

# St. Mary's County Community Alcohol Coalition

Status Report

December 14, 2018

# The "MSPF" Process



- ▶ St. Mary's County Specific Data
  - ▶ CDC's Youth Risk Behavior Survey (YRBS)
  - ▶ University of Maryland School of Pharmacy: Maryland Young Adult Survey on Alcohol (MYSA)
- ▶ Focus Groups with Local Youth and Young Adults

# Past 30-Day Alcohol Use Among High School Students

**Maryland 25.5%**

**St. Mary's County 32.6%**

- **Male 29.5%**
- **Female 35.3%**

YRBS 2016

# Past 30-Day Binge Drinking Among High School Students

**Maryland 15.7%**

**St. Mary's County 17.7%**

- **Male 16.1%**
- **Female 19.0%**

YRBS 2016

# Alcohol Use Among Young Adults

## Past 12-month Alcohol Use

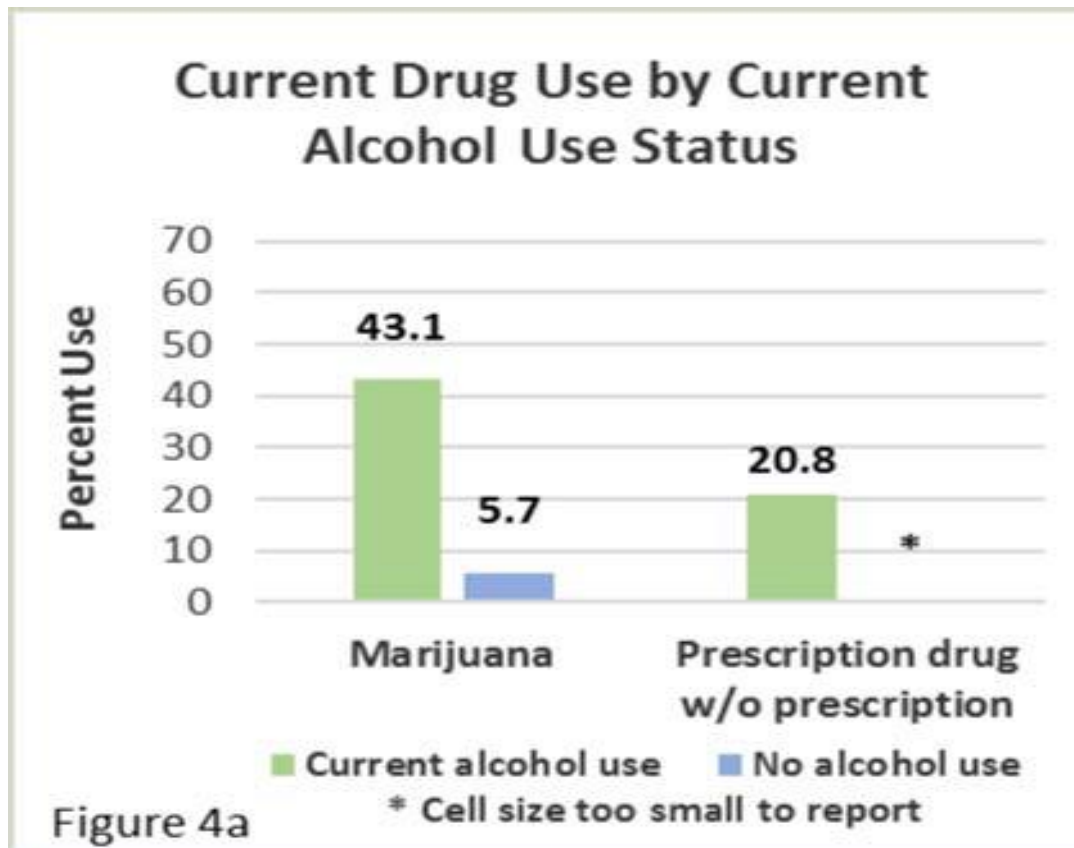
<u>Maryland</u>	<u>SMC</u>	<u>18-20</u>	<u>21-25</u>
97.2%	93.9%	90.1%	96.7%

## Binge Drinking (5+ drinks)

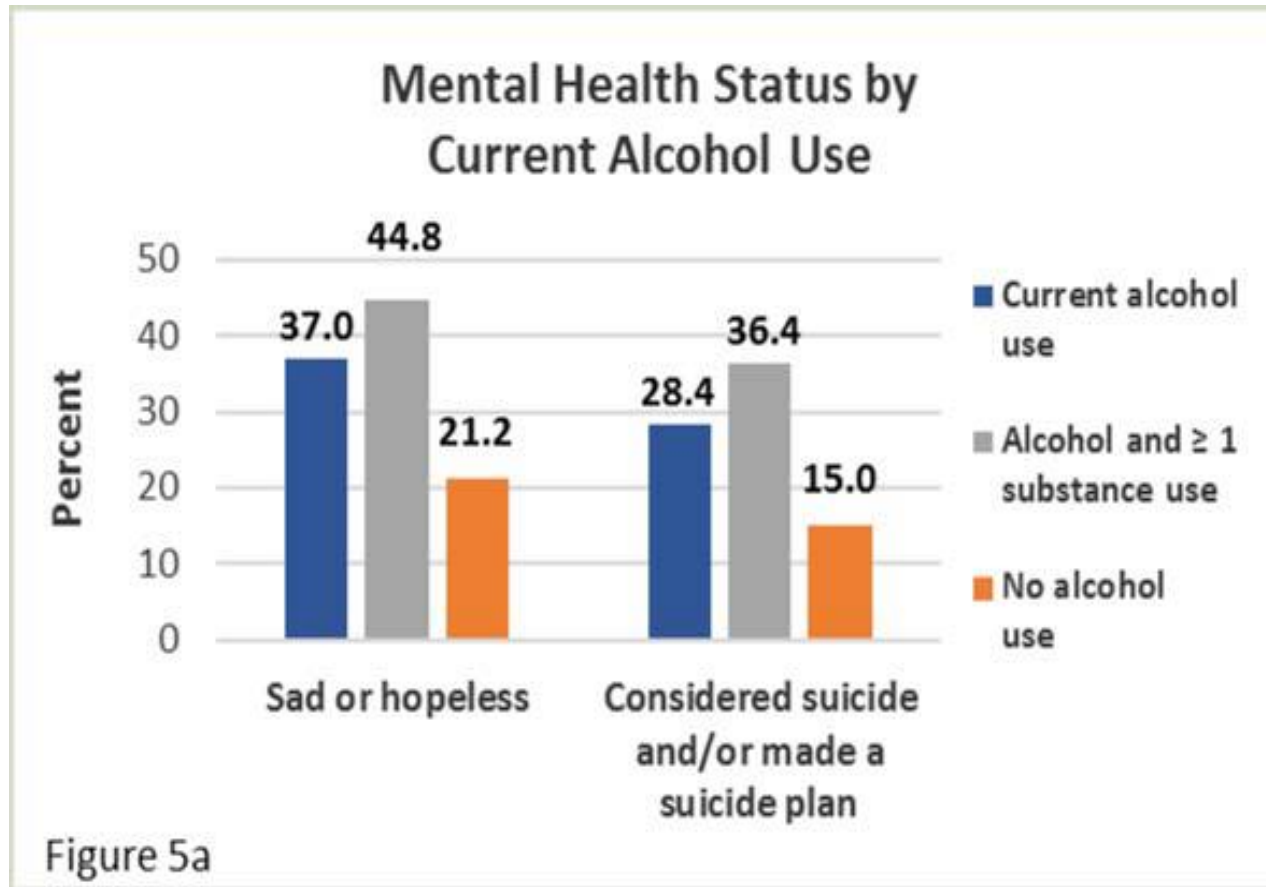
<u>Maryland</u>	<u>SMC</u>	<u>18-20</u>	<u>21-25</u>
54.2%	51.3%	51.9%	51.7%

MYSA 2018

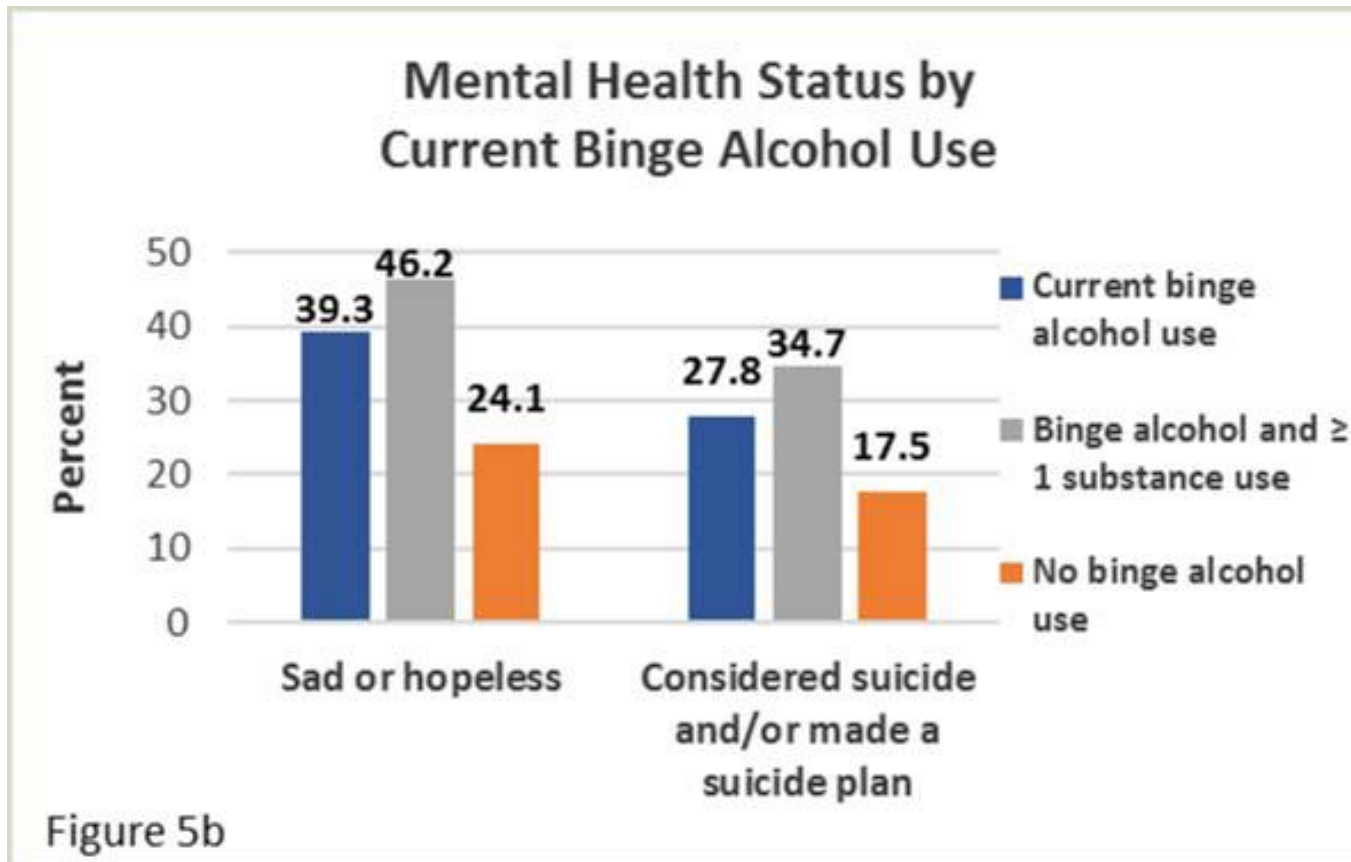
# Underage Alcohol Use is Correlated with Use of Other Drugs



# ...and with Mental Health Status



...Binge drinking has even stronger links with mental health status



# Where They Get Alcohol

<u>Took from home w/out permission</u>	81.3%
<u>Paid someone</u>	79.2%
<u>Non-parent adult relative</u>	75.8%
Non-related adult	72.2%
Underage person	64.4%
Parent/guardian	57.2%
Took from other's home	42.5%
Purchased	26.2%

*SOURCE: ST. MARY'S COUNTY YOUTH SURVEY, 2015*

# Where They Consume Alcohol

<u>Party</u>	<u>92.6%</u>
<u>Friend's house</u>	<u>80.8%</u>
<u>Home</u>	<u>57.5%</u>
Outdoors	28.1%
In a car	11.8%
Community event	10.3%
School	6.0%

*SOURCE: ST. MARY'S COUNTY YOUTH SURVEY, 2015*

# St.Mary's County High School Students tell us that...

*“Parents will purchase [it] sometimes and take keys of everyone who is at their house. Older friends or friends who work in establishments that sell alcohol will sell to their underage friends.”*

*“friends’ houses (parents sometimes aware other times not aware), in school, surrounding area in the woods, public places/parks are all places to drink.”*

*Source: Focus Groups 2017*

# The data are important because they...

- ▶ **...highlight risk factors for underage drinking in SMC**
  1. Parents are potentially unknowing sources of alcohol in their home
  2. Potential permissive attitudes towards youth drinking
  3. Third party purchasers enable access to underage youth and young adults
- ▶ **...and suggest an approach to addressing the problem: A Social Host Ordinance that can limit**
  - ▶ Alcohol sources
  - ▶ Consumption locations

# Next Steps

- ▶ Developing and finalizing of Issue Brief
- ▶ Securing buy in from local agency heads/leaders
- ▶ Generating community support
- ▶ Initiating legislative process