

SUGAR
FREE
KIDS
MARYLAND

MARYLAND SUGAR RUSH: REDUCING SUGARY BEVERAGE CONSUMPTION

Thursday, Sept. 13, 2018

Improved State Childcare Food Environment



Photo Credit: Childcare Supply Co, Inc.

Healthy Vending

Spreading Across State

At least 50% or more healthy options now or soon available



Baltimore City Healthy Kids Meal Bill

KID'S MENU

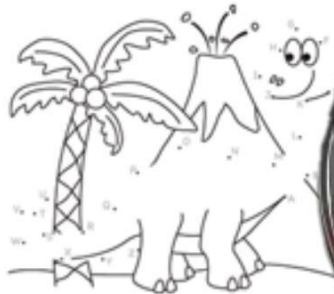
All kids meals include a fountain drink or one serving of milk.

Ages 10 and under. \$6

Please add \$1 for juice.



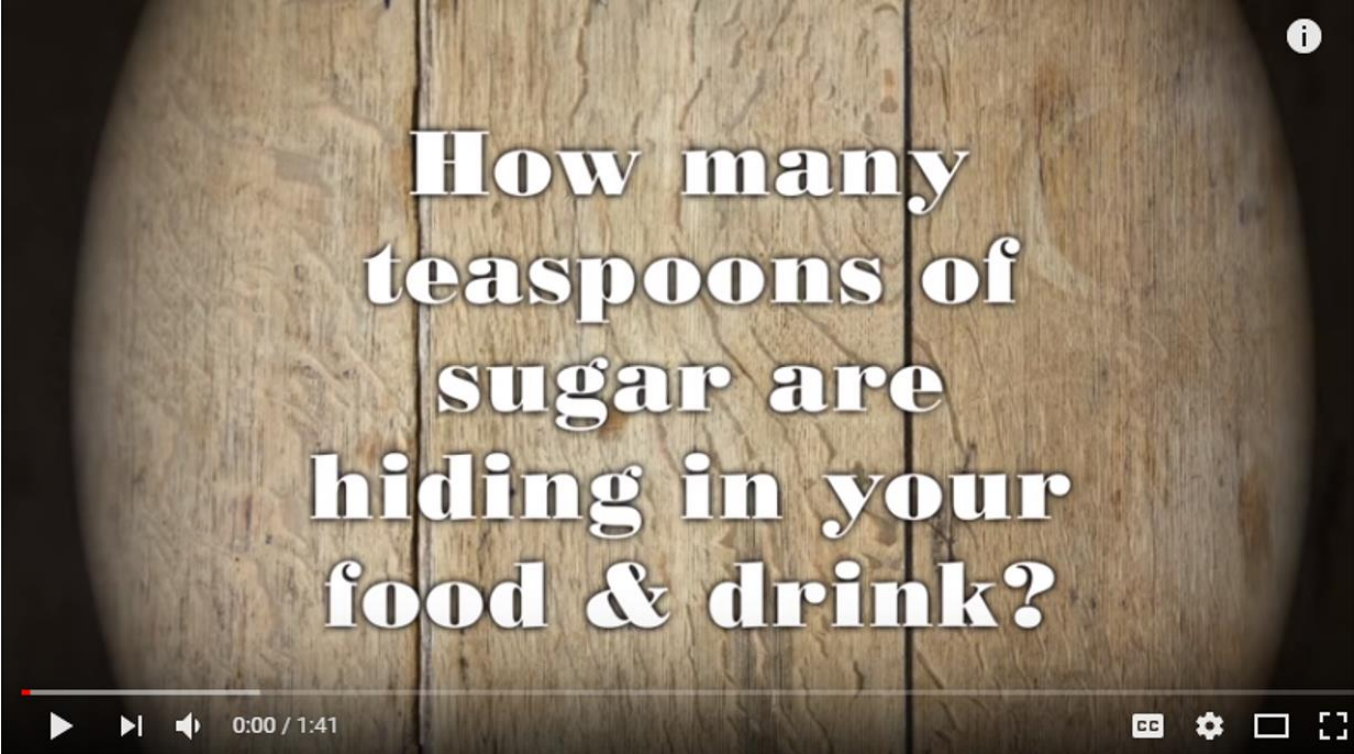
What is your favorite food?
Draw it here!



What do you think the picture will be? Connect the letters A to Z to discover a creature from long ago. Then you can use your crayons to make it unique!



*These items can be served raw or undercooked. Consuming undercooked meat may increase your risk of food borne illness.



**How many
teaspoons of
sugar are
hiding in your
food & drink?**



0:00 / 1:41

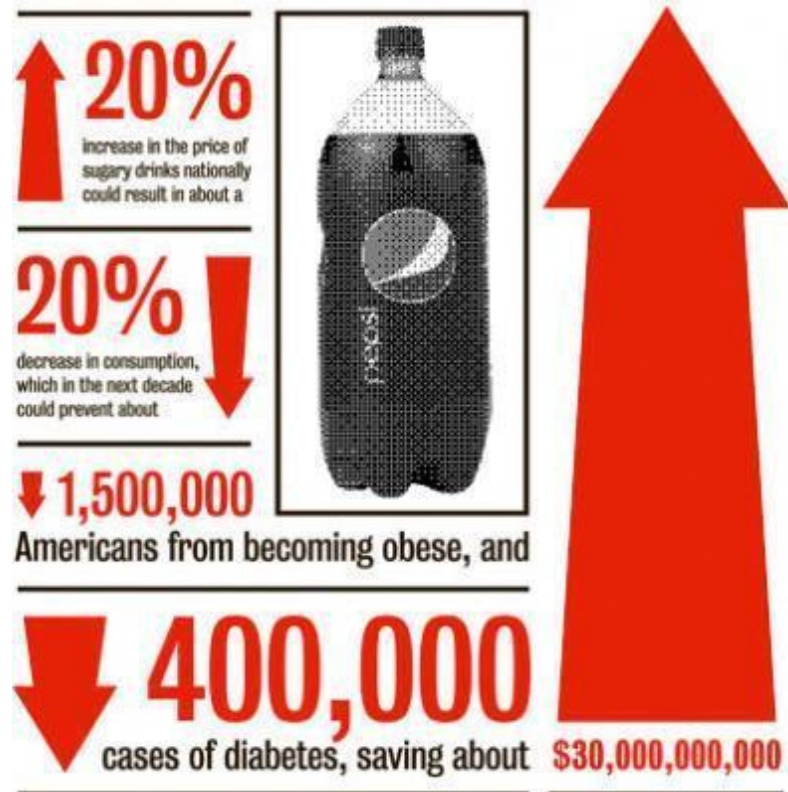


Other policy initiatives:

- Warning Labels



- SSB Taxes



How Can You Create a Culture of Health?

- Legislation doesn't pass without phone calls and letters to legislators.
- We need an army of advocates on the front lines responding to our action alerts with calls and letters.
- Help connect us to people who care about this issue in your community.
- Recruit more advocates.
- You are our army!

How Can You Create a Culture of Health?

- Join Sugar Free Kids Maryland by signing our Resolution now, or visiting sugarfreekidsmd.org.
- Watch your email for your next opportunity to act as part of Sugar Free Kids or the Cure.
- Visit www.yourethecure.org or sugarfreekidsmd.org to learn more.

Want to Get More Involved?

Contact Us!

Shawn McIntosh

Executive Director

smcintosh@medchi.org

Andy Krauss

Communications Officer

akrauss@thehorizonfoundation.org

Sugar Free Kids Maryland

phone: 410-539-0872

cell: 410-274-2156

www.sugarfreekidsmd.org

