

Healthy St. Mary's Partnership
Behavioral Health Action Team
October 12, 2018 from 2:00 – 3:30 p.m.
St. Mary's County Health Department

Minutes

- 1. Attendance:** Greg Reuss – American Foundation for Suicide Prevention (AFSP), Richard Russell – St. Mary's County Sheriff's Office (SMCSO), Jeniffer Edelen – Center for Children (CFC), Jennifer Fossell – College of Southern Maryland (CSM), Nat Scroggins – Minority Outreach Coalition (MOC), Gary Wilkerson – St. Mary's County Health Department (SMCHD), Brenda Payne – SMCHD, Amy Young – Maryland Coalition of Families (MCF), Mike Shaw – SMCHD, Lori Werrell – MedStar St. Mary's Hospital (MSMH), Ashly Nelson – SMCHD, Tammy Loewe – SMCHD, Cheryl Lyon – On Our Own, Carolyn Cullison – On Our Own, Thomas Brewer – community member, Kelsey Bush – Local Management Board/Department of Aging and Human Services (LMB/DAHS), Jameika Butler – The Jude House, Laura Webb – Walden, Tanya Hurst – SMCHD, Jacque Heaney – SMCHD

- 2. Objectives & Goals for 2018 Team Priorities**
 - a. Appropriate ER Utilization for Behavioral Health
 - i. Tammy gave a background on the goal and the subgroup's meeting deciding on what data to request from MedStar St. Mary's Hospital (MSMH). The team reviewed and discussed the ED data [PowerPoint](#). Key discussion points included: the idea to combine age ranges to target a larger audience, there was surprise that Great Mills was not in the top 5 zip codes but the team determined that Great Mills has the issue that much of it is actually considered Lexington Park, it was noted that the readmission related to behavioral health diagnosis means that they came back for the same reason (e.g. schizophrenia diagnoses came back for issue related to schizophrenia), the diagnoses numbers are based on the main diagnoses but some patients could be coded with multiple diagnoses, and it was noted that anxiety diagnoses are on the rise.
 - ii. The next step is to have the subgroup meet again to establish ideas for interventions and outreach.

 - b. Youth Suicide
 - i. The SMCHD Behavioral Health team will potentially be applying for a grant related to Youth Suicide Prevention. Should they determine that they are eligible and move forward with the application process, those who indicated that they were interested in being included in a youth suicide subgroup will be contacted to set up a meeting to provide input.
 - ii. AFSP and SMCHD are collaborating to provide an Applied Suicide Intervention Skills Training ([ASIST](#)) on October 26 & 27. Registration is full, but you can still be added to the wait list. They are also looking to schedule a second training.
 - iii. The Out of the Darkness Walk has been rescheduled for November 4. Register [here!](#)
 - iv. AFSP is collaborating with SMCHD to have a Survivor's Day event on November 17 at the Health Department. More information coming soon.



- v. CSM is hosting a Shattering the Stigma [event](#) on November 15 from 2:30 – 4:00.
 - vi. The peer speaker that AFSP and the St. Mary's County Public Schools were looking to have come present has been pushed to the Spring.
 - vii. BHA started sending out a suicide prevention newsletter and is scheduling [lunch & learns](#) up in Spring Grove.
 - viii. Maryellen is still working on the #RUOk campaign. An official launch date is TBD.
 - ix. Thomas sparked a discussion on school safety and suicide prevention. The group discussed that there needs to be a focus on de-stigmatizing seeking mental health treatment and making sure that people receive cognitive behavioral therapy.
- c. Marijuana
- i. The team was previously interested in scheduling a panel event on Marijuana related to the implementation of the medical marijuana program. The panel event was postponed due to experts on the research side of the effects of marijuana being unavailable. It was suggested that we look in to having an expert video conference in for the panel. The timeline was set for Spring/early Summer for the panel event to occur.

3. Domestic Violence Awareness Month

- a. Walden is still offering domestic violence and sexual assault services to the community including their crisis counseling services and the crisis hotline. They have goals of expanding their services with a satellite location in the Northern end of the county and by providing texting communication services. The Family Advocacy Center provides law services for victims of domestic violence. MSMH did not apply for grant funding for their domestic violence program this year. They no longer have a coordinator (the Director of the ED will be answering the domestic violence services line) but their ED and Women's Health staff are fully trained and will be keeping the program going strong. They are looking to have a work group with the community in the next year to see how they can expand their services.
- b. Walden has set up a Clothesline Project display in honor of Domestic Violence Awareness Month in the Lexington Park Library Gallery. They will be having a reception on October 18 from 4:00 – 7:00 p.m.
- c. Mike mentioned the new protective order that went into effect on October 1 in regards to removing firearms from the home of someone who is a reported domestic violence offender.

4. Partner Updates

- a. Thank you to everyone to attended the 2018 HSMP annual Meeting. Please take a few moments to fill out the [Meeting Feedback & Evaluation Form](#).
- b. The Behavioral Health Department at SMCHD is currently interviewing for a new Intervention and Outreach Coordinator and a position for the Bup grant is in the works.
- c. The LBHA is working on doing a self-assessment that will aid in determining how to integrate services for ease of access for patients.
- d. 3 primary cares are currently using SBIRTs (Screening, Brief Intervention, and Referral to Treatment). The ED is working on scheduling trainings for their staff.



- e. MSMH is doing a 6 month pilot of the Mindoula program. This provides patients with a 24/7 medicine and behavioral health case manager.
- f. East Run currently has behavioral health services and primary care services, but they are still looking for a dentist. The 3rd floor will be the location of the new outpatient VA clinic.
- g. Center for Children is currently accepting referrals for their psych rehab program in Calvert County. There is a short wait list for St. Mary's County.
- h. The MCF event on September 25 at the Mechanicsville Volunteer Fire Department was a successful with 25-30 people in attendance. Several people got trained to administer Naloxone.
- i. PABA's next meeting, on October 24, will be focused on inner peace. Meeting information is available [here](#).
- j. Walden's [Magic of Recovery](#) Block Party is on Friday, October 26.
- k. Charles County's HOPE Trailer, which allows community members to walk through a mock-teenager's bedroom to teach signs to look for that a teen is using drugs, was a success at the Charles County Fair! Jenna is looking into filming a walk-through for community members that cannot make it to see the trailer in person.
- l. The Community Health & Wellness Fair is October 19 from 9:30 – 3:30 at the Southern Maryland Higher Education Center.
- m. The Fall DEA Medication Take Back event is October 27 at the Elks Lodge in California from 9:00 – 1:00. The SMCHD Harm Reduction team will be there doing a syringe collection as well. Medications will also be collected at the Sheriff's Office in their medication drop box.
- n. Carolyn is looking to schedule a WRAP class and a Mental Health First Aid Training before Christmas. Official dates TBD.
- o. The WARM program will begin on November 4.

5. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email stmaryspartnership@gmail.com

6. Upcoming Meetings:

- a. **BHAT:** November 9, 2018 from 2:00 – 3:30 p.m. at the St. Mary's County Health Department

