

Healthy St. Mary's Partnership
Behavioral Health Action Team
March 8, 2019 from 2:00 – 3:30 p.m.
St. Mary's County Health Department

Minutes

- 1. Attendance:** Gregory Jones - Teen Court, Carolyn Cullison - On Our Own (OOO), Dawn Sisk - Pathways, Chris Shea - St. Mary's County Health Department (SMCHD), Maryellen Kraese - SMCHD, Dee Rathbone - Parents Affected by Addiction (PABA), Greg Reuss - American Foundation for Suicide Prevention (AFSP), Richard Russell - St. Mary's County Sheriff's Office (SMCSO), Gerald Rojas - SMCHD, Tammy Loewe - SMCHD, Laura Webb - Walden, Rachel Nussberger - Tri-County Youth Services Bureau (TCYSB), Tanya Hurst - SMCHD, Megan Hildenberger - community member, Guy Leonard - The County Times, Jacquie Heaney - SMCHD
- 2. Brainstorm/Discussion: Objectives & Goals for 2019 Team Priorities** - The team brainstormed action items to address the team priorities that were identified at the January team meeting.
 - a. ED Utilization for Behavioral Health**
 - i. Jacquie provided a sample [flyer](#) for Network of Care. They can customize this for our county. The team decided that this flyer was more for the providers and we should try to get a flyer that is for community members. Jacquie will reach out to Network of Care to see if they already have a sample flyer for this purpose, if not SMCHD can talk to their graphic artist.
 - ii. Support recruitment of buprenorphine providers.
 - iii. Gather EMS data on presenting problem when transported to the ED.
 - iv. Crisis Intervention Team
 1. Look at different models, find funding sources, establish work group
 - b. Youth Mentoring**
 - i. Walden Sierra is going to be incorporating the Botvin curriculum.
 - ii. TCYSB utilizes the Botvin curriculum.
 - iii. Have Maryland Mentor come down for a community presentation.
 - iv. Southpoint church, WOLF, FLOW provide youth mentoring.
 - v. Survey the community to see what youth mentoring programs exist and what curriculum they are using.
 - vi. Host a roundtable discussion series with local youth mentoring programs to provide resources (talk about recruitment, funding, etc.)
- 3. Suicide Means Restriction**
 - a. Several flyers from the Maryland Suicide Prevention and Early Intervention Network (MD SPIN) were provided.
 - i. [Talking About Responsible Gun Storage](#)
 - ii. [Talking to Your Children About Guns](#)
 - iii. [Means Safety and Suicide Prevention](#)
 - iv. [Join the Campaign to Reduce Child Gun Deaths](#)
 - b. Greg talked about his work on suicide means restriction over the past few years. He did several trainings a couple years ago and continues to do outreach at local events.



4. The Momo Challenge: Tips & Resources

- a. The team discussed prevention and the Momo Challenge. A [resource guide](#) created by MD SPIN was provided.

5. Partner Updates

- a. AFSP's Maryland [Paws for Prevention Walk](#) is on May 11 in Annapolis
- b. See all upcoming AFSP Maryland events [here](#).
- c. Carolyn will piloting a new program of an 8 week WRAP class for prisoners beginning at the end of the month.
- d. There are 3 potential bup providers who will be completing their training at the end of the month.
- e. Maryellen has been attending the Rising Freshman nights at the high schools and handing out prevention packets to attendees. They are also surveying parents at these events on teen drinking habits.
- f. Maryellen is participating in the Traffic Safety Committee and looking at the education aspect.
- g. The [RU OK?](#) PSA is out!
- h. The county did an [FAQ](#) on Teen Court.
- i. Dee provided a copy of his recent [letter to the editor](#).
- j. Dee provided a clipping from the Washington Post on Virginia's school ban on [tobacco products](#).
- k. Pathways is offering an Adult Mental Health First Aid Training on May 3rd. Contact [Dawn](#) to register.
- l. Pathways has openings in their Healthy Transitions Program. For more information call Dawn Sisk at 240-587-8047.
- m. Save the Date for the [HSMP Annual Meeting](#) on September 19, 2019.
- n. The [Community Alcohol Coalition](#) meets on the 4th Tuesday of every month at noon at Health Connections. These meetings are open to community members.
- o. The Community Alcohol Coalition [Conference](#) will be on June 3 at the Tech Center.
- p. SMCSO has 12 new officers that have all completed Naloxone training and will be completing a Crisis Intervention Team Course.
- q. Walden has a grant for buprenorphine treatment that can help with copays and transportation.
- r. Walden has a new [website](#) and is updating the flow of their call prompts.
- s. The Cove is currently sharing space with Beacon of Hope and looking for a new location.
- t. Fentanyl Testing Strips have been ordered - we are not sure how many will be coming to our county yet.

6. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email stmaryspartnership@gmail.com

7. Upcoming Meetings:



a. **BHAT:** April 12, 2019 from 2:00 – 3:30 p.m. at the St. Mary’s County Health Department

