

# Tobacco Free Living Action Team Meeting

Tuesday, June 16, 2020 11:00 a.m. - 12:00 p.m.



# Agenda

1. Introductions
2. Health Education Surrounding Vaping/E-Cigarettes
3. Tobacco Retailer Compliance Checks & Education Updates
4. Cancer Screening Program Updates
5. TFL Jr Team Updates
6. Partner Updates

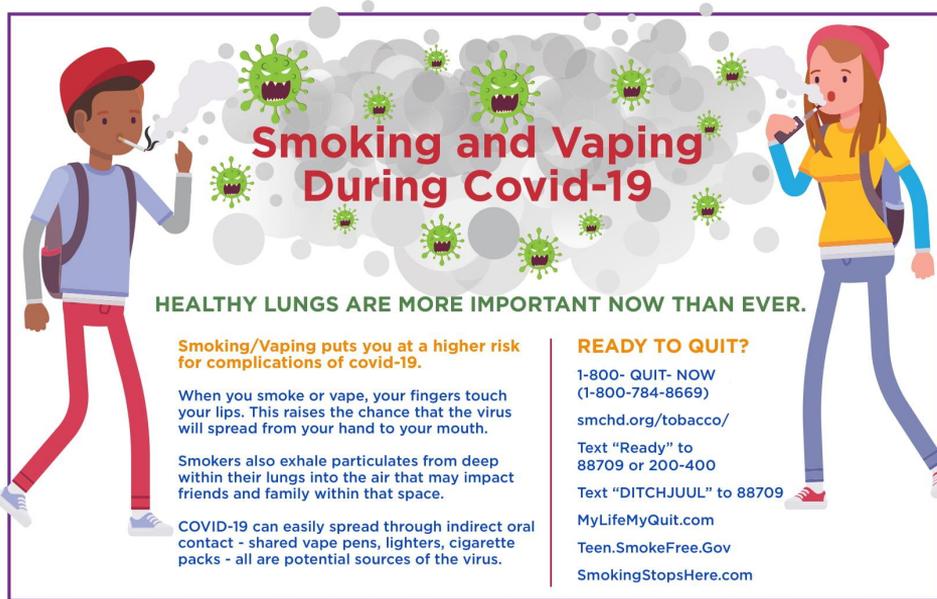


# Introductions

- Angela Cochran - Co-Chair
- Nat Scroggins - Co-Chair
- Jacquie Heaney - HSMP Coordinator
- Shannon Heaney
- Nicole Hickey
- Nancy Stone
- Stephanie Scharmen
- Caitlin Kirkpatrick
- Stephanie Freeman
- Brenda Wolcott
- Emily Whitsett
- Rebecca Floyd



# Health Education Surrounding Vaping/E-Cigarettes



**Smoking and Vaping During Covid-19**

**HEALTHY LUNGS ARE MORE IMPORTANT NOW THAN EVER.**

**Smoking/Vaping puts you at a higher risk for complications of covid-19.**

When you smoke or vape, your fingers touch your lips. This raises the chance that the virus will spread from your hand to your mouth.

Smokers also exhale particulates from deep within their lungs into the air that may impact friends and family within that space.

COVID-19 can easily spread through indirect contact - shared vape pens, lighters, cigarette packs - all are potential sources of the virus.

**READY TO QUIT?**

1-800- QUIT- NOW  
(1-800-784-8669)  
[smchd.org/tobacco/](http://smchd.org/tobacco/)

Text "Ready" to 88709 or 200-400  
Text "DITCHJUUL" to 88709  
[MyLifeMyQuit.com](http://MyLifeMyQuit.com)  
[Teen.SmokeFree.Gov](http://Teen.SmokeFree.Gov)  
[SmokingStopsHere.com](http://SmokingStopsHere.com)

- Caitlin & Jacquie met with Bill to start developing a 5 ½ x 8 ½ flyer
- Comments on draft flyer;
  - Add word 'resources' to Ready to Quit?; Shorten first header, too wordy; Have the left information on the front and then put resources on the back? Create 2 versions: 1 short version (for social media & peachjar) and then a double sided version with more information & the resources on the back.
  - Send to TFL JR for edit suggestions? Caitlin will send to Nicole for distribution and feedback
- Distribution ideas
  - Summer Meal Program, Parks & Rec Summer Camps!, ACEs Coalition partners, Pathways, Libraries, Base Community Center, Base Clinic, School Nurses, Walden - The Cove, Health Connections?, MedStar Medical Group Office Managers, Willows Rec Center, Pools, Share with Dawn B.

# Tobacco Retailer Compliance Checks & Education Updates

- SMCSO continue to educate retailers, younger SMCSO officers being used for undercovers. Vape shops included in this program.
- SMCHD Tobacco Control Programs were put on temporary hold starting March 17 ([SMCHD Operational Changes Press Release](#))
- Discussion on Reporting e-juice.com to FDA. Under 21 are still able to purchase via this site. Angela will look into this.



# Cancer Screening Program Updates

- SMCHD Cancer Screening Program
- Nancy is reaching out to providers to see if they're seeing patients.
  - Most providers only seeing asymptomatic patients, some only doing telehealth - following up again this month regarding appointment protocols.
- Working on FY21 Cancer Program Application
- Ideas for outreach to the community - New commercial



# TFL Jr Team Updates

- Instagram: teens\_against\_nicotine\_lhap
- Podcast: <https://soundcloud.com/user-846809565/vaping-exposed-01>
- Another podcast in the works.
- More images are ready - Nicole will reach out to Aliza about getting more images posted
- Any other platforms to share - Send to Mike Watson to get school system to share. Get posted on School Health Council website.



# Partner Updates

- Nat - waiting for the pandemic to allow everyone to get out more :) Have been doing outreach through faith based organizations; working with the homeless population in Lexington Park
- Stephanie F. - Strong Beginnings still up and running - just hired a new Peer Recovery Specialist; ACCU still up and running
- Stephanie S. - ACEs program should be able to offer some trainings soon - social determinants of health training - webinar
- Rebecca - Aetna Better Health - Expanded telehealth & pharmacy benefits (delivery pharmacy when possible), virtual events/webinars for members, covid-19 education
- Brenda - Things going as good as they can. Telehealth when possible - offering face to face if necessary; going to launch facebook group for breastfeeding parents; SBIRT up & running in ED;
- Cecil County having lunch & learn with Dr. Galiatsatos - will link
- Updates forthcoming on Annual Meeting & Community Health Assessment



# Communications

- Submit event and news updates/information at:  
<http://healthystmarys.com/newsletter/> or email  
[stmaryspartnership@gmail.com](mailto:stmaryspartnership@gmail.com)
- Follow HSMP on Social Media
  - Facebook: Healthy St. Mary's Partnership
  - Twitter: @HealthyStMarys



# Upcoming Meetings

- Tuesday, July 21, 2020 11:00 a.m. - 12:00 p.m.

