

Healthy St. Mary's Partnership  
Tobacco Free Living Action Team  
February 6, 2020 from 10:45 p.m. – 11:45 p.m.  
East Run Medical Center

**Minutes**

1. **Attendance:** Nat Scroggins – Minority Outreach Coalition (MOC), Cheri Reulet – MedStar St. Mary’s Hospital (MSMH), Stephanie Scharmen – St. Mary’s County Health Department (SMCHD), Ashley Milcetic – SMCHD, Stephanie Freeman – SMCHD, Kim Dollarton – SMCHD, Nancy Stone – SMCHD, Tammy Daye – SMCHD, Kasey Memphis – SMCHD, Angela Cochran – SMCHD, Dee Rathbone – National Institute of Citizen Anti-drug Policy (NICAP), Lee Osberry – U.S. Census Bureau, Thomas Liske – community member, Shannon Heaney – SMCHD, Jacquie Heaney – SMCHD, Jenna Guzman – SMCHD
2. **2020 Census Presentation**
  - a. Lee presented information on the [2020 Census](#) and provided flyers for distribution in the community. The US Census Bureau is spreading the word that the 2020 Census is important, easy, and safe. The following resources can be used for information on the 2020 Census and for social media messaging.
    - i. [Maryland Census 2020](#)
    - ii. [US Census 2020](#)
    - iii. [2020 Census Press Kits](#)
3. **Health Education Surrounding Vaping/E-Cigarettes**
  - a. We will not be able to do an amnesty day at the schools on March 18. The team discussed do a series of collection events in the community alternatively. The team discussed setting up tables for collection events at the Youth Baseball & Softball Opening Day event on April 18 (Knock Tobacco Out of the Park), Leonardtown’s Earth Day Celebration on April 19, and at the St. Mary’s County Fair in September. We will need team members to volunteer to man the tables at these events – for the fair this means we would need to have people work in shifts for all 4 days. At these events we would collect tobacco products and provide educational information and information on cessation. Community members would receive a giveaway (possibly Sweet Frog, Chick-fil-a, pizza coupons, etc) and be entered to win a prize (Walmart can donate gift cards, Five Guys is willing to donate 3 \$15 gift cards). **Action Items:** Nat will reach out to Recreation & Parks about the April 18 event. SMCHD will work to secure tables for both the fair and the Earth Day Celebration.



4. **Tobacco Retailer Compliance Checks & Education Updates**
  - a. The team will have an update at the March meeting on the number of compliance checks completed.
  
5. **Cancer Screening Program Updates**
  - a. Tammy is the new nurse in the Cancer Screening Program at SMCHD. The team will be bringing ideas to the March meeting on how to collaborate with the TFL team to spread the word about the program in the community.
  
6. **TFL Junior Team Updates**
  - a. The students are working on developing their social media campaign and podcast series. They are looking to launch the podcast for Taking Down Tobacco National Day of Action on March 18. We are looking to get them into the elementary schools to do educational lessons for 5<sup>th</sup> grade classes before the end of the year.
  
7. **Partner Updates**
  - a. The [Strong Beginnings Program](#) at SMCHD provides intensive case management services for women of reproductive age who are facing issues or have needs related to behavioral health, including mental health and substance use concerns for themselves or a partner. Contact [Ashley Milcetic](#) for more information about the program and client referrals.
  - b. The Unified Committee for Afro-American Contributions and Minority Outreach Coalition are hosting a Unity Tea & Women's Empowerment Event on Sunday, March 22.
  - c. Spring [Quit Tobacco Classes](#) start on March 16 at Health connections and March 17 at Loffler Senior Center!
  - d. SMCHD is offering [Flu Shot Clinics](#) for children ages 6 months – 18 years old on February 13 and March 5.
  - e. The Harm Reduction Program is offering Peer-to-Peer Support Groups. View their calendar [here](#).
  - f. SMCHD is offering a [Mental Health First Aid Training](#) on February 20.
  - g. Save the Date! [Southern Maryland Mission of Mercy](#) will be July 21 – August 1, 2020.
  - h. Dee shared an [article](#) from the January 20<sup>th</sup> edition of The Washington Post in response to the release of the Surgeon General's new report on smoking cessation.
  - i. Dee shared a link to a post on [lucianne.com](#) about quitting smoking.
  
8. **Communications**
  - a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email [stmaryspartnership@gmail.com](mailto:stmaryspartnership@gmail.com).



**9. Upcoming Meetings:**

- a. TFL Team:** March 5, 2020 from 10:45 – 11:45 at East Run Medical Center.

