

SmartMedicine Marketing Materials

Please provide the OMPP Team with feedback on the marketing materials shown below. This will be collected at the end of the meeting. Thank you.



Feedback:



Feedback:

USE ONLY AS PRESCRIBED
LOCK UP YOUR MEDS
DISPOSE OF PILLS SAFELY

Drop Boxes are located in the lobby of the St Mary's County Sheriff's Office, Leonardtown.
AVAILABLE 24 HOURS A DAY, 7 DAYS A WEEK

SMARTMedicine
Only as prescribed.
www.healthystmarys.com/smartrx

HealthyStMarys.com/SmartMed 2016

BE SMART ABOUT YOUR MEDICATIONS

Prescription medicines taken properly help heal illness, relieve pain, control disease and bring balance to life.

Use Only as Prescribed

Take prescription medication only as directed. Many forget to take their medication, take less than the prescribed dosage, or stop taking it before the supply runs out. Here are some simple steps to properly manage your medications:

- Get into a routine.
- Use a chart or calendar.
- Use a pill organizer.

Lock Up Your Meds

It's important to keep medications out of sight and out of reach from others in the household and never share prescriptions or take someone else's medication.

Dispose of Pills Safely

St. Mary's County Drug Drop-Off Program

The St. Mary's County Sheriff's Office has a prescription drug drop-off available **24 hours a day 7 days a week.**



SMARxTMedicine
Only as prescribed.

www.healthystmarys/smartrx

Feedback:

DISPOSE OF PILLS SAFELY

St. Mary's County Drug Drop-Off Program

St Mary's County offers a safe and convenient means of disposing your unwanted medications.

The St. Mary's County Sheriff's Office has a prescription drug drop-off available **24 hours a day 7 days a week.** Simply remove all identifying information on labels and place in one of the two drop boxes located in the front lobby of the St. Mary's County Sheriff's Office in Leonardtown.



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**THIS SHOULD HELP.
NOT HARM.**

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Helpful Links

HELP AND INFORMATION
24/7 Referral: 800-662-HELP (4357)
Walden Hotline: 888-912-7366

LOCK YOUR MEDS
www.lockyourmeds.org

DISPOSE OF UNUSED MEDS
www.smchd.org/medical-waste-and-sharps-disposal/

<http://HealthyStMarys.com/SmartRx/> **SMARxTMedicine**
As needed. As prescribed.



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Photograph by Michael O'Neil

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