

Healthy St. Mary's Partnership
Behavioral Health Action Team
August 9, 2019 from 2:00 – 3:30 p.m.
St. Mary's County Health Department

Minutes

- 1. Attendance:** Robin Schrader – St. Mary's county Public Schools (SMCPS), Nat Scroggins – Minority Outreach Coalition (MOC), Melaina Cimini – Recovery Centers of America, Ashley Milcetic – St. Mary's County Health Department (SMCHD), Maryellen Kraese – SMCHD, Greg Reuss – American Foundation for Suicide Prevention (AFSP), Kelsey Bush – Department of Aging and Human Services (DAHS), Chris Shea – SMCHD, Laura Webb – Pyramid Walden, Jameika Butler – SMCHD, Taylor Berry – Student Academy in Public Health, Lori Werrell – MedStar St. Mary's Hospital (MSMH), Jacquie Heaney – SMCHD
- 2. Objectives & Goals for 2019 Team Priorities**
 - a. ED Utilization for Behavioral Health**
 - i. Tammy has been in contact with a county in Virginia that is willing to provide us with the details of their crisis services model and data that they have gathered. We will work to have them come meet with the team in the fall.
 - ii. MSMH has received the grant dollars to get peer recovery coaches in the ED. The planning for this will begin in October.
 - iii. In response to increased referrals to the ED after completely risk assessments at the schools, SMCPS is revamping their risk assessment forms and implementing a new after-care program for students who are coming out of the hospital. The program will establish re-entry and academic plans as well as connecting students with the new social worker in their school to meet with them for 6-8 weeks.
 - iv. SMCHD got funding for a full time peer through the Harm Reduction program that will follow up with inmates after release as well as those who have used EMS services.
 - v. Jacquie provided copies of the final [Network of Care flyer](#) for distribution to the community. Please share within your organizations as well as with the community and on social media. Let Jacquie know where you are distributing the flyer or if you are adding it to your website/social media as we are trying to track the distribution.
 - b. Youth Mentoring**
 - i. The [Youth Mentoring Round Table](#) will be held on August 29, 2019 from 5:30 – 6:30 p.m. at the Lexington Park Library. Kelsey and Taylor will moderate. The team discussed the purpose of this event and determined that we are using it to help foster connections between existing and developing mentoring programs as well as to help determine how BHAT can support these programs. The following questions were suggested to start discussion – Jacquie will order them to create flow of conversation and will bring the sticky paper to the event to take notes.
 1. How did you get your program started?
 2. What is the focus of your program (career development, community connection, intervention, prevention, etc.)?



3. Where do you get your funding? Is there a fee for children to participate?
 4. What are barriers you've dealt with and how have you overcome them?
 5. What curriculum do you use (formal or informal)?
 6. What community resources do you currently use for support? What resources would you like to use for support?
 7. What safety measures are taken? Background checks? Procedures while working with the children?
 8. How does your program recruit new mentors and mentees?
 9. How do you group your mentees (age, gender, etc.)?
- ii. The team also discussed having a fact sheet made up from data gathered during the Student Academy in Public Health needs assessment that will be available at the event. The needs assessment included a parent survey (over 100 responses!), 2 focus groups with middle school students, pulling relevant YRBS data, and key informant interviews.

3. HSMP Annual Meeting

- a. The team discussed what to include on the action team table at the HSMP Annual Meeting. It was determined that we would use it for data gathering and have 2 surveys with giveaways for participating. Partners may also bring brochures to put out on the table.
 - i. ED Utilization Survey:
 1. Have you or someone you know used the ED for mental health or substance use? (Y or N)
 2. Is yes, why did you choose the ED instead of other forms of treatment?
 - a. Time of day
 - b. Don't know how to find provider
 - c. Cost/Insurance Coverage
 - d. Emergency Situation
 - e. Other
 - ii. Youth Mentoring Survey:
 1. Do you have youth that you work with who would benefit from youth mentoring? (Y or N)
 2. What barriers are associated with referrals to and use of programs?
 - a. Do not know where to refer
 - b. Location
 - c. Cost
 - d. Eligibility
 - e. Other

4. Partner Updates

- a. The Tobacco Free Living Team is hosting a [Tobacco 21 Town Hall](#) on September 26 at the Fairgrounds. Learn more here.
- b. The [Regrounding our Response Regional Opioid Forum](#) will be held on Thursday, August 22 in Solomons. Register here.
- c. The Youth Advisory Commission is seeking new members. [Applications](#) are available online now and are due by the end of November.



- d. SMCPS is revamping their code of conduct to be stricter about vaping. After a student's first offense it will be a level 4 response.
- e. All Safety and Security Staff and SRO's in the schools are being trained in Youth Mental Health First Aid. Robin is working to schedule trainings for staff and parents as well.
- f. Robin is also scheduling training on trauma informed care for staff.
- g. September is National Suicide Prevention Awareness Month.
- h. Jameika is the new Harm Reduction Program Supervisor.
- i. Melaina is new to the Recovery Centers of America in Waldorf. They provide 24/7 transportation and admission. They do not currently accept Medicaid, but they do have scholarships.
- j. The NAACP Back to School Fair is August 10 at Lexington Park Elementary School.
- k. The St. Mary's Caring [Back to School Blast](#) is August 29.
- l. CAC is currently using a contractor to gain support for the local social host ordinance.
- m. There will be a fundraiser for the [Southern Maryland Out of the Darkness Walk](#) at Taphouse 1637 on August 11. The walk will be on October 27.
- n. Reach out to [Greg](#) if you are interested in scheduling any of AFSP's Suicide Prevention presentations.
- o. August 31 is International Overdose Awareness Day. Beacon of Hope is hosting their annual [Labyrinth event](#) on Friday, August 30 from 1:00 – 3:00 p.m.
- p. Beacon of Hope will have their Recovery Month Block Party on September 20.

5. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email stmaryspartnership@gmail.com

6. Upcoming Meetings:

- a. **BHAT:** October 11, 2019 from 2:00 – 3:30 p.m. at the St. Mary's County Health Department
- b. **2019 Healthy St. Mary's Partnership Annual Meeting:** September 19, 2019 from 8:30 a.m. – 3:00 p.m. at the Southern Maryland Higher Education Center.

