

Behavioral Health Action Team Meeting

Friday, January 22, 2021 10:00 - 11:30 a.m.



Agenda

1. Introductions
2. 2020 Team Priorities Review
3. CHA/CHIP Overview
4. Data Review
5. Next Steps/Action Items
6. Partner Updates



Introductions

- Greg Reuss - Co-Chair
- Maryellen Kraese - Co-Chair
- Jacquie Heaney - HSMP Coordinator
- Ashley Milcetic
- Becky
- Amanda Walton
- Bree Burandt
- Cheri Reulet
- Courtney Seelhorst
- Gregory Jones
- Amy Young
- Jaime Barnes
- Kristen Cox
- LaTae Reeves
- Laura Stewart-Webb
- Lori Werrell

- Mary Flood
- Megan Hildenberger
- Michael Blackwell
- Michelle Turkaly
- Nat Scroggins
- Ashley Alhambra
- Patrick Mattix
- Priscilla Graves
- Delaney
- Michelle Gaskill
- Stephanie Richardson
- Wade Pratt
- Alton Hinnant
- Kelly Jay



2020 Team Priorities Review

- Mental Health Court
 - Exploratory subcommittee in 2020. Released report in November with recommendations and summary. Judge Chesser felt that there were not enough individuals with mental health disorders coming to St. Mary's District Court who receive longer-term sentences, part of the criteria for mental health court, which is a 1-2 year program. Agrees that there should be a follow up or care coordination for the individuals who do have mental health disorders.
- Youth Mentoring
 - Minimal response to survey. Promote free trainings from Maryland Mentor.
 - Youth Mental Health First Aid (for adults) and Teen Mental Health First Aid (for high school) - offer to local mentoring programs.
- Crisis Services
 - SMC awarded \$200,000 to get RFP to assess crisis service needs for the tri-county region
 - RFP to come soon.



CHA/CHIP Overview

- [2020 Community Health Assessment](#)
 - 4 health priority areas identified
 - [2021 HSMP Membership Form Update](#)
- [2021 CHIP Timeline](#)





2020 CHA Data Review

- Average mentally unhealthy days in the past 30 days indicated by adults - 3.6
- Rate of emergency department visits related to mental health conditions (per 100,000) - 6,173.1
- Middle Schools students reporting feeling so sad or hopeless almost every day for 2 weeks or more in a row that they stopped doing some usual activities in the past year - 22.2%
- High Schools students reporting feeling so sad or hopeless almost every day for 2 weeks or more in a row that they stopped doing some usual activities in the past year - 33.6%
- High School students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey) - 30%
- High School Students who reported binge drinking (on at least 1 day during the 30 days before the survey) - 17.2%
- Percent of Adults Who Had At Least 1 Drink of Alcohol in the Last 30 Days - 50.9%



2020 CHA Data Review

- Percent of Adults Who Engaged in Binge Drinking in the Past 30 Days - 13.4%
- Percent of Adults Who Are Heavy (Chronic) Drinkers - 5.9%
- Current marijuana use (i.e., during the 30 days before being surveyed) among high school students - 17.3%
- Drug Use (One or More Times During Life) Among Youth
 - Marijuana - 29.3%
 - synthetic marijuana - 6.6%
 - Cocaine - 5.3%
 - Heroin - 2.9%
 - Methamphetamine - 2.3%
 - Ecstasy - 4.2%
 - Misuse of prescription painkillers - 14.8%
- Number of Deaths Due to Overdose - 2016 - 13; 2017 - 33; 2018 - 27; 2019 - 31
- Rate of emergency department visits related to substance use disorders - 1,471.3
- Ratio of population to mental health providers - 870:1

Data measures tracked in other Health Improvement Efforts

- [Healthy St. Mary's 2020](#)
- MD SHIP
 - Emergency Department Visits for Addictions-Related Conditions
 - Emergency Department Visits Related to Mental Health Conditions
- Healthy People 2030
 - [Mental Health and Mental Disorders](#)
 - [Drug and Alcohol Use](#)





Data Points to Track?

- ED visits for mental health for children and adults
 - Admission rates; referred/released inpatients; wait times for getting treatment
- Effects of COVID on future generations [developmental]
- Availability of resources for adolescents and adults
- Qualitative to track - impact of telehealth
- Substance Use trends [what's being used and %]
- School Referrals to Treatment; Physician Referrals?
- Adults & Geriatric who are referred to treatment
- Geriatric psych services availability
- Qualitative - coping mechanisms used across the age ranges, preventative care (look at it by age groups)
- Prescription Medication Costs & Medication Compliance
- Law Enforcement Data - EPs, offenses related to drug use/overdoses, wellness checks
- Social Services Data
- EPs who are admitted vs. released (continuity of care)
- Number of individuals who are scheduled for services (MH/SUD) with local providers but who never engage and why
- Ratio of single interaction individuals and how many are repeated EPs
- Jacquie will work on this for final discussion at February meeting. If you have any other data points you'd be interested in the team tracking, please email stmaryspartnership@gmail.com

Next Steps/Action Items

- 2021 Team Priorities
- For February Meeting - Look into Strategies for CHIP



Partner Updates



- [Suicide Prevention in Healthcare Settings Training](#) - February 2 from 2-4 p.m.
- COVID-19 & Substance Use Disorders Infographics - [Overdose](#); [Alcohol Use](#)
- Peer Networking meeting on January 29th 1-2 p.m.
- Courtney - Doing updates and expansions at facilities - more details coming soon. Admissions happening 24/7 through call center! 301-997-1300 For more info contact Courtney Seelhorst - Cseelhorst@pyramidwalden.com; 240-808-0135
- Teen Court is still progressing (virtual!) - number of cases have dropped both nationally and locally. Preparing for when students return to school.
- MCF is doing virtual [wellness series](#) mid-January-mid February - Thursdays 5:30 - 6:30 p.m.
- Jaimie - BH Division is its own Division at SMCHD now. Developing a brochure now. Behavioral Health Screening tool available for community members. Go Purple! Campaign getting off the ground. Renewal of the determination of health emergency - telehealth services will continue to be expanded. Care Coordination Outreach is continuing (Church of Ascension). State Care Coordinator is continuing to do outreach. Hiring multiple positions. Looking for bup prescribers. Upcoming trainings in late January/February - Contact [Jaime](#) for more info. Applied for CHRC grant for crisis services - hoping to hear back soon.
- Employment Program at Pathways is still running great! We are still accepting referrals, email aslaughter@pathwaysinc.org if you have any questions
- St. Mary's County HRP is operating as usual with COVID Precautions in place. Working on increasing mobile outreach from the van. The participants seem to be loving the mobile interactions.
- Project Chesapeake - currently accepting new clients (no wait list for mental health services). Looking to take on some adolescent clients for PRP services. Call our Leonardtown office at (240)309-4015
- LMB - gearing up for FY22 - looking to send out proposals for new programming as needed
- Pyramid Walden Recovery Support collaboration with Local Mediation Center - Recovery Mediations
 - Case studies with our homeless population

Partner Updates



- Governor's Office on Children has sent down directives for local care team coordinators - will involve new referral form. Be on the lookout for this new form!
- Saw some spikes in overdose rates and non-fatals in 2020. Prevention team working with HRP to do outreach. They have lockboxes with narcan that are available to dispense in the community. Reach out to [Maryellen](#) for more information.
- Alcohol use skyrocketed last year during the pandemic. CAC - meeting monthly and also presented to the alcohol beverage board recently. New bill proposed this year for "to-go" alcohol at restaurants.
- SMCHD Prevention and HEalth Equity teams are hosting a Children's Mental Health event in February - eventbrite to come.
- [SMCL has partnered with SMCHD and DAHS](#) to add line for covid info/vaccine registration call - 240-523-3340
- MOC working with seniors to help them get registered for their vaccine
- Project Chesapeake - by March 1 they'll have 3.5 care for men in Anne Arundel. In April looking to have another 3.5 for women in Annapolis. Opening a 3.1 (March) in another part of the state. Looking to open a 3.1 in SOMD. More updates on exact time frames in the coming weeks!
- UMD - planning 2 financial literacy webinars will be on Tuesdays/Wednesdays. Flyer to come! Conducting financial literacy trainings with organizations.
- Seedco/Maryland Health Connection - Special Enrollment has been renewed until March 15. Referrals can call: 1-855-339-3007 <https://www.seedco.org/benefitsandhealthinsuranceenrollment/>
 - Asking the team: Are there bh services that take private plans that are offered through MHC?
- AFSP participating in advocacy week in Annapolis. More to come on Spring Out of the Darkness Walks. The SOMD Out of the Darkness Walk will be held in October
- CDC reported reduction in suicide rate from 2018-2019!
- [Global Crisis: COVID-19 & Vaping Webinar Series](#)

Communications

- Submit event and news updates/information at:
<http://healthystmarys.com/newsletter/> or email
stmaryspartnership@gmail.com
- Follow HSMP on Social Media
 - Facebook: Healthy St. Mary's Partnership
 - Twitter: @HealthyStMarys



Upcoming

- Does this time work?
 - February 19 @ 10 a.m.

