

Healthy St. Mary's Partnership  
Behavioral Health Action Team  
July 13, 2018 from 2:00 – 3:30 p.m.  
St. Mary's County Health Department

**Minutes**

- 1. Attendance:** Jacquie Heaney – St. Mary's County Health Department (SMCHD), Maryellen Kraese – SMCHD, Nat Scroggins – Minority Outreach Coalition (MOC), Lori Werrell – MedStar St. Mary's Hospital (MSMH), Ashley Alhambra – Pathways, Richard Russell – St. Mary's County Sheriff's Office (SMCSO), Megan Hildenberger – community member, Greg Reuss – American Foundation for Suicide Prevention (AFSP), Dee Rathbone – Parents Affected by Addiction (PABA), Gregory Jones – St. Mary's Teen Court, Kelsey Bush – Local Management Board (LMB)/Department of Aging & Human Services (DAHS), Gary Wilkerson – SMCHD, Gena McCaskill – Outlook Recovery, Ashley Milcetic – SMCHD, Tammy Loewe – SMCHD, Neeraj Kumar – Student Academy for Public Health (SAPH), Marianne Beaulieu – SAPH, Laura Webb – Walden, Carolyn Cullison – On Our Own, Cheryl Lyon – On Our Own, Amy Young – Maryland Coalition of Families (MCF), Marnie Grove - PABA
- 2. RU Ok? Presentation**
  - a. Maryellen presented on the new suicide prevention outreach campaign 'RU Ok?' You can view the presentation is available [here](#). They are looking to do a kick-off event around November along with a guest speaker – Jordan Burnham.
- 3. Objectives & Goals for 2018 Team Priorities**
  - a. Appropriate ER Utilization for Behavioral Health
    - i. The group is looking to gather both quantitative and qualitative data from the hospital. It was discussed that the group is looking to see how many people are relying on the ER for care instead of a primary care physician and what resources are being provided at discharge. Tammy and Jacquie will reach out to those who expressed interest in being included in the meeting with ER staff to set up a BHAT subgroup. This subgroup will discuss the data we would like to have pulled, choose representatives to meet with staff at the hospital to see what data is possible to pull, and work to gather qualitative data from ER staff. The subgroup gather data and present it to the whole Behavioral Health Action Team.
  - b. Youth Suicide
    - i. AFSP has several upcoming events.
      1. They will be showing the It's Real video and doing a Talk Saves Lives training at the Leonardtown Library on August 27. They will also be doing the same event in September at the Lexington Park Library.
      2. The Southern Maryland Out of the Darkness Walk is scheduled for September 15 in St. Mary's City. You can register [here](#).
      3. AFSP will be hosting an Applied Suicide Intervention Skills Training (ASIST) at the Health Department on October 26 & 27. This will be free for anyone 16 and over.
      4. CNN aired a special town hall on suicide prevention on June 24 entitled 'Finding Hope: Battling America's [Suicide Crisis](#).'



- c. Marijuana
  - i. There will be a Community Conversation on Marijuana following the 2018 HSMP Annual Meeting from 5:30 – 7:30 p.m. This will be a panel event with panelists representing law enforcement, behavioral health, policy/regulation, impact on youth, etc. There will be a formal announcement coming soon along with an Eventbrite for RSVPs.

#### 4. Maryland's 30<sup>th</sup> Annual Suicide Prevention [Conference](#)

- a. Save the Date: October 3, 2018 at Martin's West in Baltimore

#### 5. Partner Updates

- a. On Our Own will be having basic Wellness & Recovery Action Plan (WRAP) classes and Mental Health First Aid Trainings at the end of the summer. They will also be having an advanced WRAP facilitator course in October. Contact [Carolyn](#) for more information.
- b. MCF is working with Charles County to create a training video addressing the stigma of addiction and how first responders react on scene.
- c. Amy & Marnie met with the Mechanicsville Volunteer Fire Department to start planning a community event that will possibly include a Naloxone training.
- d. PABA will be having a [meeting](#) on Wednesday July 18 from 6:30-8:30 p.m. at Real Life Church – ST. Mary's County in Mechanicsville.
- e. Outlook Recovery is having a pharmacy coming in to do FREE Hep C testing which will include providing guidance following positive tests to connect with care.
- f. Beacon of Hope Recovery & Wellness Center has support groups for those who have lost a loved one. You can view their full calendar of events [here](#).
- g. Save the Date for these upcoming Beacon events:
  - i. International Overdose Awareness Day Event – Overdose Awareness Labyrinth & Lights – **August 31 from 7-9 p.m.**
  - ii. S'MORE Recovery Panel & Social – **September 14 from 7-9 p.m.**
  - iii. Magic of Recovery Block Party – **October 26 from 4-7 p.m.**
- h. Pathways now offers Vocational Employment Services. For more information contact [Ashley Alhambera](#).
- i. Table Applications for the 2018 HSMP Annual Meeting are due by **5:00 p.m. on July 31**. More information is available [here](#).
- j. Gregory Jones works with 1<sup>st</sup> time misdemeanor offenders at the juvenile court and is looking for resources to provide the youth and parents that he works with. They have started doing a juvenile alcohol course with the Community Alcohol Coalition. If you have any other resources that would be helpful to him, send him an [email](#).
- k. The EMS leave behind program has started. This program allows EMS providers to leave behind Narcan kits at the scenes of non-fatal overdoses.
- l. A new position is being created to govern the Opioid Misuse Prevention Program (OMPP).
- m. Maryellen is attending the CADCA mid-year Training Institute and will provide any updates & resources that she gets while in attendance.



- n. Maryland is looking to have an [integrative process](#) for behavioral health which will include completing a self-assessment of the community and provide insight on how BHAT can support the Behavioral Health Advisory Council (BHAC).
- o. Marianne's summer internship project is to create a google doc which will be sent out to local therapists so that a local resource guide can be created. It will also help to identify needs, competencies, and insight into trainings that should be provided for clinicians. A survey has been sent out to local clinicians on alternative pain management treatments. They will be doing an online training at the end of February for clinicians and provide ongoing support/feedback. If you have any suggestions of local Behavioral Health needs/trainings email [Tammy](#).
- p. Dee handed out copies of 2 opinion articles on marijuana. They can be found [here](#) & [here](#).

## 6. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email [stmaryspartnerhip@gmail.com](mailto:stmaryspartnerhip@gmail.com)

## 7. Upcoming Meetings:

- a. **BHAT:** August 10, 2018 from 2:00 – 3:30 p.m. at the St. Mary's County Health Department
- b. **2018 HSMP Annual Meeting:** September 13, 2018 at the Southern Maryland Higher Education Center
  - i. Register Now: <https://hsmpannual2018.eventbrite.com>

