

Healthy St. Mary's Partnership  
Tobacco Free Living Action Team

Wednesday January 7, 2015  
3:30 PM – 4:30 PM  
St. Mary's County Health Department

1. Introductions - 9 attendees (MedStar Family Choice, Walden, MOC, SMCHD, and UCAC) Information was provided on HSMP, action teams, and [membership](#).
2. Updates:
  - a. Youth Education: SMCHD has a grant funded opportunity to provide prevention education to 750 youth in the local school system on e-cigarettes - contracting for performances by [NoPuffDaddy](#). The group also discussed the possibility of hosting NoPuffDaddy at Juneteenth if additional funding becomes available.
  - b. Retailer Education: SMCHD is currently issuing mini grants to local organizations (Walden, MOC, UCAC) to train retailers on preventing the sale of tobacco products to youth.
  - c. Inspection: SMCHD and SMCSO will be partnering to inspect tobacco retailers for underage compliance. SMCHD will be issuing a letter with information on these upcoming inspections and preventing the sale of tobacco products to youth. There is an upcoming training opportunity in Charles County related to tobacco inspection programs. If you are interested please contact [Angela Cochran](#).
  - d. Cessation: Tobacco cessation programs are hosted on an on-going basis and are FREE to members of the community. Classes are 1 day a week for 8 weeks and include access to free resources (medication and patches). Contact [Jane Dodds](#) or visit <http://www.smchd.org/tobacco/> for information on how to quit. Partners discussed possible distribution of cessation class marketing materials through Walden Programming and Health Connections programming (specifically lactation and parenting groups)



- e. PATCH Grant: “Pregnancy And Tobacco Cessation Help” SMCHD has received FY 15 grant funding to assist pregnant women and women of child bearing age with cessation.
- 3. Distribute draft of the Community Health Improvement Plan (CHIP) Healthy St. Mary’s 2020 for review by members
  - a. Please review and send comments, suggested revisions, or copies of organizational plans to Jenna Mulliken as soon as possible for inclusion.
- 4. Next HSMP Tobacco Free Living action team meeting
  - a. The action team decided on monthly meetings for the time being (including a conference line when possible to assist with distance participation)
  - b. Next meeting: **Wednesday, February 11, 2015** at 3:30 PM at SMCHD.
  - c. Meeting schedule is available in the HSMP Newsletter and on the HSMP website
  - d. Submit information on programs, training opportunities, and tobacco free news to the HSMP Newsletter online <http://healthystmarys.com/about/newsletter/>

