

Healthy St. Mary's Partnership
HEAL Action Team
August 28, 2019 from 1:00 – 2:00 p.m.
Health Connections, MedStar St. Mary's Hospital

Minutes

1. **Attendance:** Nat Scroggins – Minority Outreach Coalition (MOC), Erin Jewell – University of Maryland Extension (UME), Kyle Kebaugh – College of Southern Maryland (CSM), Kathy Arnold – St. Mary's County Government, Cindy Tomlinson – St. Mary's County Government, Linda Fry – Church of Ascension Food Pantry, Rebecca Floyd – Aetna, Andrea Hamilton – MedStar St. Mary's Hospital (MSMH), Jacquie Heaney – St. Mary's County Health Department (SMCHD)
2. **More to Explore**
 - a. There were 1006 participants registered this year. 263 participants visited at least 1 site and 100 participants are eligible for the prize drawing by visiting 12+ sites. Christi will pull the prize winners in the coming weeks. Almost all of the booklets and one pager were gone by the end of the summer, though a majority of people logged the code words on Beanstack.
 - b. For next year, we already have \$1,050 in the bank. The team will discuss in the coming months if we would like to replace all of the code word signs in 2020 as the current signs have a tendency to break/disappear.
3. **Healthy Meeting Toolkit**
 - a. Jacquie pulled up the [Healthy Meeting webpage](#) for the team to look over. The team reviewed the toolkit and resources and approved the site for publishing. Team members are encouraged to get their organizations to take the Healthy Meetings Pledge and be featured on the webpage. We will print copies of the toolkit to have available at the HSMP Annual Meeting.
4. **Walk St. Mary's**
 - a. The team worked page by page through the draft of the Walk SMC booklet. Jacquie will combine all edits onto 1 master copy to send to recreation & parks for revisions.
5. **HSMP Annual Meeting**
 - a. Don't forget to [register!](#)
 - b. Sue is working on finalizing the scavenger hunt papers for participants to grab. Jacquie will finalize the clue cards and documents for outside.
 - c. Andrea and Sue edited the poster for the team table. Anyone that would like to help at the table with the Scavenger Hunt, Healthy Food Drive, or talking about the team projects should contact Andrea and Sue.
6. **Partner Updates**
 - a. Cindy is the new Wellness & Safety Officer for the St. Mary's County Government.



- b. The new [Tobacco Free webpage](#) launched ahead of all Recreation & Parks facilities going tobacco free on September 1 and all other government grounds going tobacco free on January 1, 2020.
- c. The St. Mary's County Government is having their Wellness Day event on September 26.
- d. Aetna Better health is looking to expand in St. Mary's.
- e. Don't wait for the holidays to donate to a local food pantry. Find tools to host a healthy food drive [here](#) and pick a pantry to donate to [here](#).
- f. University of Maryland Extension's has a Master Gardener Coordinator position open.
- g. Look for the University of Maryland Extension's table at the St. Mary's County Fair!
- h. St. Mary's Caring is having their Back to School Blast on August 29 from 5:30 – 7:30.
- i. The Maryland Department of Health's Diabetes Action Team is currently putting together a database of programs available in each jurisdiction.
- j. SMCHD released the [2019 Opioid Response Plan](#).
- k. The Tobacco Free Living action team is hosting a [Tobacco 21 Town Hall Meeting](#) on September 26 at the St. Mary's County Fairgrounds.
- l. The Behavioral Health Action Team is hosting a Youth Mentoring Round Table Discussion on August 29 at the Lexington Park Library.
- m. The dental clinic at East Run is now officially open one day a week! Patients can call Health Partners in Waldorf to schedule an appointment.
- n. MSMH has a Simple Changes class starting on September 18 and a Living Well with Diabetes class starting on September 24, both at Health Connections.

7. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email stmaryspartnership@gmail.com

8. Upcoming Meetings:

- a. HEAL team: October 23, 2019 from 1:00 – 2:00 p.m. at Health Connections.
- b. 2019 Healthy St. Mary's Partnership Annual Meeting: September 19, 2019 from 8:30 a.m. – 3:00 p.m. at the Southern Maryland Higher Education Center.

