

Healthy St. Mary's Partnership  
Tobacco Free Living Action Team  
October 18, 2018 from 10:45 a.m. – 12:35 p.m.  
East Run Medical Center

**Minutes**

1. **Attendance:** Sue Veith - St. Mary's Department of Economic Development (DED), Kim Dollarton – St. Mary's County Health Department (SMCHD), Ashley Milcetic – SMCHD, Shannon Bingham – SMCHD, Angela Cochran – SMCHD, Caitlin Kirkpatrick – SMCHD, Brenda Wolcott – MedStar St. Mary's Hospital (MSMH), Dee Rathbone – Parent's Affected by Addiction (PABA), Cathy Ertter – SMCHD, Masada Johnson – Deep Launching, Jacquie Heaney – SMCHD
2. **Updates: Policy/Advocacy Initiatives**
  - a. Goal: Increasing the number of tobacco free environments
    - i. Smoke Free Holy Grounds
      1. At the August meeting, the team discussed editing the Smoke Free Holy Ground Covenant Agreement. Jacquie drafted a new version of the [agreement](#) that allows faith-based organizations to choose the level to which they would like to participate. **Action Item: Please review the edited agreement and email Jacquie with any feedback.**
3. **Cancer Screenings Program Update**
  - a. Angela explained that this is a new standing item on the agenda. The grant for the cancer screening programs at SMCHD require that the health department have a coalition to report on the grant projects. There used to be a cancer coalition, but when HSMP was formed, the cancer coalition stopped meeting. They decided that the TFL action team meetings would be the right location to report on the cancer programs.
  - b. Cathy gave background on the [cancer screening program](#). The program covers breast, cervical, and colorectal cancer screenings. Both uninsured and underinsured community members can use the cancer screening programs. To enroll in the program you need to be a resident of Maryland, not specifically St. Mary's County. Cathy currently does outreach at East Run on Thursday mornings, which is when they see most of their under-insured patients. They are also using other methods, such as primary care providers, to promote the program. Cathy has found that speaking engagements are a good way to get word out to the community and is always looking for new places/groups to present to. Sue suggested having Dr. Brewster present the program to the commissioners at one of their meetings as it is televised for the community and would provide them with the knowledge to talk about it to the community. Dee suggested reaching out to churches to present to their congregations.
4. **Planning for GMHS Youth Engagement Project**
  - a. Caitlin is organizing the youth meetings with Nicole Hickey, the school nurse at Great Mills High School. She is one of SMCHDs e-cigarette mini-grant participants and is going to be our staff sponsor. She is promoting the group to the students in preparation for our first meeting on November 1. At the first meeting we will present on what the



coalition is, educate them on smoking/vaping, and see what ideas they come up with for their project. Possible project ideas: Tobacco 21 & having students become peer-educators. As an incentive for participating, the students will have the chance to receive community service hours and use this for their capstone project.

## 5. Partner Updates

- a. Sue is on the employee task force for the Smoke Free Government Grounds initiative. Caitlin and Angela will be attending their next meeting on November 2 to talk about other local institutions that have switched to a smoke free grounds policy. The current plan is to set a start date for 2019. Leading up to the start date, resources for cessation will be provided through their insurance. They will be doing a marketing campaign for the new policy. The big concern is locations such as the libraries, senior centers, and other locations frequented by non-employees. Possible incentives through the program include monetary insurance incentives for being a non-smoker and the roll out of “wellness breaks” in the morning and afternoon to encourage people to get up and move around instead of going to take smoke breaks.
- b. Dee shared the Fall MD GASP newsletter as well as his [letter to the editor](#), which was published in the Enterprise earlier this month.
- c. Ashley is Supervisor of Maternal & Child Health at the health department. They have a march of dimes grant for pregnant women/new moms using substances including tobacco and are always looking for new participants. Brenda suggested connecting with the lactation consultants at the high school as they can refer mothers to the program and provide educational literature.
- d. Masada educated 317 students at Leonardtown High School on Tuesday about e-cigarettes and vaping. She is looking to do more education in the middle school setting in the future.
- e. If you attended the 2018 HSMP annual Meeting, please take a few moments to complete the [Meeting Feedback & Evaluation form](#).

## 6. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email [stmaryspartnership@gmail.com](mailto:stmaryspartnership@gmail.com)

## 7. Upcoming Meetings:

- a. **TFL Team:** Thursday, November 1, 2018 from 10:45 – 12:35.
  - i. We will meet at East Run from 10:45 – 11:45 and then go across the street to Great Mills High School for their lunch block from 12:05 – 12:35.

