

Healthy St. Mary's Partnership
HEAL Action Team
May 23, 2018 from 1:00 – 2:00 p.m.
Health Connections, MedStar St. Mary's Hospital

Minutes

- 1. Attendance:** Kathy Faubion – St. Mary's County Libraries (SMCL), Isabel Robinson – United Healthcare (UHC), Jacquie Heaney – St. Mary's County Health Department (SMCHD), Nat Scroggins – Minority Outreach Coalition (MOC), Christi Bishop – Recreation & Parks, Rebecca Jackson – SMCHD, Clara Brooks – Bread of Life Food Pantry, Vanessa Price – Department of Land Use & Growth Management (LUGM), Sydney Summerday – Tri-County Youth Services Bureau (TCYSB), Lori Norton – SMCHD, Brian Abell – St. Mary's County Tennis Association, Judi Ferrara – College of Southern Maryland, Frank Allen – Patuxent Tidewater Land Trust (PTLT), Sue Veith – Department of Economic Development (DED), Christina Allen – community member, Andrea Hamilton – MedStar St. Mary's Hospital (MSMH)

- 2. More to Explore:** Christi gave an update on the MTE signs/site markers. Several signs were missing this year and all have now been replaced. Judi was given the sign for CSM Leonardtown campus now that they have been added to the program and will figure out whether to put it by the trail or in the Wellness and Aquatics Center. She will inform Christi of the final decision. Jacquie took the St. Mary's River State Park sign to put up. Andrea will put up the sign at Chancellor's Run. The one-pager has been updated with CSM added, Jenna and Christi offered to do any printing of color copies that the Libraries need.
 - a. **Printed Passports:** The group discussed the benefits/drawbacks of printing paper booklets. Christi brought up that we spent ~\$1000 last year on 800 printed passports and only received 10 back. The team decided to print passports this year. Christi will call the printing press on Tuesday to find out how many books we can print based on final donation amounts.
 - b. **Sponsorship:**
 - i. Isabel brought water bottles that United Healthcare has donated to be added to the prize boxes at the libraries. Anyone who has trinkets to add to the prize boxes can bring them to Andrea to store at Health Connections.
 - ii. Andrea is getting sponsorship from MSMH.
 - iii. Nat is going to work on getting more donations this weekend. He will call Christi on Tuesday with the total amount and MOC will pay for the printing and be reimbursed once the funds from MSMH are in.

- 3. ArtsPark Survey:** The survey is open and currently has 25 responses. Preliminary [data](#) was shared. Please share the link (<https://www.surveymonkey.com/r/LexParkArtsPark>) on your websites and social media accounts to increase the number of responses.



4. **Community Gardens:** Sue met with the Master Gardeners and they are interested in helping with the garden once it is set up. They mentioned possibly using it as a teaching garden. The current plan is to apply for grants for materials to begin work on a community garden by Three Oaks Center on S Coral Drive. The garden will include a fenced in area with raised beds, a paved pathway, a shed for tools, and a water source. The garden would be made up of approximately 20 4ft x 8ft plots that are rented out annually.
5. **2016 Youth Risk Behavior Survey Results:** SMCHD and SMCPSS hosted a joint presentation of the key findings from the 2016 Youth Risk Behavior Survey results on Monday, May 21. The nutrition & physical activity [results](#) were shared. Data covered in other sections of the survey is available on the SMCHD [website](#).
6. **HSMP Annual:** The HSMP Annual Meeting will be on September 13 in the afternoon. More details about the schedule and official timing will be available soon. Anyone interested in organizing a table for the HEAL team at the annual meeting should contact Andrea or Sue.
 - a. **HEAL Topic/Speaker:** Andrea and Sue reviewed the topics that have been covered in previous years: Building a Healthier Workforce, Community Gardens, & Complete Streets. Viki Volk was suggested to come speak about the ArtsPark in Lexington Park. Everyone enjoyed her previous presentation to the HEAL team. Isabel was discussing the partnership between Sugar Free Kids and United Healthcare during partner updates and it was proposed to have Sugar Free Kids present at the annual meeting. Isabel will get Jacquie in contact with the Sugar Free Kids Communications Officer to check their availability.
7. **Partner Updates:**
 - a. Keep an eye on LUGM's [website](#) for news on their upcoming projects and for open comment periods.
 - b. The St. Mary's County Tennis Association has just finished their spring season and are starting the summer tennis season next week!
 - c. United Healthcare has partnered with Sugar Free Kids to do a Sugar Tour! The first event on the tour will be on June 13 at the Stanton Center in Annapolis. Click [here](#) for more information or to register.
 - d. St. Mary's County Libraries and CSM have partnered together to host the Choose Civility: Southern Maryland Longest Table event on June 21 at 6 p.m. Click [here](#) for more information.
 - e. The groundbreaking ceremony for the new Leonardtown Library and Garvey Senior Center was on May 15!



- f. The Allens are planning to have a community meeting to discuss creative and positive ideas to prepare for disaster. Official date and time to come.
- g. The Allens are currently in the planning stages of having a farm to fork dinner series.
- h. CSM is celebrating Safe Swimming Month by having kids that come in to the aquatic center sign a safe swimming oath and providing handouts.
- i. TCYSB is running youth groups that all have a MyPlate curriculum to teach kids about healthy eating.
- j. Recreation & Parks
 - i. Summer Camps will be starting in the middle of June. There are currently over 300 unique registrants not including sports camps.
 - ii. There will be a ribbon cutting for the 5th District playground on June 5.
 - iii. Great Mills Pool will re-open May 26 as an outdoor pool.
 - iv. The 3 waterfront parks opened 2 weekends ago for the season. You can buy an annual pass for all 3 parks, an annual pass for 1 park, or pay per visit.
- k. Sue gave an update on the North St. Mary's County Farmer's Market project. The project will include adding a building with cold storage for the local food pantries, trail connectors to Three Notch trail and 24/7 bathrooms, parking, and building a barn for vendors to set up inside of.

8. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at:
<http://healthystmarys.com/newsletter/> or email stmaryspartnerhip@gmail.com

9. Upcoming HEAL Team Meetings:

- a. June 27, 2018 from 1:00 – 2:00 p.m. at Health Connections.

