



Applied Suicide Intervention Skills [ASIST] Training

The American Foundation for Suicide Prevention Maryland Chapter and the St. Mary's Health Department are partnering to provide an Applied Suicide Intervention Skills [ASIST] training for anyone interested in becoming a lifesaver.

Applied Suicide Intervention Skills Training (ASIST) is a two-day interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety.

Workshop features:

- Presentations and guidance from two LivingWorks registered trainers
- A scientifically proven intervention model
- Powerful audio/visual learning aids
- Group discussions
- Skills practice and development a balance of challenge and safety

Dates: Friday, Oct. 26, & Saturday Oct. 27, 2018

Time: 9 a.m. – 5:00 p.m.

Location: 21580 Peabody Street, Leonardtown, Maryland

To Register online:

<https://afsp.wufoo.com/forms/z1jf84o40ysjixg/>

Contact: Kat Olbrich, kolbrich@afsp.org or (202) 770-8973

