

Healthy St. Mary's Partnership
Tobacco Free Living Action Team
April 4, 2019 from 10:45 p.m. – 12:35 p.m.
East Run Medical Center

Minutes

1. **Attendance:** Allyson Myers – St. Mary’s County Health Department (SMCHD) intern, Jenna Guzman – SMCHD, Nat Scroggins – Minority Outreach Coalition (MOC), Shannon Heaney – SMCHD, Jacquie Heaney – SMCHD, Nancy Stone – SMCHD, Cathy Ertter – SMCHD, Brenda Wolcott – MedStar St. Mary’s Hospital (MSMH), Kim Dollarton – SMCHD, Caitlin Kirkpatrick – SMCHD, Michael Brown – Unified Committee for Afro-American Contributions (UCAC)
2. **Legislative Update**
 - a. Allyson Myers, St. Mary’s College of Maryland Student & Policy Intern at the St. Mary’s County Health Department, provided [legislative briefs](#) and an update on the tobacco legislation from the 2019 Maryland General Assembly.
3. **Health Education Surrounding Vaping/E-Cigarettes**
 - a. Jacquie provided a copy of Scholastic’s [Lung Experiment Kit lesson plan](#). This hands-on experiment is designed to show students how smoking can affect the lungs. The group decided that this would be an educational and easy activity to do at events throughout the summer. Youth who want to participate will complete the first part of the experiment (which type of balloon/lung is easier to fill with air – the single balloon representing the healthy lung or the double balloon representing a smoker’s lungs) and we will have pre-made sample of the second part of the experiment – the lung model. **Action Item:** We need donations of balloons for this activity and we will need a list of events for the summer and summer programs so that we can make sure that we provide this activity to as many youth in the community as possible. Current suggested events are: Juneteenth, Project Grad, and the summer lunch program.
 - b. The group continued to discuss the issue of e-cigarettes. The FDA announced this week that there is a possible connection between e-cigarettes and seizures. Nat brought up “clouding” where youth gather and vape together. There was a discussion around parental education and resources – the Vape Aware page on the SMCHD website has been updated. Parents are catching their teenagers vaping and using their network to pass the information along from parent to parent. There was discussion around slang terms being developed to hide e-cigarette use from adults.
 - c. The group discussed the need for a campaign and possibly a speaker series when the new Tobacco 21 legislation gets enacted in October (pending Governor Hogan’s signature). It was suggested to do a poster contest with the high schools.



This legislation will effect 18-20 year olds who will no longer be able to purchase tobacco products so there will be an extra need for cessation supports during this transition.

4. Old Business:

a. Smoke Free Holy Grounds Info Session

- i. The Information Session on March 29 went very well. There was a representative from Zion United Methodist Church as well as a church in Calvert County. Bishop Thomas' presentation is available here. If churches are interested in signing up for the program they can reach out to through the HSMP email.

b. Cancer Screening Program Updates

- i. Nancy is a new employee at SMCHD and is working with Cathy on the Cancer Screening Programs. They are still looking for qualified community members to get screened for colorectal cancer. Numbers are up in the breast and cervical cancer screening with several complicated cases. Nat is going to work on connecting some MOC members with Cathy for colorectal cancer screenings.

c. TFL Junior Team Update

- i. The students are currently completing their Peer Education Program. The Peer Educators from St. Mary's College will be meeting with them for a whole lunch period in September. Before the end of the school year, we are going to provide the students with a list of summer events that we will be at so that they can help us with outreach and gain more experience.

5. Partner Updates

- a. Comcast is working with students from the Tech Center to create PSA videos for a contest where the winning videos will be aired on TV.
- b. SMCHD's Office of Maternal, Elder, and Child Health is offering safe sleep sacks for anyone who is pregnant and uses substances.
- c. MSMH received a grant to open the Dental Clinic in East Run. They will be contracting the Dentists and are hoping to be up and running by June 1.
- d. MOC is hosting a [Community Conversation](#) on April 26 from 11:00 a.m. – 1:00 p.m. in honor of Minority Health Month.
- e. National Take Back day is April 27. There will be [medication and sharps collection events](#) at the Sheriff's Office Headquarters in Leonardtown and the Elks Lodge in California from 9:00 a.m. – 1:00 p.m.
- f. The [St. Mary's Worksite Wellness Collaborative Meeting](#) is May 16.
- g. SMCHD is now accepting applications for the [Summer Student Academy in Public Health](#).
- h. Caitlin will be presenting alongside Comcast at the NACCHO Conference on the Vape Aware Campaign.



- i. The 16th Annual [Juneteenth Celebration](#) is June 15 at John G Lancaster Park.
- 6. Communications**
- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at:
<http://healthystmarys.com/newsletter/> or email stmaryspartnerhip@gmail.com
- 7. Upcoming Meetings:**
- a. **TFL Team:** Thursday, May 2, 2019 from 10:45 – 12:35 at East Run Medical Center.
 - b. **2019 HSMP Annual Meeting:** September 19, 2019 at the Southern Maryland Higher Education Center.

