

Healthy St. Mary's Partnership
HEAL Action Team
February 26, 2020 from 1:00 – 2:00 p.m.
Health Connections, MedStar St. Mary's Hospital

Minutes

1. **Attendance:** Linda Fry – Church of Ascension Food Pantry, Erin Jewell – University of Maryland Extension (UME), Christi Bishop – Recreation & Parks (R&P), Kathy Faubion – St. Mary's County Library (SMCL), Angela Brochu – Naval Health Clinic Patuxent River, Miriam Dyson – intern, Kasey Memphis – St. Mary's County Health Department (SMCHD), Lynn Mejia – UnitedHealthCare Community Plan, Joyce Danaher – Feed St. Mary's, Charlie Wharton – Feed St. Mary's, Kyle Kebaugh – College of Southern Maryland (CSM), Andrea Hamilton – MedStar St. Mary's Hospital (MSMH), Shannon Heaney – SMCHD, Linda Lymas – Feed St. Mary's, Lee Osberry – U.S. Census Bureau, Jacquie Heaney – SMCHD
2. **2020 Census Presentation**
 - a. Lee presented information on the [2020 Census](#) and provided flyers for distribution in the community. The US Census Bureau is spreading the word that the 2020 Census is important, easy, and safe. The following resources can be used for information on the 2020 Census and for social media messaging.
 - i. [Maryland Census 2020](#)
 - ii. [US Census 2020](#)
 - iii. [2020 Census Press Kits](#)
3. **Team Priorities**
 - a. **Complete Streets**
 - i. Jacquie provided a copy of the [draft resolution](#) the team developed in 2015. Sue reached out to John Deatrack to set up a meeting with him to discuss complete streets and the timeline for the 2020 Transportation Plan – she also provided him a copy of the draft resolution. Action Item: Please look over the draft resolution for 2015 and bring any edits you have to the March meeting or email them to Jacquie.
 - ii. SMCHD received a Safe Routes to School grant. This will include a social media campaign, a bike rodeo to teach kids about bike safety, and possibly a walk audit training. The team would be able to use this training to do walk audits on streets in St. Mary's to support our proposal for a Complete Streets policy.
 - b. **Healthy Food Drives**
 - i. The Health Food Drive Flyer is available [here](#). Please continue to promote to community members/organizations that will be hosting food drives.
 - ii. [Feed St. Mary's](#) is the first food bank in St. Mary's County. They are hoping to be open for business within the next month. Their focus is to address food insecurity in St. Mary's County by aiding food pantries in the distribution of nutritious foods. They recently had their first food drive donations come in via the Retired Teachers Association and Lexington Park Elementary School. Christi



offered to let Feed St. Mary's host a healthy food drive at the Easter Egg Festival. The HEAL team will help promote.

c. More to Explore

- i. Andrea got quotes for new signs at all of the parks. Metal signs would cost \$112 each and sticking with the plastic signs with the holes moved further in to help prevent cracking costs \$18.95 each. We will move forward with order the plastic signs. We will change the sign so that the rubbing portion of the sign will be the secret code instead of the location name. The hospital will cover the cost of 30 signs which will give us 4 spares.
- ii. We have lots of prizes left over from last year, but we need monetary donations to cover the cost of printing the booklets. Please reach out to possible sponsors with this [letter](#) and [sponsor form](#).
- iii. Action Item: At the March meeting we will sign up to change out signs at all locations.

d. Public/Private Partnerships

- i. Due to time limitations we postponed talking about this agenda item until March.

e. Resource Guide

- i. Due to time limitations we postponed talking about this agenda item until March.

4. Partner Updates

- a. University of Maryland Extension is offering a FREE 4 part [Dining with Diabetes](#) program in April.
- b. The Easter Egg Festival is April 4. Vendor and Sponsor information is available [here](#).
- c. Feed St. Mary's is having a [Benefit](#) event on March 7 at Taphouse 1637.
- d. MSMH has a [Simple Changes](#) class starting on March 18 and a [Living Well with Diabetes](#) workshop starting on March 24. Call Health connections to register.
- e. At the March meeting we will have a working session for the upcoming Community Health Assessment. Due to this the HEAL meeting will be extended - we will meet from 1:00 – 2:30 p.m.
- f. The St. Mary's County Health Department and St. Mary's County Public Schools will jointly host a [Town Hall Meeting](#) to present key findings from the 2018 Youth Risk Behavior Survey (YRBS) for St. Mary's County on Monday, March 16.
- g. SMCHD is now accepting applications for the [Student Academy in Public Health](#).
- h. The Dorsey park playground is now closed for construction. The new playground should be done by the end of April.
- i. The new Leonardtown Library and Garvey Senior Center building is scheduled to have its [Grand Opening](#) on April 28!

5. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email stmaryspartnership@gmail.com



6. Upcoming Meetings:

- a. HEAL team: Wednesday, March 25, 2020 from 1:00 – 2:30 p.m. at Health Connections, MedStar St. Mary's Hospital.

