

Medstar St. Mary's Brief

November 28, 2018



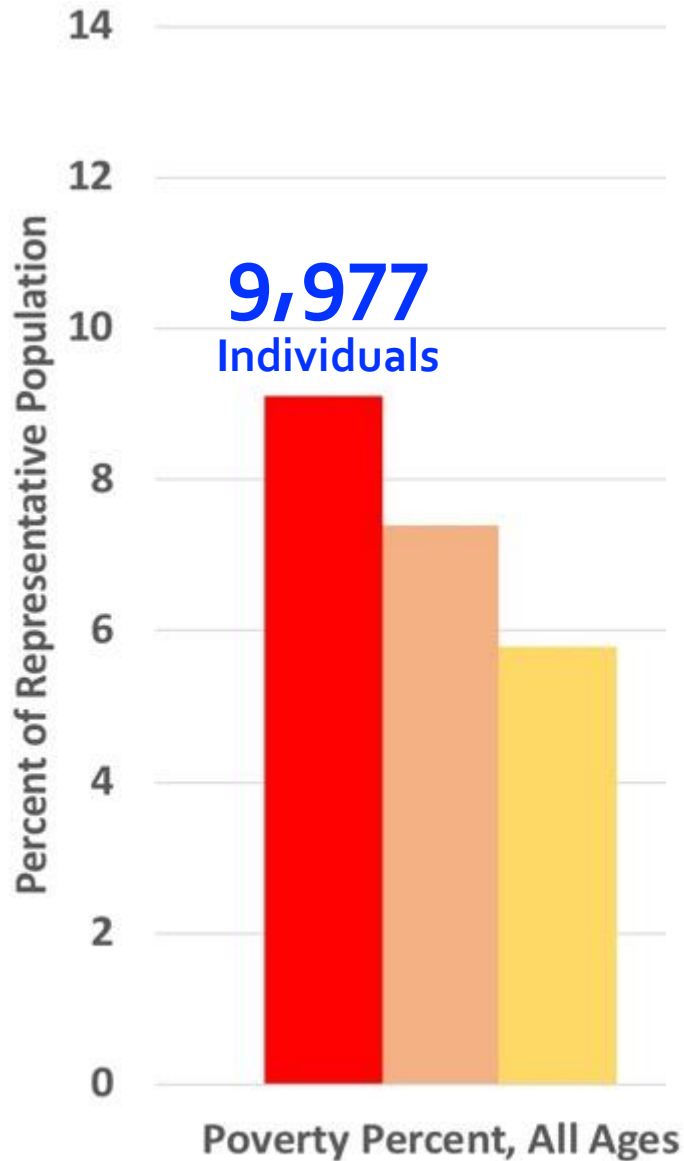
Why a Food Bank?

In 2016, an estimated 1 in 8 Americans were food insecure.

That's equal to 42 million Americans including 13 million children.

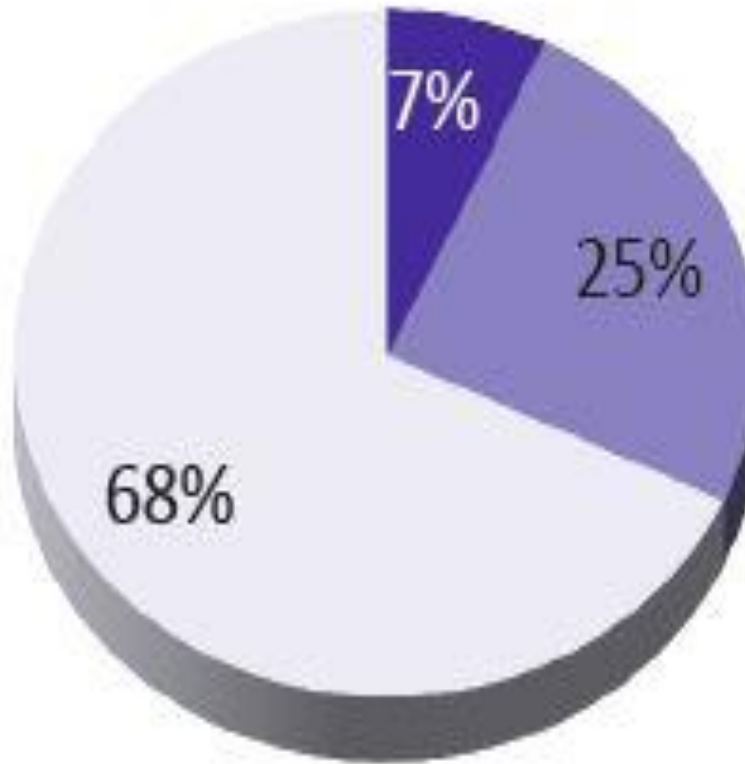


Relative 2016 Poverty Rates in the Tri-County Region



~35,000

St. Mary's Individuals in ALICE status



Poverty

ALICE

Above AT

\$68,652 in SMC

2 Adults, 1 infant, 1 Pre-School

ALICE: Asset Limited, Income Constrained, Employed

Hunger in St. Mary's

- Lack of access to adequate nutrition impairs children's growth and development, impacting long-term health and educational attainment.
- In some districts of St. Mary's County today, more than 35% of families are eligible for some form of federal assistance. In 2020, the food insecure population living in St. Mary's is projected to be above 35,000, slightly less than 1/3 of the population.
- An existing network of food pantries—sources of supplemental food for families in need—struggles to meet the growing demand. Without a food bank, St. Mary's County pantries rely on private donations and grocery stores to fill their shelves.



How is a Food Bank different from a Food Pantry?

- Food Banks are climate-controlled storage facilities that supply bulk foods to area pantries, soup kitchens, and shelters.
- Food pantries, soup kitchens, and shelters provide food from Food Banks directly to families in need.



Church of the Ascension

The Mission

Mon – Fri 7 am – 2 pm

The Loaves and Fishes
Soup Kitchen

St. Paul's Church

Tue & Th 11 am-12:50 pm

St. Mary's Caring Soup Kitchen

Mon - Sat

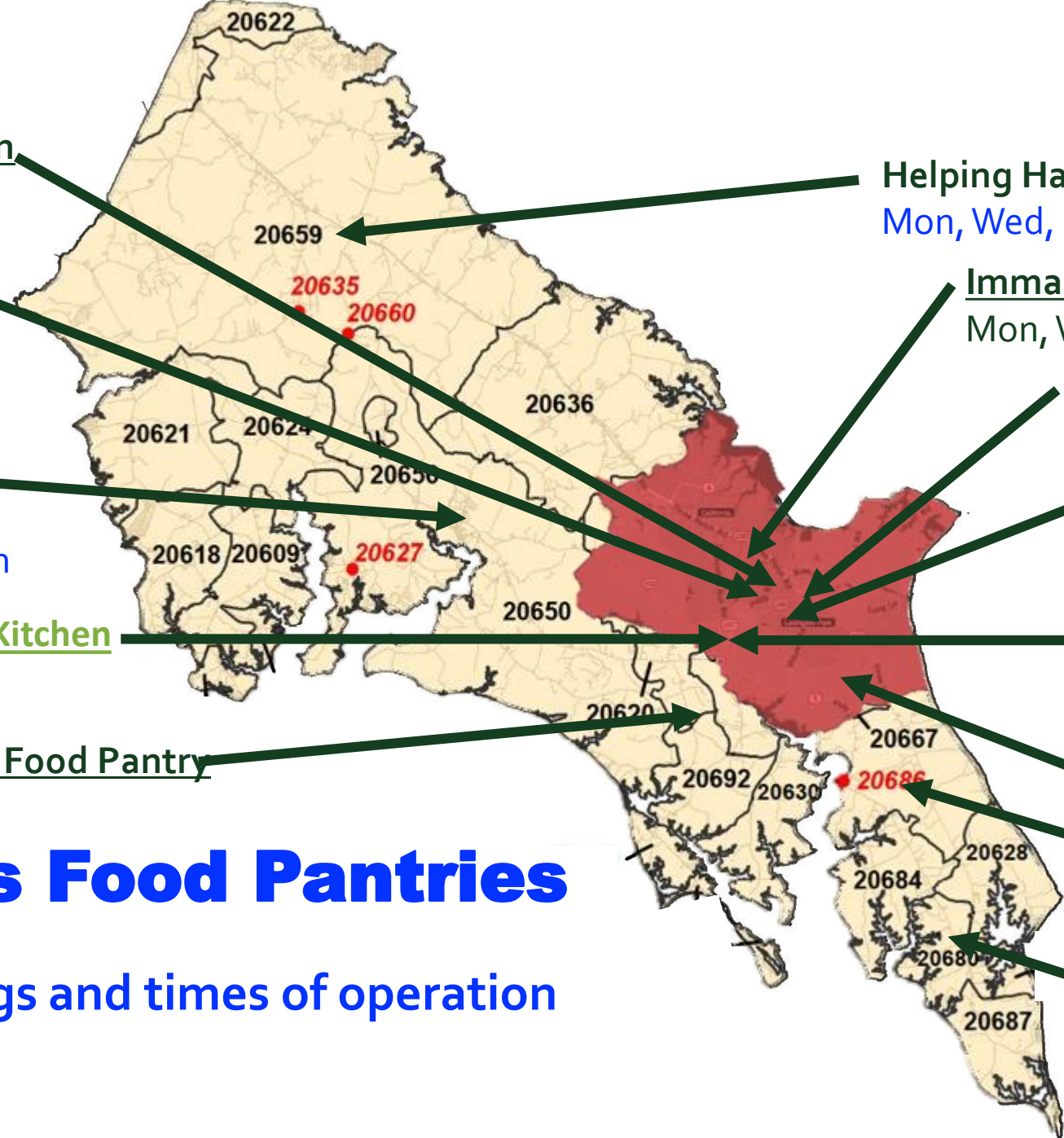
St. Mark's Bread of life Food Pantry

Mon 12 – 2:30 pm

St. Mary's Food Pantries

Various offerings and times of operation

Lifestyles of Maryland



Helping Hands Food Pantry

Mon, Wed, Fri 10 am – 1 pm

Immaculate Heart of Mary

Mon, Wed, Fri 12 pm – 2:30 pm

Lexington Park

Baptist

Church

Trinity Lutheran Church

Food Pantry

Tue 6:00 – 7:30 pm

Our Daily Bread

Good Samaritan Church

Wed & Fri 11am – 12:30 pm

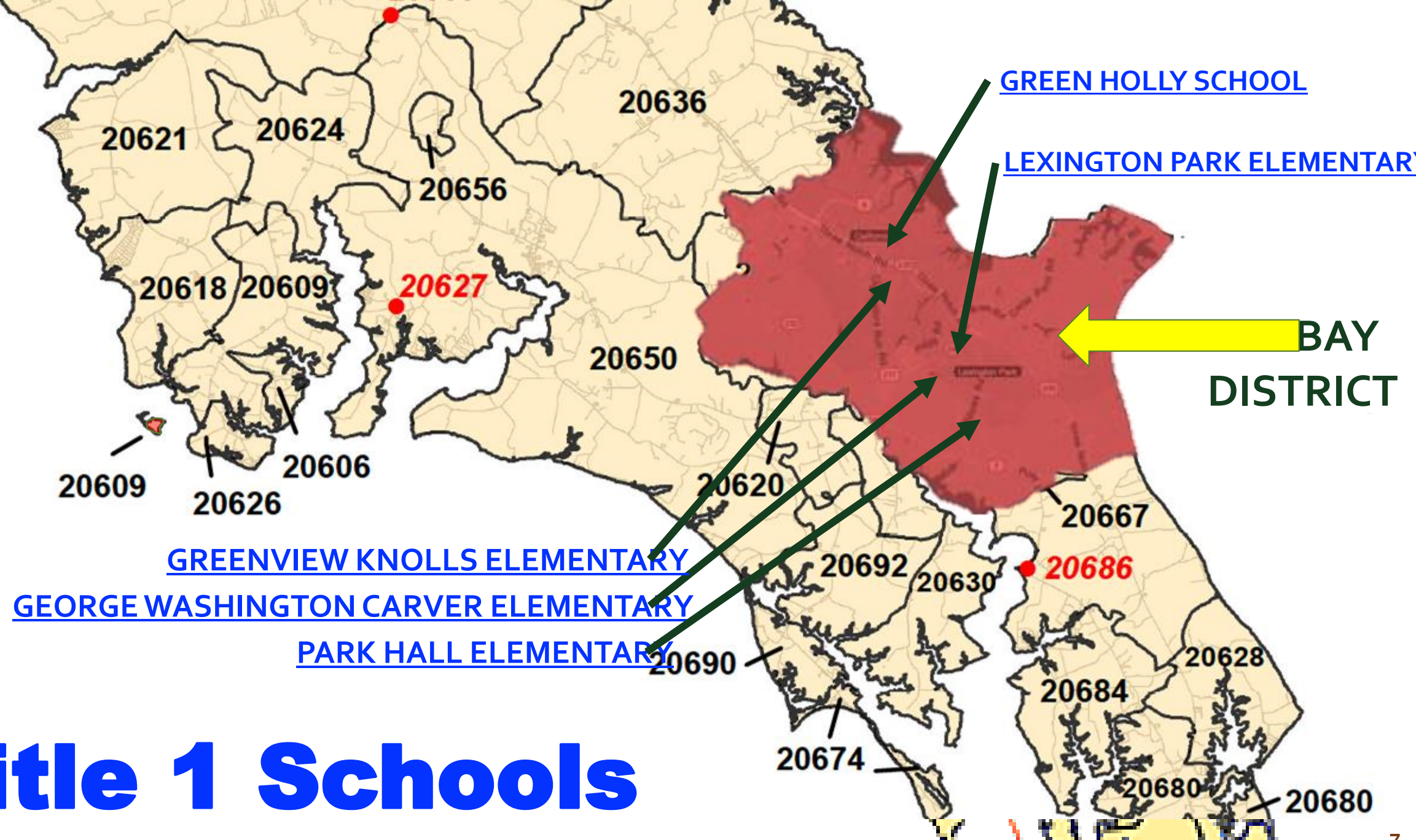
Zion United Methodist

St. Cecilia's Catholic

Church

First Friendly Pantry

Wed 9:30: – 11:00 am



Title 1 Schools

Feed St.
Mary's
Website

Food Pantry Issues in the Bay District

- Not enough food
- Poor quality of food available
- Food storage/refrigeration/freezer issues
- Not enough volunteers
- Limited open hours
- Not meeting the food needs

**No
Localized,
Accessible
Food
Bank**



What to do to Obliterate Hunger in St. Mary's

- The Lexington Park Rotary Club convened a public-private partnership comprised of social services stakeholders, faith- and community-based organizations, and government agencies to find a solution to the problem.
- The resulting project, Feed St. Mary's, proposes to partner with the Maryland Food Bank to find space, staffing, volunteers, and food to make adequate nutrition available to those who need it most.
- The Rotarians have committed \$50,000 to the development of a food bank to serve St. Mary's County food pantries.



The Solution

Start Small
Rotary Role

A Catalyst

No Ownership

No Sustainment

Seed Money (\$50K)

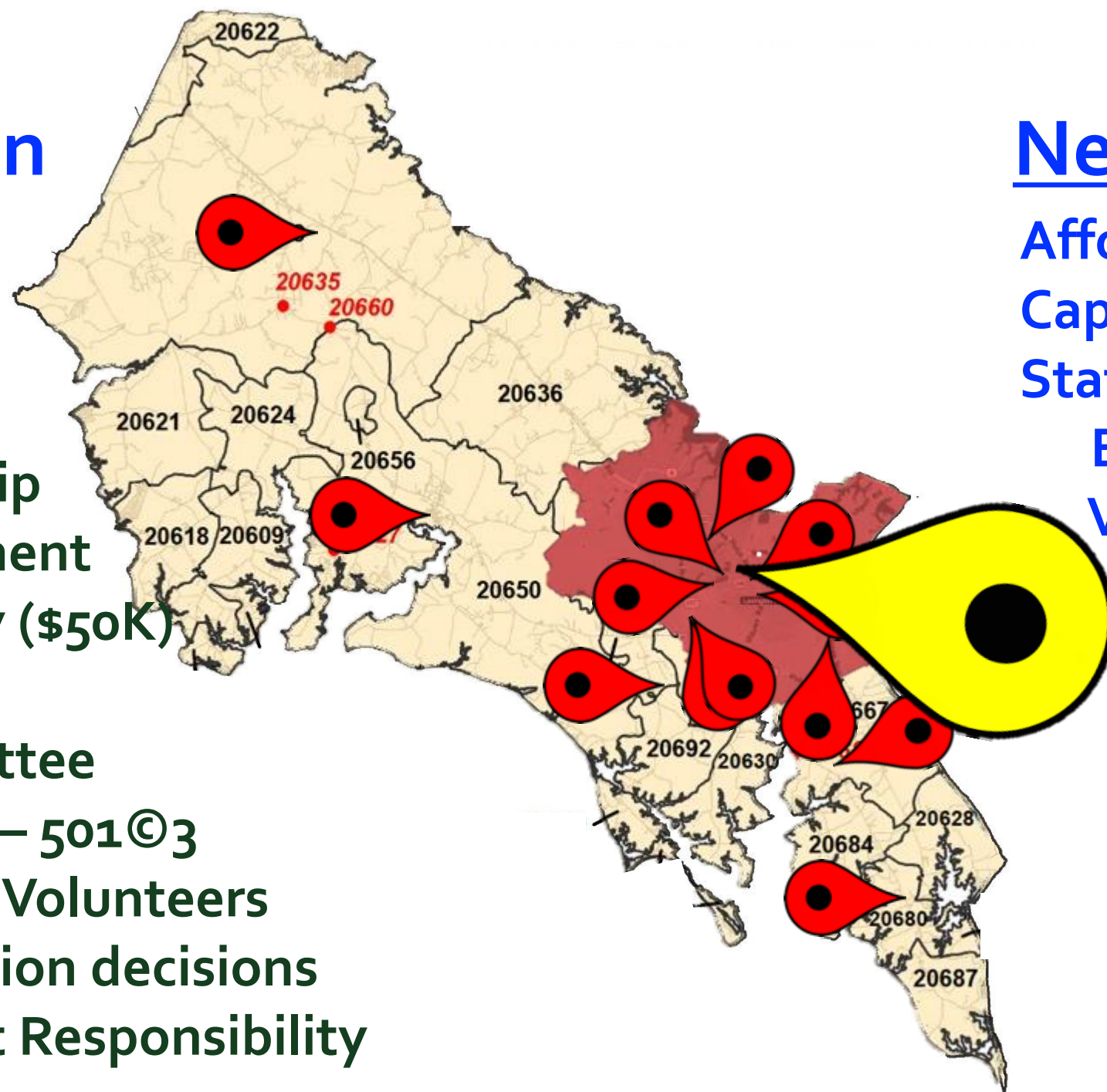
Steering Committee

Ownership ← 501©3

Staffing and Volunteers

Food Allocation decisions

Sustainment Responsibility



Near Term

Affordable Location

Capital Equipment

Staffing

Employees

Volunteers

**Feed St.
Mary's
Food
Bank**

Feed St. Mary's Steering Committee



- Food Pantries (Faith Based)
- One Governor's Commission Member
- One grant Writer
- One Economics PHD
- One EdD
- One Experienced Data Analyst
- One Former Commissioner President
- Five retired executives, and educators

Way Forward

- **Continue to gain momentum for a Food Bank in St. Mary's County**
 - Continue to refine challenges and support mechanisms
 - Work with MD Food Bank to meet their requirements for a Food Bank
- **Develop a sustainable, representative governance body**
 - Begin process of developing a 501c(3) to 'own' the Food Bank
 - Quantify and secure necessary resources



HOW CAN YOU HELP?

- Volunteer
 - Marketing & Development Committee
 - Business Planning Committee
 - Location Search Committee
 - Individual Pantries
- Sponsorships
 - Individual
 - Corporate
- Donations
 - Lexington Park Rotary Feed St. Mary's
 - Any size donation helps!!



Questions?

For more information contact:

Julie Randall, FSM Business Planning Chair

301-904-9426

jbrandall31055@gmail.com

Linda Lymas, FSM Steering Committee Chair

410-245-2354

lindalymus@aol.com

