

Healthy St. Mary's Partnership
Behavioral Health Action Team
August 10, 2018 from 2:00 – 3:30 p.m.
St. Mary's County Health Department

Minutes

1. **Attendance:** Jacquie Heaney – St. Mary's County Health Department (SMCHD), Alexis Higdon – Center for Children (CFC), Kelsey Bush – Local Management Board/Department of Aging and Human Services (LMB/DAHS), Greg Reuss – American Foundation for Suicide Prevention (AFSP), Megan Hildenberger – community member, Nat Scroggins – Minority Outreach Coalition (MOC), Ashly Nelson – SMCHD, Samantha Tillery – SMCHD, Maryellen Kraese – SMCHD, Sophia Reed – SMCHD, Jami-Lin Williams – Maryland Behavioral Health Integration in Pediatric Primary Care (BHIPP), Ashley Milcetic – SMCHD, Carolyn Cullison – On Our Own of St. Mary's County (OOOSMC), Cheryl Lyon – OOOSMC, Richard Russell – St. Mary's County Sheriff's Office (SMCSO), Lisa Lemko – Pathways, Dee Rathbone – National Institute of Citizen Anti-Drug Policy (NICAP), Gregory Jones – Teen Court, Meena Brewster – SMCHD, Tammy Loewe – SMCHD, Rhonda Hunt – St. Mary's County Public Schools (SMCPS), Jenna Guzman – SMCHD
2. **Harm Reduction Presentation**
 - a. Visit the Harm Reduction [webpage](#) for more information about the program and upcoming presentation dates.
3. **Objectives & Goals for 2018 Team Priorities**
 - a. Appropriate ER Utilization for Behavioral Health
 - i. The subgroup met on July 25 to discuss what data we would like to obtain from the ER. Data included: demographics (age, gender, ethnicity), geographical location in the county, diagnoses/complaint upon ER visit, number of these visits that were Emergency Petitions, rate of admission, discharges to inpatient program vs. community, and recurrence. They were also hoping to identify the top 10 or so Behavioral Health Diagnosis (SUD and MH codes) to understand if Behavioral Health visits are the main area for utilization or are physical health concerns the primary reason for utilization. The group would also like to have a focus group with ER staff to gain qualitative data. The hospital is currently working to pull the data. The plan is to present the results of the data at a future BHAT meeting and use the information to guide outreach (through a letter upon discharge, a flier to hand out at local events with local services listed, etc.).
 - b. Youth Suicide
 - i. Greg gave an update on upcoming AFSP events. They will be having [presentations](#) of It's Real and Talk Saves Lives at the Leonardtown Library on August 23 from 6:00 – 7:30 p.m. and the Lexington Park Library on September 5 from 6:30 – 7:30 p.m. The [Out of the Darkness Walk](#) will be on September 15 in



St. Mary's City. AFSP and SMCHD will be co-hosting an [ASIST](#) Training on October 26 & 27.

- ii. Maryellen gave an update on the RU Ok? campaign. The student interns helped with updates to posters. She is looking to schedule a meeting with Dr. Smith and the Board of Education next. Comcast provided free commercial spots to get the Maryland 211 number advertised. Maryellen is also working with St. Mary's College to set up a behavioral health awareness training with incoming students and will be providing resources.
 - iii. Rhonda is planning on working with AFSP & SMCHD to schedule a guest speaker, Jordan Burnham, for Mental Health Awareness Week in May.
- c. Marijuana
- i. Will Tilburg will be presenting on Medical Marijuana in Maryland at the 2018 HSMP Annual Meeting. However, due to scheduling issues with speakers the "Community Conversation on Marijuana" that was planned for the evening following the 2018 HSMP Annual Meeting has been postponed. Updates will be provided as information about rescheduling is solidified.

4. Legislative Items

- a. The Steering Committee is going to be establishing an official process for HSMP to support legislative items. If you have any suggestions for the policy please email [Jenna](#) or [Jacquie](#). Tammy mentioned that BHAT members should be thinking about topics that will be brought up this legislative session that the team could possibly support. It was emphasized that non-governmental partners would have to take the lead on supporting legislation.

5. 2018 HSMP Annual Meeting: September 13, 2018 at the Southern Maryland Higher Education Center

- a. Register Now: <https://hsmpannual2018.eventbrite.com>
- b. Team Table: Jacquie is working with Dawn Sisk and Dawn Tucker to arrange the team table.

6. Partner Updates

- a. Greg was named the Maryland Rural Health Association 2018 Outstanding Rural Health Volunteer!!!
- b. Rhonda has been doing Trauma Trainings in preparation for the new school year.
- c. The Tri-County Local Management Boards are hosting "Beyond Poverty: Brain-Inspired Ways to Understand & Respond to Poverty" on September 27 at the CSM Prince Frederick Campus. [Registration](#) is limited!
- d. Maryellen has participated in successful outreach events recently at the Beach Party on the Square and National Night Out. She is now getting prepared for open houses.
- e. The St. Mary's County [Fair](#) will be having Smoke & Vape Free Kids Day this year! /the other days of the fair will have limited smoking areas. The fair board is looking to make the fair completely smoke & vape free in the coming years.
- f. It's On Our Own of St. Mary's County's 20 year Anniversary!
- g. The [Maryland BHIPP](#) is a statewide program that supports the efforts of primary care clinicians to assess and manage the mental health needs of their patients from infancy through the transition to young-adulthood through the following services. They provide a



phone consultation line for providers and do in-office trainings and conferences. Check out their website for more information.

- h. The Hispanic Outreach Group surveyed the St. Mary's County Hispanic population. Dr. Edward Onyango, the epidemiologist at SMCHD, will be presenting the results at the [Access to Care](#) team meeting on Tuesday, August 14 at 3:00 p.m. at MedStar St. Mary's Hospital.
- i. [Center for Children](#) has spots available in their Psych Rehab Program in all 3 counties. They also have spots available in their Adolescent Substance Abuse Program in Charles County.
- j. Pathways has a Spanish-speaking rehab specialist, please contact them if you have any referrals. They will be posting Suicide Prevention ads in the STS buses in September. Their clinic has 4 telepsych and 1 nurse practitioner on-site. They have a clinic on Thursdays in the [Lexington Park](#) Housing Authority Building as well as a [Waldorf](#) office.
- k. Tanya shared a story from her outreach. Community members are starting to refer to her outreach at "Operation: Where's the Love."
- l. Teen Court has several members finishing the program right now. They all participate in an alcohol education and screening program with the Cove. Gregory mentioned that bullying is very apparent with teens right now and video games are proving to be very addictive and teens do not realize the impact.
- m. Dee shared excerpts from an [article](#) entitled "A People's War: China's Struggle to Contain its Illicit Drug Problem."
- n. [Registration](#) is open for Maryland's 30th Annual Suicide Prevention Conference.

7. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email stmaryspartnership@gmail.com

8. Upcoming Meetings:

- a. **BHAT:** October 12, 2018 from 2:00 – 3:30 p.m. at the St. Mary's County Health Department

