

Healthy St. Mary's Partnership  
Tobacco Free Living Action Team  
June 6, 2019 from 10:45 p.m. – 11:45 p.m.  
East Run Medical Center

**Minutes**

1. **Attendance:** Kim Dollarton – St. Mary's County Health Department (SMCHD), Stephanie Scharmen – SMCHD, Caitlin Kirkpatrick – SMCHD, Stephanie Freeman – community member, Shannon Heaney – SMCHD, Rachel Nussberger – Tri-County Youth Services Bureau (TCYSB), Cheri Reulet – MedStar St. Mary' Hospital (MSMH), Nancy Stone – SMCHD, Achley Milcetic – SMCHD, Jacquie Heaney – SMCHD
2. **Health Education Surrounding Vaping/E-Cigarettes**
  - a. Jacquie demonstrated Scholastic's [lung experiment](#) that we will be using at outreach this summer. She passed out the [Family Resource Guide](#) that was developed to go along with the experiment. The team decided to have the second page available for families at the outreach events.
  - b. Events this summer:
    - i. Juneteenth Celebration – June 15 from 12:00 – 8:00 p.m. at Lancaster Park – Jacquie and Caitlin will attend
    - ii. Summer Lunch Program – 3 locations, date TBD
    - iii. Will provide experiment to Recreation & Parks lab scientist camp & TCYSB summer camps
    - iv. Beach Party on the Square – August 3 from 4:00 – 9:00 p.m. in Leonardtown
    - v. Back to School Events
  - c. The team discussed that it would be good to have sample vapes available for parents to see at these events so they know what to look for.
  - d. **Action Item:** If you are interested in attending any of these events, please reach out to [Jacquie](#).
3. **Tobacco 21 Panel Event**
  - a. Possible Panelists:
    - i. Representative from the Legal Resource Center
    - ii. Laura Hale and/or Jocelyn Collins – Did advocacy work for the bill
    - iii. Dr. Brewster
  - b. Location/Date/Time
    - i. The team discussed possible locations for the events including St. Mary's College of Maryland, CSM Leonardtown, one of the high schools, the fairgrounds, and the tech center. It was decided that we should reach out to John Richards about the availability of the fairgrounds on September 26 in the evening. The team discussed that the predicted issue with this date will



that it is the week after the County Fair and the buildings may not be cleaned out yet.

- c. The team discussed the idea of attending the fair on Kids Day to hand out flyers for the event. The team would do a mini-training prior to this to be prepared for any questions that may be asked.

#### **4. Old Business:**

##### **a. Cancer Screening Program Updates**

- i. Cathy and Nancy have lots of colon clients currently as well as lots of clients for breast and cervical. Many of the clients are Hispanic and being referred by the SMCHD translator to the program. As of July 1, the women's cervical cancer screening program will include women ages 21-39. Nancy and Cathy are planning lots of outreach events in July.

##### **b. TFL Junior Team Update**

- i. The students completed the Stanford program and all passed their test a couple weeks ago to be certified peer educators. Today they are having their end of the year party complete with pizza, certificates, volunteer hour letters, and their team tshirts. Next year, the team will be doing a training with the St. Mary's College Peer Educators, will do a training on synthetic marijuana, will start doing outreach to elementary/middle schools, and will possibly working on creating podcasts if we receive the grant through Johns Hopkins.

#### **5. July Meeting**

- a. The regularly scheduled team meeting for July falls on July 4. The team decided to cancel the July meeting and meet again on August 1.

#### **6. Partner Updates**

- a. Caitlin is working on developing a resource card that will list quit resources for teens. She is also working with St. Mary's College to provide cessation classes in the fall. She will also be having a cessation class at the governmental center in the fall.
- b. Stephanie is the new Adverse Childhood Experiences coordinator at SMCHD. She will be doing a kick-off event soon and then starting to meet monthly with stakeholders.
- c. SMCHD is currently in the process of getting accredited. Part of this process includes a site visit where we will be holding a meeting with community partners. Jacquie will send out invitations once the date is solidified.



**7. Communications**

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at:  
<http://healthystmarys.com/newsletter/> or email [stmaryspartnerhip@gmail.com](mailto:stmaryspartnerhip@gmail.com).

**8. Upcoming Meetings:**

- a. **TFL Team:** August 1, 2019 from 10:45 – 12:35 at East Run Medical Center.
- b. **2019 HSMP Annual Meeting:** September 19, 2019 at the Southern Maryland Higher Education Center.

