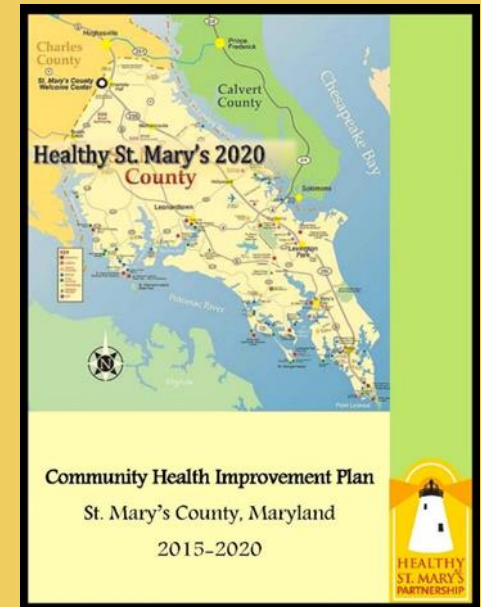


PREPARED FOR THE 2017 HSMP ANNUAL MEETING



HEALTHY ST. MARY'S 2020 MID-CYCLE DATA REVIEW

EDWARD ONYANGO, EPIDEMIOLOGIST
ST. MARY'S COUNTY HEALTH DEPARTMENT

FOUR AREAS OF FOCUS FOR IMPROVEMENT

Access to Care

Behavioral Health

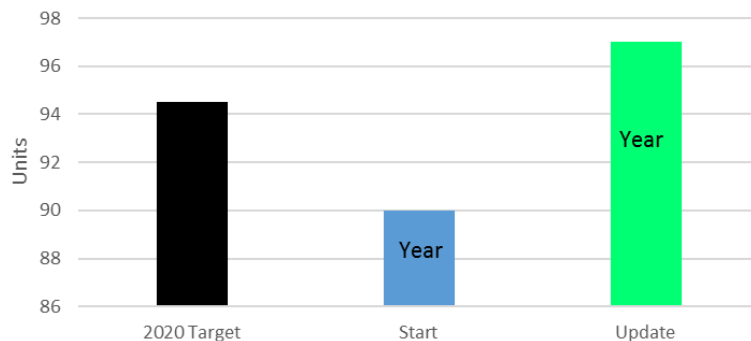
Healthy Eating & Active Living (HEAL)

Tobacco Free Living

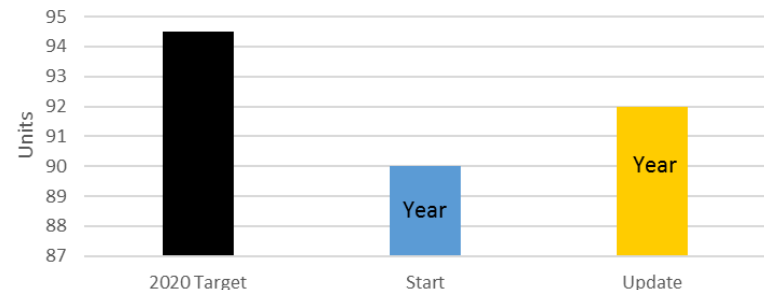
KEY TO THE COLORS OF THE DATA CHARTS

- Black bar = Healthy St. Mary's 2020 target goal
- Blue bar = Starting data point from Healthy St. Mary's 2020 Plan

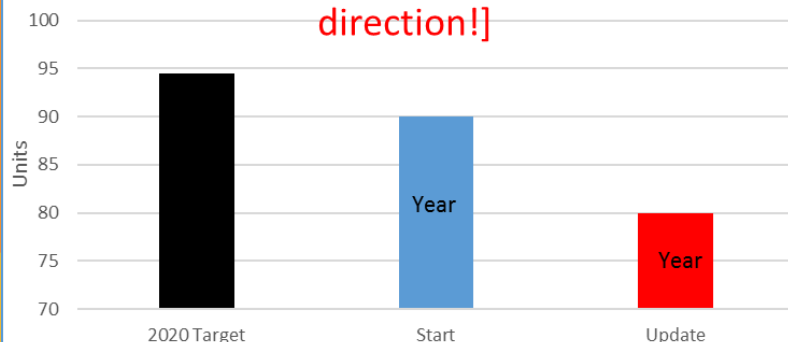
Green update bar = Met/surpassed the target goal set for 2020



Yellow update bar = Moving towards target goal set for 2020, but not yet met the goal



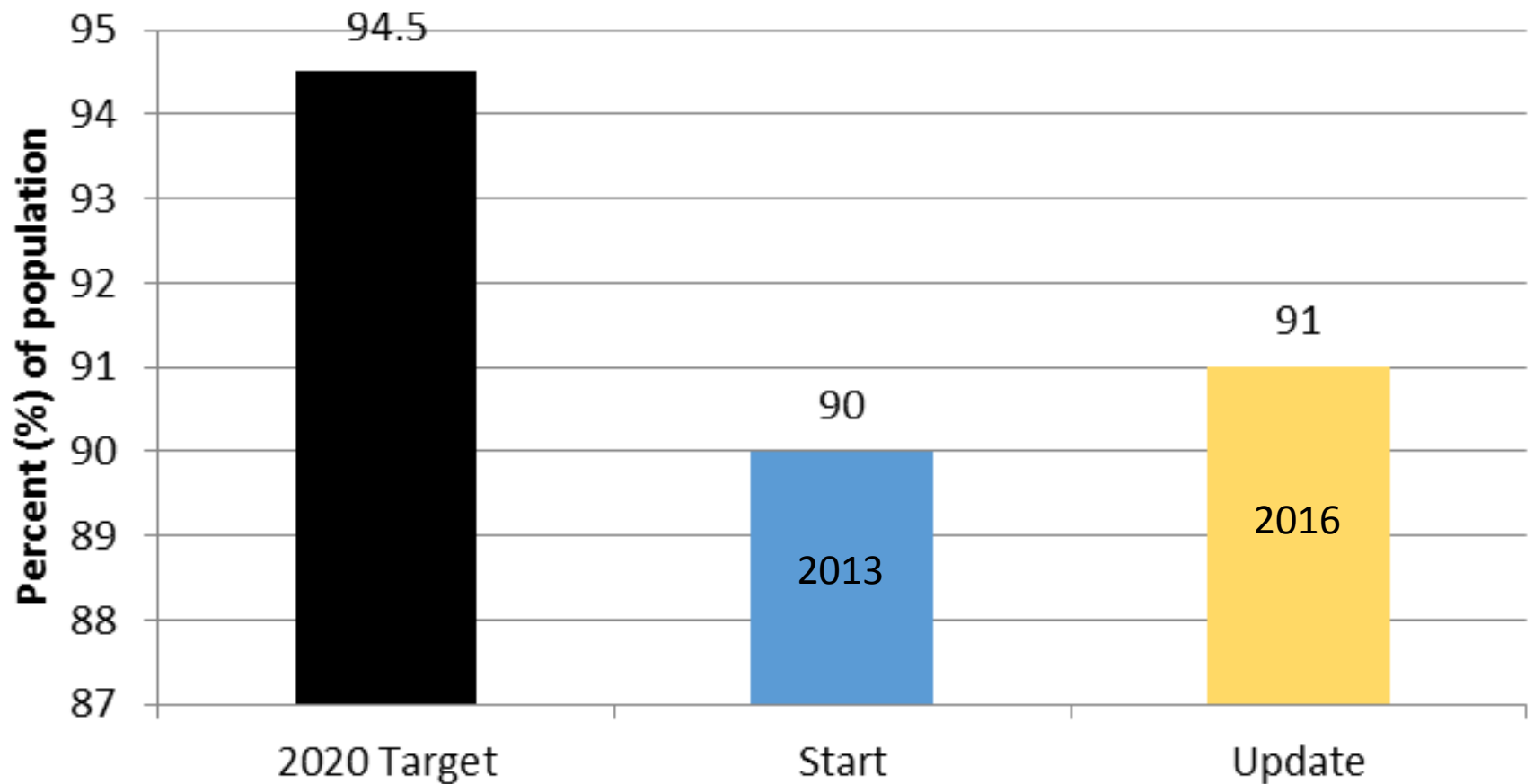
Red update bar = Moving away from target goal set for 2020 [wrong direction!]



Note: The most updated data available may precede the efforts of the coalition

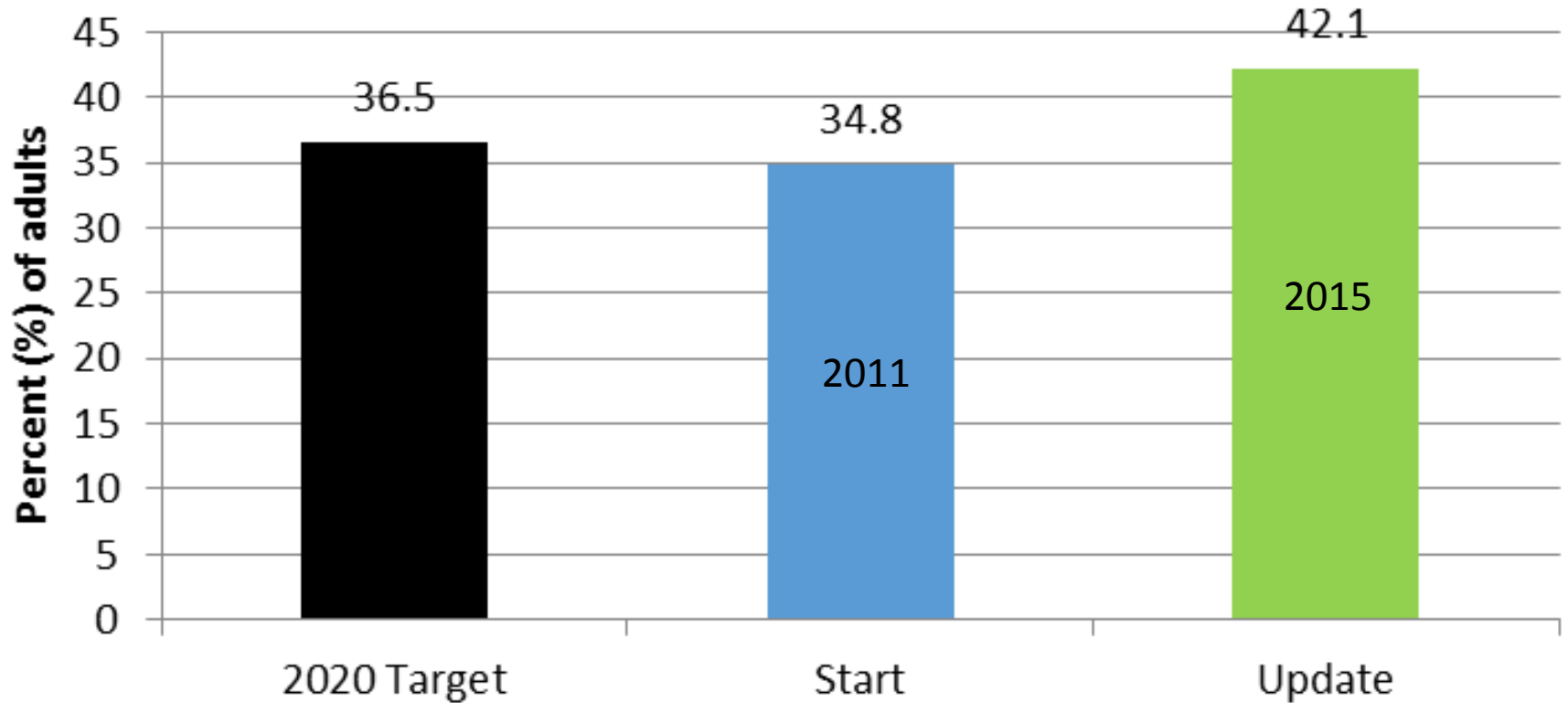
ACCESS TO CARE

Persons with health insurance (%)



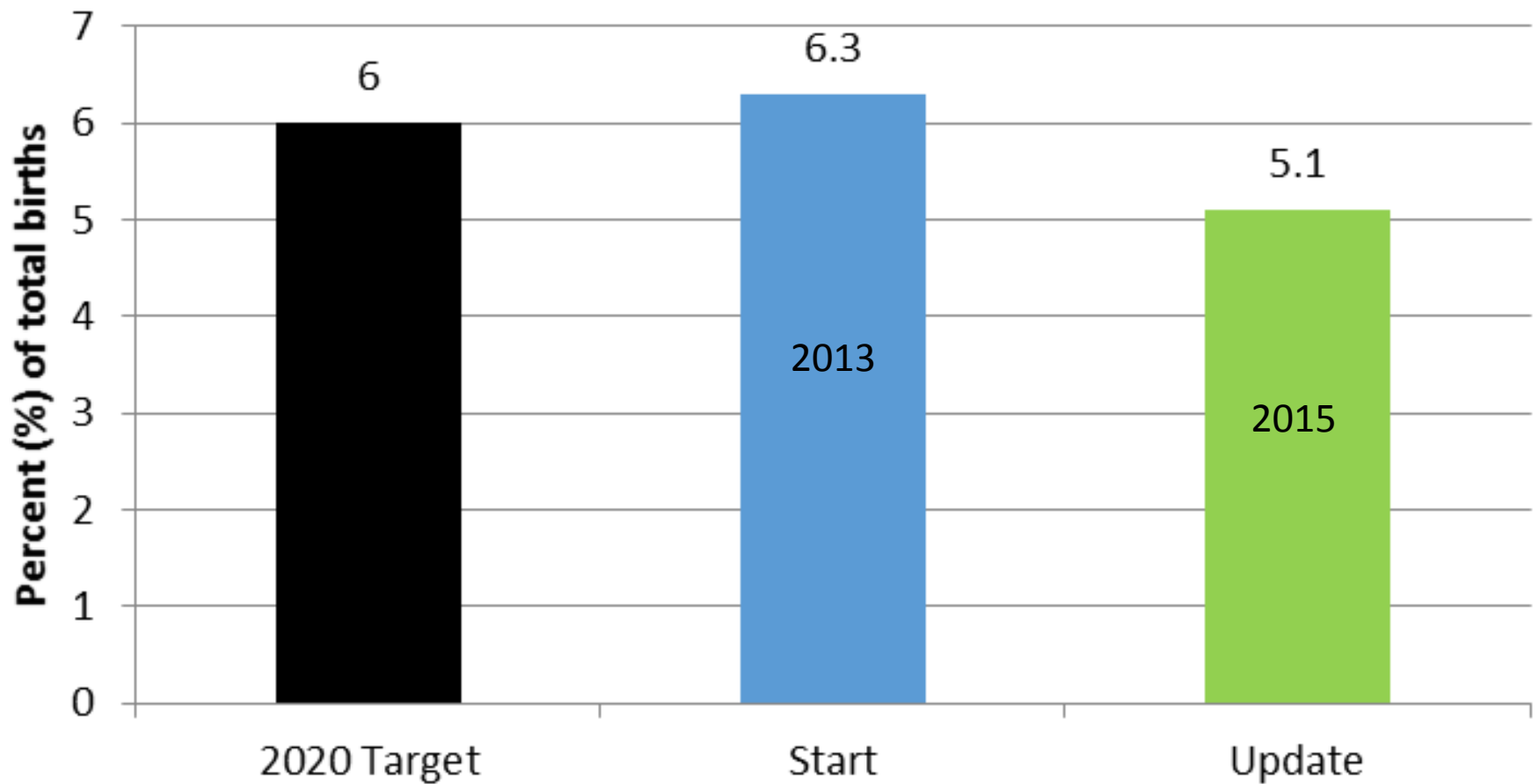
Data Source: US Census Bureau's Small Area Health Insurance Estimates (SAHIE) program/Robert Wood Johnson (RWJ) Foundation

Adults who are vaccinated annually against seasonal influenza (%)



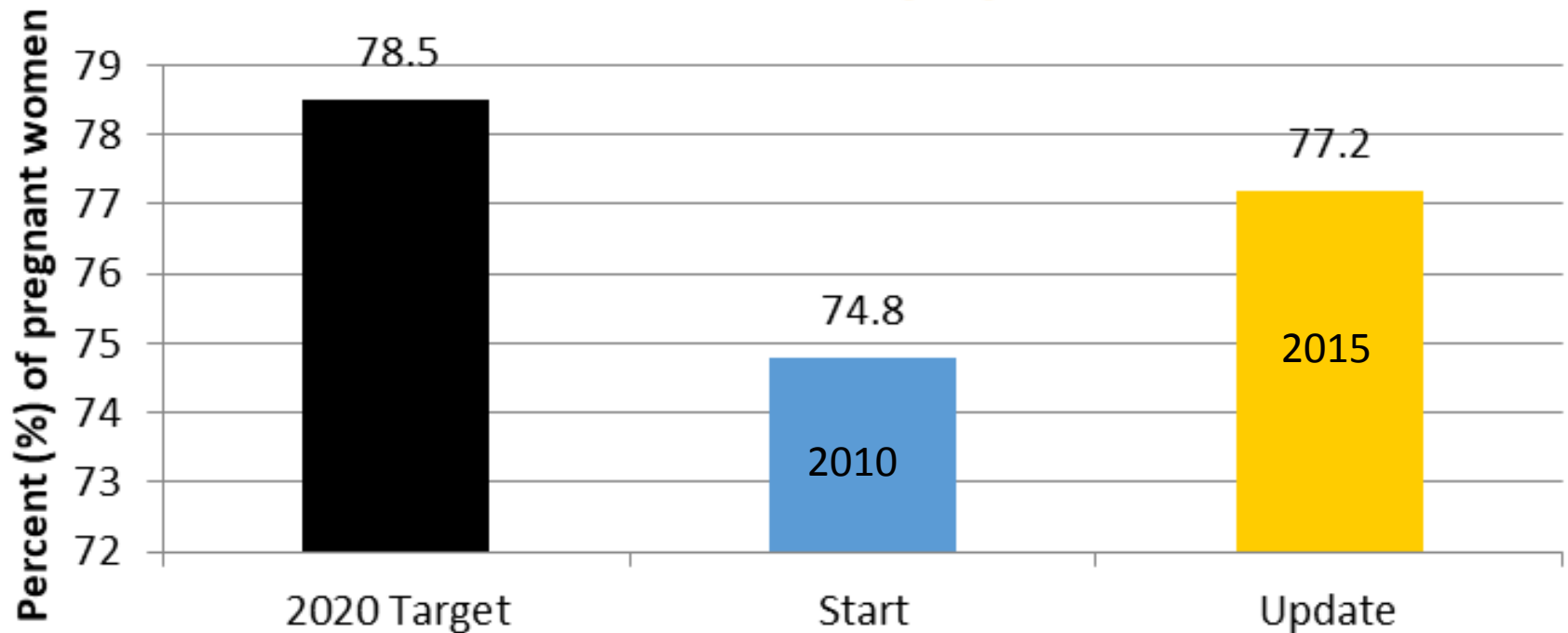
Data Source: Maryland MDH Behavioral Risk Factor Surveillance System

Births that are low birth weight (%)



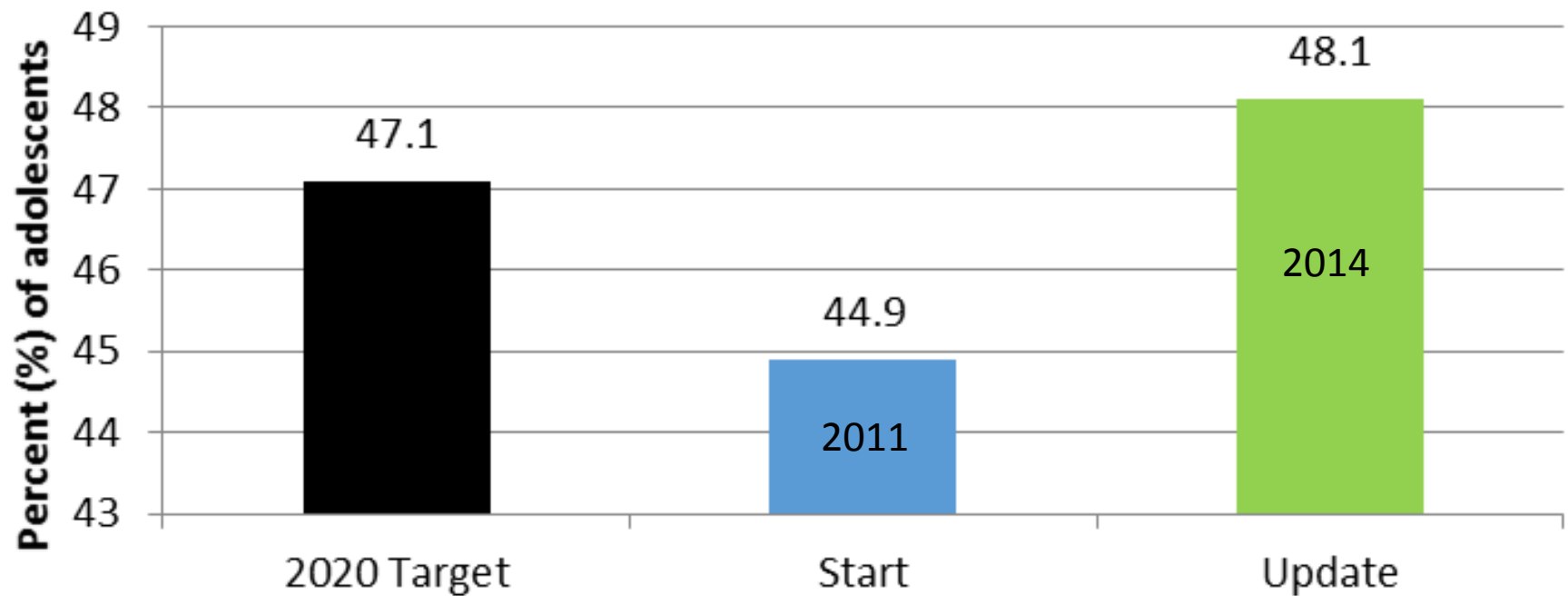
Data Source: Maryland MDH Vital Statistics Administration (VSA)

Pregnant women who receive prenatal care beginning in the first trimester (%)



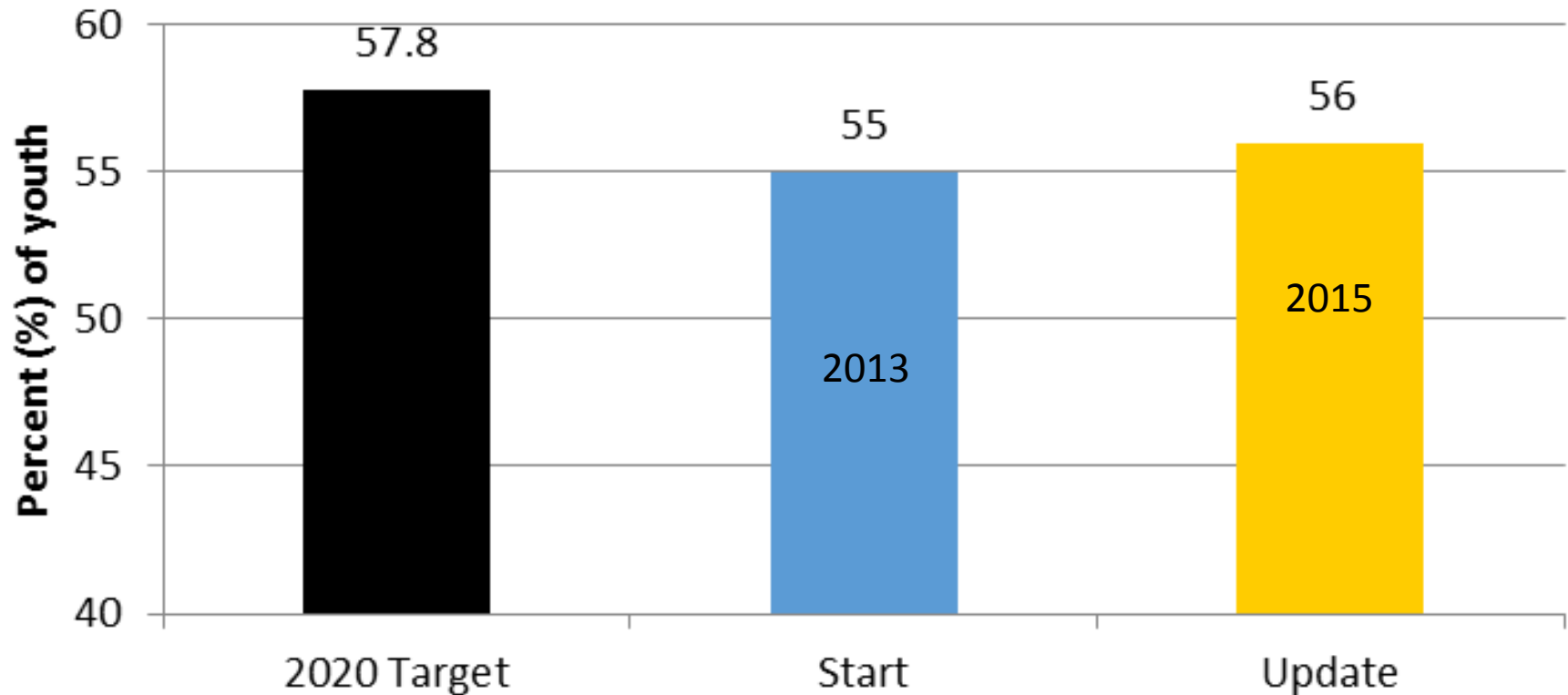
Data Source: Maryland MDH Vital Statistics Administration (VSA)

Adolescents (ages 13-20) enrolled in Medicaid receiving an annual wellness checkup (%)



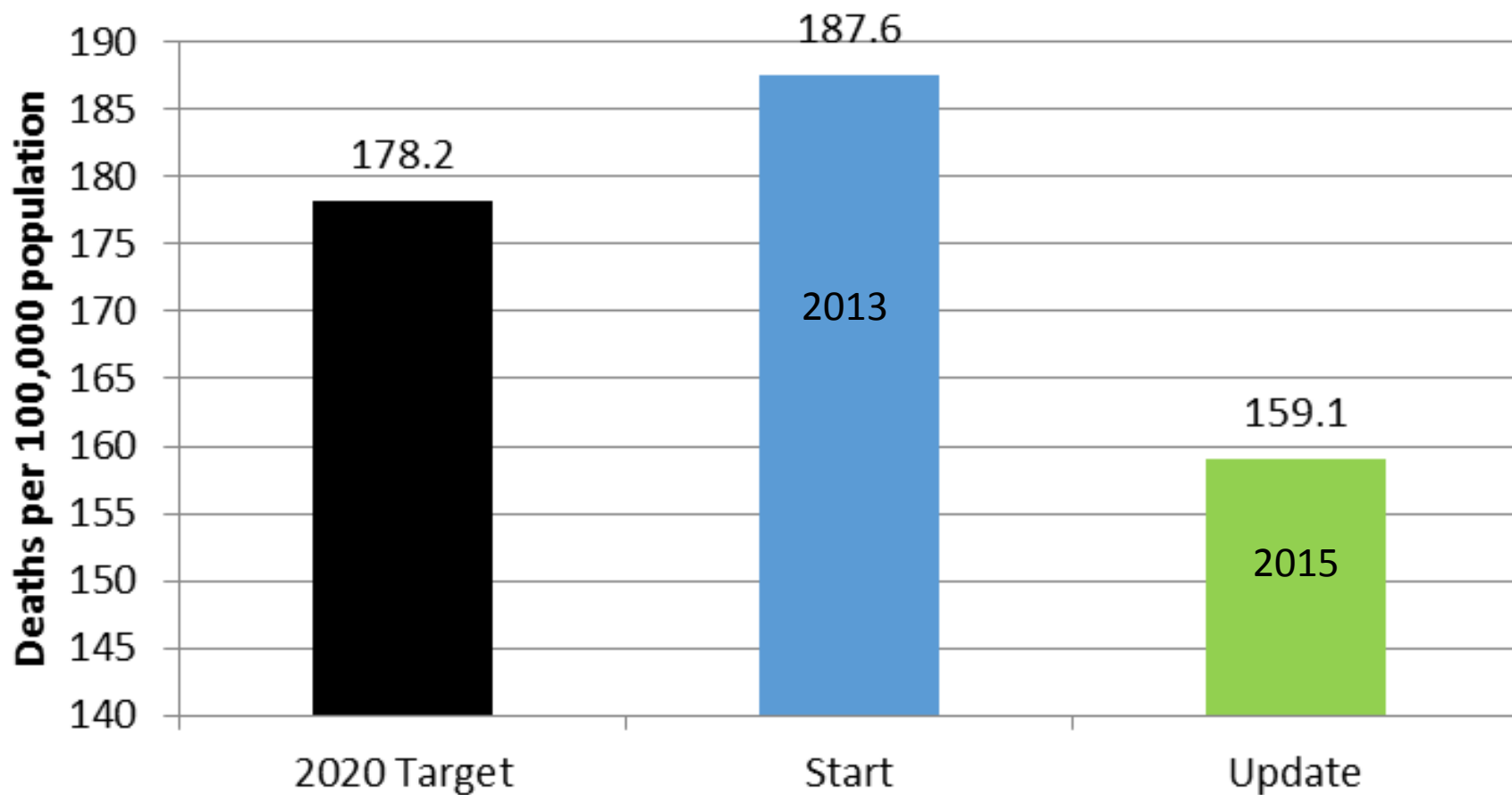
Data Source: Maryland Medicaid Service Utilization

Children (ages 0-20) enrolled in Medicaid receiving dental care (%)



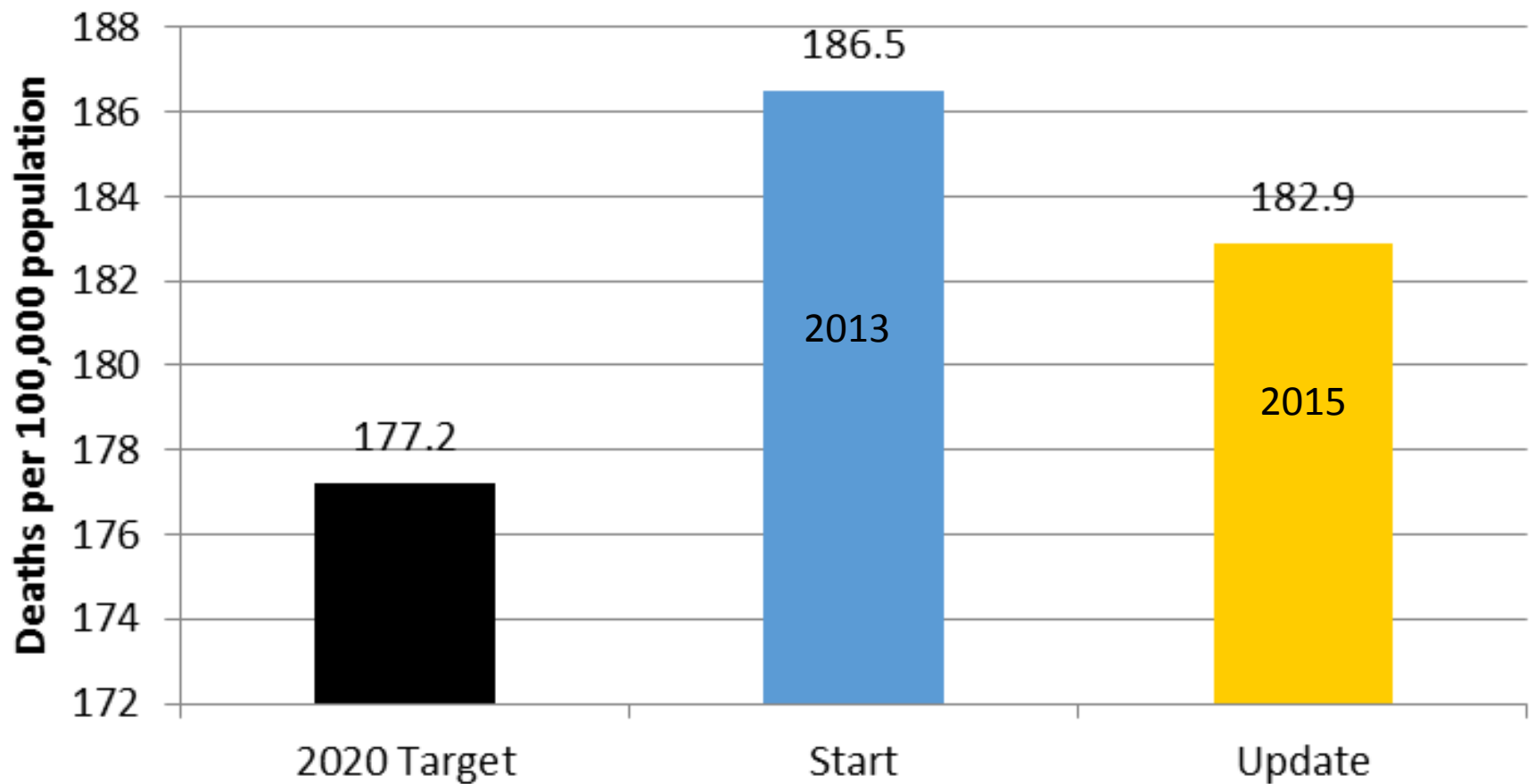
Data Source: Maryland Medicaid Service Utilization

Death rate from heart disease



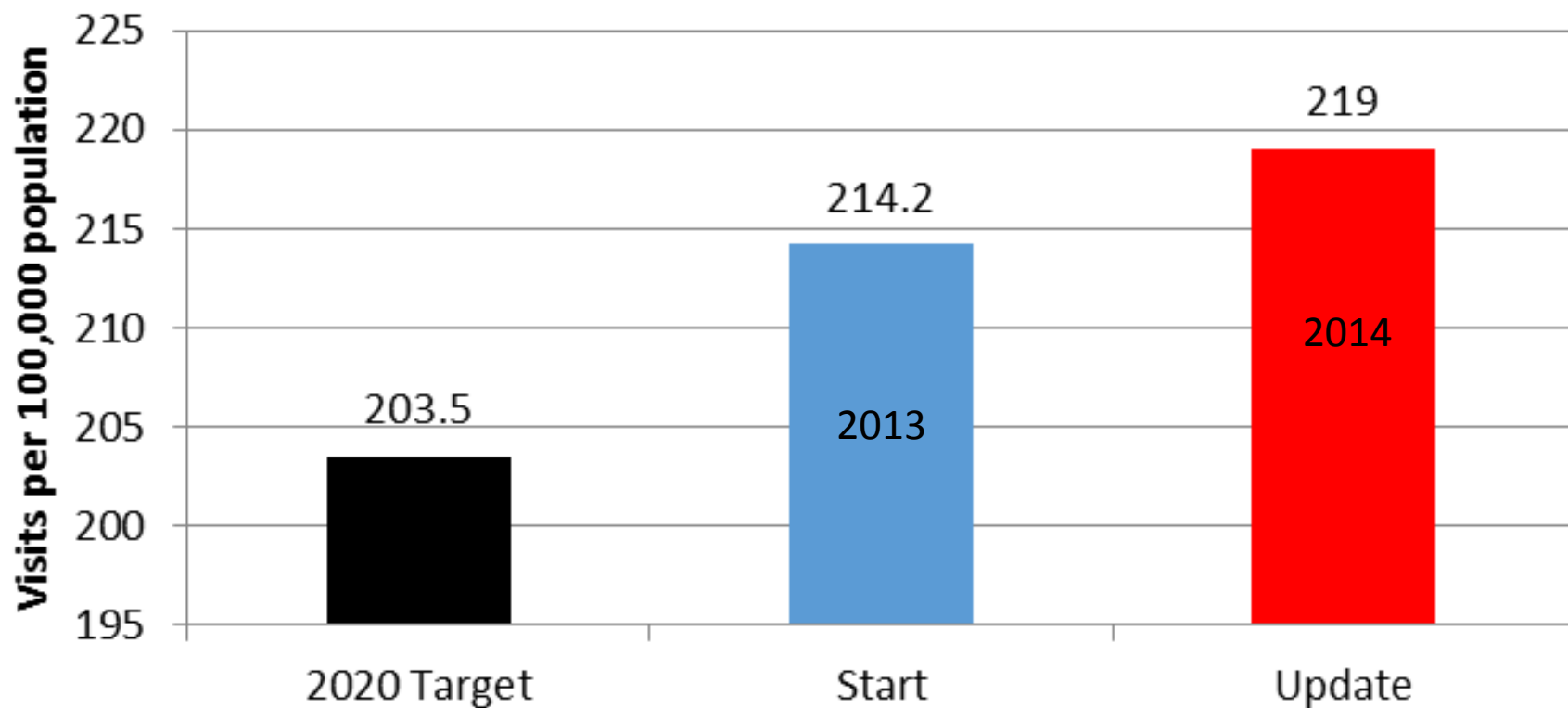
Data Source: Maryland MDH Vital Statistics Administration (VSA)

Overall cancer death rate



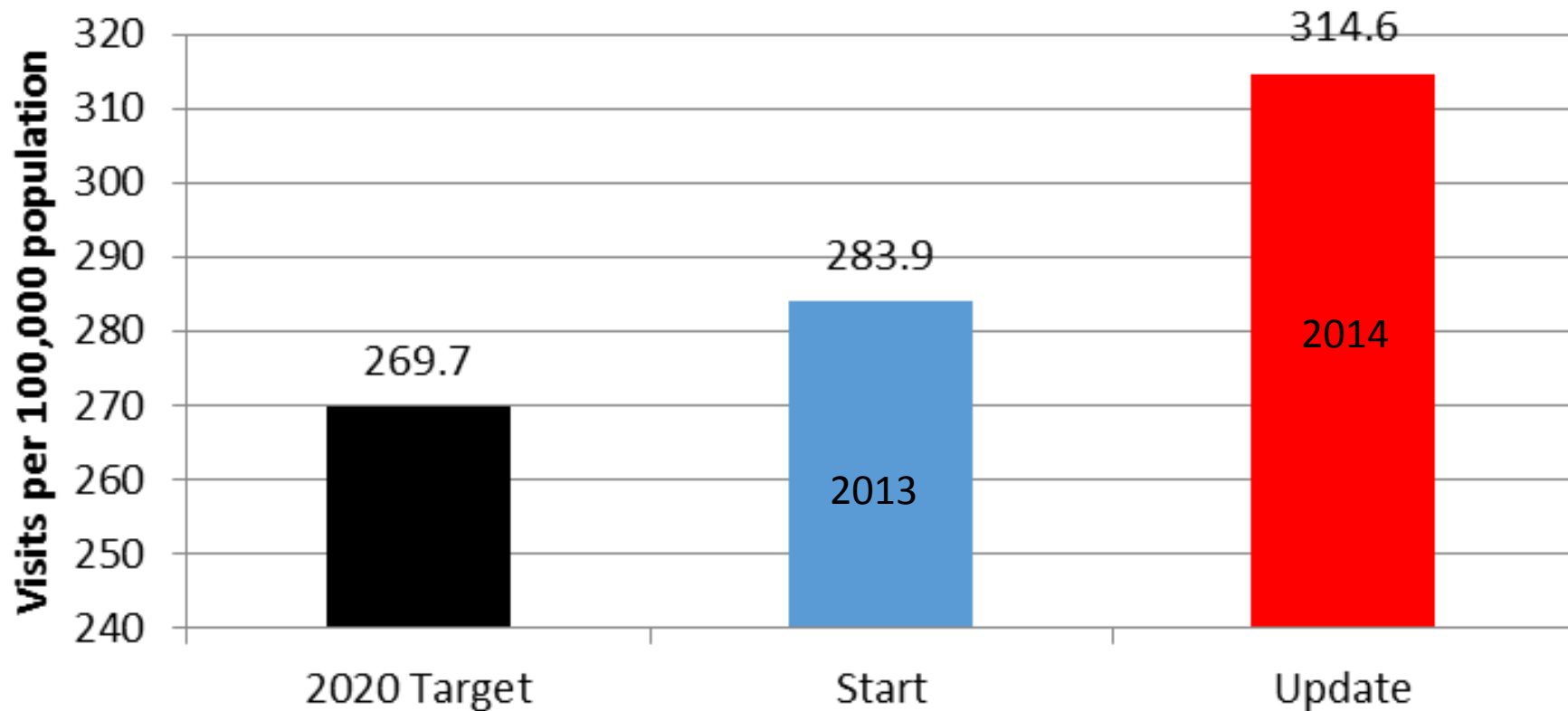
Data Source: Maryland MDH Vital Statistics Administration (VSA)

Rate of emergency department visits due to diabetes



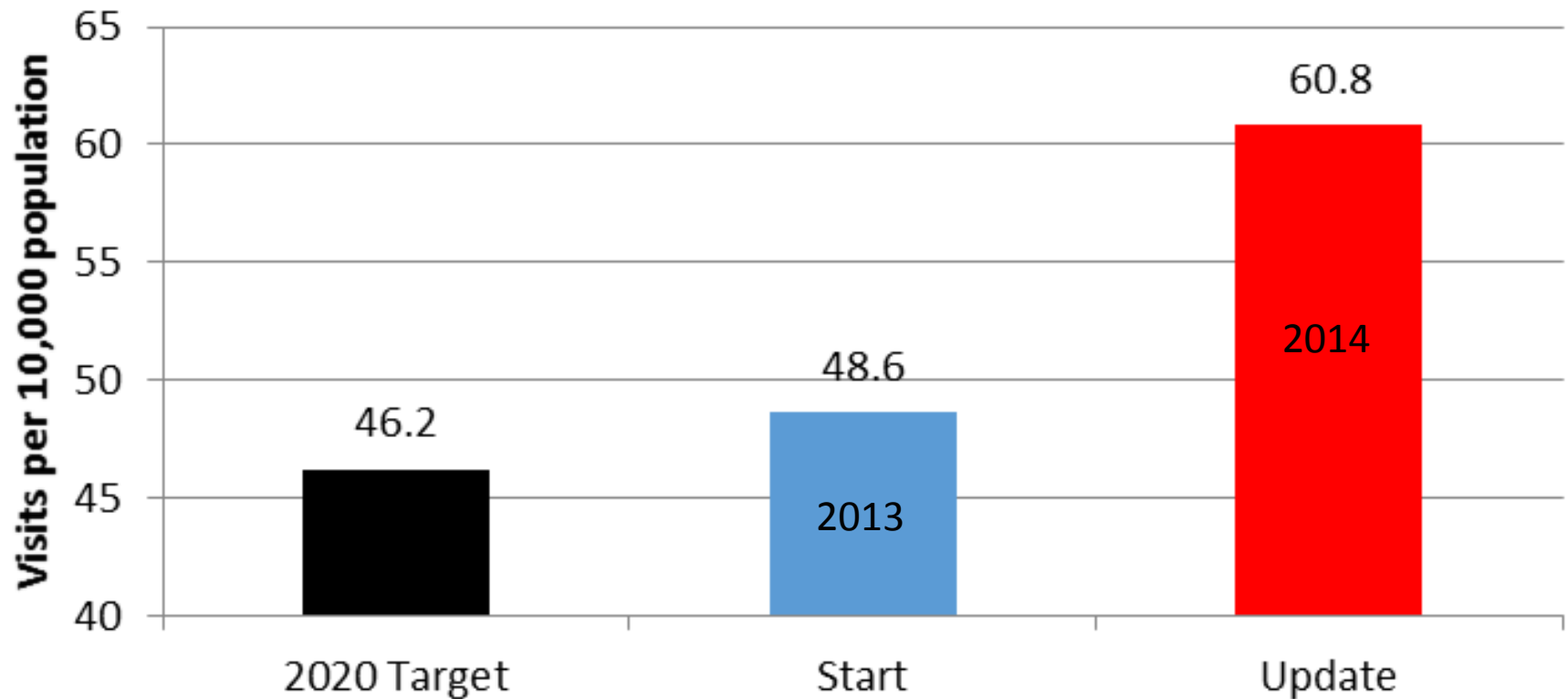
Data Source: Maryland Health Services Cost Review Commission (HSCRC)

Rate of emergency department visits due to hypertension



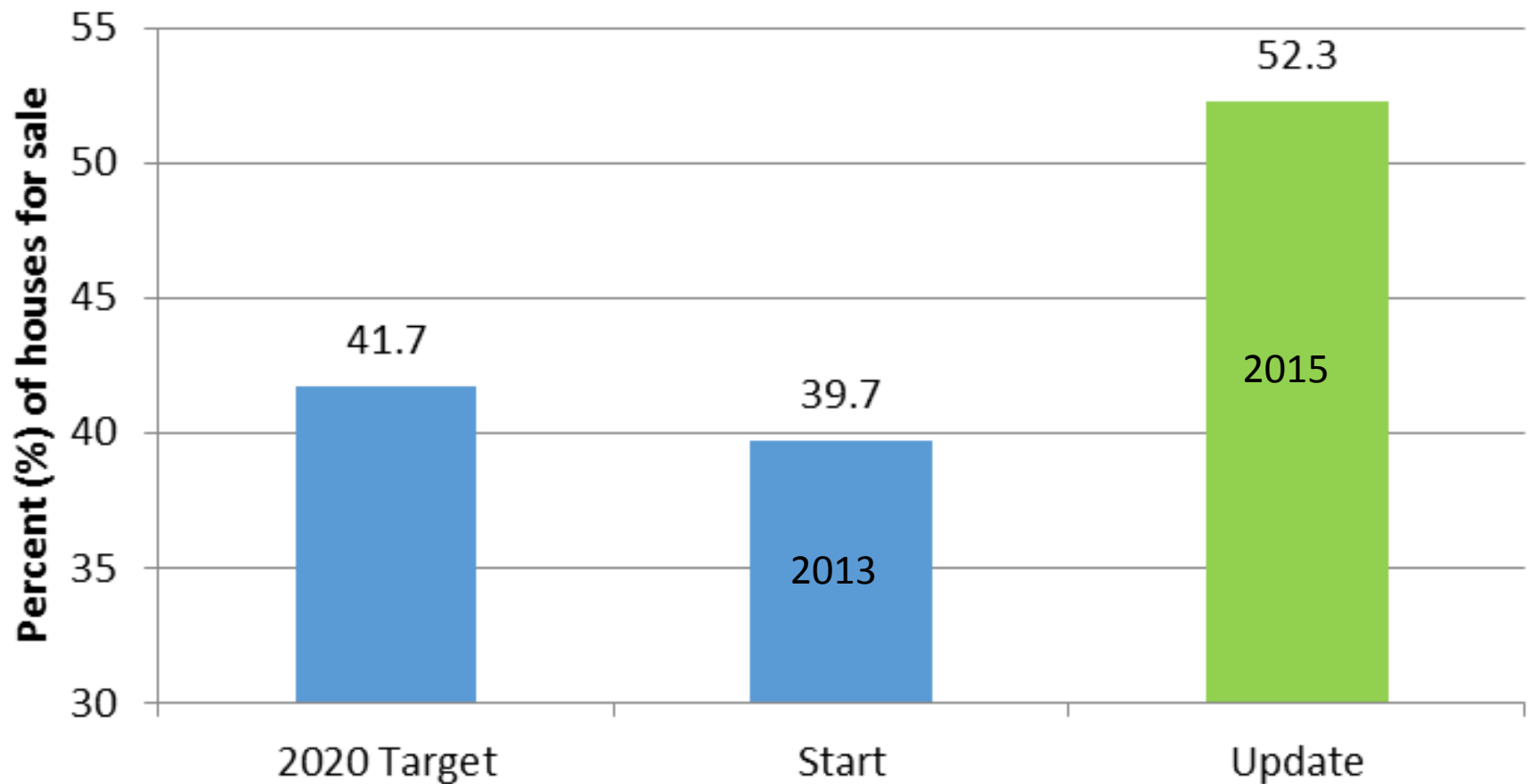
Data Source: Maryland Health Services Cost Review Commission (HSCRC)

Rate of emergency department visits related to asthma



Data Source: Maryland Health Services Cost Review Commission (HSCRC)

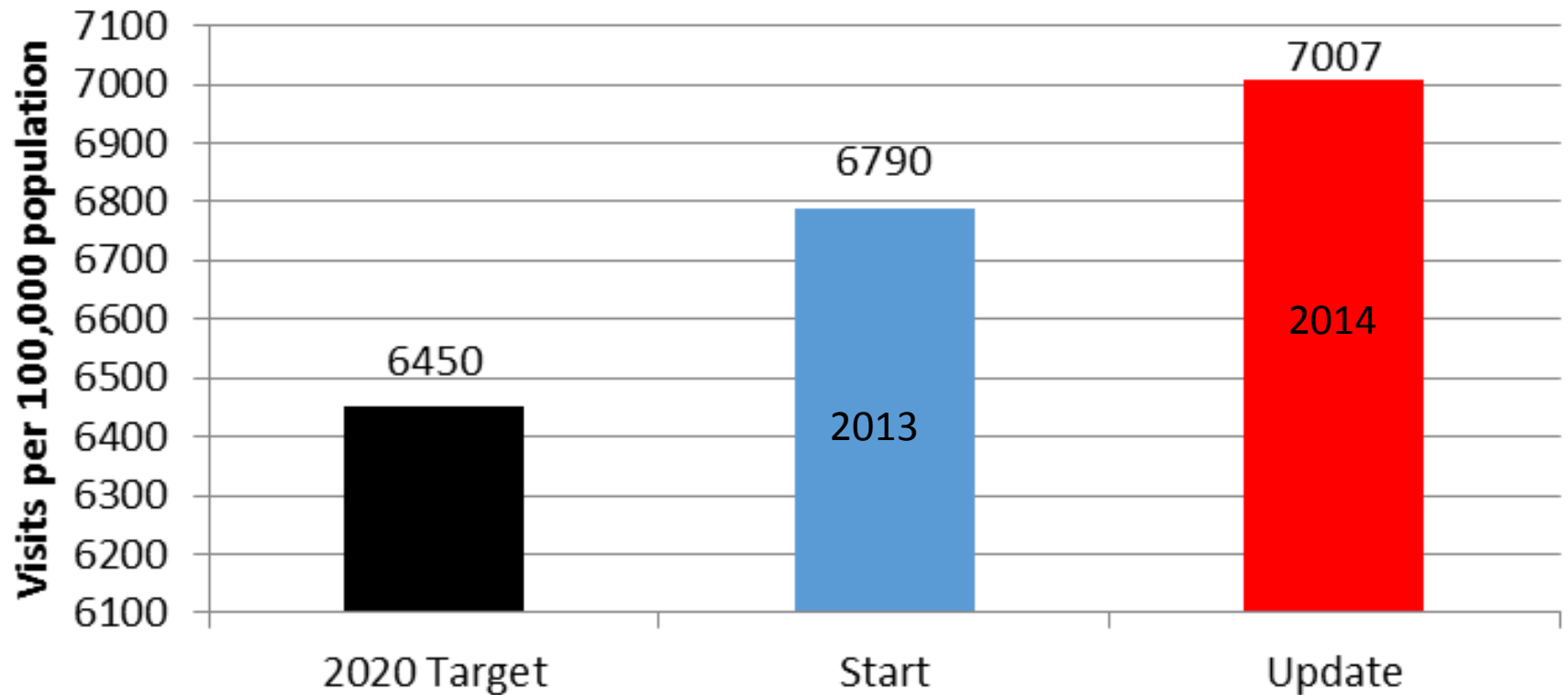
Availability of affordable housing (%)



Data Source: Maryland Department of Planning (MDP)

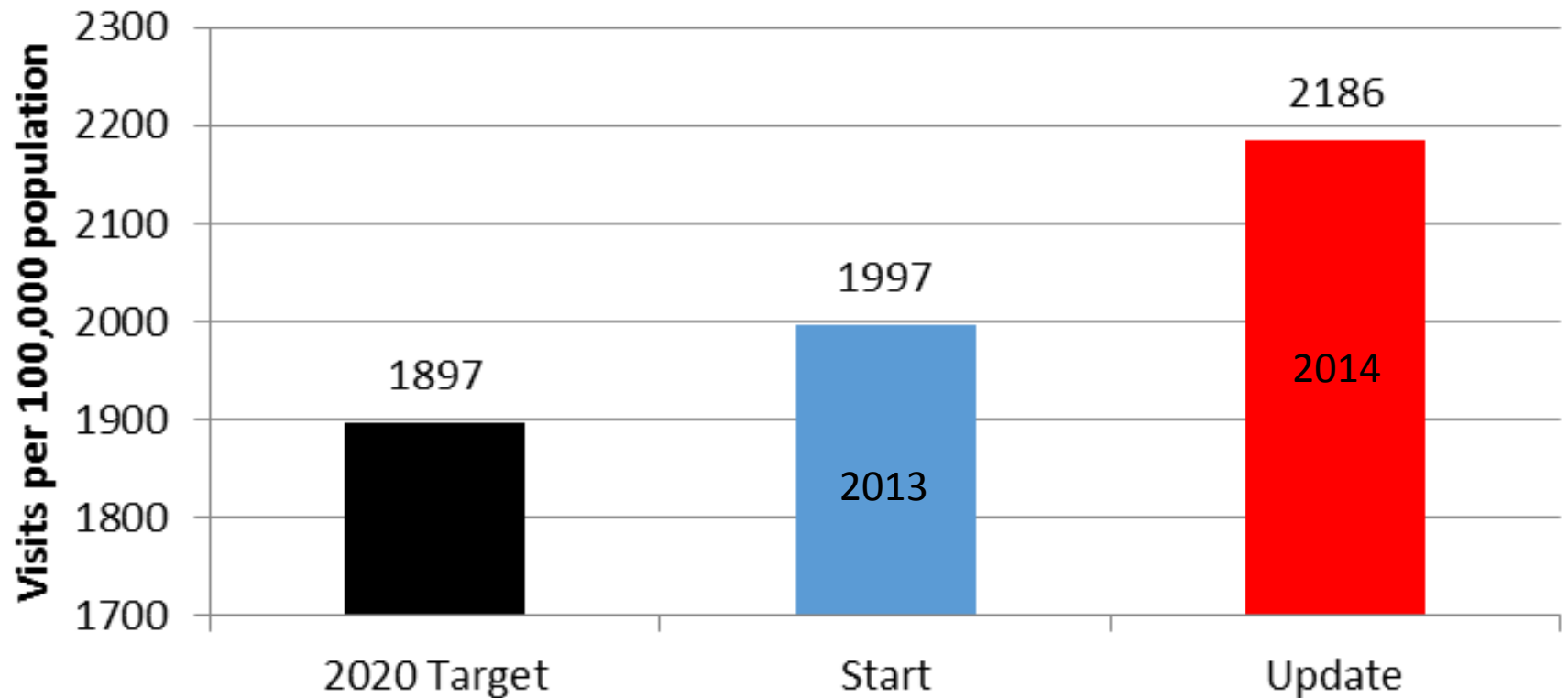
BEHAVIORAL HEALTH

Emergency department visits related to mental health disorders



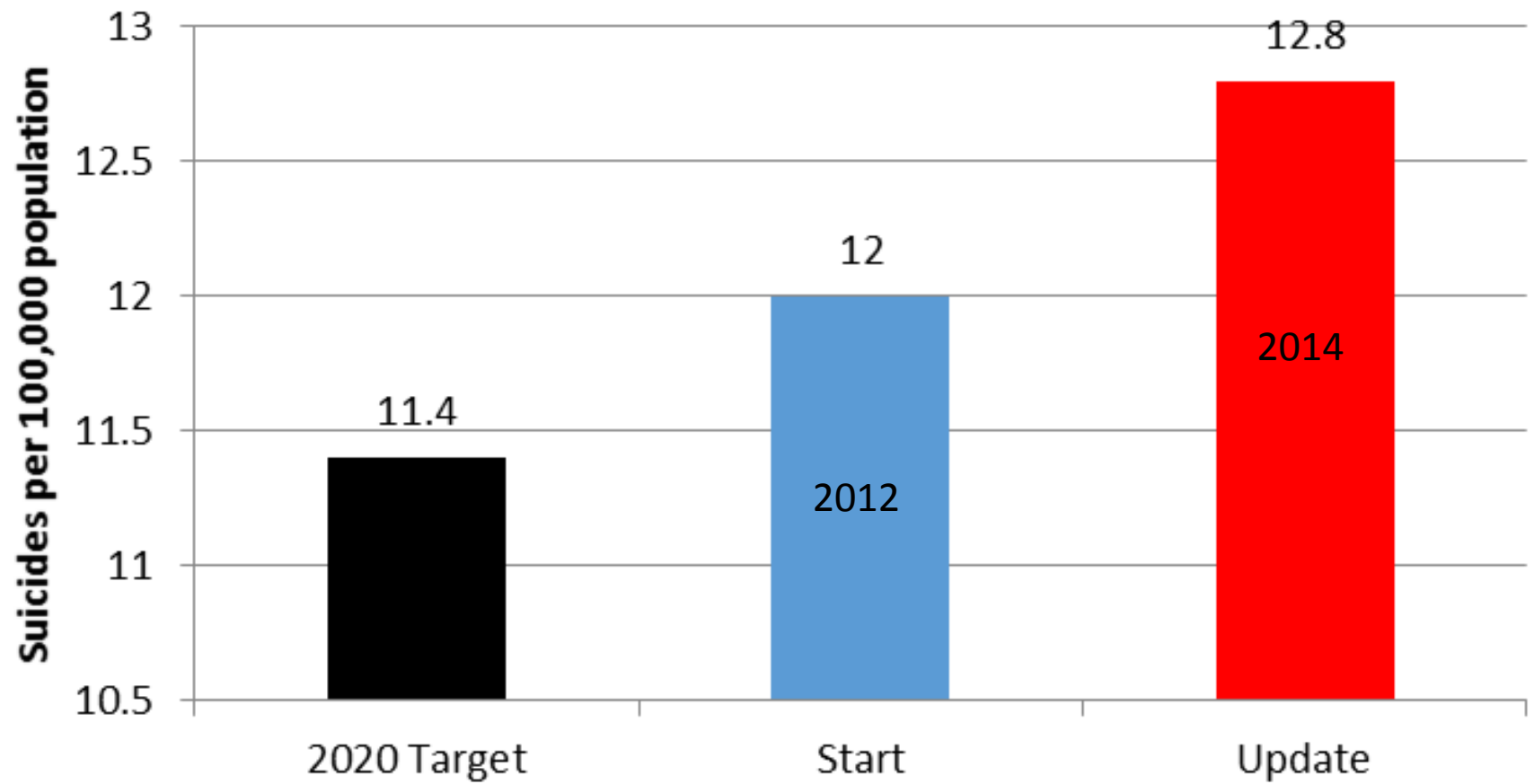
Data Source: Maryland Health Services Cost Review Commission (HSCRC)

Emergency department visits for addictions-related conditions



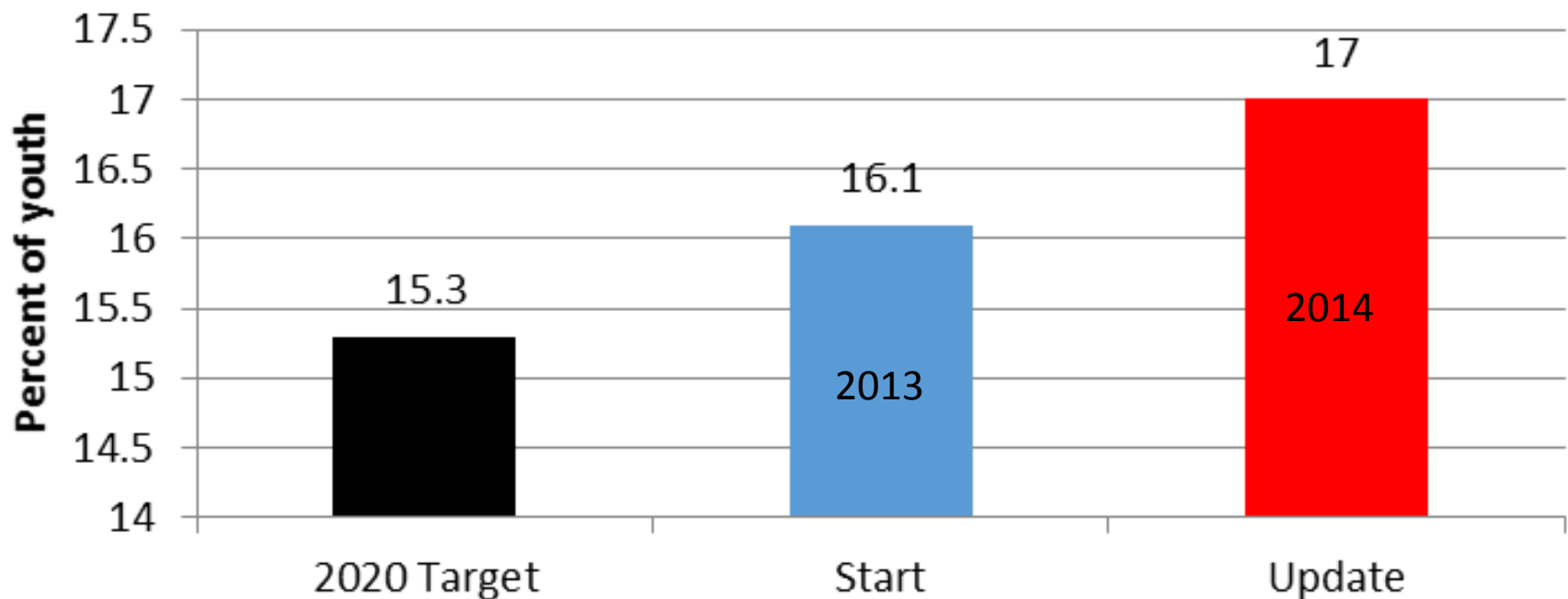
Data Source: Maryland Health Services Cost Review Commission (HSCRC)

Suicide rate



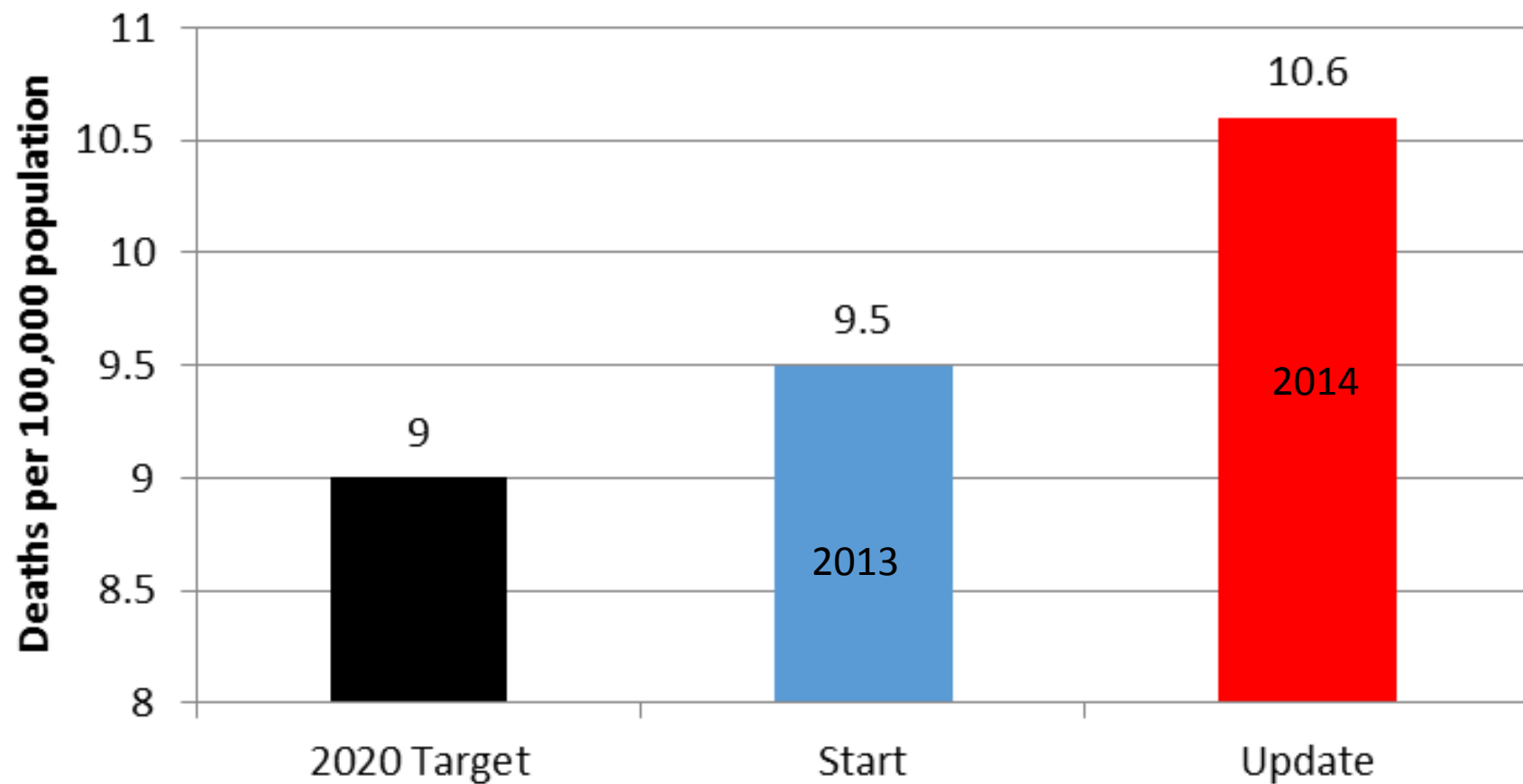
Data Source: Maryland MDH Vital Statistics Administration (VSA)

Youth (high school) who seriously considered attempting suicide during the past 12 months



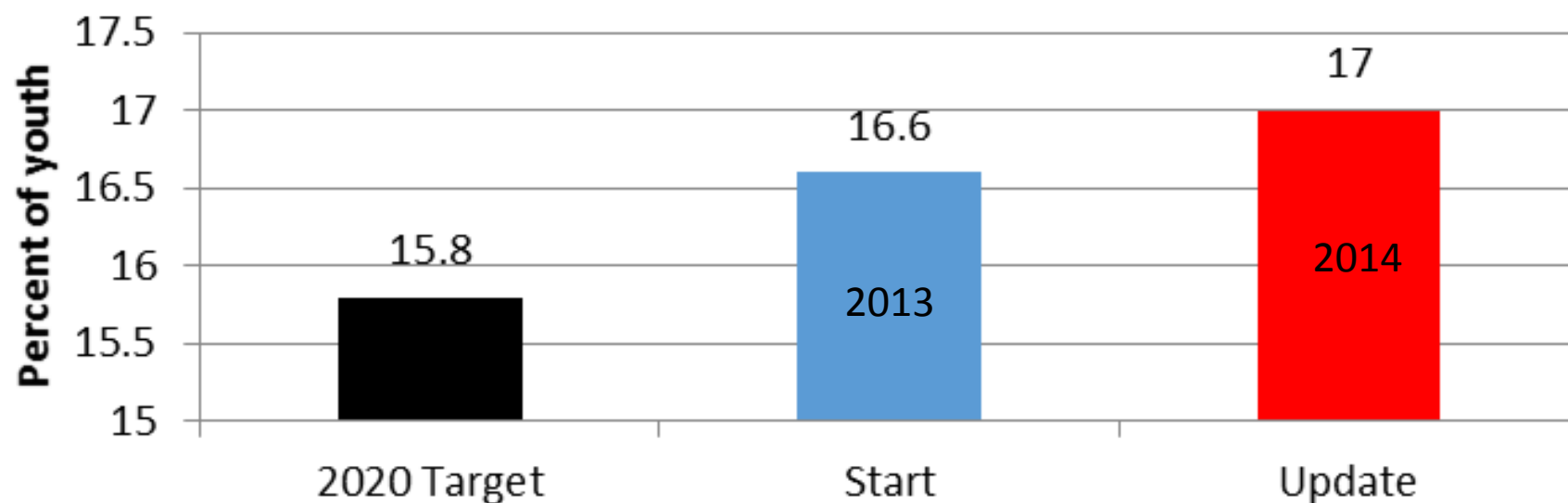
Data Source: Maryland Youth Tobacco and Risk Behavior Survey (YRBS)

Drug-induced death rate



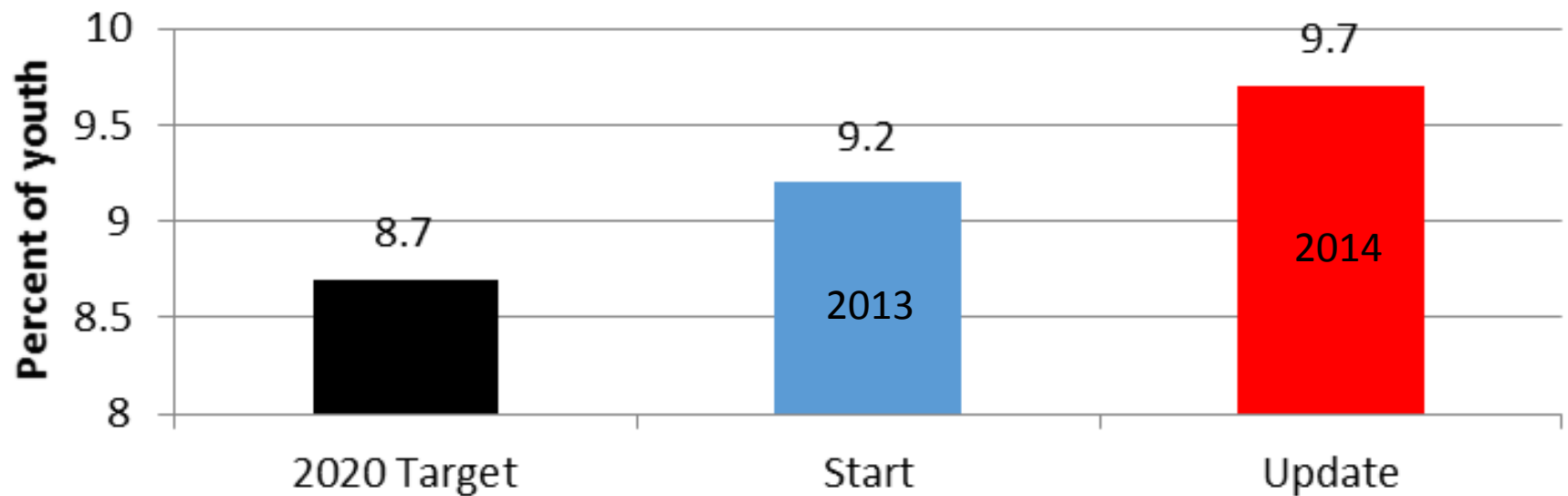
Data Source: Maryland MDH Vital Statistics Administration (VSA)

Youth (high school) who have used prescription drugs without a prescription one or more times during life



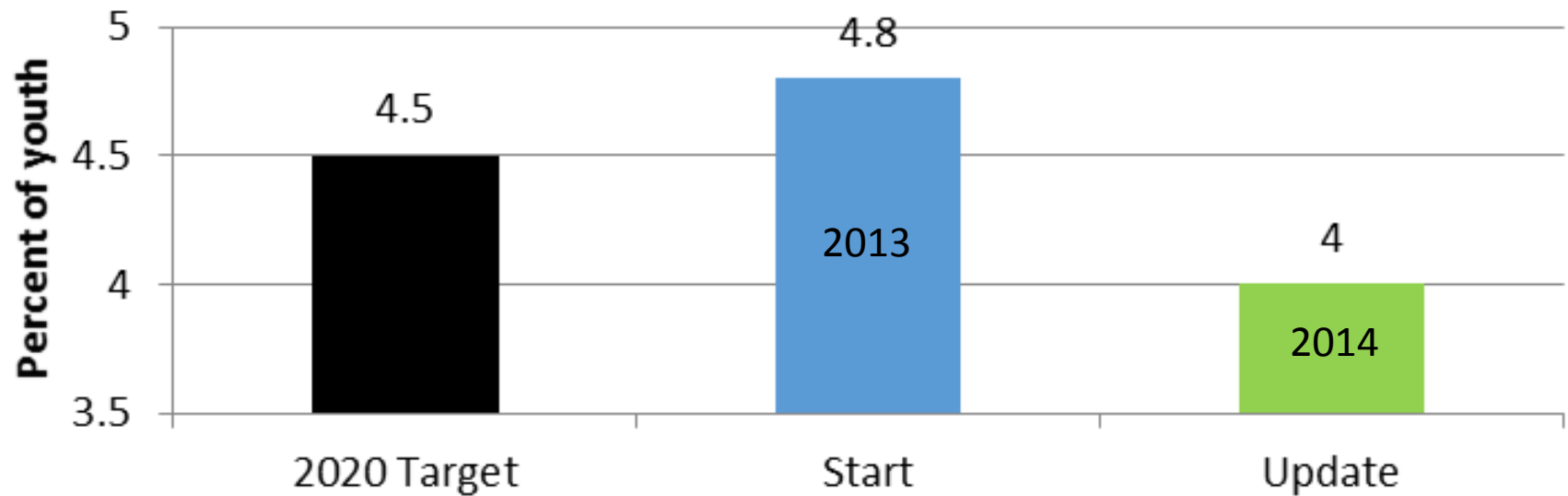
Data Source: Maryland Youth Tobacco and Risk Behavior Survey (YRBS)

Youth (high school) who used prescription drugs without prescription at least once in the past 30 days



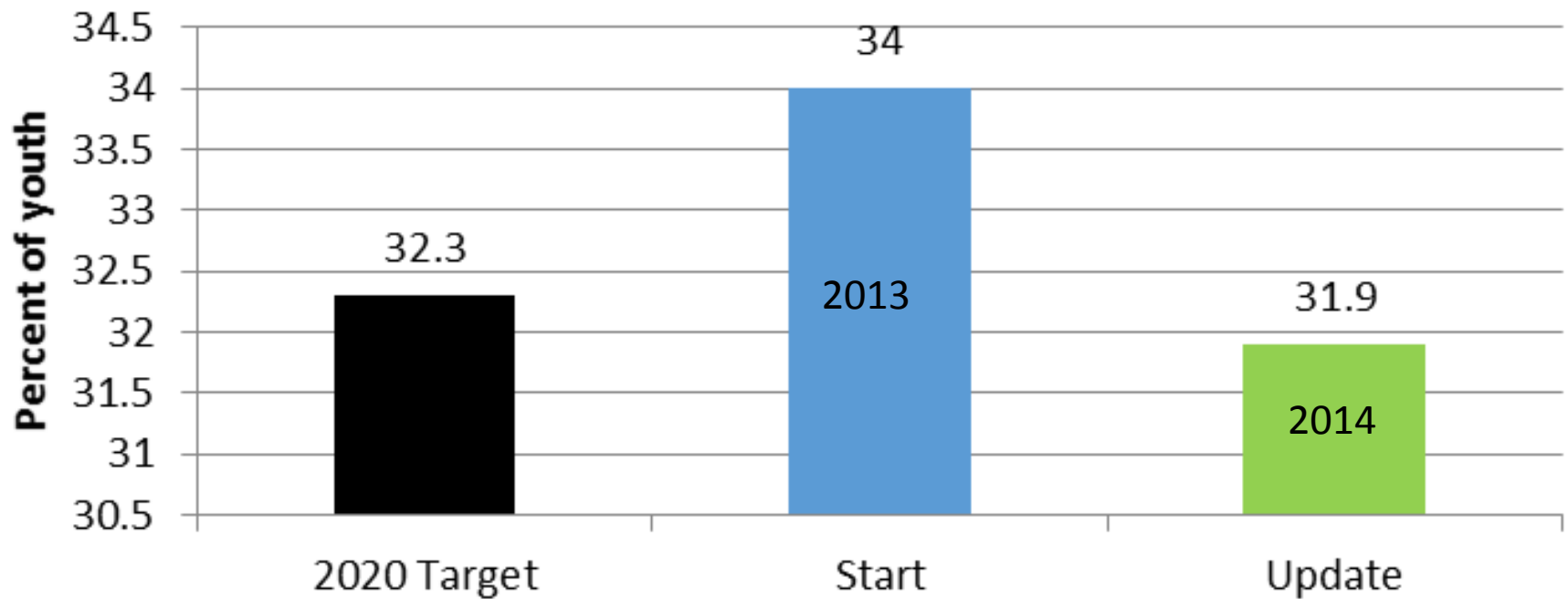
Data Source: Maryland Youth Tobacco and Risk Behavior Survey (YRBS)

Youth (high school) who have used steroid pills or shots without a prescription one or more times during life



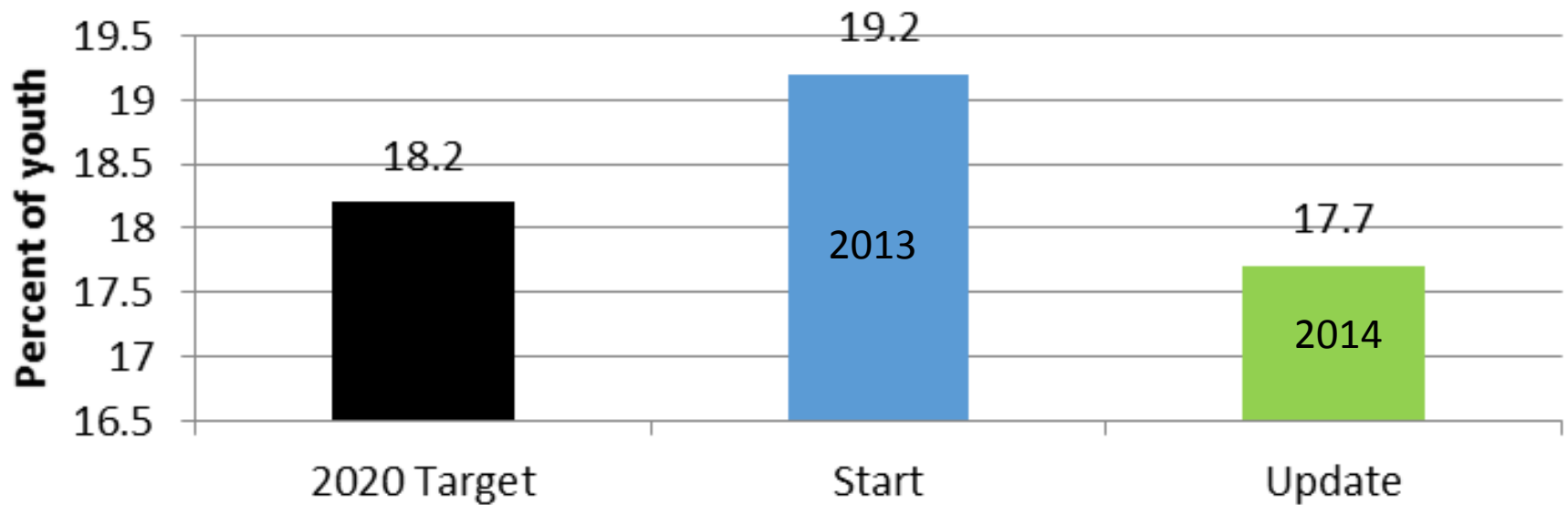
Data Source: Maryland Youth Tobacco and Risk Behavior Survey (YRBS)

Youth (high school) who had at least one drink of alcohol on one or more of the past 30 days



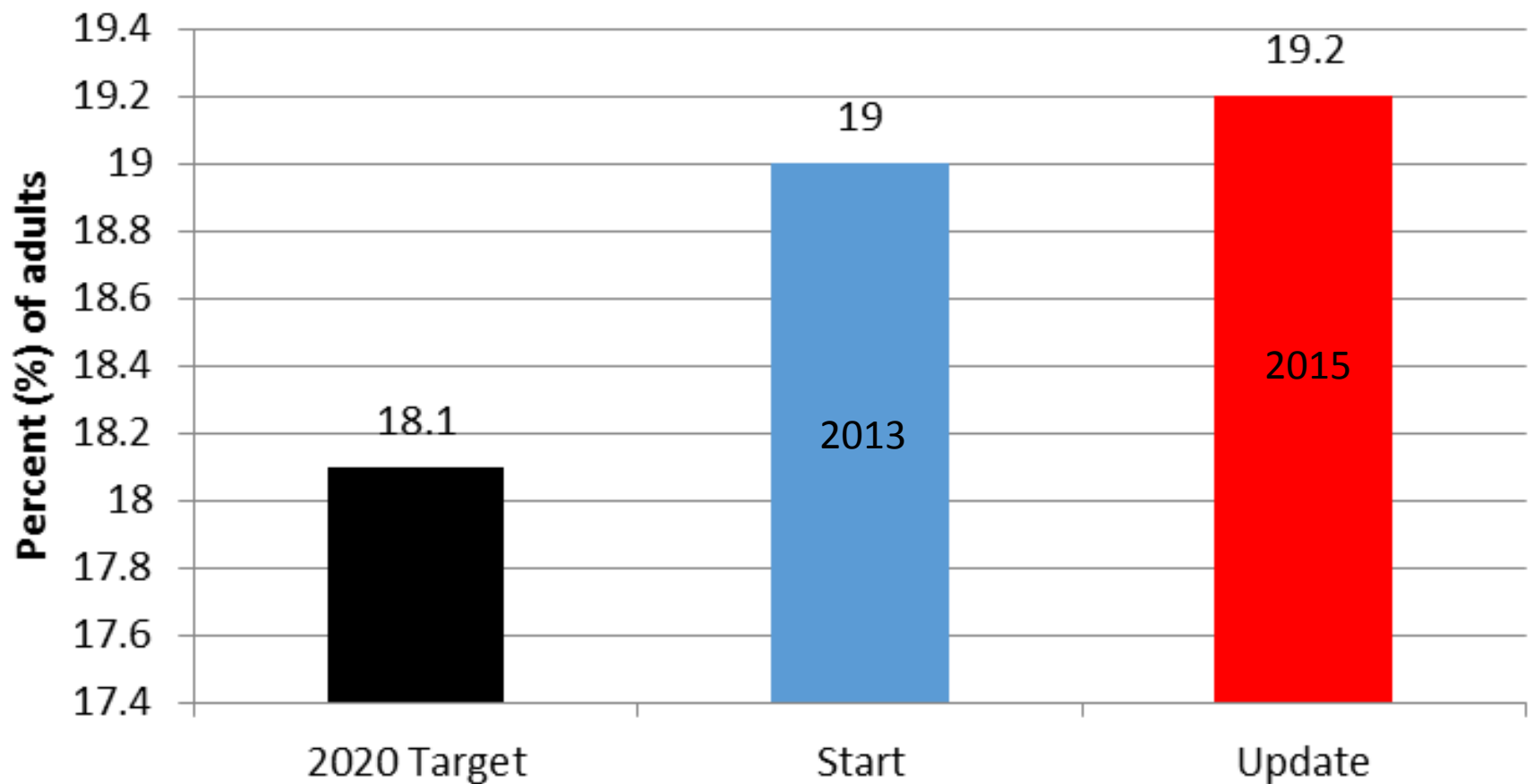
Data Source: Maryland Youth Tobacco and Risk Behavior Survey (YRBS)

Youth (high school) who had five or more drinks of alcohol in a row (within a couple of hours) on one or more of the past 30 days



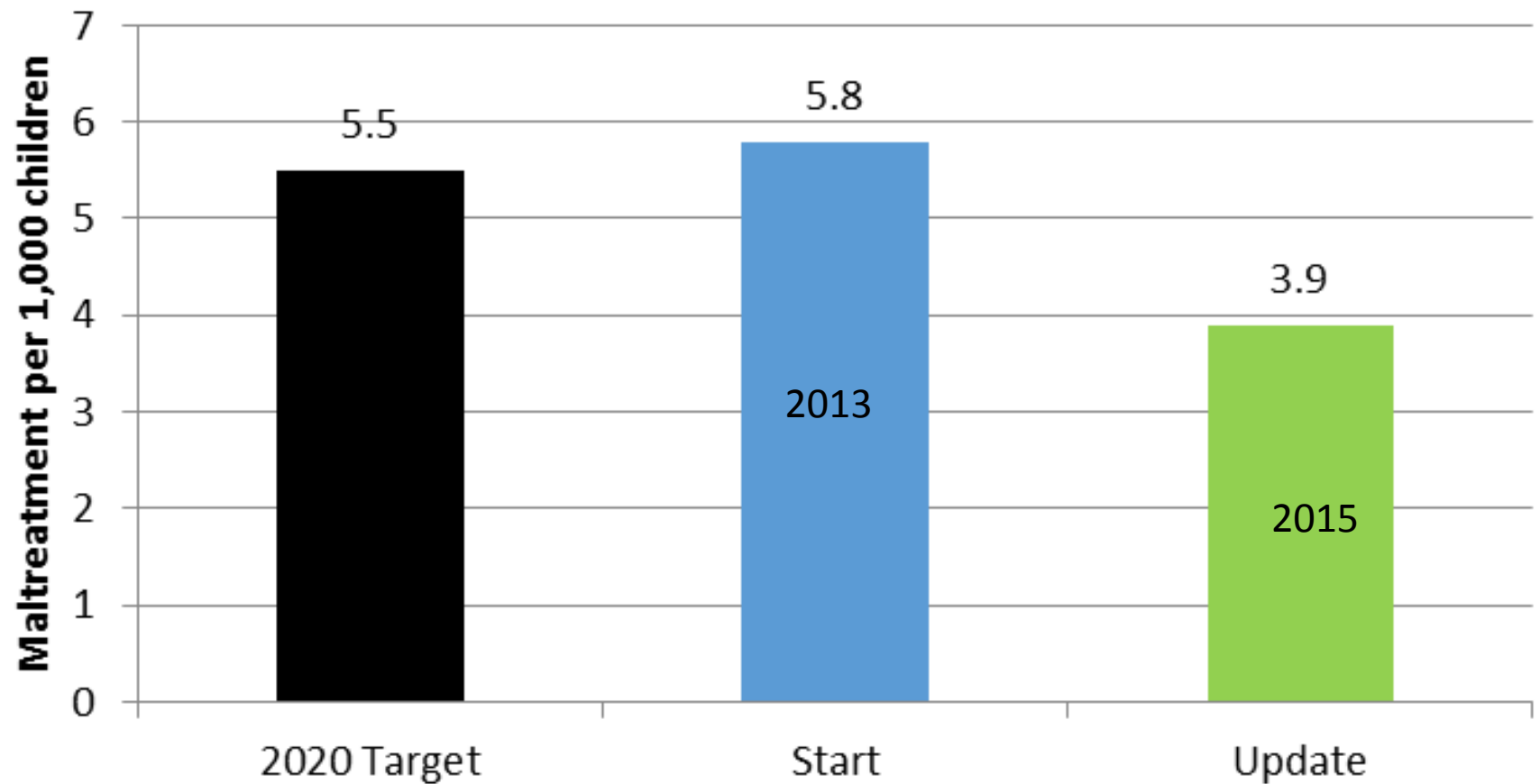
Data Source: Maryland Youth Tobacco and Risk Behavior Survey (YRBS)

Adults who report excessive drinking



Data Source: Maryland MDH Behavioral Risk Factor Surveillance System (BRFSS)

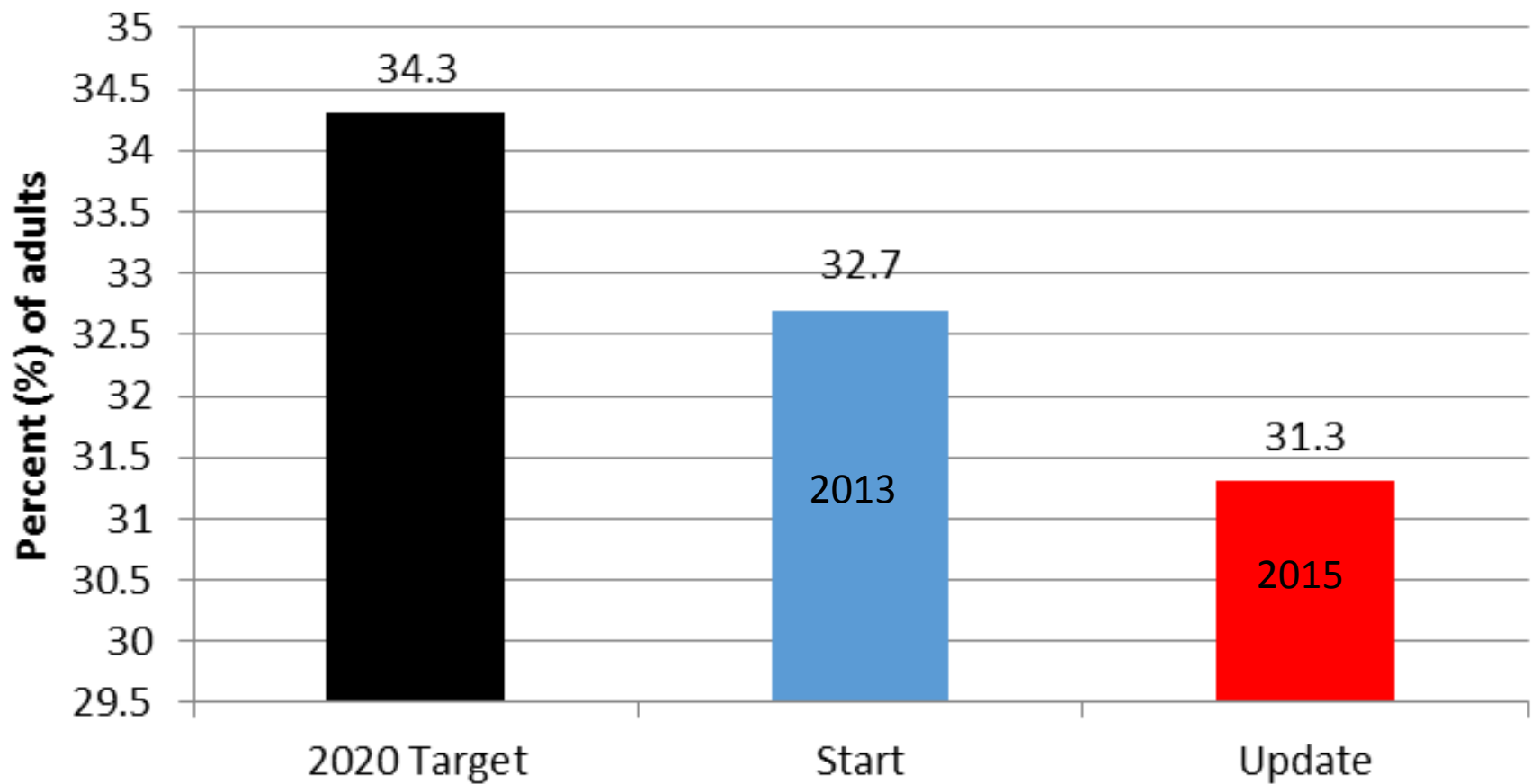
Child maltreatment rate



Data Source: Maryland Department of Human Resources (DHR)

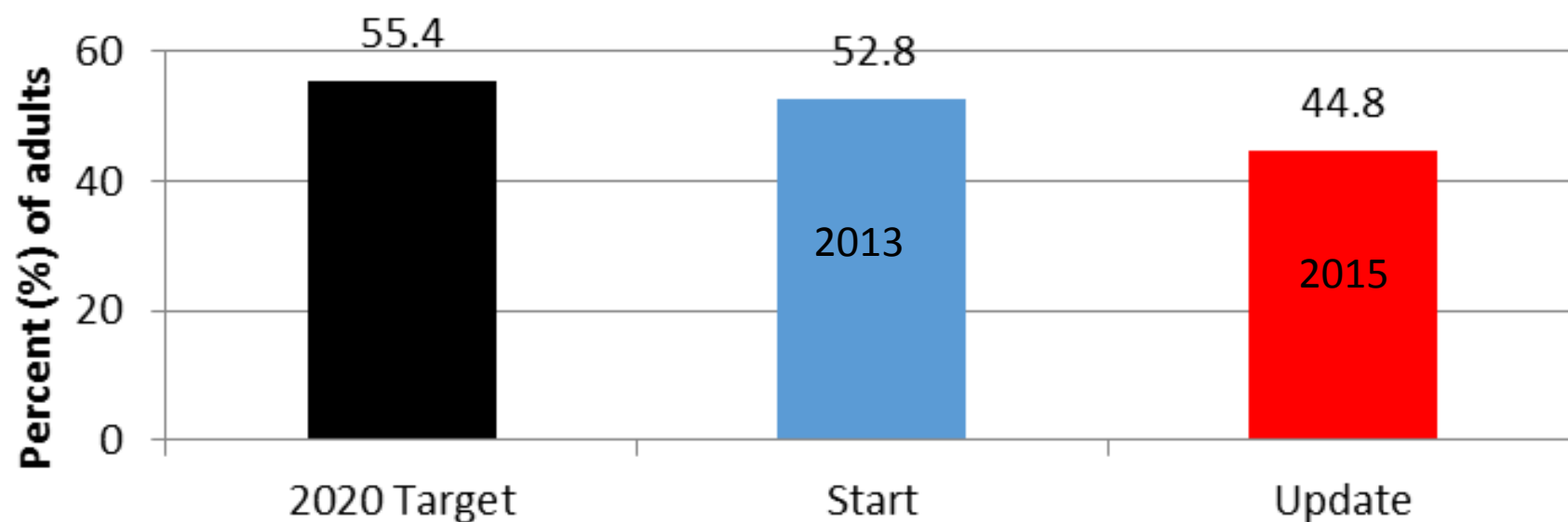
HEALTHY EATING & ACTIVE LIVING (HEAL)

Adults who are at a healthy weight



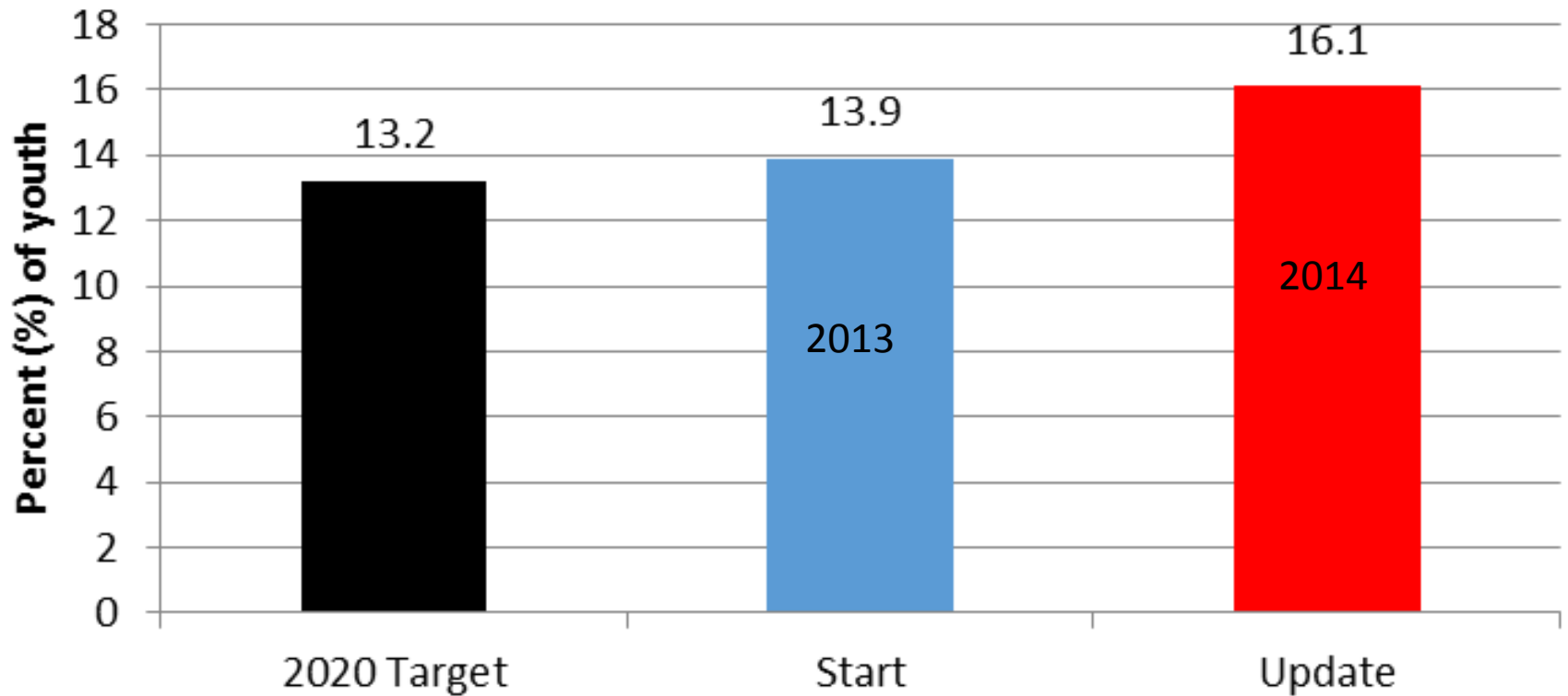
Data Source: Maryland MDH Behavioral Risk Factor Surveillance System (BRFSS)

Adults reporting at least 150 minutes of moderate physical activity or at least 75 minutes of vigorous activity per week



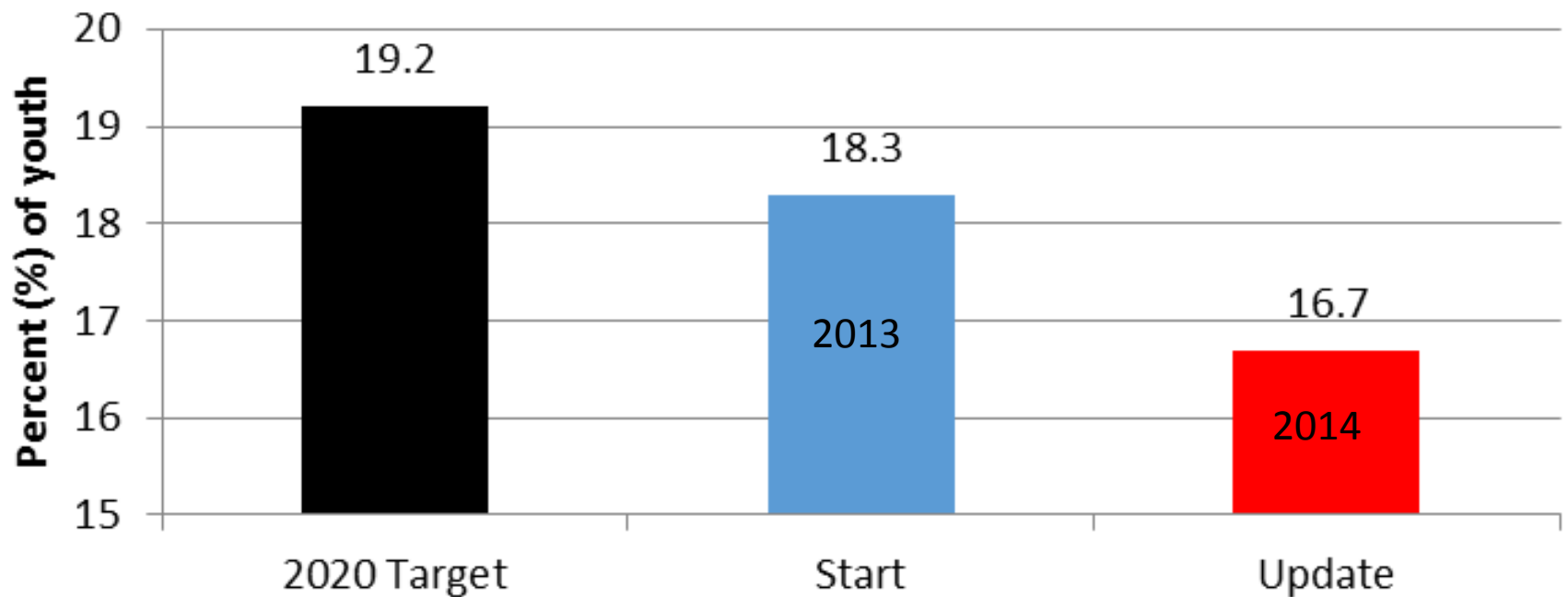
Data Source: Maryland MDH Behavioral Risk Factor Surveillance System (BRFSS)

Youth (high school) who are overweight



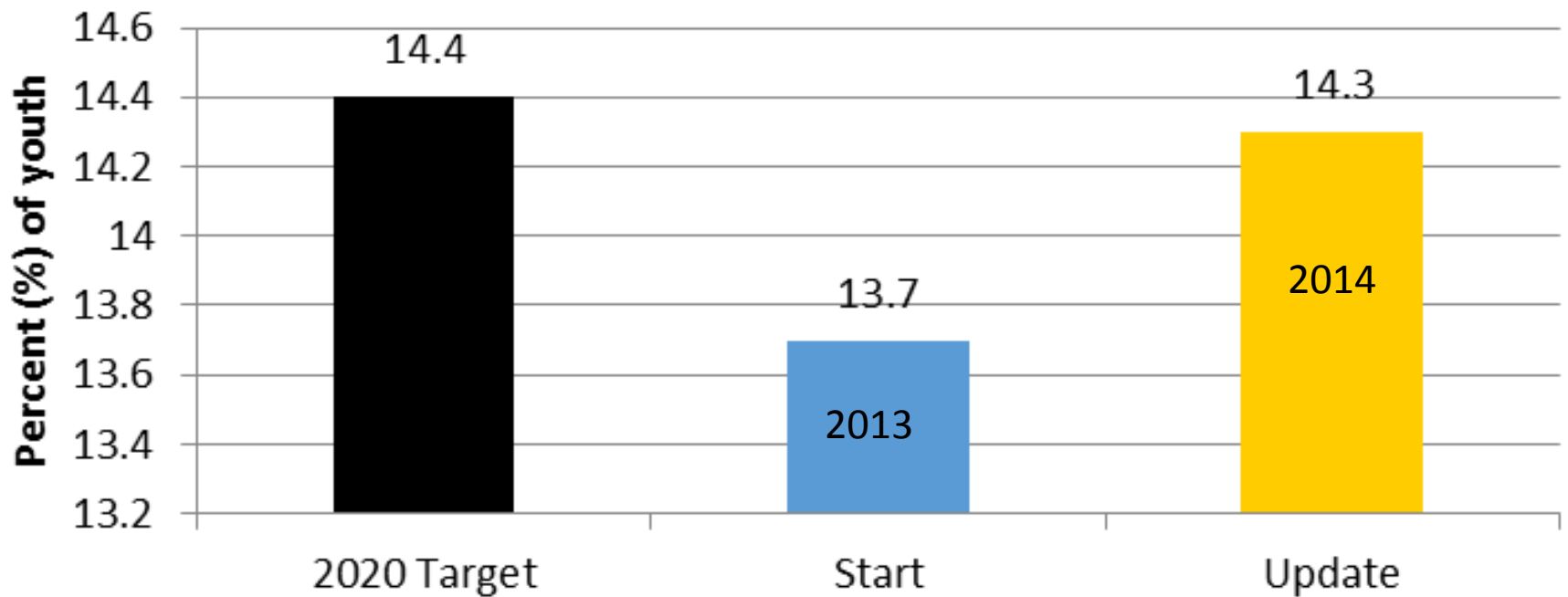
Data Source: Maryland Youth Tobacco and Risk Behavior Survey (YRBS)

Youth (high school) who eat fruit or drink 100% fruit juices three or more times per day



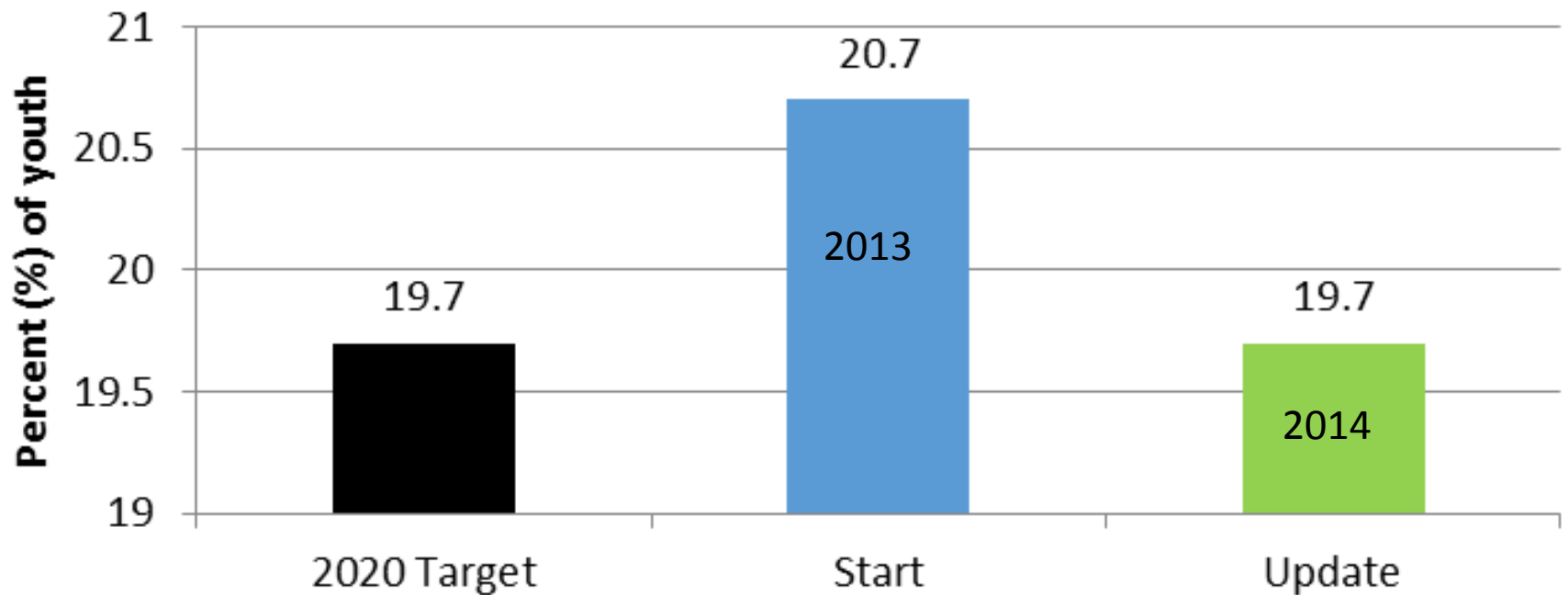
Data Source: Maryland Youth Tobacco and Risk Behavior Survey (YRBS)

Youth (high school) who eat vegetables three or more times per day



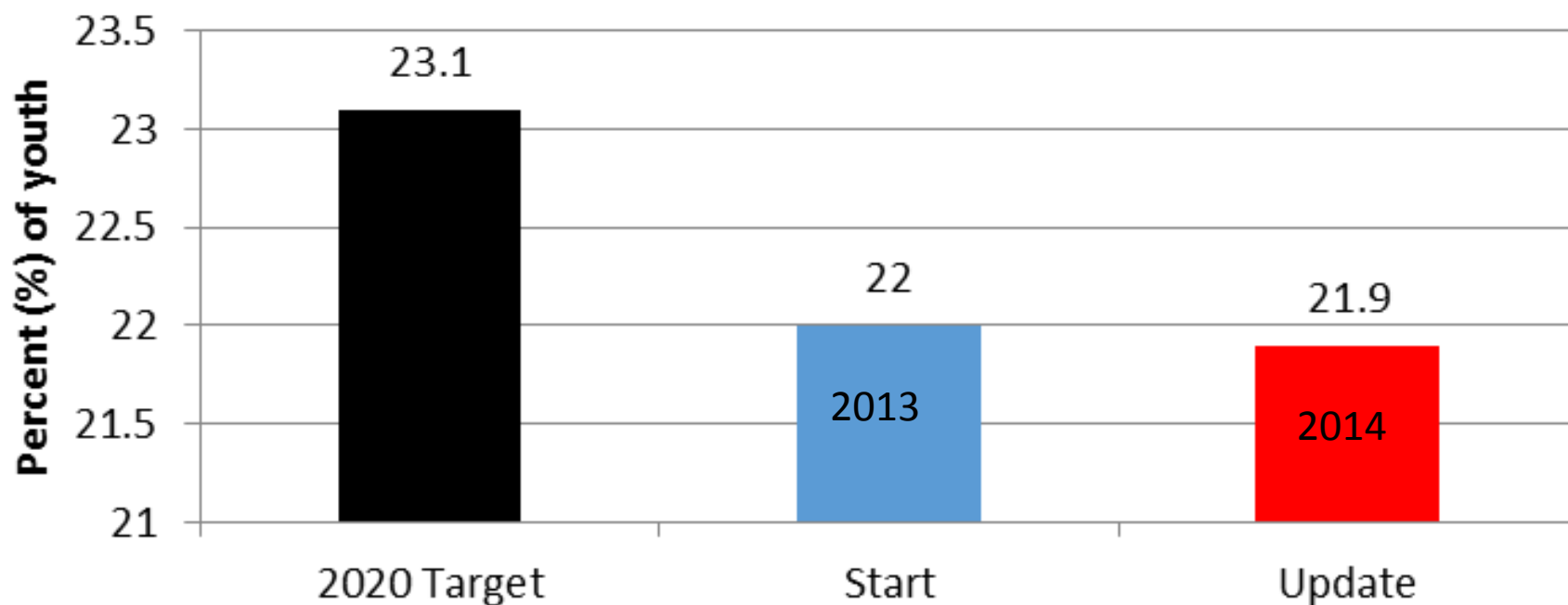
Data Source: Maryland Youth Tobacco and Risk Behavior Survey (YRBS)

Youth (high school) who drink a can, bottle, or glass of soda or pop 1 or more times per day



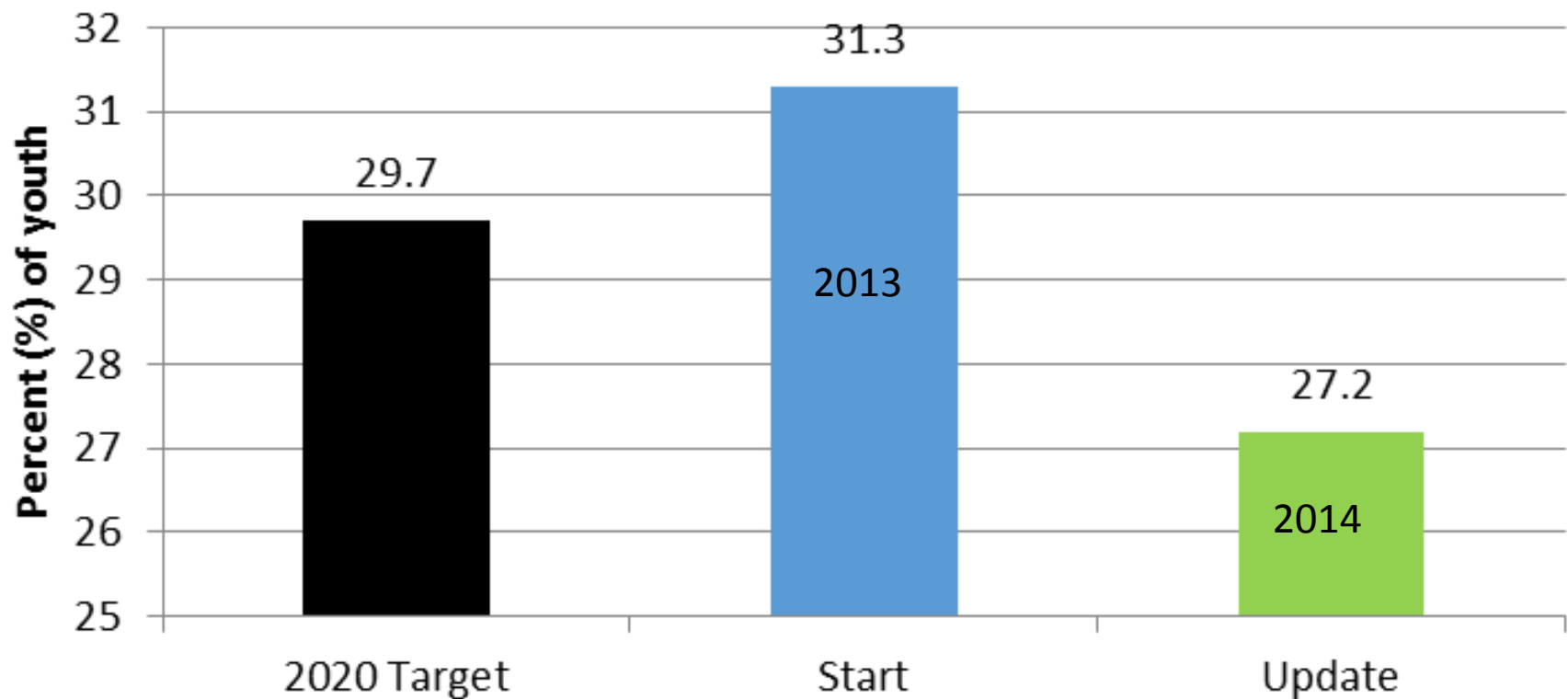
Data Source: Maryland Youth Tobacco and Risk Behavior Survey (YRBS)

Youth (high school) reporting at least 60 minutes of daily physical activity per week



Data Source: Maryland Youth Tobacco and Risk Behavior Survey (YRBS)

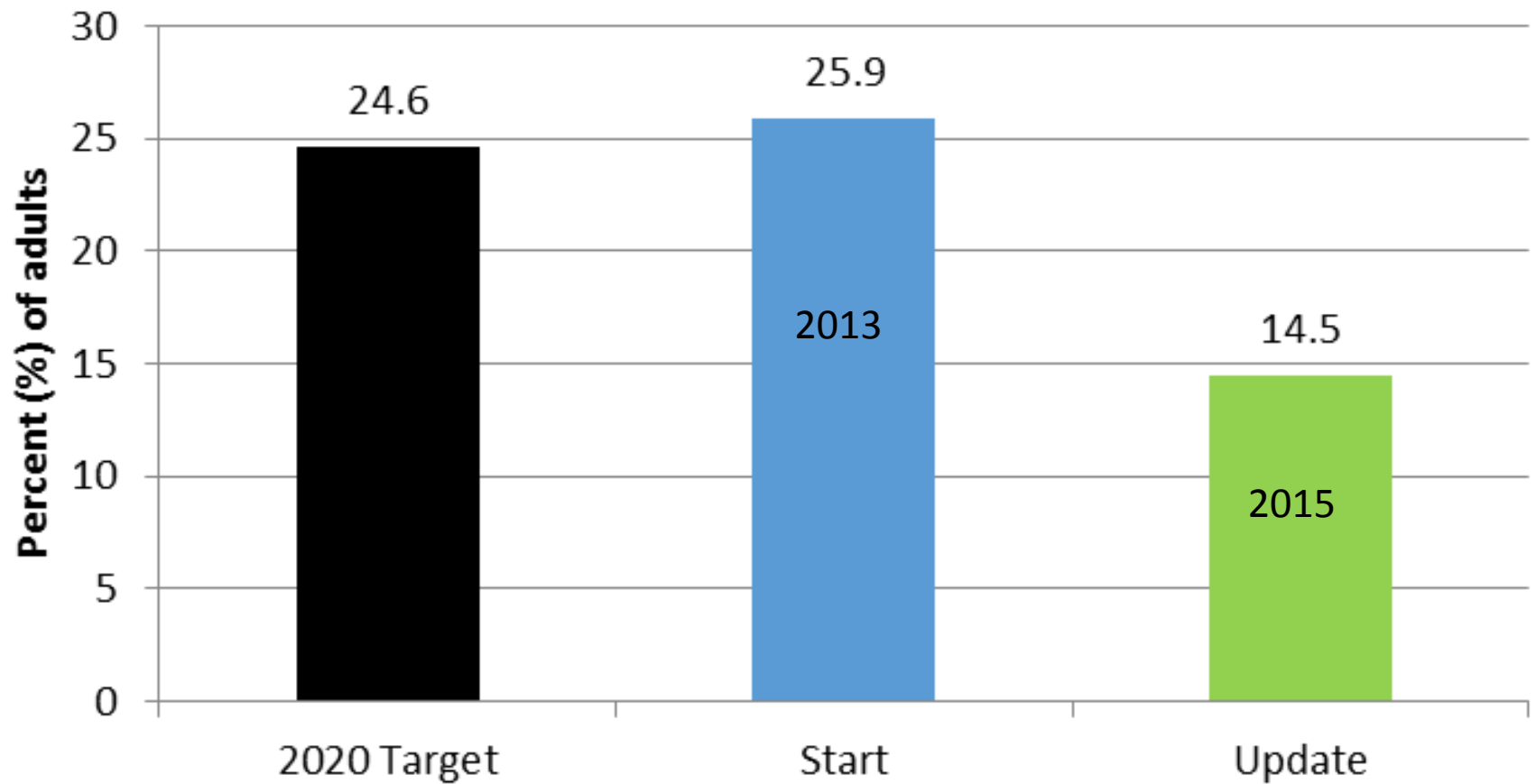
Youth (high school) who watch three hours or more of television per day



Data Source: Maryland Youth Tobacco and Risk Behavior Survey (YRBS)

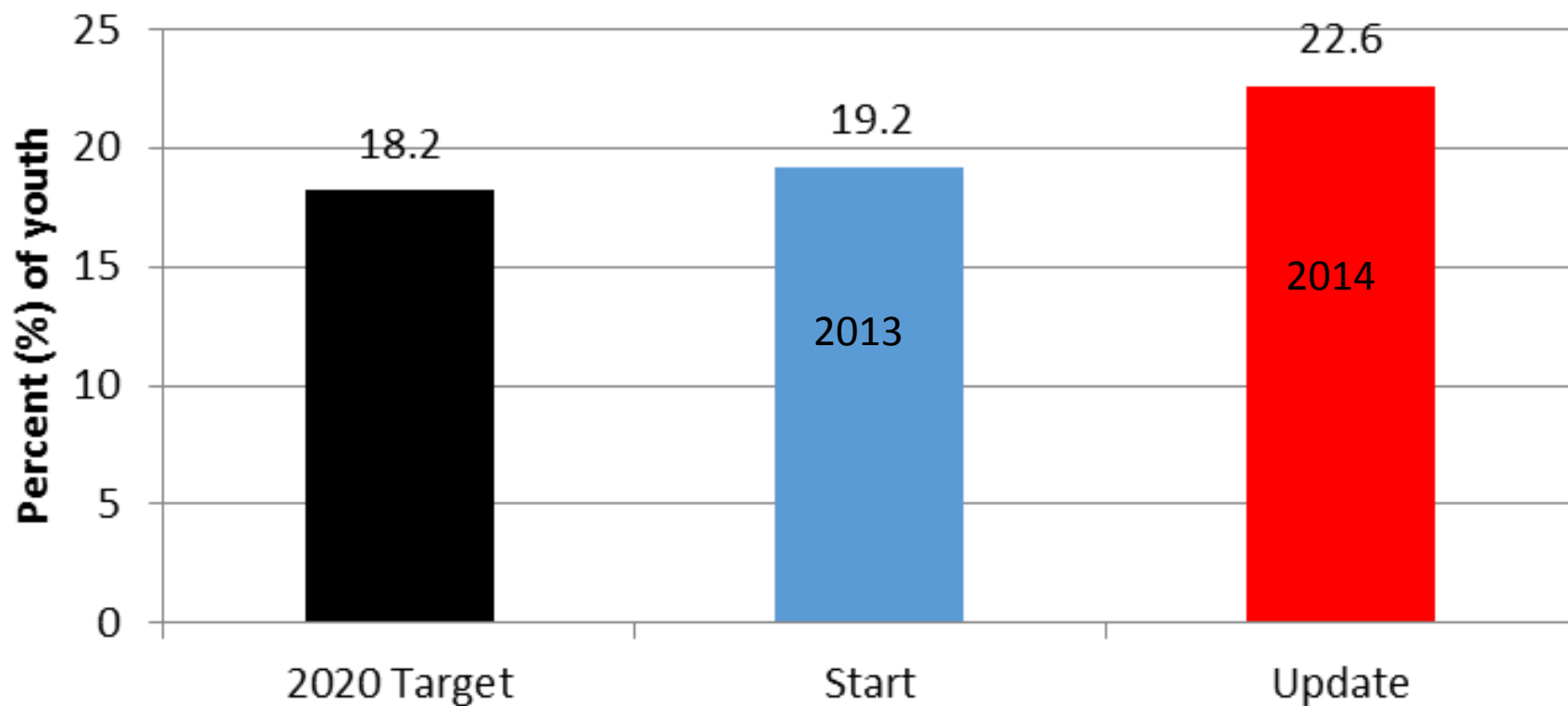
TOBACCO FREE LIVING

Adults who currently smoke



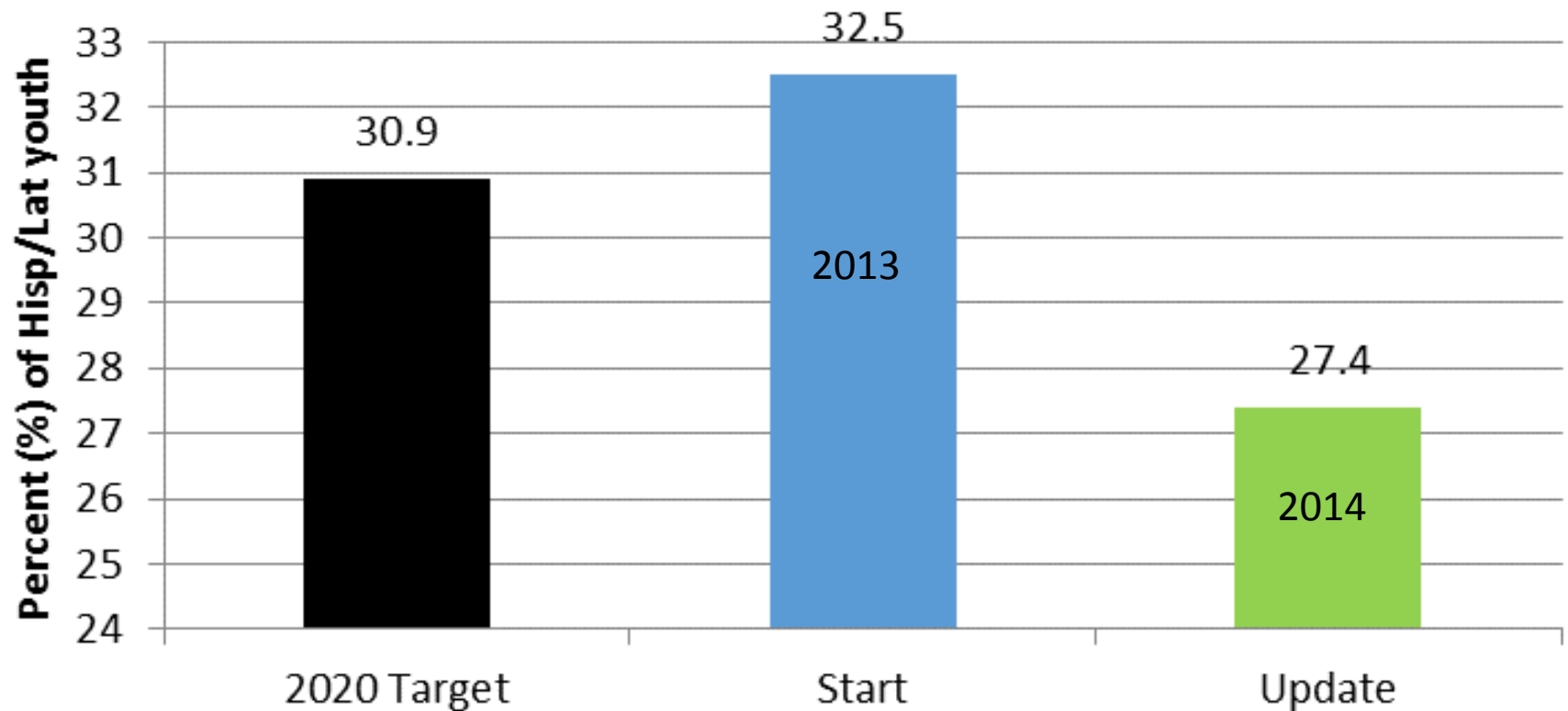
Data Source: Maryland MDH Behavioral Risk Factor Surveillance System (BRFSS)

Youth (high school) who use tobacco products



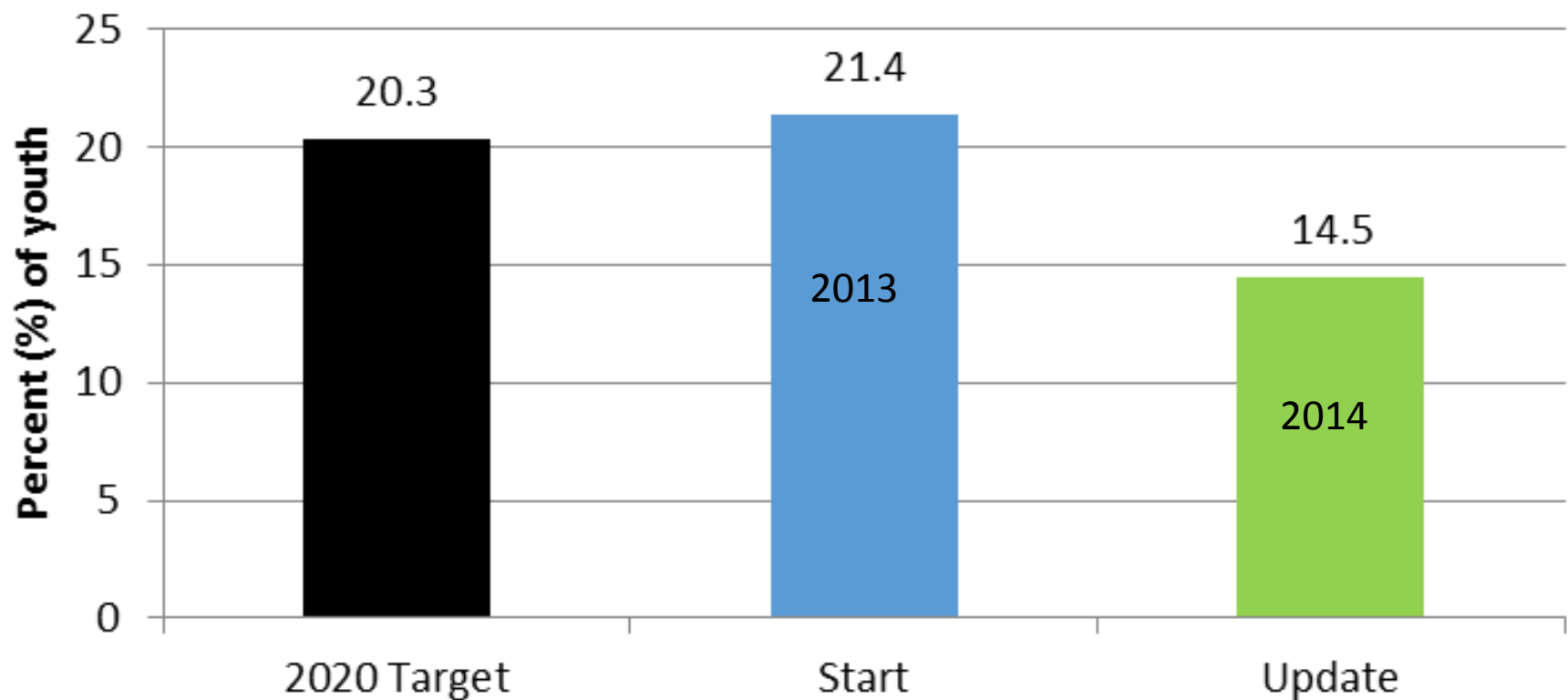
Data Source: Maryland Youth Tobacco and Risk Behavior Survey (YRBS)

Hispanic/Latino youth (high school) who use tobacco products



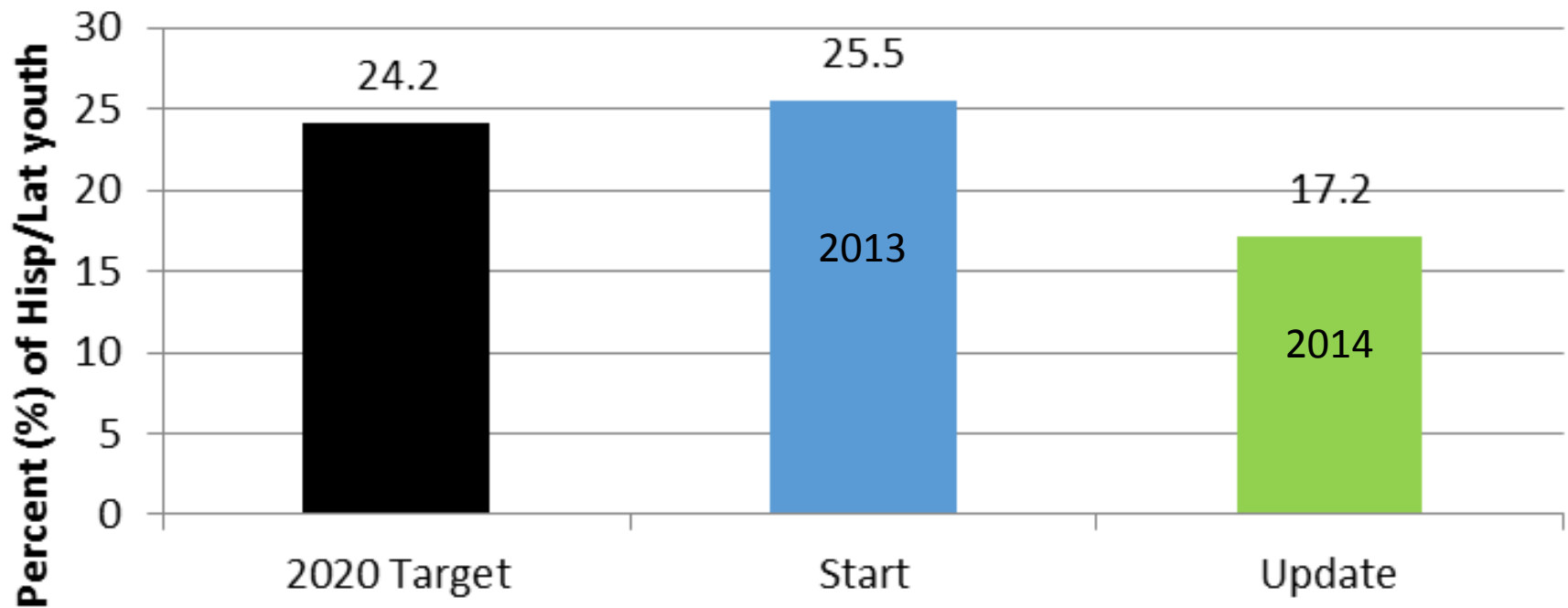
Data Source: Maryland Youth Tobacco and Risk Behavior Survey (YRBS)

Youth (high school) who try or use tobacco products for the first time



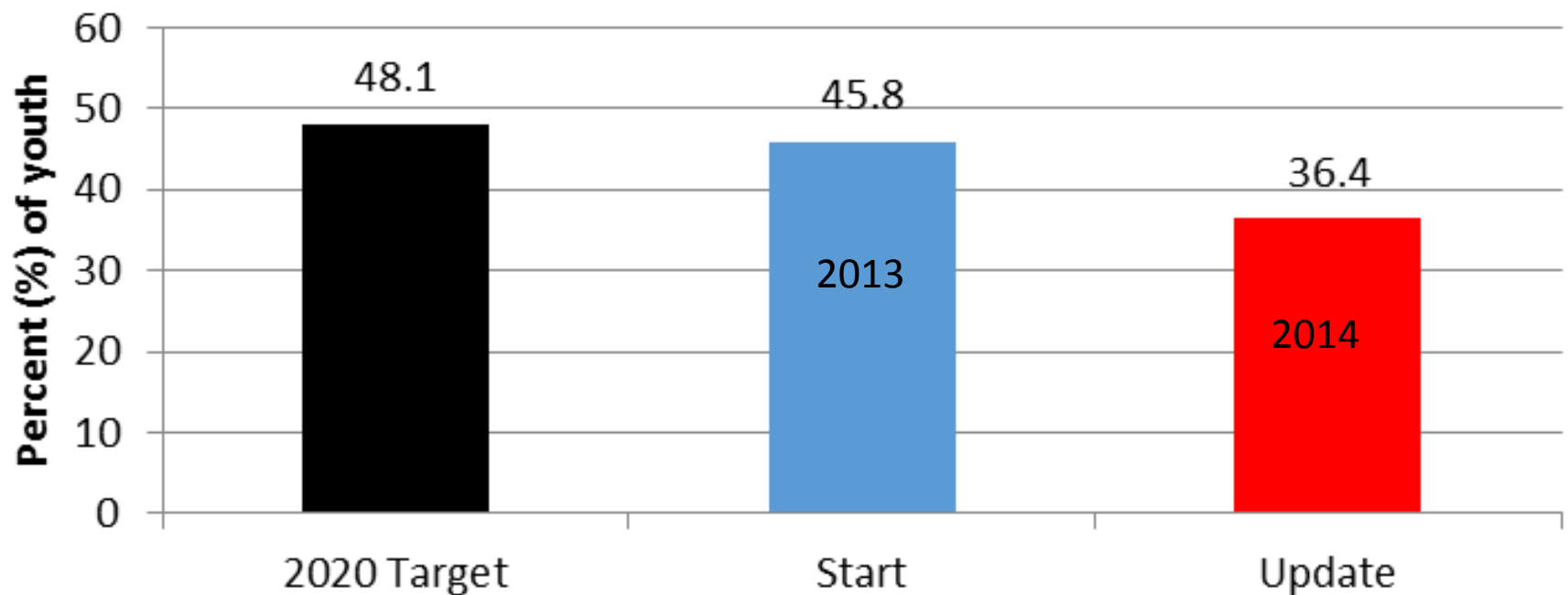
Data Source: Maryland Youth Tobacco and Risk Behavior Survey (YRBS)

Hispanic/Latino youth (high school) who try or use tobacco products for the first time



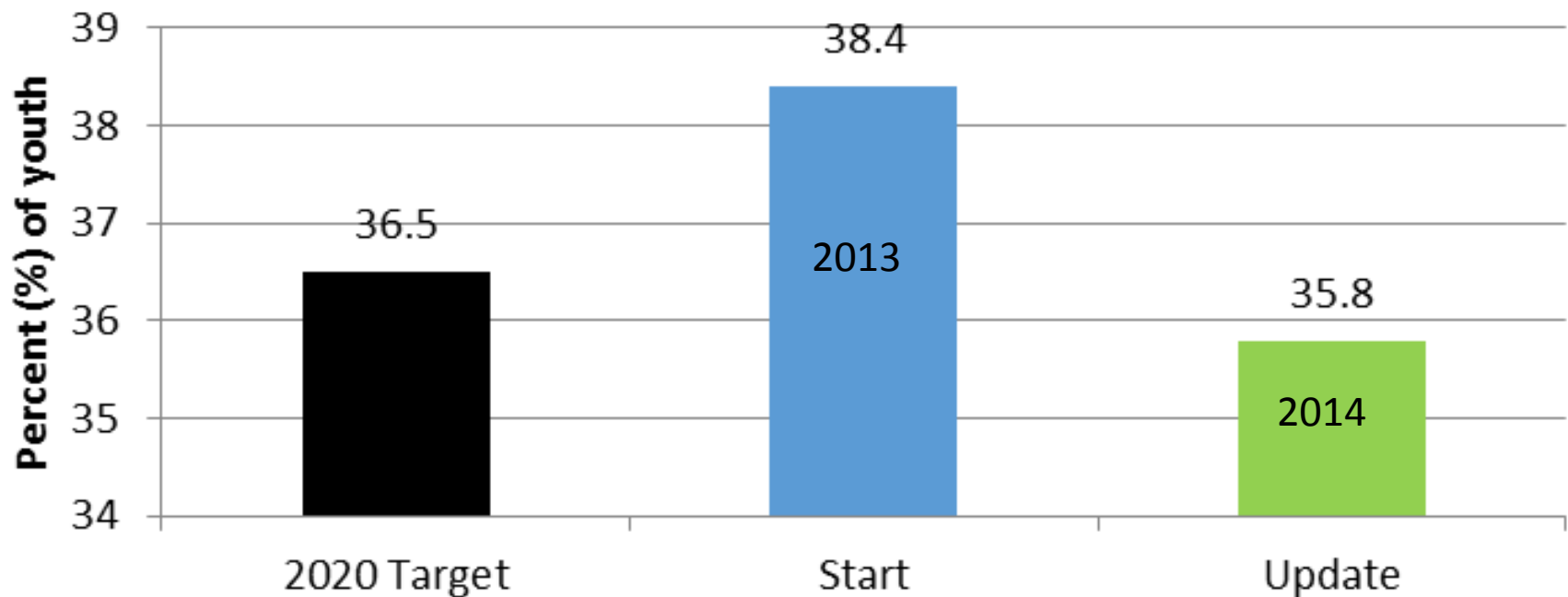
Data Source: Maryland Youth Tobacco and Risk Behavior Survey (YRBS)

Youth (high school) who are asked to show proof of age when they buy or try to buy cigarettes



Data Source: Maryland Youth Tobacco and Risk Behavior Survey (YRBS)

Youth (high school) who were in the same room with someone who was smoking cigarettes



Data Source: Maryland Youth Tobacco and Risk Behavior Survey (YRBS)

SUMMARY: ACCESS TO CARE

Met or surpassed goal	Moving towards goal	Moving away from goal
<u>Increase</u> adults <i>vaccinated</i> annually against <i>flu</i>	<u>Increase</u> persons with <i>health insurance</i>	<u>Decrease</u> Emergency department visits due to <i>diabetes</i>
<u>Decrease</u> births that are low <i>birth weight</i>	<u>Increase</u> pregnant women receiving <i>prenatal care</i> beginning in 1 st trimester	<u>Decrease</u> Emergency department visits due to <i>hypertension</i>
<u>Increase</u> adolescents with Medicaid receiving annual <i>wellness checkup</i>	<u>Increase</u> children with Medicaid receiving <i>dental care</i>	<u>Decrease</u> Emergency department visits due to <i>asthma</i>
<u>Decrease</u> death rate from <i>heart disease</i>	<u>Decrease</u> overall <i>cancer death rate</i>	
<u>Increase</u> availability of <i>affordable housing</i>		

SUMMARY: BEHAVIORAL HEALTH

Met or surpassed goal	Moving towards goal	Moving away from goal
<u>Decrease</u> high school youth who have ever used <i>steroid pills or shots without a prescription</i>		<u>Decrease</u> Emergency department visits related to <i>mental health disorders</i>
<u>Decrease</u> high school youth who had at least one drink of <i>alcohol in the last 30 days</i>		<u>Decrease</u> Emergency department visits for <i>addictions-related conditions</i>
<u>Decrease</u> high school youth who <i>binge drank in the last 30 days</i>		<u>Decrease</u> <i>suicide</i> rate
<u>Decrease</u> <i>child maltreatment rate</i>		<u>Decrease</u> high school youth who seriously <i>considered attempting suicide</i> in the past 12 months
		<u>Decrease</u> <i>drug-induced death</i> rate
		<u>Decrease</u> high school youth who have ever used <i>prescription drugs without a prescription</i>
		<u>Decrease</u> high school youth who are “currently using” <i>prescription drugs without a prescription</i>
		<u>Decrease</u> adults who report <i>excessive drinking</i>

SUMMARY: TOBACCO FREE LIVING

Met or surpassed goal	Moving towards goal	Moving away from goal
<u>Decrease</u> adults who <i>currently smoke</i>		<u>Decrease</u> high school youth who <i>use tobacco products</i>
<u>Decrease</u> Hispanic/Latino high school youth who <i>use tobacco products</i>		<u>Increase</u> high school youth who are asked to <i>show proof of age when they buy</i> or attempt to buy cigarettes
<u>Decrease</u> high school youth who tried or <i>used tobacco products for the 1st time</i>		
<u>Decrease</u> Hispanic/Latino high school youth who tried or <i>used tobacco products for the 1st time</i>		
<u>Decrease</u> high school youth who were in <i>the same room with someone who was smoking cigarettes</i>		

SUMMARY: HEALTHY EATING & ACTIVE LIVING

Met or surpassed goal	Moving towards goal	Moving away from goal
<u>Decrease</u> high school youth who drink a serving of <i>soda</i> 1 or more times per day	<u>Increase</u> high school youth who <i>eat vegetables</i> 3 or more times per day	<u>Increase</u> adults who are at a <i>healthy weight</i>
<u>Decrease</u> high school youth who watch 3 or more hours of <i>television</i> per day		<u>Increase</u> adults who report at least 150 minutes of moderate physical activity OR 75 minutes of vigorous <i>physical activity</i> per week
		<u>Decrease</u> high school youth who are <i>overweight</i>
		<u>Increase</u> high school youth who <i>eat fruit or drink 100% fruit juice</i> 3 or more times per day
		<u>Increase</u> high school youth reporting at least 60 minutes of daily <i>physical activity</i> per week

THANKS
TO ALL OF YOU
FOR YOUR CONTINUING EFFORTS