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ST. MARY'S COUNTY
HEALTH DEPARTMENT



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MARYLAND DEPARTMENT OF
HUMAN SERVICES



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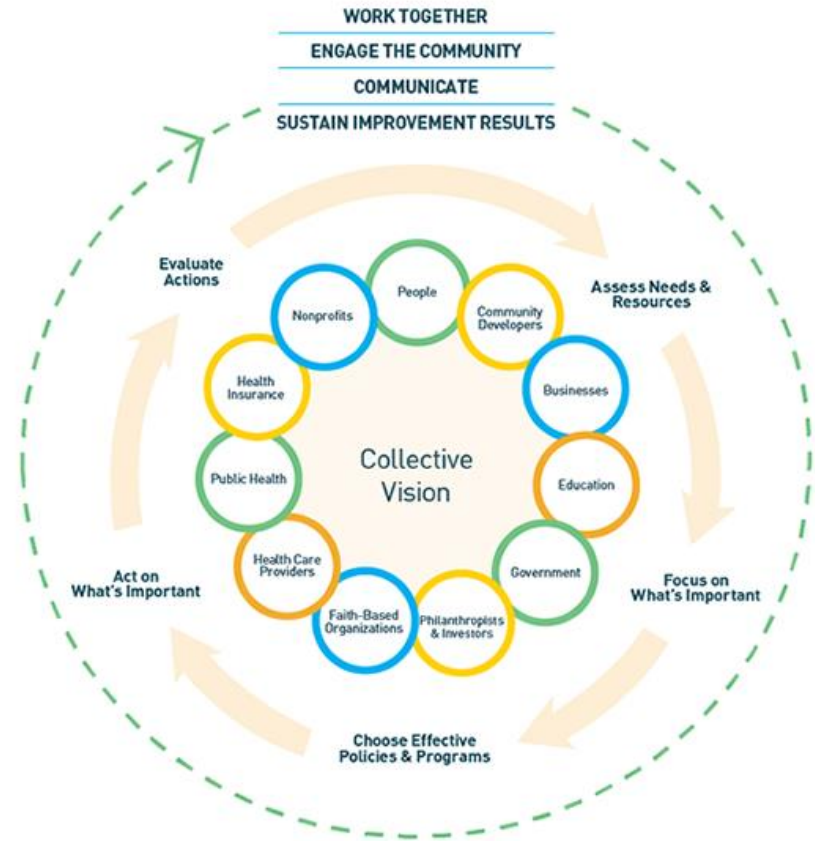
OPENING SESSION: SEPTEMBER 13, 2018

HEALTHY ST. MARY'S PARTNERSHIP ANNUAL MEETING

STEPHEN T. MICHAELS, MD, CHIEF OPERATING OFFICER AND
CHIEF MEDICAL OFFICER AT MEDSTAR ST MARY'S HOSPITAL
AND CO-CHAIR OF THE HEALTHY ST. MARY'S PARTNERSHIP

WHAT IS THE HEALTHY ST. MARY'S PARTNERSHIP?

- Coalition working toward local health improvement
- Community members and partner organizations
- Assess health needs
- Identify what's important
- Action & collaboration
- Evaluate efforts



ACTION TEAMS WORK TO ADDRESS PRIORITY HEALTH NEEDS

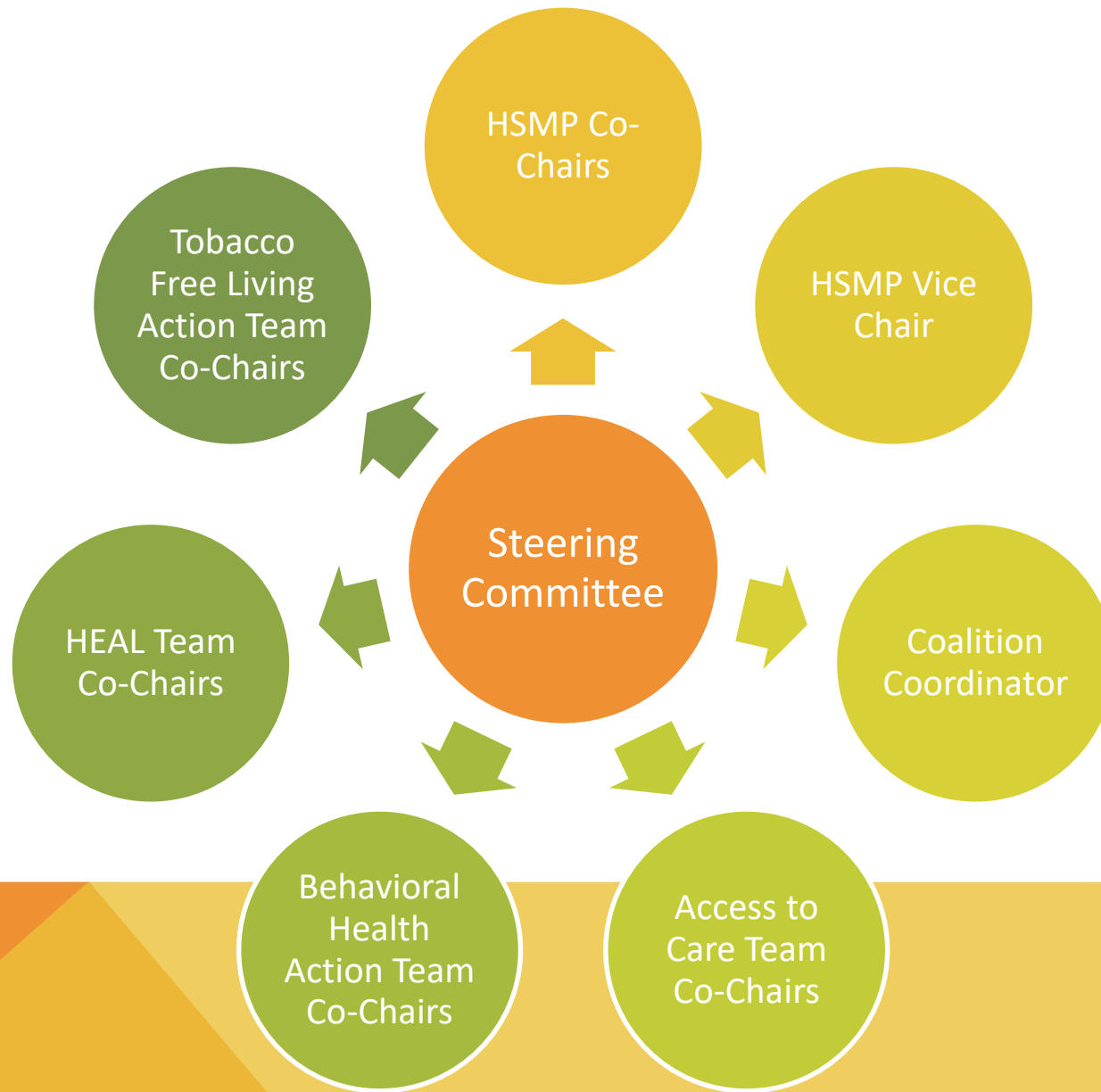


Access to
Care

Behavioral
Health

Healthy
Eating &
Active
Living

Tobacco
Free
Living



DOWN TO BUSINESS

So...what has HSMP been working on this past year?

ACTION TEAM ACCOMPLISHMENTS

Access to Care Action Team

- **Regional Transportation Project**
 - Worked with the Tri-County Council to **expand access to healthcare** through innovative transportation solutions
 - **Design Thinking Process:** Assessment and planning
 - **Result:** An on-demand medical transportation service is now being piloted and evaluated in both Calvert and St. Mary's counties as part of a limited program launch
 - **19 rides** scheduled in the first 2 weeks of the pilot!

Co-Chairs

Lori Werrell – MedStar St. Mary's Hospital

Mike Shaw – St. Mary's County Health Department

ACTION TEAM ACCOMPLISHMENTS

Access to Care Action Team

- **Needs Assessment: Hispanic & Spanish Speaking Population**
 - Collected data on health barriers and needs
 - Community Blitz & Partner Surveys
 - **58 responses collected**
 - **Special thanks: Department of Social Services, Health Department, Judy Center, Pathways and St. Mary's College of Maryland**

Co-Chairs

Lori Werrell – MedStar St. Mary's Hospital
Mike Shaw – St. Mary's County Health Department

ACTION TEAM ACCOMPLISHMENTS

Behavioral Health Action Team (BHAT)

- **Community Opioid Education Series**
 - Hosted at the St. Mary's County Library
 - Facilitated by BHAT: Health Department, Walden, PABA
 - **What was covered?**
 - Opioid crisis overview, prevention, recognition, stigma, treatment, response
- **Collaborating with MedStar St. Mary's Hospital to review and analysis data on Emergency Room utilization for behavioral health needs**

Co-Chairs

Laura Webb – Walden Behavioral Health

Tammy Loewe – St. Mary's County Health Department

ACTION TEAM ACCOMPLISHMENTS

Behavioral Health Action Team (BHAT)

- **Suicide Prevention Initiatives**
 - Promotion of the “Seize the Awkward” campaign
 - "Talk Saves Lives" and "It's Real" presentations
 - Applied Suicide Intervention Skills Training (ASIST)
- **Special thanks and congratulations** to BHAT partner and AFSP Board member, Greg Ruess – recognized as the 2018 Maryland Rural Health Volunteer Award winner for his work with HSMP!

Co-Chairs

Laura Webb – Walden Behavioral Health

Tammy Loewe – St. Mary’s County Health Department

ACTION TEAM ACCOMPLISHMENTS

Healthy Eating & Active Living (HEAL) Team

- **More to Explore Program**
 - Annual passport challenge that encourages community members to explore local parks and farmers markets
 - Enter the secret code found at each site for a chance to win prizes
 - Almost **1,000 participants this year!**



Co-Chairs

Andrea Hamilton – MedStar St. Mary's Hospital
Sue Veith– Department of Economic Development

ACTION TEAM ACCOMPLISHMENTS

Healthy Eating & Active Living (HEAL) Team

- **Lexington Park Development**
 - Collaboration with the St. Mary's County Community Development Corporation
 - Gathered public input on development ideas for the LexPark ArtsPark
 - Planning/grant writing efforts for a community garden & biking trail

Co-Chairs

Andrea Hamilton – MedStar St. Mary's Hospital
Sue Veith– Department of Economic Development

ACTION TEAM ACCOMPLISHMENTS

Tobacco Free Living (TFL) Team

- **Tobacco Free Environments**
 - Smoke Free Holy Grounds Campaign
 - Outreach to over **95** local faith organizations
 - Follow-up meetings with **11**
 - **3** churches enrolled
 - St. Mary's County Government Grounds

Co-Chairs

Rebecca Jackson/Angela Cochran – St. Mary's County Health Department

Mike Brown – Unified Committee for Afro-American Contributions

ACTION TEAM ACCOMPLISHMENTS

Tobacco Free Living (TFL) Team

- **Youth Engagement**
 - Summer interns
 - Meetings at Great Mills High School

Co-Chairs

Rebecca Jackson/Angela Cochran – St. Mary's County Health Department

Mike Brown – Unified Committee for Afro-American Contributions

HOW CAN I HELP?

- **Stay Connected**
 - E-newsletter
 - Healthystmarys.com
- **Participate**
 - Team meetings
 - Advocacy work
 - Recruitment and development
- **Implement**
 - Align organizational work with Healthy St. Mary's 2020
 - Collaborate on strategies for health improvement

GENERAL INFORMATION

- Schedule
- Continuing Education Units (CEUS)
- Membership & Action Team Information
- HEAL Team Healthy Food Drive
- Vendor Tables
- Bathrooms

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