

Healthy St. Mary's Partnership
Behavioral Health Action Team
May 10, 2019 from 2:00 – 3:30 p.m.
St. Mary's County Health Department

Minutes

1. **Attendance:** Allyson Myers – St. Mary's County Health Department (SMCHD) intern, Lau8ra Webb – Walden, Jenna Guzman – SMCHD, Brenda Payne – SMCHD, Nat Scroggins – Minority Outreach Coalition (MOC), Chris Shea – SMCHD, Kelsey Bush – Department of Aging & Human Services/Local Management Board (DAHS/LMB), Greg Reuss – American Foundation for Suicide Prevention (AFSP), Dee Rathbone – National Institute of Citizen Anti-Drug Policy (NICAP), Tammy Loewe – SMCHD, Gary Wilkerson – SMCHD, Jacquie Heaney – SMCHD
2. **Legislative Update**
 - a. Allyson Myers, St. Mary's College of Maryland Student & Policy Intern at the St. Mary's County Health Department, provided an update on the [behavioral health legislation](#) from the 2019 Maryland General Assembly. For more detail, please see her [legislative briefs](#).
3. **Objectives & Goals for 2019 Team Priorities**
 - a. The team discussed that in order for the subgroups to be effective we need to have as many partners at the table as possible. Jacquie will be setting up regular meetings for the subgroups so that people can get it on their calendars in advance, and it was discussed that you can send a representative from your organization to the subgroup should you not be able to attend.
 - b. **ED Utilization for Behavioral Health**
 - i. The ED Utilization subgroup will be meeting on the Thursday before BHAT meetings at 2:00 p.m. at the Health Department.
 - ii. At the subgroup meeting on May 9, the group decided to focus on Crisis Response Team and Safe Stations. The first step will be to look at different models. Then the group would like to survey stakeholders and do a town hall meeting. The group also discussed having the Police Assisted Addiction and Recovery Initiative (PAARI) do a webinar with the BHAT team – PAARI has partnered with Anne Arundel County for their Safe Stations program.
 - iii. The team also discussed content for a flyer that will inform community members of the resources to find behavioral health services in St. Mary's, including: Maryland Network of Care (with direct link to the Southern Maryland Page), the Local Behavioral Health Authority, Maryland 211, and 911/crisis text line/suicide prevention lifeline numbers for emergencies.
 - c. **Youth Mentoring**
 - i. The Youth Mentoring subgroup will be meeting on the same Friday as BHAT meetings at 1:00 p.m.
 - ii. The subgroup met prior to the start of the BHAT meeting and discussed ways that the team can aid the summer interns in their assessment, including: informing them of organizations to reach out to and helping them with focus



group locations. The group also discussed scheduling Maryland Mentor to present in late October. Walden is applying to be included in a Pilot for Teen Mental Health First Aid – which we could offer to mentoring groups in the county.

- iii. The group discussed what the role of a youth BHAT team would be if started in a high school next year. The discussed focused on training them to be Peer Mentors/Mediators. A question was brought up on if any of the schools already have a program like this.

4. Partner Updates

- a. The schools have been celebrating Mental Health Awareness Week with several events – including Tammy’s presentation this morning at Carver Elementary School and a successful Mental Health Fair earlier this week.
- b. [National Prevention Week](#) is May 12 – 18.
- c. SMCHD is still looking for feedback on the Online [Opioid Education Course](#) for Parents and Guardians.
- d. The Harm Reduction Office in Lexington Park had its Grand Opening on April 23. Learn more about the services offered at this office and office hours [here](#).
- e. The St. Mary’s [Worksite Wellness Collaborative](#) Meeting is May 16 at the Health Department.
- f. Pyramid Walden’s [Spring Fling](#) event is May 11 from 1:00 – 4:00 p.m. at the Beacon of Hope Recovery and Wellness Center.
- g. Project Grad is May 28, 29, 30, and 31. If you are interested in volunteering please contact [Kelsey Bush](#).
- h. NAACP is hosting a [Community Clothing Closet Giveaway](#) at Great Mills High School on May 11.
- i. The 16th Annual [Juneteenth Celebration](#) is on June 15 at Lancaster Park. The Healthy Eating & Active Living Action Team will be hosting a [Healthy Food Drive](#) at the event this year.
- j. MOC’s Community Conversation went very well. Nat will bring information that is relevant to BHAT to the June meeting.
- k. MedStar’s Living Well with Diabetes 7-week program will begin on July 9 at East run Medical Center. Call Health Connections for more information.
- l. Greg’s Talk Saves Lives and Seize the Awkward presentation with Teen court went very well.
- m. The Southern Maryland Out of the Darkness Walk is October 27 in St. Mary’s City. Register [here](#).
- n. The [Community Alcohol Coalition Conference](#) is June 3 and will include tracks for Alcohol Retailers and Law Enforcement.
- o. The Jude House in Leonardtown will be closing at the end of the fiscal year. They will still be operating in Charles County.

5. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email stmaryspartnership@gmail.com



6. Upcoming Meetings:

- a. BHAT:** June 14, 2019 from 2:00 – 3:30 p.m. at the St. Mary’s County Health Department
- b. ED Utilization Subgroup:** June 13, 2019 from 2:00 – 3:00 p.m. at the St. Mary’s County Health Department
- c. Youth Mentoring Subgroup:** June 14, 2019 from 1:00 – 2:00 p.m. at the St. Mary’s County Health Department.
- d. 2019 Healthy St. Mary’s Partnership Annual Meeting:** September 19, 2019 at the Southern Maryland Higher Education Center.

