

Healthy St. Mary's Partnership Annual Meeting

September 13, 2018

1:00 – 1:30 **Registration & Networking**

1:30 – 2:00 **Healthy St. Mary's Partnership Updates**

Dr. Stephen Michaels, Chief Operating and Medical Officer at MedStar St. Mary's Hospital

2:00 – 3:00 **Key Note Session: The iPhone Effect (title still tentative)**

Dr. Shalini Misra, Assistant Professor of Urban Affairs and Planning, Virginia Tech School of Public and International Affairs

3:00 – 3:15 **Break**

Breakout Sessions

ROOM 1

ROOM 2

ROOM 3

3:15 – 4:00 **Medical Cannabis in Maryland**

*William Tilburg, JD, MPH,
Director of Policy &
Government Affairs, Maryland
Medical Cannabis Commission*

Sugar Free Kids Project

*Shawn McIntosh, Executive
Director, Sugar Free Kids
Maryland *Waiting on
confirmation on the
speaker/representative that
will actually present*

**Harm Reduction and the
Opioid Crisis**

*Ashly Nelson, BS, NCPT,
Program Administrator, Harm
Reduction Program, St. Mary's
County Health Department
&
Jane Lawing, MA, MS, RN-BC,
Program Director, Harm
Reduction Program, St. Mary's
County Health Department*

4:00 – 4:15 **Break**

4:15 – 5:00 **Plenary Session: Using Communications & Social Media to Engage Youth**

Starla Stiles, MA, Director of Communications, Truth Initiative



Opening Session: Healthy St. Mary's Partnership Updates

Dr. Stephen Michaels, Chief Operating and Medical Officer at MedStar St. Mary's Hospital and Co-Chair of HSMP

This session will highlight the work and accomplishments of the Healthy St. Mary's Partnership (HSMP) over the last year. Participants will gain a better understanding of HSMP, the local health improvement process and strategies that are being implemented by partners to address the priority health needs of St. Mary's County.

Keynote Session: The iPhone Effect (title still tentative)

Dr. Shalini Misra, Assistant Professor of Urban Affairs and Planning at the Virginia Tech School of Public and International Affairs

***Still waiting for official presentation summary**

In this session, Dr. Misra will present on her research examining the social, psychological and health implications of the internet and digital communications technologies.

Breakout Session 1 – Medical Cannabis in Maryland

William Tilburg, JD, MPH, Director of Policy & Government Affairs at Maryland Medical Cannabis Commission

This session will introduce and outline Maryland's Medical Cannabis Program which began on December 1, 2017, allowing registered patients to access medical cannabis in Maryland. The presentation will cover how the program works, what is legal and illegal under current law, and common public health and safety issues or concerns.

Breakout Session 2 – Sugar Free Kids Project

Shawn McIntosh, Executive Director at Sugar Free Kids Maryland (official speaker still tentative)

***Still waiting for official presentation summary**

This session will focus on the role sugary drinks play in heart disease, type 2 diabetes, and tooth decay in children. The presentation will provide information on promoting healthy eating and physical activity to children as well as healthy vending initiatives.

Breakout Session 3 – Harm Reduction and the Opioid Crisis

Ashly Nelson, BS, NCPT, Program Administrator, Harm Reduction Program at St. Mary's County Health Department

Jane Lawing, MA, MS, RN-BC, Program Director, Harm Reduction Program at St. Mary's County Health Department

The mission of the St. Mary's County Health Department Harm Reduction Program is to reduce the risk of communicable disease spread through IV Drug use, decrease the stigma impacting People Who Inject Drugs (PWID), increase public safety and promote the overall health and wellness of our community. This session will highlight the services that will be offered in St. Mary's County through the Harm Reduction Program.

Plenary Session: Using Communications & Social Media to Engage Youth

Starla Stiles, MA, Director of Communications at Truth Initiative

***Still waiting for official presentation summary**

This session will use examples from the Truth Initiative campaigns and outreach to provide strategies to engage youth.

