

Dependence Heroin Detox Adverse Withdrawl Z Fatal Epidemic Depression & Abuse & Injections Addiction Treatment Politica blicing Controll ົດ Po S S S S S S S Antidote Families **Drugs Doctors** Political Overdose

MANAGING THE OPIOID CRISIS IN ST. MARY'S COUNTY



ST. MARY'S COUNTY OPIOID-RELATED STATISTICS

LOCAL OPIOID CRISIS RESPONSE PLAN

HOW YOU CAN HELP



OPIOID-RELATED DEATHS ARE SKYROCKETING



Nearly 100 deaths a day in the US from opioid drug use

>

Leading cause of accidental death in the US

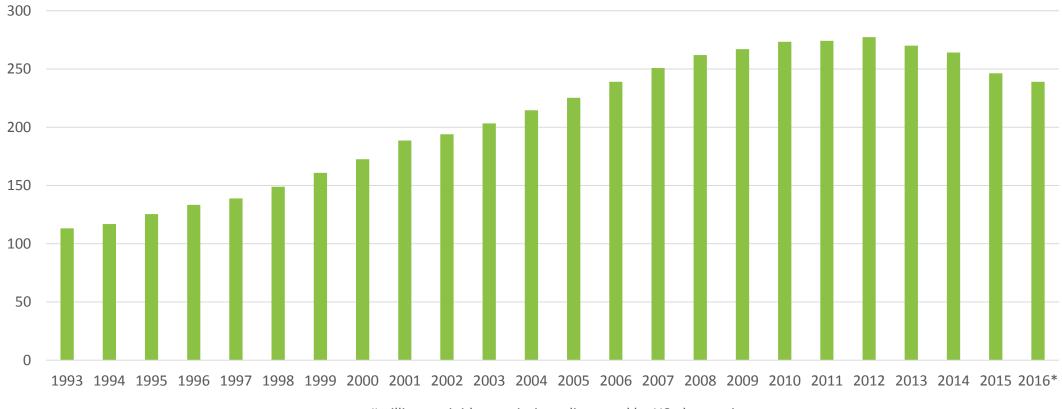


Opioid drug deaths now are more common than fatalities related to car accidents and guns





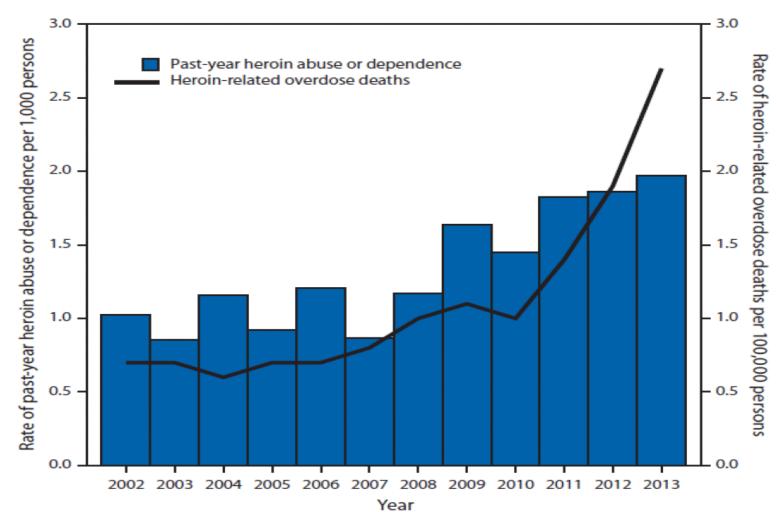
#MILLIONS OPIOID PRESCRIPTIONS FILLED BY US PHARMACIES



#millions opioid prescriptions dispensed by US pharmacies



HEROIN





NON-PHARMACEUTICAL FENTANYL - IN DISGUISE





 \rightarrow

Illicitly produced, 50x more potent than heroin



May be packaged to look like prescription medications or like heroin

Can get mixed into heroin or other drugs – maybe unknown to user or seller



CARFENTANIL



Made to be large animal tranquilizer (for elephants)

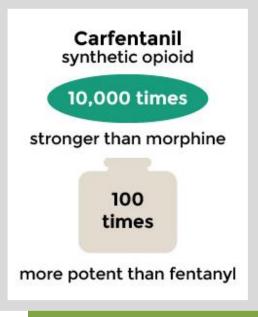
>

>

>

>

- May get mixed into heroin or other drugs sold on street – maybe unknown to seller or user
- Rash of deaths in Akron, Ohio – at least 30 people died summer 2016
- Carfentanil deaths in Maryland begins April 2017





BACKGROUND

ST. MARY'S COUNTY OPIOID-RELATED STATISTICS

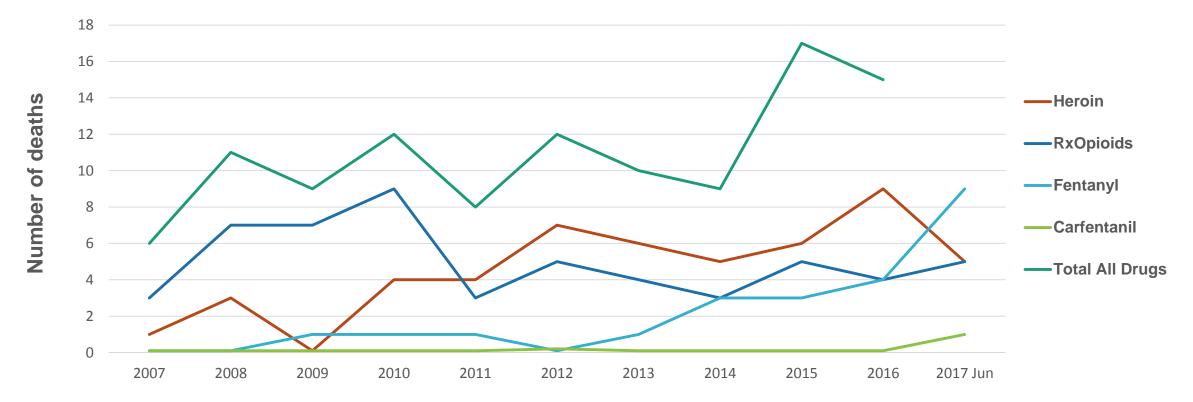
2017/18 2018/12

> LOCAL OPIOID CRISIS RESPONSE PLAN

HOW YOU CAN HELP



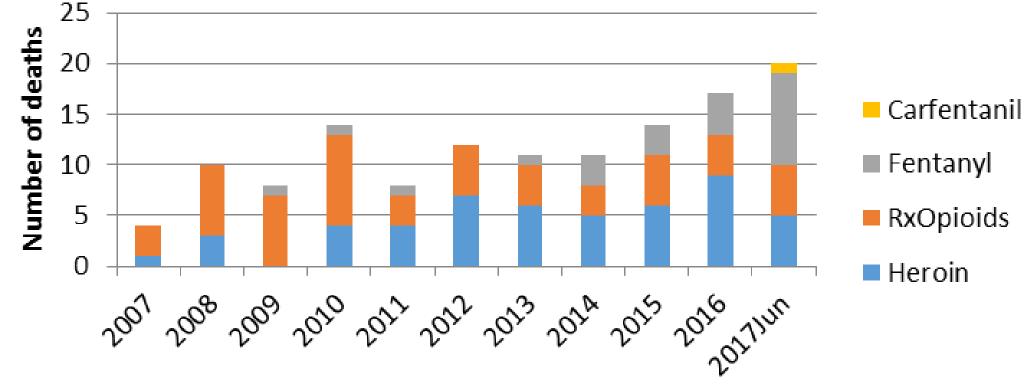
OPIOID-RELATED DRUG INTOXICATION DEATHS IN ST MARY'S COUNTY



Source: Maryland Vital Statistics Administration



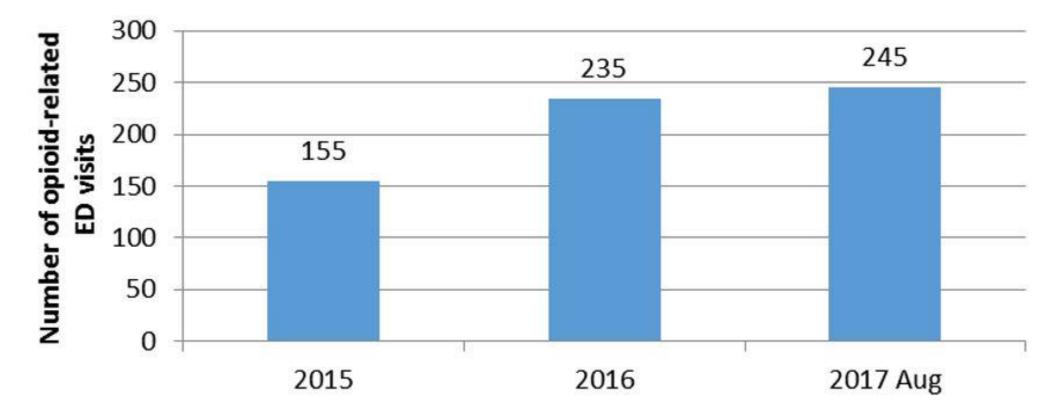
RELATIVE CONTRIBUTIONS OF DIFFERENT OPIOIDS IN OPIOID-RELATED DEATHS IN ST. MARY'S COUNTY



Source: Maryland Vital Statistics Administration



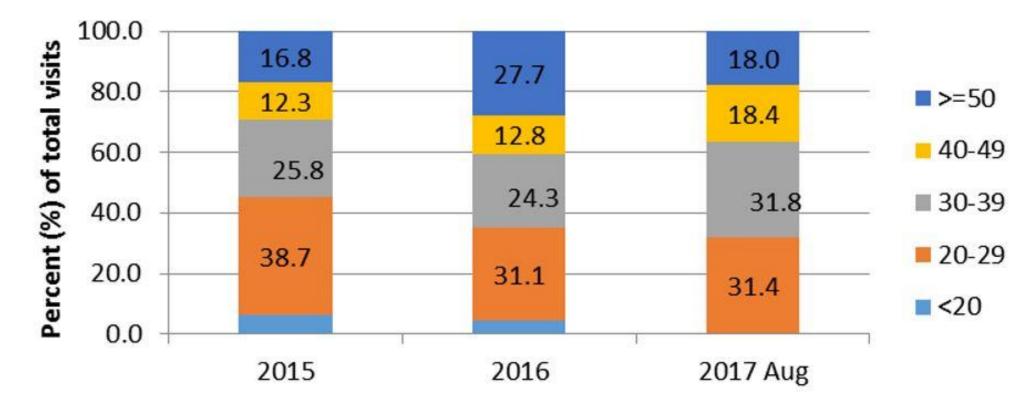
OPIOID-RELATED EMERGENCY DEPT VISITS BY ST. MARY'S COUNTY RESIDENTS



Source:: ESSENCE Maryland Surveillance system



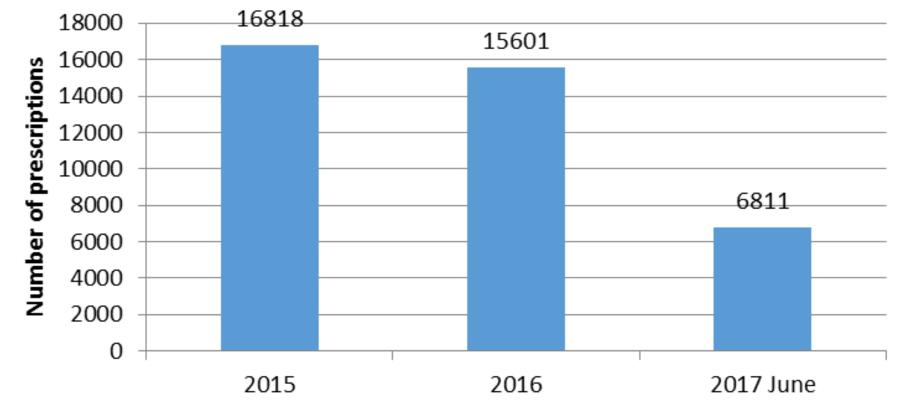
AGE DISTRIBUTION % OF OPIOID-RELATED EMERGENCY DEPT VISITS BY ST. MARY'S COUNTY RESIDENTS



Source:: ESSENCE Maryland Surveillance system



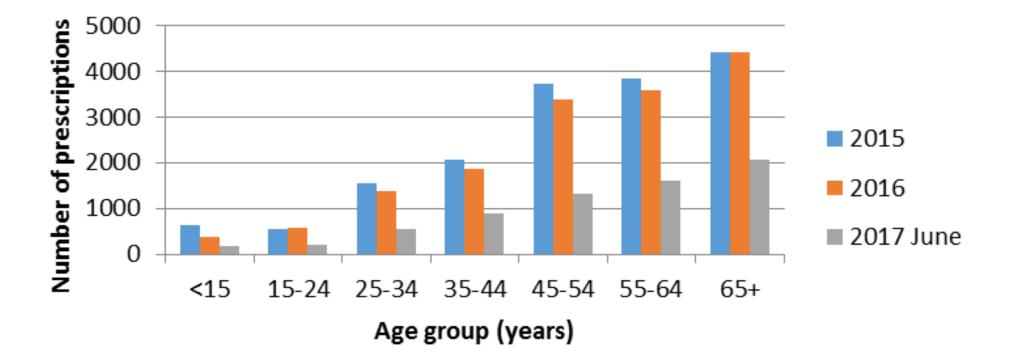
ALL OPIOID PRESCRIPTIONS FILLED IN ST. MARY'S COUNTY



Source:: Maryland Prescription Monitoring Program



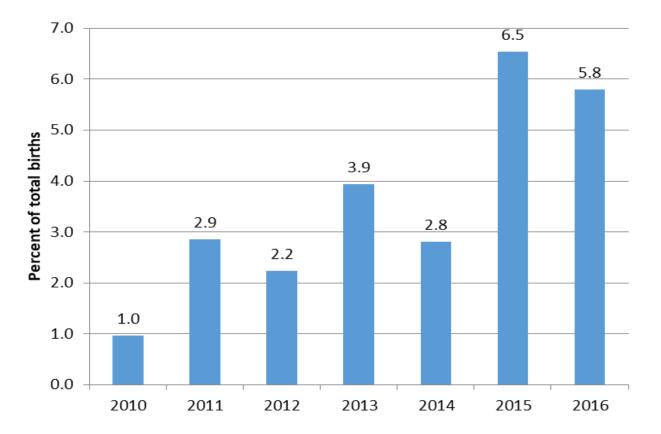
AGE DISTRIBUTION OF ST. MARY'S COUNTY RESIDENTS WHO FILLED OPIOID PRESCRIPTIONS



Source:: Maryland Prescription Monitoring Program



PERCENT OF SEN AMONG NEWBORNS IN MEDSTAR BIRTHING CENTER (%)



Source:: Maryland Prescription Monitoring Program



BACKGROUND

ST. MARY'S COUNTY OPIOID-RELATED STATISTICS

LOCAL OPIOID CRISIS RESPONSE PLAN

1.5

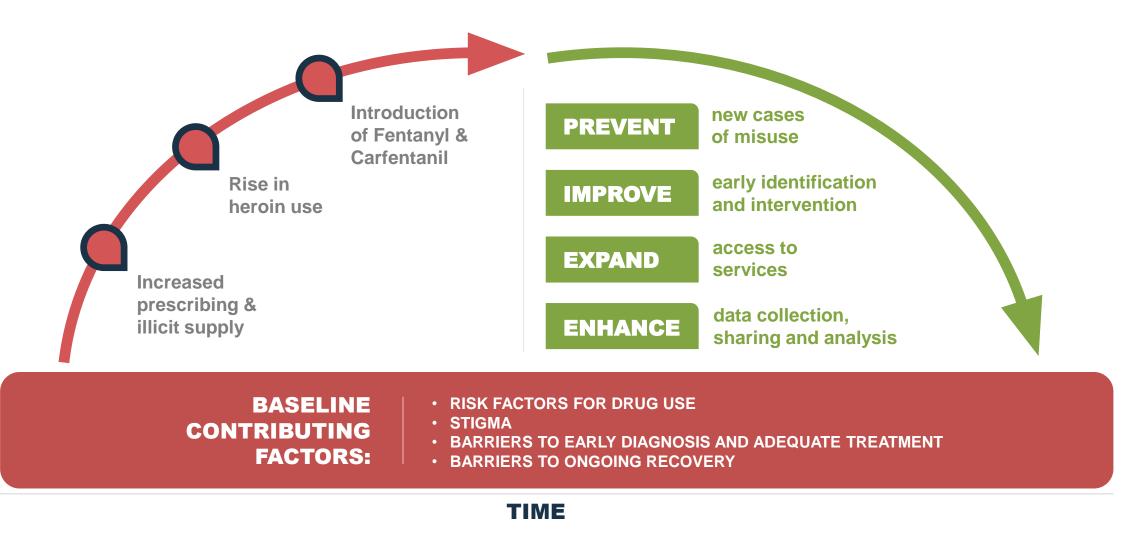
WORKLAN

Laure av

HOW YOU CAN HELP



THE OPIOID EPIDEMIC: CONTRIBUTING FACTORS & REMEDIES





PREVENT NEW CASES OF MISUSE

DECREASE ADVERSE CHILDHOOD EXPERIENCES

✓ Evidence-based home visiting programs for families

ENHANCE YOUTH SOCIO-EMOTIONAL DEVELOPMENT, DECISION-MAKING, AND MENTAL WELL-BEING

- Expand youth mentoring programs, including in faith-based settings, using evidence-based curriculum
- Thoughtful Decision Making dialogue in schools by adolescent clubhouse staff
- School-based curriculum that enhances socio-emotional learning
- School-based counseling
- ✓ SMART kids curriculum by MSAP counselors in select schools



ST. MARY'S COUNTY HEALTH DEPARTMENT

PREVENT NEW CASES OF MISUSE

REDUCE INAPPROPRIATE OR UNNECESSARY OPIOID PRESCRIBING AND DISPENSING

- Continuing professional education and updates for prescribers
- Prescription Drug Monitoring Program (PDMP)

REDUCE ILLICIT OPIOID SUPPLY

- ✓ Enforcement and prosecution
- Drug take-back initiatives and education campaigns



TIME



OPIOID-RELATED DEATHS

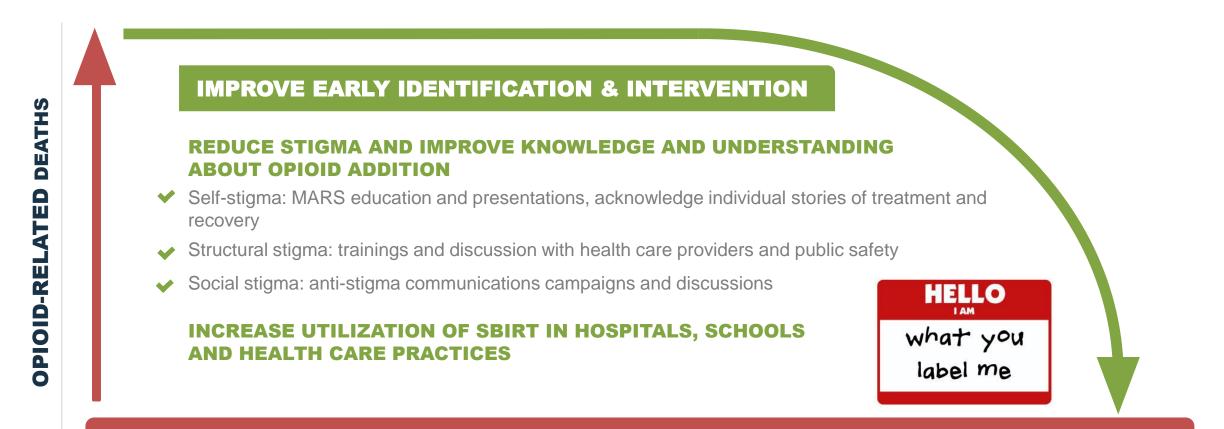


INCREASE KNOWLEDGE ABOUT OPIOID USE/RISKS

- ✓ Information for patients at hospital
- ✓ Public education events, forums, and campaigns
- School-based curriculum, counseling and programming
- Education for EMS, Fire and Law enforcement













EXPAND ACCESS TO SERVICES

IMPROVE ACCESS TO AND QUALITY OF OPIOID ADDICTION TREATMENT AND RECOVERY SUPPORT SERVICES IN THE COMMUNITY

- Expand local availability and use of Medication Assisted Treatment
- Intensive outreach to those experiencing nonfatal opioid overdose to encourage treatment.
- Increased recovery supports and outreach in community

INCREASE OVERDOSE EDUCATION AND NALOXONE AVAILABLE TO INDIVIDUALS AT HIGH RISK OF OVERDOSE, THEIR FAMILIES, FRIENDS, FIRST RESPONDERS, AND SERVICE PROVIDERS



DEATHS

OPIOID-RELATED

* NARCAN" NASAL SPRAY

EXPAND ACCESS TO SERVICES

ENHANCE LAW ENFORCEMENT DIVERSION PROGRAMS, TREATMENT ALTERNATIVES, AND CRIMINAL JUSTICE SERVICES TO OFFENDERS WITH OPIOID USE DISORDER TO CONNECT BETTER WITH TREATMENT SERVICES

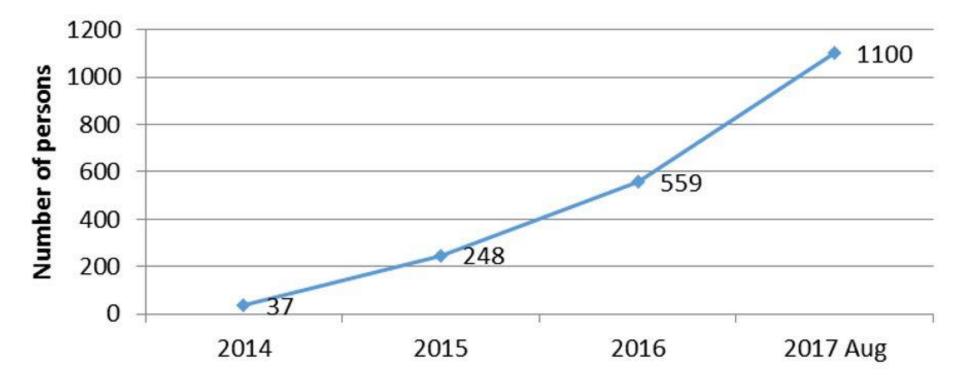
INCREASE HARM REDUCTION SERVICES AVAILABLE LOCALLY

- ✓ Expand HIV and Hepatitis C testing services
- Research feasibility and build capacity for regional syringe exchange options

EXPAND ACCESS TO TREATMENT AND RECOVER SERVICES FOR INMATES WITH SUBSTANCE USE DISORDERS IN CORRECTIONAL FACILITIES + TRANSITION TO OUTPATIENT SERVICES UPON RELEASE



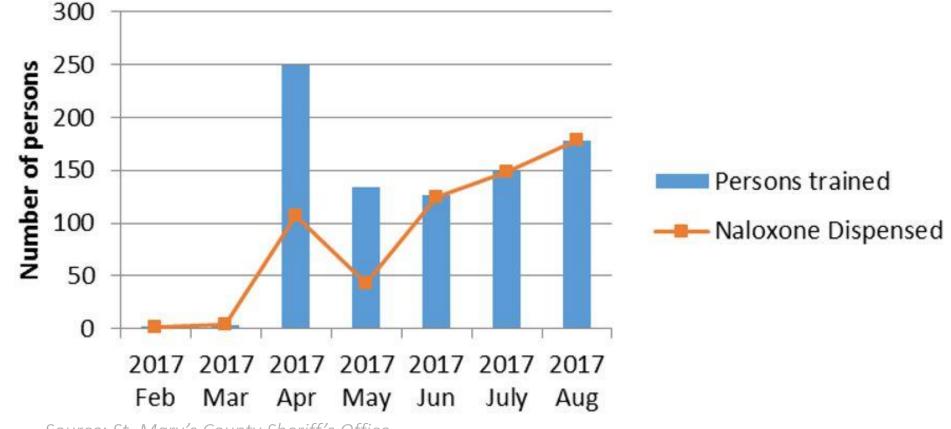
PERSONS TRAINED/EQUIPPED WITH NALOXONE (CUMULATIVE TOTALS TO DATE EXCLUDING DETENTION CENTERS)



Source: St. Mary's County Health Department



NALOXONE TRAINING FOR PERSONS LEAVING DETENTION CENTERS



Source: St. Mary's County Sheriff's Office







STRATEGIES THAT REQUIRE ADDITIONAL FUNDING

- Expand distribution of Opioid Misuse Prevention Toolkit
- Expand pain management services locally to include focus on non-opioid therapeutic modalities and SBIRT
- Expand communications campaigns focused on opioid drug use knowledge, medication safety, risk factors for addiction, anti-stigma, recognizing opioid use disorder, how to get help
- Sector Expand Healthy Families home visiting program
- > Expand Second Steps curriculum to additional grades
- Expand Great Mills Student Prevention Program model and other school-based behavioral health counseling services
- Expand SMART Kids curriculum
- Implement Botvin LifeSkills curriculum combined with Strengthening Families Program

- Faith-based partnerships for youth mentors equipped with trainings and evidence-based curriculum
- Expand substance use disorder assessment services to be co-located with key community services
- Implement intensive care coordination for pregnant and postpartum women misusing substances
- Expand naloxone supply for first responders, detention center, and community
- Implement harm reduction services with wrap-around supports at the local level
- HIV and Hepatitis C screening outreach in communities
- Offer day check in location/ services between treatment services and law enforcement
- Expand drug recovery court treatment options for those using opioids
- Advance data collection, analysis, mapping, and dashboards for relevant local data



BACKGROUND

ST. MARY'S COUNTY OPIOID-RELATED STATISTICS

LOCAL OPIOID CRISIS RESPONSE PLAN





BE PART OF THE RESPONSE



STAY CONNECTED AND INFORMED:

- ✓ HealthyStMarys.com
- ✓ smchd.org/opioid
- ✓ BeforeItsTooLate.maryland.gov



PARTICIPATE IN AND PROVIDE RESOURCES FOR THE RESPONSE

- Behavioral Health Action Team of the Healthy St. Mary's Partnership
- Get equipped with Naloxone (smchd.org/overdose)
- Advocate for and provide the resources needed to address gaps

PUT THE POWER OF YOUR ORGANIZATIONS BEHIND THE RESPONSE

Align, advocate, act



PREVENTION • TREATMENT • RECOVERY



Before it's too late.