Healthy St. Mary's Partnership Behavioral Health Action Team April 12, 2019 from 2:00 – 3:30 p.m. St. Mary's County Health Department

#### Minutes

 Attendance: Nat Scroggins – Minority Outreach Coalition (MOC), Mary Flood – Local Care Team (LCT), Pete Cucinotta – Circuit Court, Richard Russell – St. Mary's County Sheriff's Office (SMCSO), Dawn Sisk – Pathways, Ashley Alhamera – Pathways, Jameika Butler – The Jude House, Gerald Rohas – St. Mary's County Health Department (SMCHD), Vreonica Brown – Centre for Children (CFC), Laura Webb – Walden, Kelsey Bush – Department of Aging and Human Services/Local Management Board (DAHS/LMB), Tanya Hurst – SMCHD, Tammy Loewe – SMCHD, Brenda Payne – SMCHD, Amy Young – Maryland Coalition of Families (MCF), Marnie Grove – Parents Affected by Addiction (PABA), Jacquie Heaney – SMCHD

### 2. Objectives & Goals for 2019 Team Priorities

### a. ED Utilization for Behavioral Health

- i. Jacquie followed up with Kathy from Network of Care about a flyer that could be distributed to the community. They only have the one flyer, so Jacquie will work with Maryellen to see if SMCHD's graphic designer can develop a flyer which advertises the Network of Care, Maryland 211, and our local crisis number. Tammy is going to follow up with Kathy to discuss altering the home page to make it easier to locate St. Mary's resources. The team discussed making sure that agency information gets updated on a quarterly basis. Tammy suggested that we use the discussion group part of Network of Care to share presentations and documents as a team. Tammy will provide a demonstration of this platform at the May meeting.
- **ii.** The team also discussed focusing on Crisis team/center models so that we can be prepared when RFPs get released as well as safe stations.
- iii. Those who signed up to be part of the ED utilization work group: Kelsey, Laura, Tanya, Richard, Mary, Tammy. If you are interested in being included in this work group, please email Jacquie.

#### b. Youth Mentoring

- i. Jacquie will be working with student interns this summer to complete a Needs Assessment on youth mentoring. This will include a survey, focus groups, and key informant interviews. Dr. Brewster had a meeting with several key partners about youth mentoring a couple weeks ago to discuss this assessment and begin establishing key outcomes of interest – at this meeting it was determined that Tri-County Youth Services Bureau and Recreation & Parks should be at the table for youth mentoring discussions. If you have data related to youth mentoring and its outcomes, please send it to Jacquie. We need to start establishing a list of mentoring programs that we know of so that we can reach out during the assessment.
- ii. Discussing youth mentoring led to the topic of starting a junior team at one of the high schools, like the Tobacco Free Living team has done at Great Mills. Tammy



will reach out to Robin to see if one of the school counselors is interested in being the school sponsor.

iii. Those who signed up to be part of the youth mentoring work group: Kelsey, Laura, Veronica, Jameika, Dawn, Tammy. If you are interested in being a part of this work group please email Jacquie.

## 3. Partner Updates

- a. The Governor's Office for Children is looking at ED utilization by youth for mental health specifically suicidal ideation. Please send any related data to <u>Kelsey</u>.
- **b.** The Sheriff's Office has made 222 emergency petitions this year. They are currently discussing whether or not they are going to continue with the mandate for nonfatal overdoses. There have been 4 fatal overdoses this year with 1 more pending.
- c. Christy Larson is no longer with the Sheriff's Office. They have posted the Community Mental Health Liaison <u>position</u>, which closes on April 24.
- d. Collection for <u>National Take Back Day</u> will be available from 9 AM 1 PM on April 27 at two locations: the Elks Lodge in California and the Sheriff's Office in Leonardtown.
- e. Richard, Tammy, and Jameika recently participated in a Q&A on the opioid epidemic with CSM's Sociology Class.
- f. Center for Children is offering a training for therapists on cognitive behavioral therapy for children with problem sexual behaviors.
- g. The Unified Committee for Afro-American Contributions (UCAC) is offering a Community Life Lessons Presentation on April 13 at the USCT Interpretive Center.
- h. April is Minority Health Month with the theme "Active and Healthy." The Minority Outreach Coalition (MOC) is hosting a <u>Community Conversion</u> regarding input vital to the work of reducing health disparities on April 26 from 11:00 a.m. 1:00 p.m.at the St. Mary's County Health Department.
- i. Maryland Coalition of Families is currently looking for a location to host one of On Our Own's stigma workshops.
- j. PABA is having an event called "The Help You Have" in Charles County on April 30. Contact <u>Marnie</u> for more information.
- k. The <u>Tri-County Memory Walk</u> will be on May 18 at Farming 4 Hunger.
- 1. The Beacon of Hope is having their Spring Fling event on May 11. Contact <u>Laura</u> if you are interested in tabling the event.
- m. The Pyramid Walden California Campus is under construction.
- n. Walden has a grant for buprenorphine treatment that can help with copays and transportation.
- o. There are 3 potential new buprenorphine providers in the county. They are currently waiting on their waiver from the DEA. The health department submitted an application to continue this initiative in FY20.
- p. Greg did a Talk Saves Lives discussion and Seize the Awkward orientation with Teen Court.
- q. Maryellen and Greg presented It's Real and RU Ok? to the Ryken student body.
- r. St. Mary's County Public Schools is having a Mental Health Fair on May 6 at the Board Office. Contact <u>Robin</u> if you are interested in tabling.
- s. Dr. Bazron has resigned as the Deputy Secretary of the Behavioral Health Administration. Her last day is April 18.



- t. SMCHD is offering a Secondary Trauma training on May 21. Registration will open at the end of April..
- u. SMCHD is offering an Alternatives for Pain Management event with Guest Speaker Dr. Mark C. Bicket on May 13.
- v. Pathways' Employment Services program is accepting new consumers.
- w. Pathways' Transitional Age Youth program is accepting new consumers.
- x. The Local Care Team has a new <u>flyer</u>.
- y. The Jude House's Outreach Specialist is following clients for a year after treatment, meeting up to check-in once a month and collecting data. This service is now extending into St. Mary's County.
- z. <u>The Jude House</u> currently has openings for a full time RN and a contractual Mental Health Therapist.

### 4. Communications

a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <u>http://healthystmarys.com/newsletter/</u> or email <u>stmaryspartnership@gmail.com</u>

# 5. Upcoming Meetings:

- a. BHAT: May 10, 2019 from 2:00 3:30 p.m. at the St. Mary's County Health Department
- b. **Healthy St. Mary's Partnership Annual Meeting**: Thursday, September 19, 2019 at the Southern Maryland Higher Education Center

