

## COVID-19 Hispanic Resource Guide

### COVID-19 Information

- Health Department call center, 301-475-4911. Angela is available 8AM-5PM Monday-Friday to provide Spanish language support
- Maryland Coalition of Families 443.546.0617, [amcrae@mdcoalition.org](mailto:amcrae@mdcoalition.org). Bilingual assistance - 410.730.8267
- Individuals without primary care providers who exhibit signs and symptoms of COVID-19 - call the community hotline at 301-475-4911.
- For St. Mary's COVID-19 stats please visit the SMCHD website, For Maryland COVID-19 stats- <https://coronavirus.maryland.gov>

### Food

- Soup Kitchen Home site: serving lunches at their home site 6 days a week 10:30AM-1:00PM and food boxes on Wednesdays by referral only, for assistance call Kerrie Hortch at 240-309-1535.
  - 20850 Langley Rd, Lexington Park
- Soup Kitchen Outreach sites- bagged lunch pick-ups (Monday, Wednesday, Friday 10:30AM-1:00PM)
  - Ridge: Dollar General 13270 Point Lookout Rd
  - Piney Point: Chief Restaurant 44584 Tall Timbers Rd
  - Charlotte Hall: Aprils Pools 29270 New Market Village Rd
  - Bushwood: Sacred Heart Catholic Church, Maddox Road
- Homes Delivered Meals program (for seniors who are age 60+ and homebound/unable to leave home without assistance)- 301-475-4200 x71060
- Maryland Hunger Solutions (SNAP) – 866-821-5552  
<https://www.mdhungersolutions.org/want-to-see-if-youre-eligible-for-snap>
- Helping Hands Food Pantry - 28291 Old Village Road, Mechanicsville - Friday's 10am-1pm Please stay in your car, we will come to you to gather necessary information.
- Church of Ascension - 301-863-8551 (Monday 9AM-12PM, Thursday 3PM-6PM), 21641 Great Mills Rd, Lexington Park, \*Will deliver in an Emergency / Case by Case basis - Contact Phyllis Greer with the request - [basket4sale@gmail.com](mailto:basket4sale@gmail.com) / [greg@ascensionlp.org](mailto:greg@ascensionlp.org)
- The Mission – 240-718-8911 (Monday-Saturday 7AM-2PM, Sunday 7AM-12PM)
- Trinity Lutheran Church Care Pantry – 301-863-5912 (Thursdays 6PM-7:30PM), 46707 S Shangri-La Dr, Lexington Park
- Real Life Loaves of Love – 240-249-6098 (Wednesdays 5PM-6:15 PM, Sundays 12:30PM-1:45PM), \*Will deliver if needed- email [pantry@reallife.us](mailto:pantry@reallife.us)

- Zion Methodist Church 301-863-5161 (by appointment only), 21291 Three Notch Rd, Lexington Park
- Feed My Sheep Food Pantry at Lexington Park Baptist Church (Wednesdays 1PM-3:30PM), 46855 S. Shangri-La Dr, Lexington Park
- Our Daily Bread Food Pantry - 301-863-4740 (Wednesdays and Fridays 10AM-11:30AM), Good Samaritan Lutheran Church 20850 Langley Road, Lexington Park
- St. Vincent DePaul Immaculate Heart of Mary – 301-863-8193 22375 Three Notch Rd, Lexington Park, MD 20653 (must call) Open Mondays, Wednesdays and Fridays 8:30AM-11:00AM. Services for Spanish-speakers Thursdays 4-6PM. Please stay in your vehicle, be ready to show ID through the window.
- First Friendship Pantry – 301-872-5854 (Wednesday 9:30-11:30AM), 13723 Point Lookout Rd, Ridge
- Bread of Life Pantry- 301-994-2090, (Mondays 12:00-2:30PM), St. Mark's UAME 45685 Happyland Rd, Valley Lee

## Benefits

- Apply for food stamps and/or cash assistance by applying online at <https://mydhrbenefits.dhr.state.md.us/dashboardClient/#/home>. You can also call 240-895-7000 and ask to have an application mailed or emailed to you.
- To apply for emergency assistance, please call 240-895-7000 and ask to have an application mailed or emailed to you (cannot apply online for Emergency Assistance).
- Apply for energy assistance at <https://mydhrbenefits.dhr.state.md.us/dashboardClient/#/home> (even if denied before - some citizenship requirements need to be met. Even if you have been denied before, you are encouraged to reapply).
- MD health connection is able to do enrollments over phone. Medicaid renewals that would have been cancelled are now open until the end of May. If they need to submit documents, accounts will be considered pending. Governor opened the exchange and it will remain open until 6/15 so they can sign off for insurance. Call Ivanice at (#) for assistance.
- If you want to receive WIC (Special Supplementary Nutritional Program for Women, Infants and Children) for the first time or if you already have it, but your financial situation has changed due to COVID-19, call 1-800-242-4942 to see if you meet the requirements for WIC or additional benefits.
- Maryland Health Connection has opened an emergency special enrollment period for uninsured Marylanders. Medicaid enrollment is open any day if you qualify. Qualified health plan enrollment is extended until June 15, 2020. If you have no insurance, recently lost insurance, lost your job, had a reduction in hours or a change in income, call us now

to learn about health insurance options available. For help in Charles, Calvert and St. Mary's Counties, call the Seedco Hotline: 855-339-3007 (English and Spanish). You can also get help in the following ways:

- o On-line application: [www.marylandhealthconnection.gov](http://www.marylandhealthconnection.gov)
- o By Mobile App: Download our free mobile app, Enroll MHC! Upload documents right from your phone or tablet
- o By Phone: Maryland Health Connection: 1-855-642-8572 M-F 8:00am – 6:00pm
- Resources for older adults and caregivers in English and Spanish:  
[https://www.ncoa.org/covid-19-resources-for-older-adults/?\\_ga=2.197747823.1141645548.1586274693-1089982159.1586274693](https://www.ncoa.org/covid-19-resources-for-older-adults/?_ga=2.197747823.1141645548.1586274693-1089982159.1586274693)
- St. Vincent DePaul Immaculate Heart of Mary in Lexington Park (301-863-8193) can provide limited financial support for rent or utilities and can refer to Catholic Charities for additional aid.
- Support for mothers and babies- CareNet Pregnancy Center (301-737-4604)- Open for requests such as diapers, clothes, baby equipment, etc. Please wait outside and staff will bring the things out to them.

#### Housing

- For seniors or people with a disability – Cedar Lane Senior Living Community, 22680 Cedar Lane Court, Leonardtown, MD 20650 Phone: 301-475-8966 Fax: 301-475-1629 Web: [www.cedar-lane.org](http://www.cedar-lane.org) MD Relay 7-1-1 in MD or 1.800.735.2258 (TTY/HCO)

#### Domestic Violence

- Victims of domestic violence and/or sexual assault- the Southern Maryland Center for Family Advocacy is continuing to provide services. 24 hour emergency crisis line 240-925-0084

#### Emotional Support

- Pastor Nestor Lizama with Libertad Baptist Church can provide spiritual support. Please contact via phone (240.298.2507) or through [www.libertadbc.org](http://www.libertadbc.org)
- Contact nearest Catholic Parish for spiritual support or to connect with Catholic Charities
- Pathways, Inc. is still open and providing mental health services. Contact Rachel Solomon for Spanish language services at 240-298-1688 or at [rsolomon@pathwaysinc.org](mailto:rsolomon@pathwaysinc.org) or contact Pathways' clinic at 301-373-3065 x241 for general information
- Kathleen Palazuelos Donigan, LCSW-C in Leonardtown is available for therapy in English and Spanish for individuals, couples, families, and adolescents. Sliding Fee Scale is available. Contact 240-431-1151 for more information.

- Maryland Coalition of Families and the Southern Maryland BRIDGE Project are available to provide support to families with young children with behavioral health concerns.

For parents of children with behavior health challenges, The Southern Maryland BRIDGE project, Services in Spanish- 410-730-8267, Southern MD Services in English – 443-546-0617, Newsletter- <https://somdbridge.org/>, Facebook - <https://www.facebook.com/somdbridge/>, Twitter - <https://twitter.com/somdbridge>, Instagram - <https://www.instagram.com/somdbridge/>