

Healthy St. Mary's Partnership
HEAL Action Team
April 24, 2019 from 1:00 – 2:00 p.m.
Health Connections, MedStar St. Mary's Hospital

Minutes

1. **Attendance:** Andrea Hamilton – MedStar St. Mary's Hospital (MSMH), Jenna Guzman – St. Mary's County Health Department (SMCHD), Sue Veith – St. Mary's County Department of Economic Development (DED), Isabel Robinson – UnitedHealthCare (UHC), Linda Fry – Church of Ascension Food Pantry, Kyle Kebaugh – College of Southern Maryland (CSM), Erin Carney – University of Maryland Extension (UME), Nat Scroggins – Minority Outreach Coalition (MOC), Jacquie Heaney – SMCHD
2. **More to Explore** – Jenna provided a sample of the new [one-pager](#). The team approved the sample. The team discussed that since the sponsors are not listed on the one-pager that we will move them to be more prominent on the webpage and they will be included in the press release. Jacquie is working to update the full passport and it will be available online. One issue that the team discussed is that the rubbings may or may not fit on the new one-pager; also, the instructions on the plaques are inaccurate now – in the future when replacing the plaques we should have them simplified to just the logo and the code word.
3. **Healthy Meeting Toolkit**
 - a. The workgroup met on Tuesday to work through edits on the first draft. They decided that the main Toolkit, which will be available in a hard copy, will include the healthy meeting guidance and rationale. All other aspects of the toolkit (e.g. sample menus, sample tobacco free policies, food safety physical activity breaks, resources, etc.) will be available in digital format on the webpage. This will make the toolkit easier to distribute and allow for people to easily access the additional documents they need.
4. **Walking Action Plan**
 - a. Christi, Shannon, and Jenna met a couple weeks ago to discuss the grant. Christi has a draft of the Walking Action Plan which she will be bringing to a HEAL meeting for team input. Bill has provided sample “Walk SMC” logos and is currently working on a front page and template page for the booklet.
5. **HSMP Annual Meeting**
 - a. While at the Healthy Meeting Toolkit Meeting the topic of physical activity at the HSMP Annual Meeting came up. There is not really a time for a whole group physical activity break in between speakers as there are more breakout sessions this year so the rooms will be separated for a majority of the day. Andrea suggested that the team put together a scavenger hunt for the lunch break and having anyone that completes it be entered into a drawing for a door prize. The team discussed ideas including: having them visit each action team table to get a stamp, a virtual scavenger hunt with pictures, and having participants pick-up key take-away items from around the facility (e.g. the Healthy Meeting Toolkit, Hispanic Resource Guide, Network of Care flyer, etc).



6. Partner Updates

- a. The National Planning Conference is making a push for Health in All Policies. They have several resource guides which will be helpful for the next Community Health Improvement Plan.
- b. The 16th Annual [Juneteenth](#) Celebration will be on June 15 from 12:00 – 8:00 p.m. at John G Lancaster Park. They are now accepting registration for vendors, advertisers, and sponsors. Jacquie will touch base with Mike Brown about having a Healthy Food Drive at Juneteenth.
- c. Collection for [National Take Back Day](#) will be available from 9 AM - 1 PM on April 27 at two locations: the Elks Lodge in California and the Sheriff's Office in Leonardtown.
- d. The Harm Reduction Program Office is now open in Lexington Park. Click [here](#) to learn more about the program.
- e. Isabel recently sent out an invitation to UnitedHealthCare's Community Advisory Committee Meeting on June 5. Contact [Isabel](#) for more information.
- f. Registration for the University of Maryland Extension's Diabetes Research Project is open until May 20. Contact [Erin](#) for more information or to see if you qualify.
- g. The Minority Outreach Coalition is hosting a [Community Conversation](#) on April 26 from 11:00 a.m. – 1:00 p.m. at the health department.
- h. Nat will be doing a series of 8 workshops surrounding Diabetes at St. Mary's Caring in May & June in hopes of getting people to register for the Living Well with Diabetes Class which will begin on July 9 at East Run Medical Center.
- i. There will be a Food Distribution on Saturday, April 27 at the Church of the Ascension beginning at 10:00 a.m.
- j. CSM's HR department is sponsoring a health & wellness fair for their employees at the La Plata Campus.
- k. A Living Well with Diabetes class will begin on September 24 at Health Connections.
- l. There are still spaces in the current Simple Changes class. If interested, please contact Health Connections before May 1.
- m. The team discussed [this program](#) that provides students in need with food for the weekend using leftovers from school lunches.

7. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email stmaryspartnership@gmail.com

8. Upcoming Meetings:

- a. HEAL team: May 22, 2019 from 1:00 – 2:00 p.m. at Health Connections.
- b. 2019 Healthy St. Mary's Partnership Annual Meeting: September 19, 2019 at the Southern Maryland Higher Education Center.

