Parks
  - i. The [Mardi Gras Pool Party](#) will be on March 2 from 6 – 9 p.m. at the Great Mills Pool.
  - ii. The Easter Festival will be on April 6 from 11 – 4 at the St. Mary's County Fairgrounds. Christi will provide a table for the team to do a Healthy Food Drive.
  - iii. [Summer Camp](#) registration opens on March 1. Advanced [scholarship forms](#) are being accepted now.
- b. The Northern County Farmer's Market is going to include a Regional Agriculture Center and SOMD meats processing center. They are applying for a grant with the updated budget. The goal is to open by Thanksgiving 2020.
- c. Registration for the St. Mary's County Tennis Association spring league opens on February 1.
- d. United HealthCare is planning a Community Advisory Committee Meeting for June 5 at SMCHD. Invitations will be sent on at the end of April/beginning of May.
- e. St. Mark's Bread of Life is working with a Coast Guard Liaison to provide food to the 43 Coast Guard families affected by the government shut down.
- f. St. Mary's Caring soup Kitchen is looking for donations of coats, tents, and white socks.
- g. The Delacados Women's Wellness Day will be on February 23. Call Health Connections to register.
- h. Erin will be conducting a Needs Assessment to determine programming gaps in the county. She is looking for key informants to interview.
- i. The St. Mary's County UMD Extension Office will be distributing a quarterly newsletter. Contact [Erin](#) to be added to the mailing list.
- j. Catholic Charities will be opening an office at Church of Ascension.
- k. Save the Date for the [2019 HSMP Annual Meeting](#) on September 19, 2019 at the Southern Maryland Higher Education Center. We have issued a [Call for Proposals](#) to present at the Annual Meeting. All proposals are due by February 15, 2019.

## 7. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email [stmaryspartnership@gmail.com](mailto:stmaryspartnership@gmail.com)

## 8. Upcoming Meetings:

- a. HEAL team: February 27, 2019 from 1:00 – 2:00 p.m. at Health Connections.

