

MORE  
to explore



st. mary's county

PASSPORT PROGRAM

Welcome to the **More To Explore Passport Program** brought to you by The Healthy Eating & Active Living (HEAL) Action Team of Healthy St. Mary's Partnership.

Discover what is just outside the door or around the corner while walking your way to wellness! The **More To Explore Passport Program** encourages all in St. Mary's County to get outside and enjoy an amazing combination of parks, historic sites, farmers' markets and more. What are you waiting for, get outside and explore!

**Once you have visited 12 or more of the 24 sites, visit your closest St. Mary's County Public Library to receive a prize.** You will also be entered into a grand prize drawing. Grand prize winners will be contacted at the end of the summer. This year's program runs from June 17 - August 17, 2019.

Don't forget to share your adventure on the More to Explore Facebook page!

***There is so much more  
just outside your door!***



## Site Amenities Symbols



biking



pets ok



fishing



fresh produce



kayaking



camping



picnicking



hiking



swimming



access



books



horseback riding



winery



shopping

## More to Explore Sites

Prize Page	page 3
Cardinal Gibbons Park	4
Chancellor's Run Regional Park	6
College of Southern MD- Leonardtown Campus	8
Dorsey Park	10
Elms Beach Park	12
Fifth District Community Park	14
Great Mills Canoe/Kayak Launch	16
Greenwell State Park	18
Home Grown Farm Market	20
Historic St. Mary's City	22
John G. Lancaster Park	24
John V. Baggett Park at Laurel Grove	26
Miedzinski Park	28
Myrtle Point Park	30
Nicolet Park	32
Piney Point Lighthouse, Museum & Historic Park	34
Point Lookout State Park	36
Seventh District Park	38
Sotterley Plantation	40
St. Clements Island Museum	42
St. Mary's County Libraries- 3 Sites	44
St. Mary's River State Park	46
Town of Leonardtown Tour- 2 Sites	48
Winery Port of Leonardtown	50

## Complete Your Passport!

When you visit a site listed in this passport, look for a green More to Explore trail marker, like the one shown below. Log the code on the corresponding page in your passport.

Or log your codes online. Go to the St. Mary's County Public Libraries website: [www.stmalib.org](http://www.stmalib.org), click on the More to Explore logo & start your adventure.

Present your completed Passport Prize Page at your closest St. Mary's County Public Library or show them your completed badge from the online site to claim your prize & be entered into the grand prize drawings.

**MORE**  
to explore

st. mary's county

To record your visit to this site, find the correct page in your More to Explore Passport and make a rubbing of the box below, using a pencil or crayon.

**SITE NAME**





## Prize Page

Complete, cut out and present to any St. Mary's County Public Libraries to claim your prize & be entered for additional prizes.

NAME: \_\_\_\_\_

AGE: \_\_\_\_\_

PHONE #: \_\_\_\_\_

# OF PEOPLE IN YOUR FAMILY, INCLUDING PARENTS: \_\_\_\_\_

HOME ZIP CODE: \_\_\_\_\_ DATE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

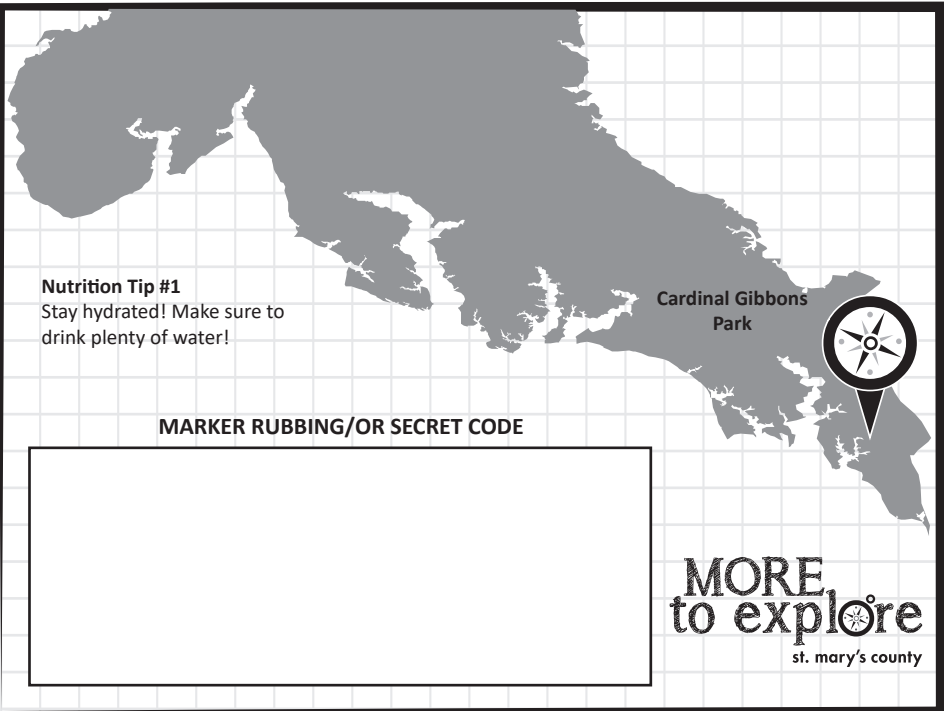
**MORE**  
**to explore**  
st. mary's county

# Cardinal Gibbons Park

16924 St. Peter Claver Road  
St. Inigoes, MD. 20684

The park has a playground, tennis court, basketball courts, softball fields and restroom facilities. Park hours are 7 a.m. to sunset.





**Nutrition Tip #1**

Stay hydrated! Make sure to drink plenty of water!

Cardinal Gibbons  
Park



**MARKER RUBBING/OR SECRET CODE**

**MORE**  
**to explore**  
st. mary's county

# Chancellor's Run Regional Park

21903 Chancellor's Run Road  
Great Mills, MD 20634

The park has a playground, tennis court, basketball court, softball fields, baseball fields, soccer fields, Hall of Fame Building, Activity Center, restroom facilities, picnic pavilion, hiking trails and bocce court. Park hours are 7 a.m. to sunset. Some nighttime activities are scheduled at this park.





Chancellor's Run Regional Park

**Nutrition Tip #2**

Choose healthy carbs, like whole grains, for long lasting energy!

**MARKER RUBBING/OR SECRET CODE**

**MORE**  
**to explore**  
st. mary's county

# College of Southern MD - Leonardtown Campus

22950 Hollywood Rd  
Leonardtown, MD. 20650

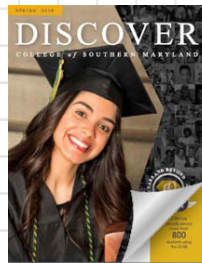
The College of Southern Maryland (CSM) is an open-admissions, comprehensive regional community college that fosters academic excellence and enhances lives in Southern Maryland. CSM meets the diverse needs of students and the community by providing accessible, accredited, affordable, and quality learning opportunities for intellectual development, career enhancement, and personal growth. The college embraces lifelong learning and service, providing a variety of personal enrichment and cultural programs in a safe and welcoming environment.

Markers available during working hours

5:30 am-9:30 pm Mon-Fri

8:00-5:00 Saturday

1:00-5:00 Sunday



College of Southern MD -  
Leonardtown Campus



**Nutrition Tip #3**

Take a walk after dinner or play a game of catch to get in your daily physical activity!

**MARKER RUBBING/OR SECRET CODE**



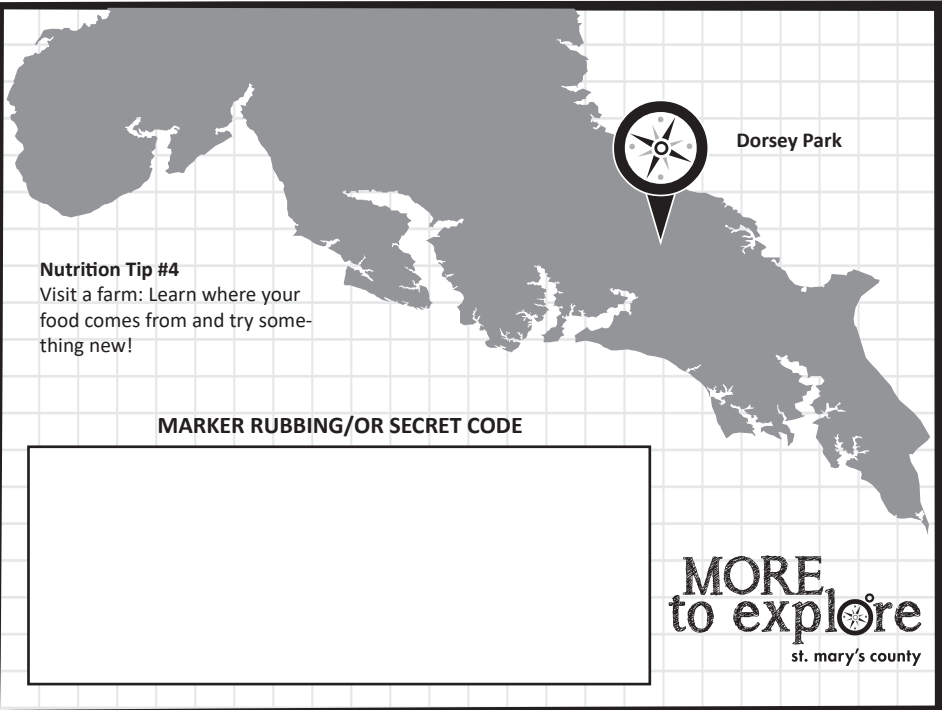
**MORE**  
**to explore**  
st. mary's county

# Dorsey Park

24275 Hollywood Road  
Hollywood, MD 20636

The park has a playground, lighted tennis court, basketball court, picnic pavilions, football fields, softball fields, baseball field, hiking trails, soccer field, horseshoe pit and restroom facilities. Park hours are 7 a.m. – sunset. Some night games are scheduled here.





**Nutrition Tip #4**

Visit a farm: Learn where your food comes from and try something new!

**MARKER RUBBING/OR SECRET CODE**

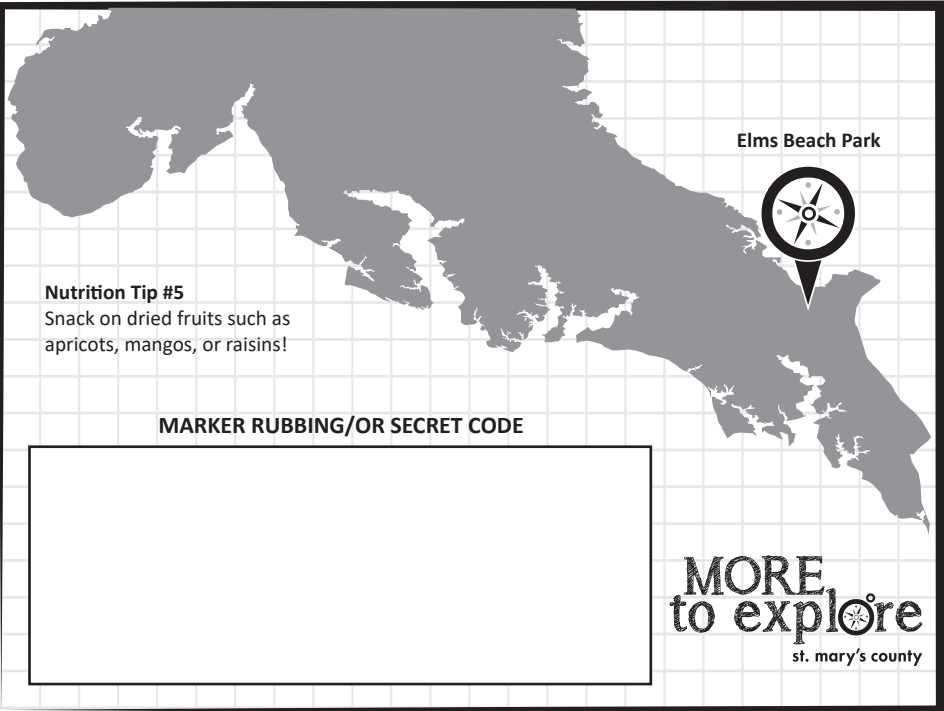
**MORE**  
**to explore**  
st. mary's county

# Elms Beach Park

19350 Back Door Road  
Lexington Park, MD 20653

The park has a playground, beach, picnic pavilion, seasonal portable restrooms, fishing/crabbing. Park hours are 7 a.m. to sunset. Park entrance fees are charged May – Labor Day on weekends only.





Elms Beach Park

**Nutrition Tip #5**

Snack on dried fruits such as apricots, mangos, or raisins!

**MARKER RUBBING/OR SECRET CODE**

**MORE**  
**to explore**  
st. mary's county

# Fifth District Community Park

**37880 New Market Turner Road  
Mechanicsville, MD 20659**

The park has a playground, tennis court, basketball court, softball fields, baseball field, football fields, soccer fields, picnic pavilion, restroom facilities, horseshoe pit and hiking trail. Park hours are 7 a.m. to sunset. Some night games are scheduled here.





**Fifth District  
Community Park**

**Nutrition Tip #6**

Choose fat-free or low-fat dairy products for a boost of calcium, potassium, protein, and other essential nutrients!

**MARKER RUBBING/OR SECRET CODE**



**MORE  
to explore**  
st. mary's county

# Great Mills Canoe/Kayak Launch

20228 Point Lookout Road  
Great Mills, MD 20634

Canoe/kayak launch and picnic tables.

Park hours are 7 a.m. – sunset.





Great Mills Canoe/  
Kayak Launch

**Nutrition Tip #7**

Preparing foods at home can be healthy, rewarding, and cost-effective.

**MARKER RUBBING/OR SECRET CODE**

**MORE**  
**to explore**  
st. mary's county

# Greenwell State Park

25420 Rosedale Manor Lane  
Hollywood, MD 20636

Greenwell is a 596-acre State Park located on the Patuxent River. The park is managed in partnership with The Greenwell Foundation, a non-profit organization dedicated to providing outdoor accessible recreation. The park offers horseback riding, waterfront and wooded trails, beautiful wetlands and forests. The More To Explore trail marker will be located at the bulletin board just outside the Foundation's Office. Enjoy the park's peaceful bounty!

**Note: The entrance fee will be waived for families with a More to Explore Passport.**





**Greenwell  
State Park**

**Nutrition Tip #8**

Avoid sugary drinks. Instead, try  
infused water!

**MARKER RUBBING/OR SECRET CODE**

**MORE  
to explore**  
st. mary's county

# Home Grown Farm Market

**21078 Three Notch Road (Rt 235)  
Lexington Park, MD 20653**

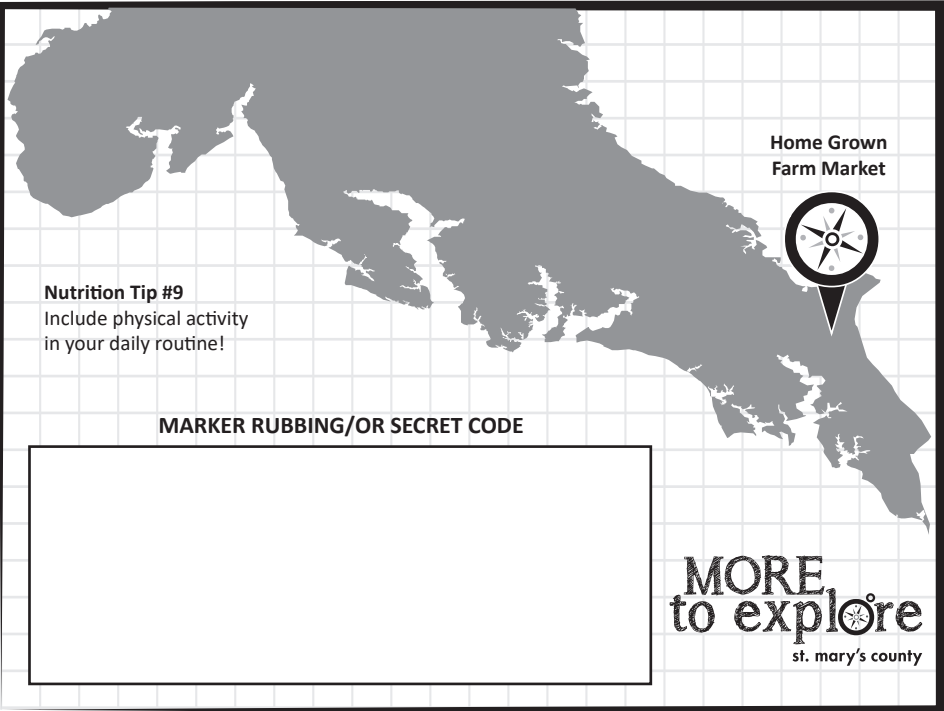
The **Home Grown Farm Market** is a producer-only, indoor/outdoor market selling fresh produce, flowers, plants, meats, cheeses and baked goods to the community while promoting sustainable agriculture. Sustainable agriculture requires economic viability, eco-friendly production techniques that preserve water and soil resources, limited transportation of food and dependence on fossil fuels, and a strong connection between the producers and the consumers. Credit/Debit and SNAP and WIC cards are accepted here. This is a great family destination! Check below for hours.

**<https://www.facebook.com/homegrownfarmmarket>  
[www.homegrownfarmmarket.webs.com](http://www.homegrownfarmmarket.webs.com)**

The trail marker will be located **INSIDE** the market building, which is open on market days. Trail marker is sponsored by the Southern Maryland Agricultural Development Commission (SMADC).



SMADC



Home Grown  
Farm Market



**Nutrition Tip #9**

Include physical activity  
in your daily routine!

**MARKER RUBBING/OR SECRET CODE**

**MORE**  
**to explore**  
st. mary's county

# Historic St. Mary's City

Visitor Center  
18751 Hogaboom Lane  
St. Mary's City, MD 20686

At **Historic St. Mary's City (HSMC)**, a museum on the site of Maryland's first capital, families can explore help a planter tend his fields, and step on board a tall ship. Discover the world of the Yaocomaco people, and the place where Roman Catholics first worshipped in the British colonies. At the St. John's Site Museum, gain insight into ways historians and archaeologists reconstruct the past.

*At HSMC, history is hands-on!*



HISTORIC   
ST. MARY'S CITY

A MUSEUM OF HISTORY & ARCHAEOLOGY AT  
MARYLAND'S FIRST CAPITAL





Historic  
St. Mary's City

**Nutrition Tip #10**

Try hummus or bean spread  
as a dip for veggies!

**MARKER RUBBING/OR SECRET CODE**

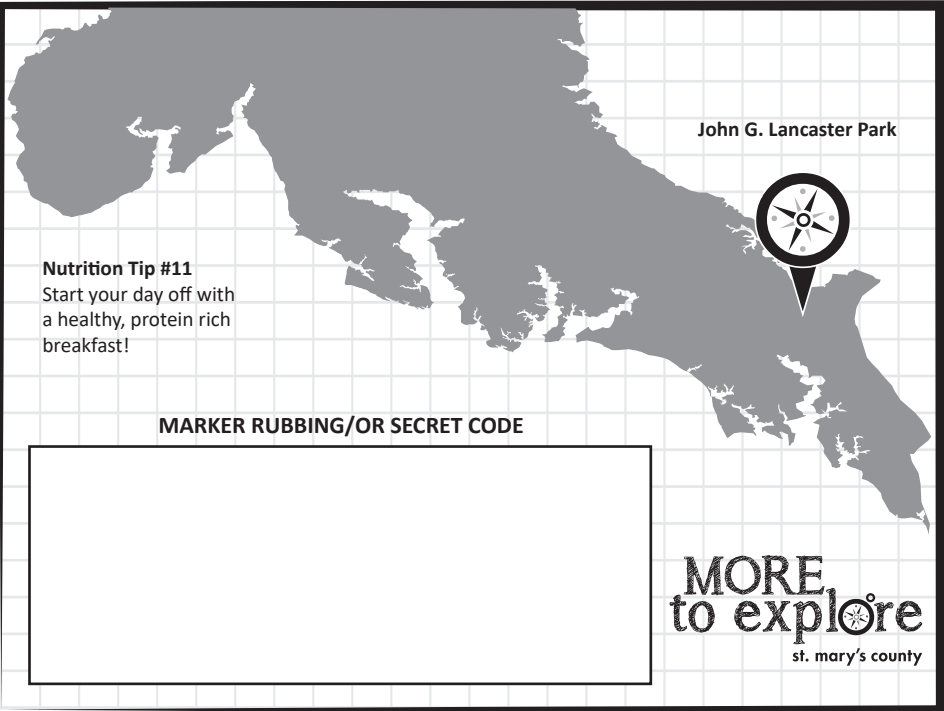
**MORE**  
**to explore**  
st. mary's county

# John G. Lancaster Park

**21550 Willows Road  
Lexington Park, MD 20653**

The park has a playground, basketball court, softball fields, football, soccer fields, disc golf course, dog park, two restroom buildings, picnic pavilion and hiking trails. Park hours are 7 a.m. – sunset. Some night games are scheduled here.





John G. Lancaster Park

**Nutrition Tip #11**  
Start your day off with  
a healthy, protein rich  
breakfast!

**MARKER RUBBING/OR SECRET CODE**

**MORE**  
**to explore**  
st. mary's county

# John V. Baggett Park at Laurel Grove

26929 Three Notch Road  
Mechanicsville, MD 20659

The park has a playground, tennis court, basketball court, softball and baseball fields, hiking trails, horseshoe pit and restroom facility. Park hours are 7 a.m. to sunset.



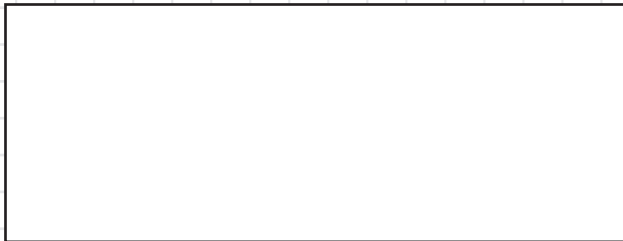
A grayscale map of St. Mary's County, Maryland, overlaid on a light gray grid. A black location pin with a white compass rose inside its circular head is placed in the upper right quadrant of the map. The text "John Baggett Park" is positioned to the right of the pin's head.

John Baggett Park

**Nutrition Tip #12**

Get kids involved in shopping for groceries and preparing meals!

**MARKER RUBBING/OR SECRET CODE**

A large, empty rectangular box with a black border, intended for a marker rubbing or secret code activity.

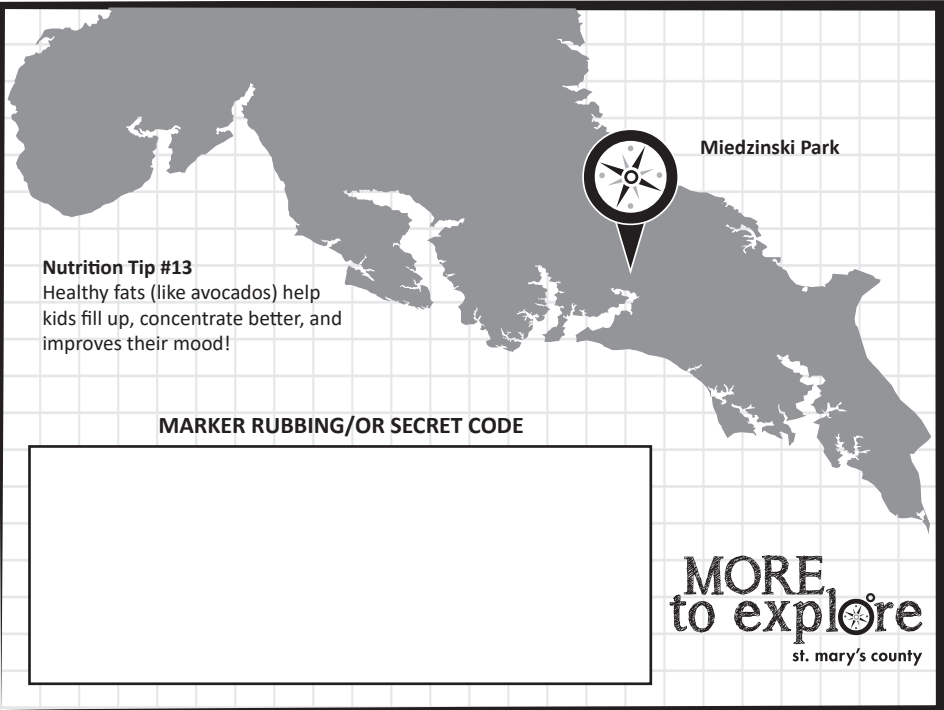
**MORE**  
**to explore**  
st. mary's county

# Miedzinski Park

23145 Leonard Hall Drive  
Leonardtown, MD 20650

The park has a playground, softball field,  
soccer fields, picnic tables and restroom facilities.  
Park hours are 7 a.m. – sunset.





Miedzinski Park

**Nutrition Tip #13**

Healthy fats (like avocados) help kids fill up, concentrate better, and improves their mood!

**MARKER RUBBING/OR SECRET CODE**

**MORE**  
**to explore**  
st. mary's county

# Myrtle Point Park

24050 Patuxent Boulevard  
California, MD 20619

The park has picnic tables, hiking trails, beach, fishing, crabbing and portable restroom facilities. Park hours are 7 a.m. to sunset. There is a park entry fee from the first weekend in May through Labor Day, weekends only.





Myrtle Point Park



**Nutrition Tip #14**

Expand variety in your menus with budget-friendly meatless meals!

**MARKER RUBBING/OR SECRET CODE**

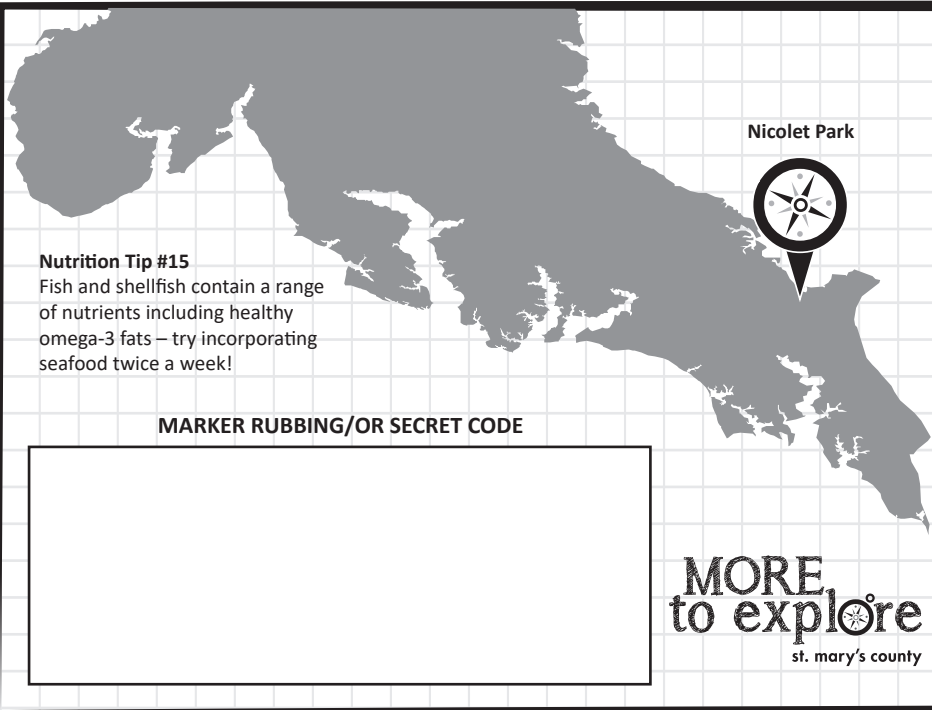
**MORE**  
**to explore**  
st. mary's county

# Nicolet Park

**21777 Bunker Hill Drive  
Lexington Park, MD 20653**

The park has a playground, basketball court, softball field, two restroom facilities, two pavilions, skate park and spray ground. Park hours are 7 a.m. to sunset. Skate Park has various supervised and unsupervised hours. The spray ground is open Memorial Day – Labor Day. The spray ground has a fee for admittance only.





**Nutrition Tip #15**

Fish and shellfish contain a range of nutrients including healthy omega-3 fats – try incorporating seafood twice a week!

**MARKER RUBBING/OR SECRET CODE**

**MORE**  
**to explore**  
st. mary's county

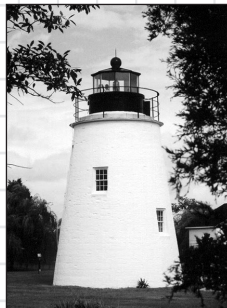
# Piney Point Lighthouse, Museum & Historic Park

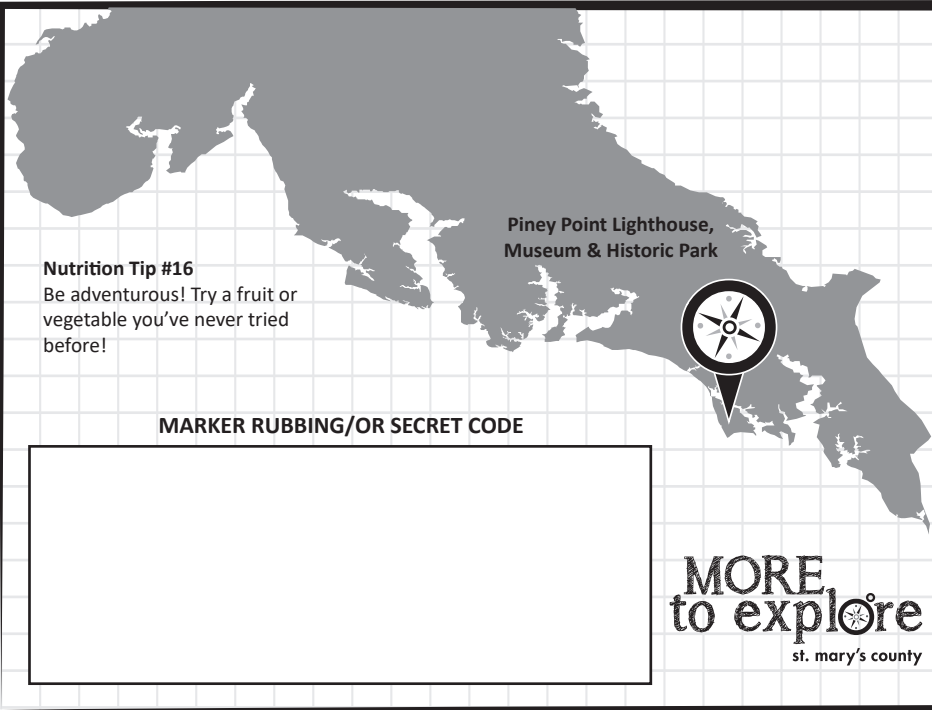
44740 Lighthouse Road  
Piney Point, MD 20674

[www.stmarysmd.com/recreate/museums](http://www.stmarysmd.com/recreate/museums)

The 1836 lighthouse and keeper's quarters sits on a six acre park property. Other amenities include two exhibit buildings, a kayak launch, pier, picnic area and beach front. Beautiful walkways and self-guided grounds tour. (Note: no swimming or fishing.) The trail marker will be located near the Dory Boat Exhibit on the park grounds.

The museum entry fee is \$7.00 adults, \$3.50 for seniors, military and students, children under 5 – free, park grounds are free.





**Nutrition Tip #16**

Be adventurous! Try a fruit or vegetable you've never tried before!

Piney Point Lighthouse,  
Museum & Historic Park



**MARKER RUBBING/OR SECRET CODE**

**MORE**  
**to explore**  
st. mary's county

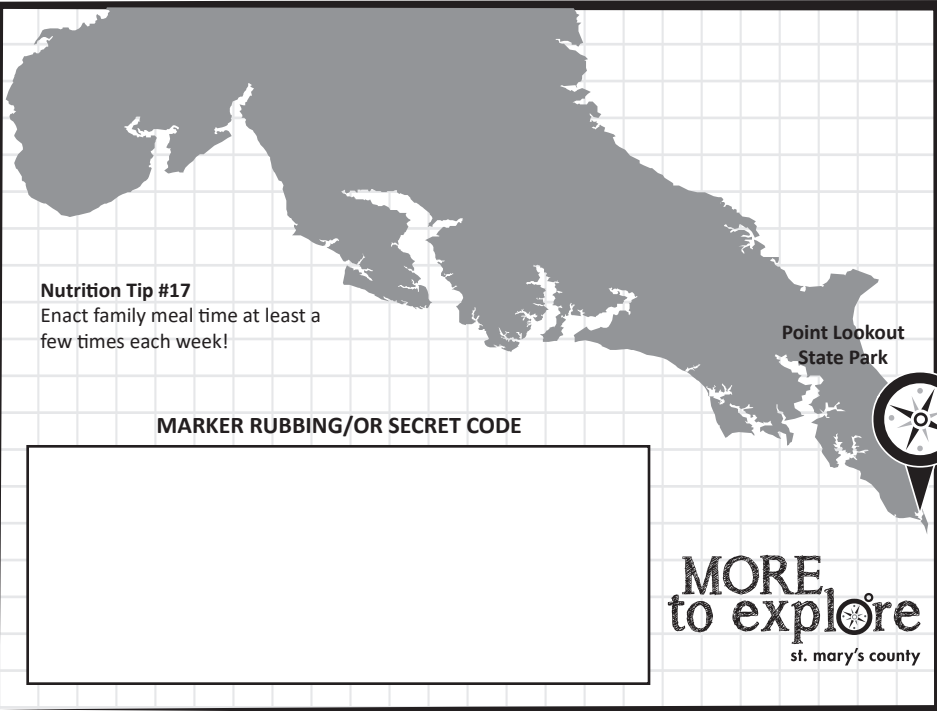
# Point Lookout State Park

11175 Point Lookout Road  
Scotland, MD 20687

Recreational opportunities abound on this picturesque peninsula formed by the Chesapeake Bay and the Potomac River. Swimming, fishing, boating and camping are just a few of the activities to be enjoyed in this beautiful bay setting. This park's peaceful surroundings belie its history as the location of a prison camp which imprisoned as many as 52,264 Confederate soldiers during the Civil War. A museum on site recounts this history and displays the trail marker.

Hint: Nature Center





**Nutrition Tip #17**

Enact family meal time at least a few times each week!

Point Lookout  
State Park

**MARKER RUBBING/OR SECRET CODE**



**MORE**  
**to explore**  
st. mary's county

# Seventh District Park

23035 Colton Point Road  
Bushwood, MD 20618

The park has softball fields, baseball field, basketball court, tennis court, picnic tables, playground and seasonal restroom facilities. Park hours are 7 a.m. – sunset.





Seventh District  
Park

**Nutrition Tip #18**

Reduce your chances of getting  
sick with proper food safety!

**MARKER RUBBING/OR SECRET CODE**

**MORE**  
**to explore**  
st. mary's county

# Sotterley Plantation

44300 Sotterley Lane  
Hollywood, MD 20636

**Sotterley Plantation**, a National Historic Landmark, is one of the oldest museums of its kind in the United States, with a history dating back to the turn of the 18th century. Sotterley consists of almost 100 acres of breathtaking beauty on the Patuxent River that includes over six miles of nature trails, Colonial Revival Gardens, and over 20 historic buildings – including a 1703 Plantation House and original 1830's Slave Cabin. Guided and Audio Tours available, as well as site rentals. Sotterley holds many annual signature events.



SOTTERLEY PLANTATION





Sotterley  
Plantation

**Nutrition Tip #19**  
Be mindful of portion sizes!

**MARKER RUBBING/OR SECRET CODE**



**MORE**  
**to explore**  
st. mary's county

# St. Clements Island Museum

38360 Bayview Road  
Colton's Point, MD 20626

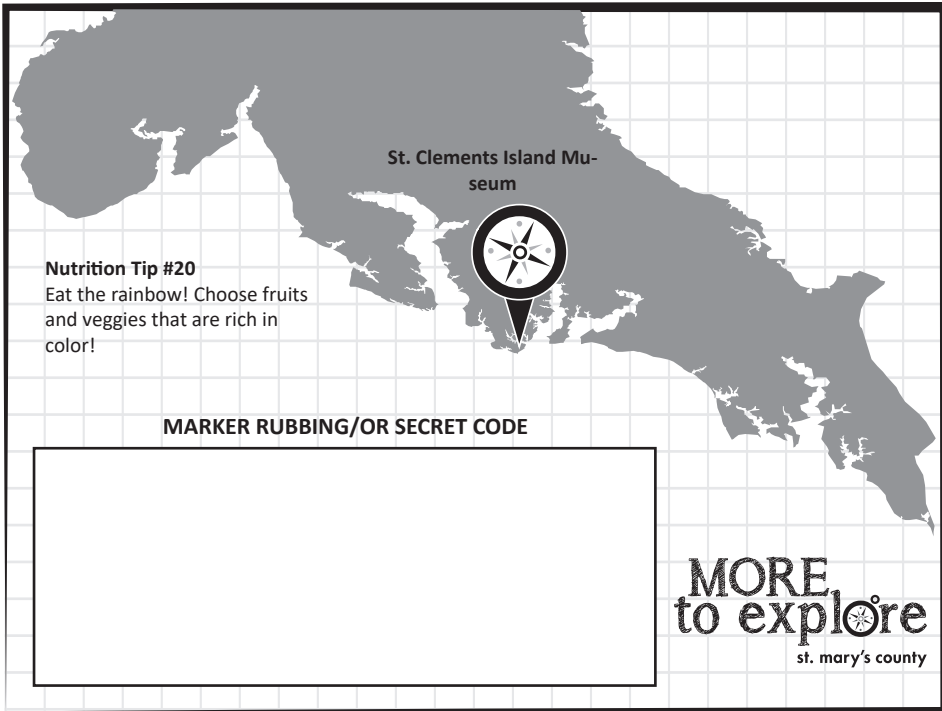
[www.stmarysmd.com/recreate/museums](http://www.stmarysmd.com/recreate/museums)

The St. Clements Island Museum tells the story of Maryland's founding, which took place on nearby St. Clements Island on the Potomac River. The site supports museum buildings, the 1820 Charlotte Hall Schoolhouse, an outdoor Dory boat exhibit and interpretive signage. The museum is open 10 a.m. – 5 p.m. and the grounds sunrise to sunset daily.

The trail marker can be found near the Dory Boat Exhibit on the park grounds, or see Visitor Services for help.

The museum entry fee is \$3.00 for adults, and \$1.50 for students, park grounds are free.





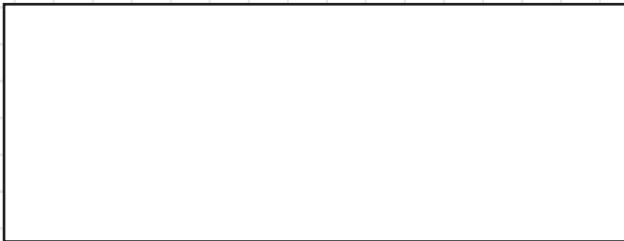
St. Clements Island Museum



**Nutrition Tip #20**

Eat the rainbow! Choose fruits and veggies that are rich in color!

**MARKER RUBBING/OR SECRET CODE**



**MORE**  
**to explore**  
st. mary's county

# St. Mary's County Libraries

Charlotte Hall Library, 37600 New Market Road, Charlotte Hall

Leonardtown Library, 23250 Hollywood Road, Leonardtown

Lexington Park Library, 21677 FDR Blvd, Lexington Park

Fun and adventure await you at your St. Mary's County Library. Each library has a fantastic children's area filled with exciting books, CDs, and DVDs you can check out and librarians eager to help you. Participate in our **Summer Reading Program** and earn prizes, attend fun programs and get your very own library card if you don't have one.

Monday - Thursday:

9 AM - 8 PM

Friday - Saturday:

9 AM - 5 PM

Sunday (Lexington Park)

1 PM - 5 PM



*Charlotte Hall Library*

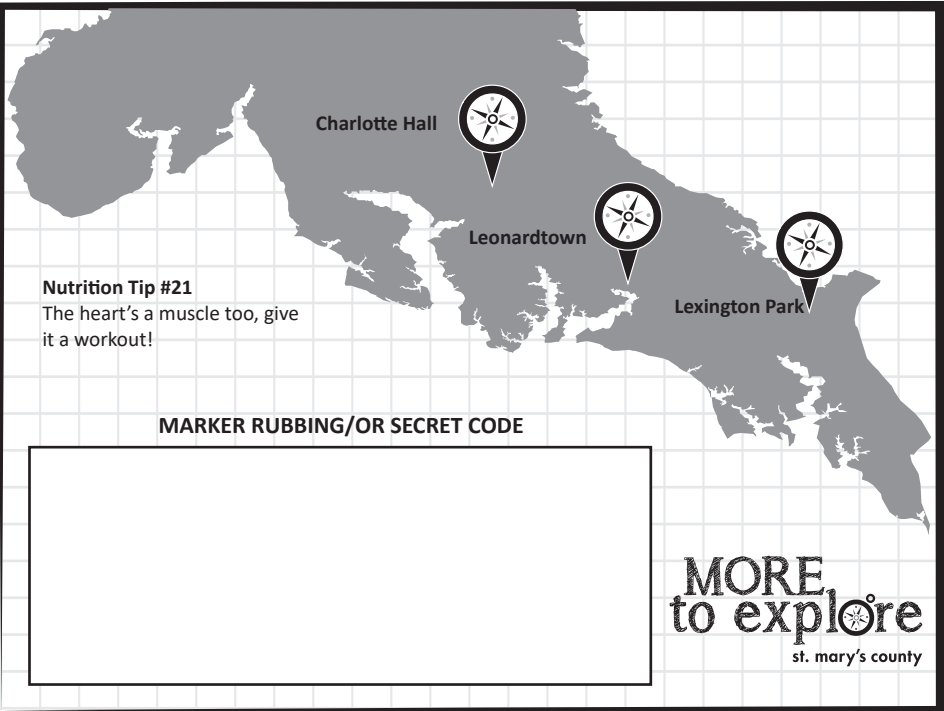


*Leonardtown Library*



*Lexington Park Library*





Charlotte Hall



Leonardtown



Lexington Park



**Nutrition Tip #21**

The heart's a muscle too, give it a workout!

**MARKER RUBBING/OR SECRET CODE**

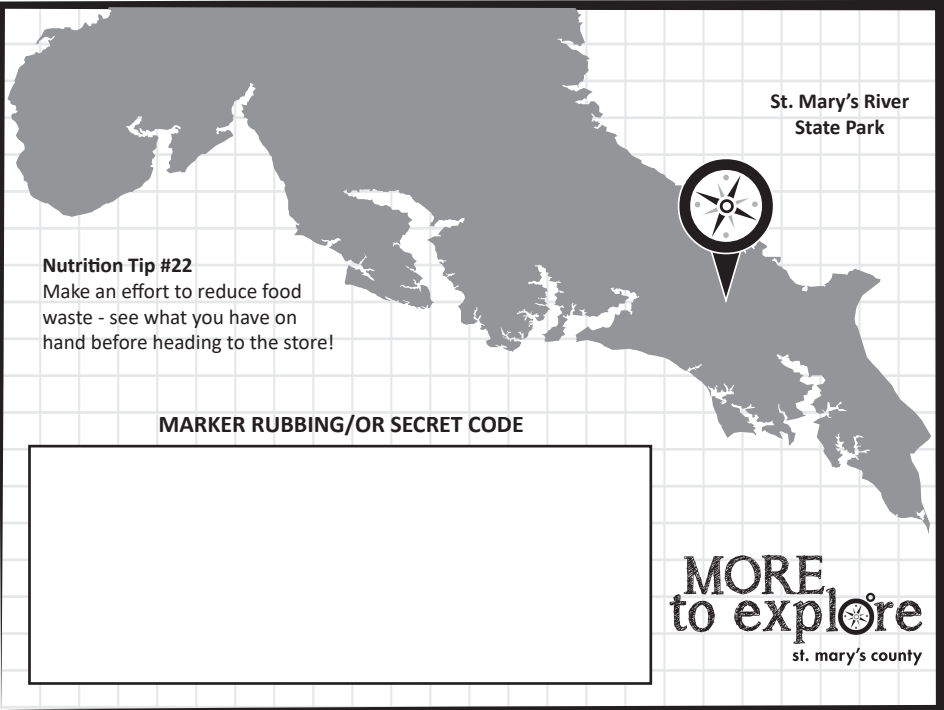
**MORE**  
**to explore**  
st. mary's county

# St. Mary's River State Park

21250 Camp Cosoma Road  
Callaway, MD 20620

Situated at the northern end of the St. Mary's River watershed, the park shows a wide range of habitats, from wooded acres and fields to swamps and small streams. The 250 acre Lake has a 7.5 mile trail that circles the lake, allowing freshwater fishing from shore or by boat (electric motor only). The trail is regularly used for hiking, biking and horseback riding. The marker can be found at the launch.





**St. Mary's River  
State Park**

**Nutrition Tip #22**

Make an effort to reduce food waste - see what you have on hand before heading to the store!

**MARKER RUBBING/OR SECRET CODE**

**MORE  
to explore**  
st. mary's county

# Town of Leonardtown Tour

## Tudor Hall

41650 Tudor Place, Leonardtown

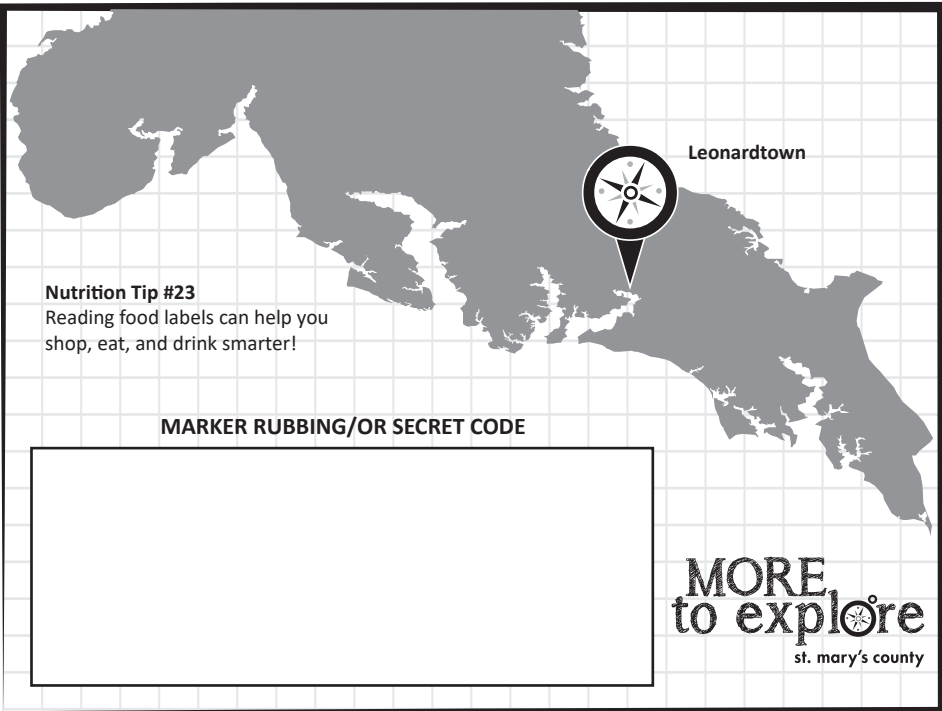
Public parking facilities available throughout the town

For three decades Leonardtown has been the County Seat of St. Mary's County as well as the center of commerce and social activity. Today it is a bustling town of fine restaurants, unique shops and old-fashioned charm. Traces of its history can be found throughout its landscape, commercial and residential buildings and churches. Your journey through our past will start at Tudor Hall Mansion and wind through the streets of this charming historic town.



[www.leonardtown.somd.com](http://www.leonardtown.somd.com)





Leonardtown

**Nutrition Tip #23**

Reading food labels can help you shop, eat, and drink smarter!

**MARKER RUBBING/OR SECRET CODE**

**MORE  
to explore**  
st. mary's county

# Winery: Port of Leonardtown

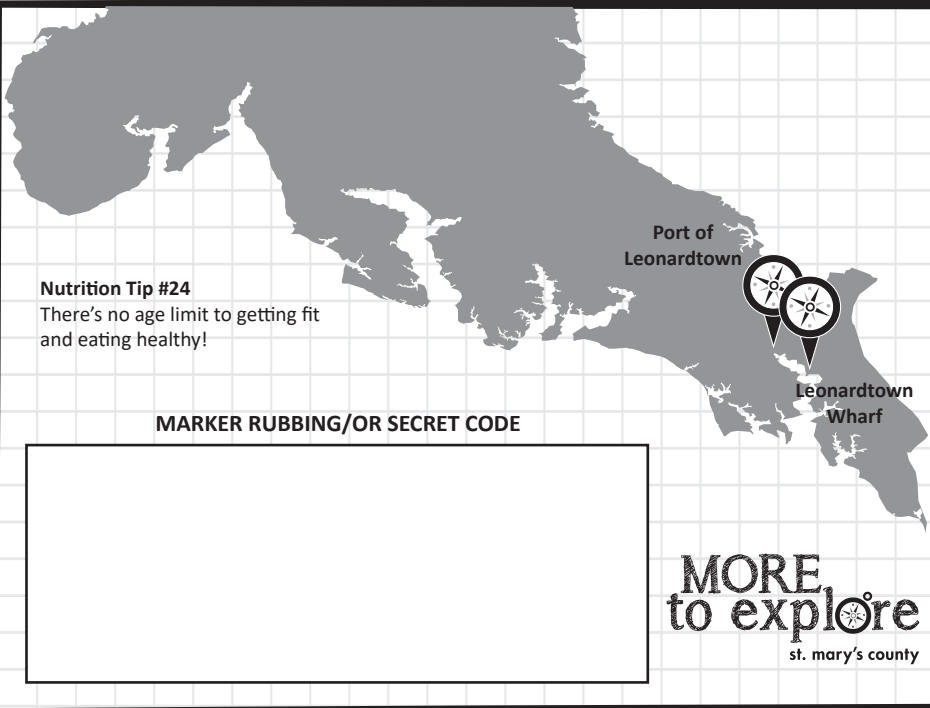
23190 Newtowne Neck Road  
Leonardtown, MD 20650

**Port of Leonardtown Park** is the launch point of a three mile water trail. As you paddle along McIntosh Run, you will pass through a 58 acre FIDS (Forest Interior Dwelling Species) Habitat. This area is home to bald eagle families and many other wildlife species. Experience the amazing tranquility along this winding trail. The trail terminates at **Leonardtown Wharf Public Park**.

Equipment rentals are available at both locations.

[www.leonardtown.somd.com](http://www.leonardtown.somd.com)





**Nutrition Tip #24**

There's no age limit to getting fit and eating healthy!

**MARKER RUBBING/OR SECRET CODE**

Port of Leonardtown

Leonardtown Wharf

**MORE**  
**to explore**  
st. mary's county

**Activity Questions:**

1. Last year, how often did you and/or your family visit these parks?  
 Frequently       Occasionally       Never
2. By participating in this program, has your physical activity level...  
 Increased       Stayed the same       Decreased



**NOTES AND SUGGESTIONS FOR NEXT YEAR**

- 
- 
- 
- 
- 
- 
-

These printed booklets were sponsored by Healthiest Maryland Businesses. If your organization is interested in becoming a Healthiest Maryland Business and receiving free technical support for your worksite wellness program, please visit:  
[healthiestmdbusinesses.org](http://healthiestmdbusinesses.org)





*Thank you to our  
generous sponsors!*

