

Tobacco Free Living Action Team Meeting

Tuesday, October 20, 2020 11:00 a.m. - 12:00 p.m.



Agenda

1. Introductions
2. Health Education Surrounding Vaping/E-Cigarettes
3. Tobacco Retailer Compliance Checks & Education Updates
4. Cancer Screening Program Updates
5. TFL Jr Team Updates
6. Partner Updates



Introductions

- Angela Cochran - Co-Chair
- Nat Scroggins - Co-Chair
- Jacquie Heaney - HSMP Coordinator
- Michelle Turkaly
- Lori Norton
- Shannon Heaney
- Nicole Hickey
- Blair Inniss
- Joanne Payton
- Kyle Bishop
- Stephanie Freeman
- Suha Ansari
- Emily Whitsett
- Japan Bhalja



Health Education Surrounding Vaping/E-Cigarettes

- [Flyer](#) and [Social Media Image](#) - continue distribution
- Virtual Learning Series for high school & college-aged community members with Dr. Galiatsatos
 - Building this off of his COVID educational series that is also available
- The title is "Global Crisis" COVID-19 & Vaping - Learn How to Stop Both"
 - Lecture 1 - Biology of the Virus
 - Lecture 2 - Recap of E-cigarettes
 - Lecture 3 - COVID-19 & E-Cigarettes
 - Lecture 4 - Media Training
- Dates, Timing, & Logistics
 - Want to complete before the end of the year so November/December time frame
 - To reach the high school age - Friday ~ 10 a.m. would be best
 - Look into logistics for max capacity of google meets
 - Blair can set up Zoom from Law School account which has max capacity of 500
 - Eventbrite? Issues with SMCPs students receiving emails from outside of the school system. This could work with other community members.
- How should we push this information out to the community?
 - Develop Flyer with Link to lectures
 - UCAC/NAACP - ask them to include on their website
 - Ask churches to include in their calendars/bulletins
 - Walden, Parks & Rec, Library include on their calendars
 - Schools:
 - Administrators include in their newsletters
 - Ask health/science classes put out as asynchronous assignment
 - Jacquie/Angela reach out to Mike Watson
 - College - Laurie Scherer lkscherer@smcm.edu (Director of SMCM Wellness Center) and oversees Peer Educators
 - Flyer through base housing or base clinic
 - SMCHD CHOWs pass out in community with their bags
- Will continue discussion via email chain to hash out details. To Dos and with sign ups for outreach! Ideally by next meeting we will have the dates/times finalized and flyer ready.

Tobacco Retailer Compliance Checks & Education Updates

- 48 Educational checks completed to date (in the past ~2 months)
- Sheriff's Office has not completed any compliance checks. Contract in place and they should be starting these checks soon!



Cancer Screening Program Updates

- Breast Cancer Awareness Outreach
- Seeing clients with the help of SMCHD interpreter
- Meeting with MDH and other counties to discuss outreach options for Breast, Cervical, Colorectal and Smoking Cessation
- Attending the Virtual Community Resource Day on the 29th of October
- Let Lori know if you are going to an outreach event and can take flyers for the program!



CANCER SCREENINGS
NO COST TO YOU!

Eligibility | UNINSURED OR UNDERINSURED,
LIMITED INCOME, MARYLAND RESIDENT

Breast Exams & Mammograms
WOMEN AGES 40-64

Colonoscopies
MEN & WOMEN AGE 50+
OR UNDER AGE 50 WITH FAMILY
HISTORY AND/OR SYMPTOMS

Pelvic Exams & PAP Tests
WOMEN AGES 21-64

For More Information:
CALL 301-475-4330
WWW.SMCHD.ORG/CANCER

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MARYLAND CIGARETTE RESTITUTION FUND



TFL Jr Team Updates

- Instagram: teens_against_nicotine_lhap
- Podcast: <https://soundcloud.com/user-846809565/vaping-exposed-01>
- Met with Aliza and Elliot to discuss goals for the year and getting more posts/reach on the Instagram account.
- Met with the students on 10/16! We are going to meet every Friday and do a kick-off meeting with Dr. Galiatsatos in November.
- 3 goals this year: another podcast, more instagram posts, education with 5th/6th graders.



Partner Updates

- Japan joined webinar yesterday on the decreasing rate of cancer screenings currently. There is serious concern over the
- Legal Resource Center hosting (on Zoom) a meeting for local health department grantees on November 17. Creating breakout topics - if you have ideas of topics you'd like to have brainstorming sessions on please reach out to [Blair](#)!
- MSMH Community Health Needs Assessment Survey! Open through October 23! Please participate and share amongst your networks! There will be a virtual community input session next Thursday at 6:00 p.m. - let [Brenda](#) know if you'd like to participate!
- The St. Mary's County YMCA Feasibility Study is underway! Community participation is requested to share your perspective on the future possibility of a Y in St. Mary's county through [this survey](#)
- Commission for Women has a survey out right now (targeting individuals between the ages of 13 - 25) on [Healthy Relationships](#) - please share!
- SMCHD Health Equity team is doing lots of community outreach in relation to health disparities and COVID-19. They've been doing door to door canvassing in Lexington Park passing out bags with giveaways and information! (masks, hand sanitizers, flyers, etc.)



Communications

- Submit event and news updates/information at:
<http://healthystmarys.com/newsletter/> or email
stmaryspartnership@gmail.com
- Follow HSMP on Social Media
 - Facebook: Healthy St. Mary's Partnership
 - Twitter: @HealthyStMarys



Upcoming Meetings

- Tuesday, November 17, 2020 11:00 a.m. - 12:00 p.m.

