

Healthy Eating & Active Living Action Team Meeting

Wednesday, August 26, 2020 3:00 - 4:00 p.m.



Agenda

1. Introductions
2. Community Health Assessment
3. More to Explore
4. Complete Streets
5. Public/Private Partnerships
6. Resource Guide
7. Partner Updates



Introductions

- Shannon Heaney - Co-Chair
- Brian Abell - Co-Chair
- Jacquie Heaney - Co-Chair
- Andrea Hamilton
- Erin Jewell
- Joanne Payton
- Kalyn Petrillo
- Kyle Kebaugh
- Lynn Mejia
- Nat Scroggins
- Patricia Wright
- Suha Ansari
- Stephanie Freeman
- Laila Moasser
- Theresa Waldron



Community Health Assessment

- [Draft Focus Group/Key Informant Interview Discussion Guide](#)
 - Please email any feedback to Jacquie!
 - Anyone with experience running focus groups or note taking that is willing to volunteer?
 - Flyer to come for Focus Group participants
- Series of Facebook Surveys
 - Who runs your organization's social media? Send to Jacquie to be added to listserv for sharing these surveys when they go out!



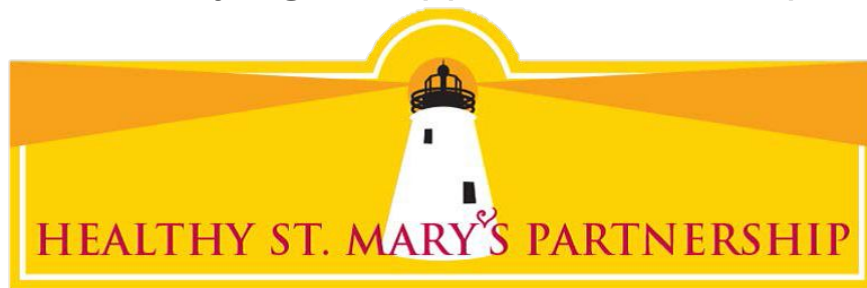
More to Explore

- Virtual Program is live
- Jacquie and Andrea have gotten the signs up at Historic St. MARY's City and Point Lookout. Jill will be adding to the Beenstack page.
- Will get participation number for the next meeting and we will discuss potentially extending the program.
- [Social Media Toolkit](#) - Please share on your organization's social media!



Complete Streets

- [Walk Audits](#)
 - Share on social media
 - Andrea will send out to Health Connection groups that they are asking to be physically active
 - HOAs could ask their community members to complete
 - If you have time conduct one in your neighborhood or around your office
 - Community members can send completed Walk Audits to stmaryspartnership@gmail.com
- Waiting to hear about county's grant application for Complete Streets Study



Public/Private Partnerships (PPPs)

- Letter of support?
 - Commissioners Approved the YMCA Feasibility Study as the next step
 - Brian and Sue will work on letter - please reach out to Brian if you would like to help!



Resource Guide

- [Google Sheet](#)
 - Need to add resources
 - **Action Item: Please go in and add resources**
 - Email Jacque if you do not have access!



Partner Updates

- Brian - SOMD Tennis Foundation got grant from US Tennis Association for reopening this fall - that will include some special events on Friday evenings and Jr team Tennis starting in October
- Erin - UME virtual 4 month program (September -December) for those 50+ called [Fresh Conversations](#); FREE [Mental Health First Aid](#) virtual trainings in September (Adult & Youth trainings) - can schedule trainings for staff if the September dates do not work for you
- Andrea - Virtual classes and limited in-person; Healthy Living coming out soon. Living well with Diabetes new session starting September 29 (6-8:30 p.m. hybrid); Simple Changes starting September 16 (5:30 p.m.); Online only Diabetes Prevention Program - next cohort will start in January. Call Health Connections for more information!
- Nat - Kicked off his virtual [Diabetes Awareness Class](#) on August 25 . Next class will be on September 28.
- Suha - Health Equity team at SMCHD went out into community on Monday for an outreach event and handed out goody bags and information; Looking to do more outreach events as well as door to door canvassing. Health Equity Webinar series coming soon!!
- Shannon - SMCHD is partnering with Andrea to set up an additional option for DPP classes locally - should be starting September 25 and will be an afternoon option.
- COVID-19 Hotline still available at 301-475-4911
- Patricia - Aetna offering virtual programming currently and has a COVID-19 toolkit available; offering virtual presentations as well. Contact Patricia for more information - wrightp3@aetna.com!
- Lynn - UnitedHealthCare is offering virtual activities such as Zumba and wellness classes.
- Kalyn - MD SNAP-Ed (new name!) - transitioning all youth curriculum for virtual learning. [New commercial](#). Kalyn has been offering some worksite wellness workshops with local schools
- [SMCHD is reopening select services](#) by appointment only on September 1.
- [Local Public Health Advisory on Travel](#)



Communications

- Submit event and news updates/information at:
<http://healthystmarys.com/newsletter/> or email
stmaryspartnership@gmail.com
- Follow HSMP on Social Media
 - Facebook: Healthy St. Mary's Partnership
 - Twitter: @HealthyStMarys



Upcoming Meetings

- September 23, 2020 from 1:00 - 2:00 p.m.

