# Tobacco Free Living Action Team Meeting

Tuesday, August 18, 2020 11:00 a.m. - 12:00 p.m.



# Agenda

- 1. Introductions
- 2. Community Health Assessment
- 3. Health Education Surrounding Vaping/E-Cigarettes
- 4. Tobacco Retailer Compliance Checks & Education Updates
- 5. Cancer Screening Program Updates
- 6. TFL Jr Team Updates
- 7. Partner Updates



## Introductions

- Angela Cochran Co-Chair
- Jacquie Heaney HSMP Coordinator
- Caitlin Kirkpatrick
- Blair Inniss
- Joanne Payton
- Lori Norton
- Stephanie Scharmen
- Shannon Heaney
- Nancy Stone
- Emily Whitsett
- Stephanie Freeman
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# **Community Health Assessment**

#### Draft Focus Group/Key Informant Interview Discussion Guide

- Any edits/suggestions please email Jacquie
- Anyone with experience running focus groups or note taking that is willing to volunteer?
- Flyer to come for Focus Group participants
- Series of Facebook Surveys
  - The team discussed having a vaping question in addition to a question on exposure to secondhand smoke included in these surveys
  - Who runs your organization's social media? Jacquie will be starting an email list to send out the surveys to those who run organizations' social media to increase the reach of the surveys.



# Health Education Surrounding Vaping/E-Cigarettes

- Flyer and Social Media Image are finalized!
- Distribution so far:
  - Social Media
  - PeachJar
  - Nat passed out at Food Distribution Event passing out at next event in September as well
- Other ideas for distributing the flyer:
  - Community Health Outreach Workers at SMCHD planning a tabling event outside of Big Lots Monday August 24
  - Harm Reduction & SMCHD Leonardtown Walk-up COVID-19 Testing Sites
  - Virtual Smoking Cessation Class
  - Virtual DPP Class
  - Johns Hopkins K-12 Education
  - SMCPS Nurses Beginning of Year Meeting

# Tobacco Retailer Compliance Checks & Education Updates

- FY20 SMCSO Routine Tobacco Sales Compliance Checks = 115 (this is all retailers in county), staff members under the age of 21 conducted visits, no violations
- FY20 SMCHD Educational Visits = 35 (compliance activities were limited due to COVID-19)
- FY21 Grant submitted to MDH
- SMCSO contract pending



# Cancer Screening Program Updates

- State virtual meeting regarding outreach and education
- Contracts pending
- We want the community to know that we will still be offering services
- Most offices doing telehealth visits unless they have a problem
- Colonoscopies being done for those who have symptoms



## **TFL Jr Team Updates**

- Instagram: teens\_against\_nicotine\_lhap
- Podcast: <u>https://soundcloud.com/user-846809565/vaping-exposed-01</u>
- Looking into virtual club meetings
- Goals for the fall:
  - New podcast
  - More social media presence
  - Digital lesson for 4th, 5th, & 6th Graders



# **Partner Updates**

- We have have transitioned to morning (9a-12p) COVID testing, Monday through Friday
- All of our classes and support group are offered in a hybrid option at this point
- Virtual Smoking Cessation Class coming soon! Finalizing online registration now. Starting Tuesday, September 15 November 3 5:30-6:30 via Webex
- New law potentially Quit because of COVID Act
- Nat will be starting virtual Diabetes workshop on August 25 11 months, 3rd Tuesday of each month Zoom
- COVID testing available at Harm Reduction Office M-F 8-12 & at SMCHD Leonardtown Office T&Th 8-12 no dr order, no appointment needed
- Local Public Health Advisory: Travel



# Communications

- Submit event and news updates/information at: <u>http://healthystmarys.com/newsletter/</u> or email <u>stmaryspartnership@gmail.com</u>
- Follow HSMP on Social Media
  - Facebook: Healthy St. Mary's Partnership
  - Twitter: @HealthyStMarys



# **Upcoming Meetings**

• Tuesday, September 15, 2020 11:00 a.m. - 12:00 p.m.

