

Healthy St. Mary's Partnership
HEAL Action Team
June 27, 2018 from 1:00 – 2:00 p.m.
Health Connections, MedStar St. Mary's Hospital

Minutes

- 1. Attendance:** Jacquie Heaney – St. Mary's County Health Department (SMCHD), Marianne Beaulieu – SMCHD, Andrea Hamilton – MedStar St. Mary's Hospital (MSMH), Clara Brooks – Bread of Life Food Pantry, Nat Scroggins – Minority Outreach Coalition (MOC), Vanessa Price – Department of Land Use & Growth Management (LUGM), Linda Fry – Church of Ascension, Sue Veith – Department of Economic Development (DED), Sydney Summerday – Tri-County Youth Services Bureau (TCYSB), Kathy Faubion – St. Mary's County Libraries (SMCL)
- 2. More to Explore** – The 2018 More to Explore Program began on June 18. The [press release](#) went out at the beginning of June. All signs are posted at the parks and the libraries have copies of the one pagers as well as 250 passports each; MSMH donated \$500 and Nat raised money through MOC to cover the remaining funds needed for the printing. Kathy has seen several children doing the marker rubbings at the library already. Jenna ordered prizes with the donation from the Healthiest Maryland Businesses for the end of the summer drawings. The libraries have leftover small prizes for those who visit 12 sites. Kathy will contact Jacquie if they start to run low on prizes before the next HEAL team meeting in July.
- 3. ArtsPark Survey** – Sue and Jacquie spoke to Viki Volk on Monday and she would like to close the survey at the end of the month. We will then forward her all data so that the project can move forward. They have received a Maryland Agricultural Education and Rural Development Assistance Fund (MAERDAF) grant, so Viki and her team will be using the data to help decide what that will pay for. Please share the survey on your organization/personal Facebook pages to get as many responses as possible before it closes.
- 4. Community Gardens** - Sue has a few people that she will be working with to establish design estimates and search for grants to apply for to fund the community garden. The garden will be located by Three Oaks Center on S Coral Drive.
- 5. Sugar Free Kids** – At the last meeting we discussed having Sugar Free Kids MD come down as the speaker for our break out session at the Annual Meeting. They are currently doing a Sugar Rush tour with United Healthcare. Jacquie had a phone conference with 2 representatives from the organization and they are interested in coming down to present, but needed to talk to United Healthcare about sponsorship before committing. If Sugar



Free Kids is not available then we will follow up with Viki Volk to present on the ArtsPark as our HEAL breakout session.

- 6. Other Business** – Sue recently received the US End of Childhood Report by Save the Children. The report looks at poverty in rural America and, more specifically, why childhoods are ending too soon in America as measured by five “childhood enders.” The five childhood ending indicators are: infant mortality rate, child food insecurity rate, rate of children not graduating from high school on time, child homicide and suicide rate, and adolescent birth rate. Overall across the 5 indicators, Maryland ranked 19 which is a rank movement of -2 from 2017. The full report is available [here](#).

7. Partner Updates

- a. Registration for the 2018 HSMP Annual Meeting will be opening on Friday, June 29. Keep an eye on your email for the registration link. There will also be an opportunity for a limited number of partners/community organizations to set up an informational table at the Annual Meeting. The link for table applications will be included in the registration email.
- b. LUGM has been approved to start several planning studies through the Unified Work Planning Program. This will include studies on bus stops for Calvert and St. Mary’s, the North part of Lexington Manor Park (ArtsPark), airport connection with pedestrian movement and more.
- c. The Church of Ascension Food Pantry is having a shortage. They are looking for food donations of mostly canned items (they are currently well stocked on cereal and pasta). For tips on how to run a food drive at your home, work, church, etc. click [here](#).
- d. The Charlotte Hall Library food pantry will be going up this weekend. They are hoping to open it on July 6. This will be set up like the food pantry at the Lexington Park Library where anyone can take or leave non-perishables in the pantry.
- e. The House of Refuge in Lexington Park does a free food giveaway of fresh produce on the fourth Saturday of the month.
- f. DED is working on a grant for a facility in the Leonardtown area that would house a farmer’s market, farming equipment that is available for rent, possibly a fridge/freezer unit, and more.
- g. The [Simple Changes](#) Diabetes Prevention Program is now a CDC-recognized diabetes prevention lifestyle change program. The next class will start in September and is a year-long course.
- h. Health Connections also offers living well classes for [diabetes](#) and other [chronic conditions](#) as well as support groups. You can view their full schedule [here](#).
- i. Summer Reading began on June 18. [Registration](#) is available online.
- j. The library partnered with SMCPS to host the Summer Lunch & Learn [Program](#). Lunch is available free for children this summer at the Lexington Park Library



and 3 Elementary Schools in the county. All 3 Libraries are also cooling centers during operating hours.

- k. Sydney was feature on the Lexington Park Zip Trip for TCYSB. She had several clients respond after seeing her segment!
- l. TCYSB's summer camps will be starting in late July for children ages 5-18.
- m. The Nicolet Skate Park recently had some renovations and no longer has an entrance fee. Several people have noticed that it is being very well used now.
- n. The Last Day to Play [Event](#) at the Wieck Playground in Miedzinski Park will be on July 6 from 5-8 p.m.

8. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at:
<http://healthystmarys.com/newsletter/> or email stmaryspartnerhip@gmail.com

9. Upcoming Meetings:

- a. HEAL team: July 25, 2018 from 1:00 – 2:00 p.m. at Health Connections.
- b. HSMP Annual Meeting: September 13, 2018

