

# Healthy Eating & Active Living Action Team Meeting

Wednesday, September 23, 2020 3:00 - 4:00 p.m.



# Agenda

1. Introductions
2. More to Explore
3. Complete Streets
4. Public/Private Partnerships
5. Resource Guide
6. Partner Updates



# Introductions

- Shannon Heaney - Co-Chair
- Brian Abell - Co-Chair
- Jacquie Heaney - HSMP Coordinator
- Angela Brochu
- Kalyn Petrillo
- Patricia Wright
- Stephanie Freeman
- Sue Veith



# More to Explore

- Virtual Program is live
- Participation numbers: Did not receive an update on the participation numbers prior to the meeting.
  - The team decided to keep the program open and continue promoting until the end of October.
  - Will ask Jill to change date on BeanStack and Christi to share on MTE Facebook. Please share from your organization's social medias as well.
- [Social Media Toolkit](#) - Please share!



# Complete Streets

- [Walk Audits](#)
  - **Action Item:** Complete a walk audit before the October meeting!
  - Sue: Scotch Neck neighborhood & from SMCG to Leonardtown and Back
  - Jacquie: Lex Park (from Harm Reduction to a neighborhood)
  - Stephanie Freeman: Lusby Town Centers
- County is working on a Complete Streets study as part of the MPO project (Calvert & St. Mary's)
  - Looking mostly at Lexington Park, but standards could then be used county wide.
- Safe Routes to School grant - Shannon now has an intern that will be helping with this grant!
  - School Health Council has created a subcommittee to help with this grant
  - Action Items to come.
  - Consider including this in the School Wellness Policy?



# Public/Private Partnerships (PPPs)

- Letter of support for YMCA
  - Sue and Brian will be drafting. Can also write one for Sportsplex
- Brian spoke with Chris Beaver - attorney actively involved in bond issuance in PPPs. He's interested in helping this initiative. Brian will invite to a HEAL meeting.
- YMCA Feasibility Study will include a survey and potentially key informant interviews/virtual focus groups
- Sportsplex Feasibility Study - this was conducted pre-COVID.
  - Brian will reach out to Art Shephard for more information.
  - Sue suggested checking Parks & Rec Board Meeting minutes for updates.



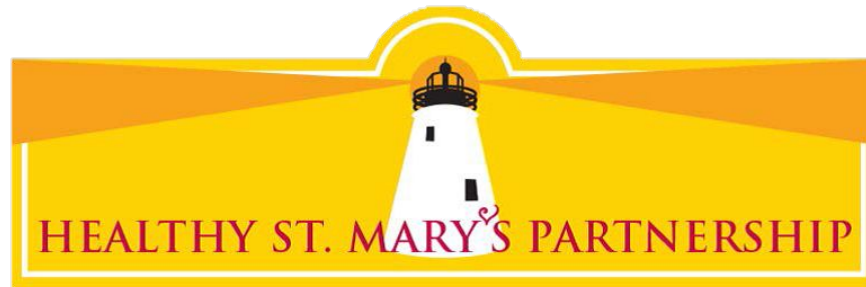
# Resource Guide

- [Google Sheet](#)
  - **Action Item:** Add programs to the sheet so we can publish by November!



# Partner Updates

- Angela's focus right now is to get healthy eating into the barracks (new barracks had kitchen stocked with pots/pans/etc by the Elk's Lodge).
- SOMD Tennis Foundation still has outdoor tennis programs. COVID affects programming still. Jr Team Tennis starts in October
- SNAP-ED starting to do some virtual teachings in classes with schools
- CSM Fitness Center will be closed through May 2021. Will continue to offer virtual and are looking into outdoor options.
- Aetna Better health is still offering virtual programming.
- The county got funded by the National Park Service to put Potomac National Heritage Bike Trail signs up - working with TCC to find where to put the signs up. The Southern MARYland Heritage Area is going to apply for National Heritage Area status. A large piece of this will be trails and outdoor areas. There will be a series of focus groups. Homegrown farm market is discussing staying open year round.
- The Census deadline is September 30!
- Please continue to spread the word about our focus groups. Community members can complete the interest form [here!](#)
- MSMH is asking community members to complete their [Community Survey](#) for their Community Health Needs Assessment.
- SMCHD offering virtual [Diabetes Prevention Program](#) in partnership with MSMH starting September 25.
- SMCHD offering virtual [Tobacco Cessation Class](#) using WebEx platform.





# Communications

- Submit event and news updates/information at:  
<http://healthystmarys.com/newsletter/> or email  
[stmaryspartnership@gmail.com](mailto:stmaryspartnership@gmail.com)
- Follow HSMP on Social Media
  - Facebook: Healthy St. Mary's Partnership
  - Twitter: @HealthyStMarys



# Upcoming Meetings

- October 28, 2020 from 1:00 - 2:00 p.m.

