Healthy Eating & Active Living Action Team Meeting

Wednesday, July 22, 2020 3:00 - 4:00 p.m.



Agenda

- 1. Introductions
- 2. More to Explore
- 3. Complete Streets
- 4. Public/Private Partnerships
- 5. Resource Guide
- 6. Partner Updates



Introductions

- Shannon Heaney Co-Chair
- Brian Abell Co-Chair
- Jacquie Heaney Co-Chair
- Cindy Tomlinson
- Joanne Payton
- Kyle Kebaugh
- Laila Moasser
- Lynn Mejia
- Nat Scroggins
- Christi Bishop
- Sue Veith



More to Explore

- Virtual Program is live
- Recreation & Parks properties ready to go
- Signs that need to go out (pick up at R&P in Leonardtown):
 - Sue Home Grown
 - Jacquie Point Lookout
- Extend to Thanksgiving?? Can make this decision later based on participation
- Jacquie will reach out to Jill about Beanstack link

Social Media Toolkit - Please start sharing on your organization's social

media!

Complete Streets

- Walk Audits
 - o Interns? Small group?
 - Call out to community volunteers? Press Release?
 - Jacquie will chat with Jenna about this option
- Still waiting on decisions on the county's grant application for Complete Streets Study



Public/Private Partnerships (PPPs)

- Letter of support?
 - YMCA committee meets tonight for final meeting to approve
 - Jacquie will send email to Sue & Brian to get letter drafted and then set to Steering
 Committee



Resource Guide

- Google Sheet started
 - Need to add resources
 - Action Item: Please go in and add resources over the next month!
 - Email Jacquie if you do not have access!



Partner Updates

- Great Mills Pool is open and busy
 - Lap swims in the morning
 - Aerobics classes in the morning
 - o 2 open swim sessions during day
 - Swim team has a blocked time
 - LOTS of cleaning!
 - You must pre-register
- Recreation & Parks is open: parks, waterfront parks are for county residents only, and camps! Field registrations coming. Gymnastics Center open for team only.
- Nat MOC is at Church of Christ on Saturday, July 25 from 9-12 on Midway Drive for food distribution.
- 2020 HSMP Annual Meeting canceled
- Moving forward with the Community Health Assessment. If you have any additions to the community assets and gaps/needs please continue to send to Jacquie.
- Safe Routes to School grant has been extended into FY21
- SMCHD in beginning stages of offering a DPP program
- CSM in restricted operations mode; wellness & fitness programs being offered virtually
- United HealthCare offering virtual fitness & wellness programs, virtual Zumba class coming soon, encouraging all members to get tested.
- COVID-19 testing available in the county MSMH & Harm Reduction
- SMCG Wellness program for employees offering virtual programs, wellness day in September cancelled small scale virtual wellness week being planned
- SMCHD CHOWS going out in Great Mills with COVID info and masks
- Approved for sustainable communities designation for Lexington Park
 - brainstorming things to work on possibly having festivals/activities that are ongoing that could be moved into lexington park send ideas to Sue
 - Farmers Market availability being looked at Saturday transportation to Home Grown



Communications

- Submit event and news updates/information at: http://healthystmarys.com/newsletter/ or email stmaryspartnership@gmail.com
- Follow HSMP on Social Media
 - Facebook: Healthy St. Mary's Partnership
 - Twitter: @HealthyStMarys



Upcoming Meetings

August 26, 2020 3:00 - 4:00 p.m.

