

Healthy St. Mary's Partnership  
Behavioral Health Action Team  
June 14, 2019 from 2:00 – 3:30 p.m.  
St. Mary's County Health Department

**Minutes**

- 1. Attendance:** Robin Schrader – St. Mary's County Public Schools (SMCPS), Stephanie Scharmen – St. Mary's County Health Department (SMCHD), Cheri Reulet – MedStar St. Mary's Hospital (MSMH), Shannon Heaney – SMCHD, Amy Young – Maryland Coalition of Families (MCF), Kelsey Bush – Local Management Board/Department of Aging & Human Services (LMB/DAHS), Laura Webb – Walden, Stephanie Freeman – community member, Maryellen Kraese – SMCHD, Dee Rathbone – National Institute of Citizen Anti-Drug Policy (NICAP), Tanya Hurst – SMCHD, Richard Russell – St. Mary's County Sheriff's Office, Nat Scroggins – Minority Outreach Coalition (MOC), Carolyn Cullison – On Our Own of St. Mary's County (OOOSMC), Jacquie Heaney – SMCHD, Tammy Loewe – SMCHD
- 2. SMCHD Prevention Programs Status Report**
  - a. Maryellen presented an [update](#) on the SMCHD Prevention Programs.
- 3. Objectives & Goals for 2019 Team Priorities**
  - a. ED Utilization for Behavioral Health**
    - i. The subgroup met on June 13. The group discussed crisis services in St. Mary's County and the need for crisis beds. In order to apply for funding for these services/beds we need data. The group decided to request data from MSMH on admittance to their behavioral health unit including age, gender, diagnoses to supplement the ED data we received last year. Tammy and Jacquie are going to reach out to Anne Arundel County and the organization that helped them develop their crisis services model – The Police Assisted Addiction and Recovery Initiative (PAARI) – to gather more information and work towards scheduling a meeting or webcast for St. Mary's County stakeholders.
    - ii. Jacquie provided a draft of the Network of Care flyer for feedback. All feedback will be sent to the graphic designer for the final draft.
  - b. Youth Mentoring**
    - i. The subgroup met prior to the start of the BHAT meeting. The group discussed several different mentoring programs in the county and the need to have a location that hosts their contact information and meeting schedule. The plan for now is to encourage groups to submit their information to be included in the My St. Mary's app. The group discussed hosting an open forum in August for local mentoring programs to come together under one roof. The BHAT team will develop conversation starters for the forum. The group also discussed having Maryland Mentor present in the late fall/early winter for Mentoring Programs.
  - c. There will be no more subgroup meetings. BHAT meetings will have dedicated time for working on action items in each of the priority areas.



#### 4. Partner Updates

- a. Gary Wilkerson is no longer with SMCHD. If you had been corresponding directly with him, please use the [LBHA email](#) now. Keep an eye out for the position to be posted soon.
- b. There will be an [Effective Interviewing with Trauma Survivors](#) training on June 28 at SMCHD.
- c. St. Mary's County Behavioral Health Authority recently received a grant through the Department of Human Services for mental health crisis stabilization of children in the care of the Department of Social Services.
- d. Maryland Coalition of Families is hosting [focus groups](#) in June.
- e. Preliminary data shows that Maryland [fatal opioid overdoses](#) are down in the first quarter of 2019. Richard provided an update that St. Mary's preliminary numbers are approximately the same as previous years.
- f. Dee shared two articles: one on SMCPS getting [in-school mental health services](#) next school year and one on teens reporting more [thoughts of suicide](#).
- g. Walden Sierra has entered into an agreement with [Mid-Shore Council on Family Violence](#). They will begin offering services in St. Mary's County, with an office in Leonardtown, on July 1.
- h. [Registration](#) is now open for the 2019 HSMP Annual Meeting!
- i. The [Southern Maryland Out of the Darkness Walk](#) is on October 27 from 9:00 a.m. – 12:00 p.m. at the Old State House in St. Mary's City.
- j. DAHS is sponsoring a Groundwater Presentation on [Spotlighting Systemic Racism](#) on July 26 at St. Mary's College.
- k. Carolyn recently completed a WRAP class at Clifton T. Perkins Hospital Center. She had 12 people complete the class. They are currently reviewing the data to determine if this will become a permanent program.
- l. The On Our Own conference at the beginning of June was very successful.
- m. The 16<sup>th</sup> Annual Juneteenth Celebration is June 15 at Lancaster Park.

#### 5. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email [stmaryspartnership@gmail.com](mailto:stmaryspartnership@gmail.com).

#### 6. Upcoming Meetings:

- a. **BHAT:** July 12, 2019 from 2:00 – 3:30 p.m. at the St. Mary's County Health Department
- b. **2019 Healthy St. Mary's Partnership Annual Meeting:** September 19, 2019 from 8:30 a.m. – 3:00 p.m. at the Southern Maryland Higher Education Center.

